



XXIX IFSO World Congress

1-4 September 2026 | Toronto, Canada

**Overview of the work of the IH Professional
Guidelines Committee**

**Professor Yitka Graham
IH Professional Guidelines Chair**

TORONTO2026

**The Future of Obesity Management:
From Weight Loss to Health Gain**



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Disclosure Slide

Company Name	Honoraria /expenses	Consulting /Advisory Boad	Funded Research	Royalties/ patient	Stock options	Ownership /Equity position	Employee	Other (please specify)
Celebrate			x					
Intuitive	x							
Johnson and Johnson		x						
Metagenics			X					
MolyIncke			x					
Olympus Medical								



Our purpose:

To advance excellence in the care of people living with obesity by developing integrated, evidence-informed guidance that supports interdisciplinary collaboration and illuminates the impact and contribution of Integrated Health Professionals in obesity care.

Our approach champions best practice, equity and inclusion which supports patient-centred care and improve the lives of people living with obesity



Current work:

- Position statement on the role of pharmacists in MBS care (to be submitted to Scientific Committee and published)
- Global survey
 - 133 IFSO members responded
- Main findings:
 - Variances in the role of pharmacists in MDTs globally
 - Range from fully included to not involved at all
 - In countries where pharmacists are involved, the role is highly valued:
 - Medication queries $\frac{1}{4}$ patients
 - 75% (n-98) recommended patient appointments with a specialist MBS pharmacist prior to surgery
 - Accounting for variables, 77% felt pharmacist involvement in MBs would enhance clinical outcomes



Future work:

- The Pharmacy work along with an evolving obesity treatment landscape has identified areas to collaborate with the Research and Innovation Committee
 - Workforce development within obesity care for Integrated Health Professionals is a global issue
 - Emerging evidence suggest that the role of the nurse in obesity care is not optimized
 - Scoping work underway which will lead to an external funding bid to carry out research in this area to inform future guidelines for IFSO



XXX IFSO WORLD CONGRESS

"Advancing Multimodal Obesity Care"

24-27 August 2027

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