



XXIX IFSO World Congress
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TORONTO 2026
The Future of Obesity Management:
From Weight Loss to Health Gain
ifso2026.org

A New Combined Revision Concept for Weight Regain After RYGB: Proximal Revision and Distalization

CR-RYGB - The best of both worlds

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Hospital: AZ Sint-Jan Brugge



Conflict of interest disclosure

- Medtronic

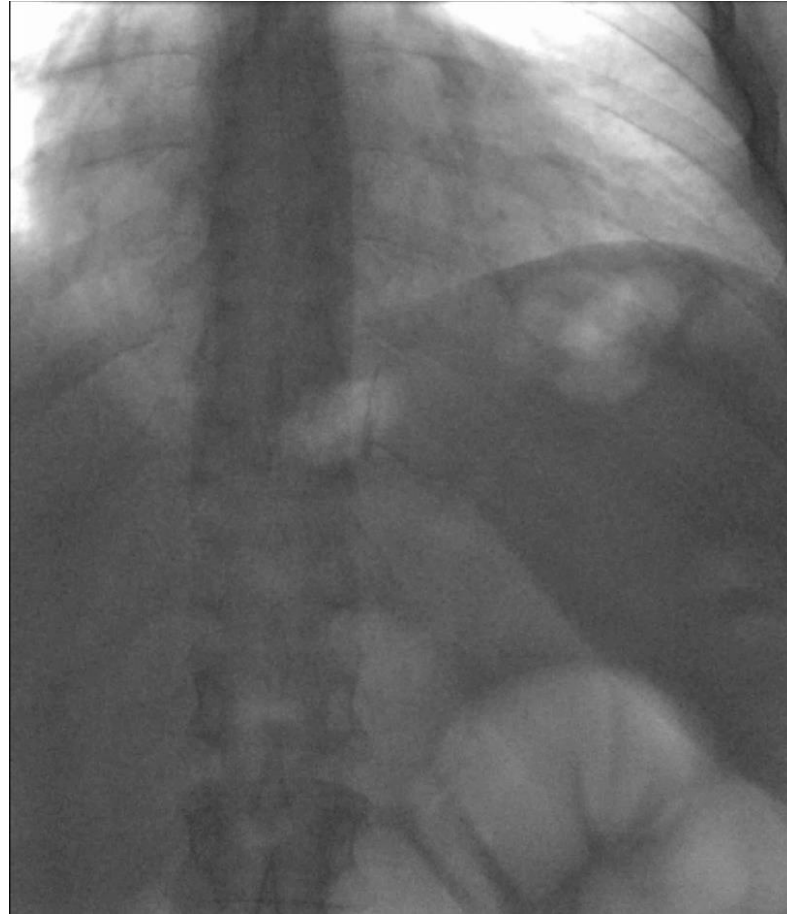
Introduction–patient history

- Female, 52 y
- **Bariatric history:**
 - 2017: Lap RNY Gastric Bypass
Preop weight: 125kg (BMI 43)  Nadir weight: 70kg
- **Current weight:**
 - 106kg – 168cm – BMI 37.5
 - Daily caloric intake: 3025 kCal/day
- **Lab:**
 - Low vit D
- **Medication:**
 - Multivitamin

Preoperative examinations

RX Barium swallow

- No GG fistula
- Enlarged Pouch
- Good passage of contrast

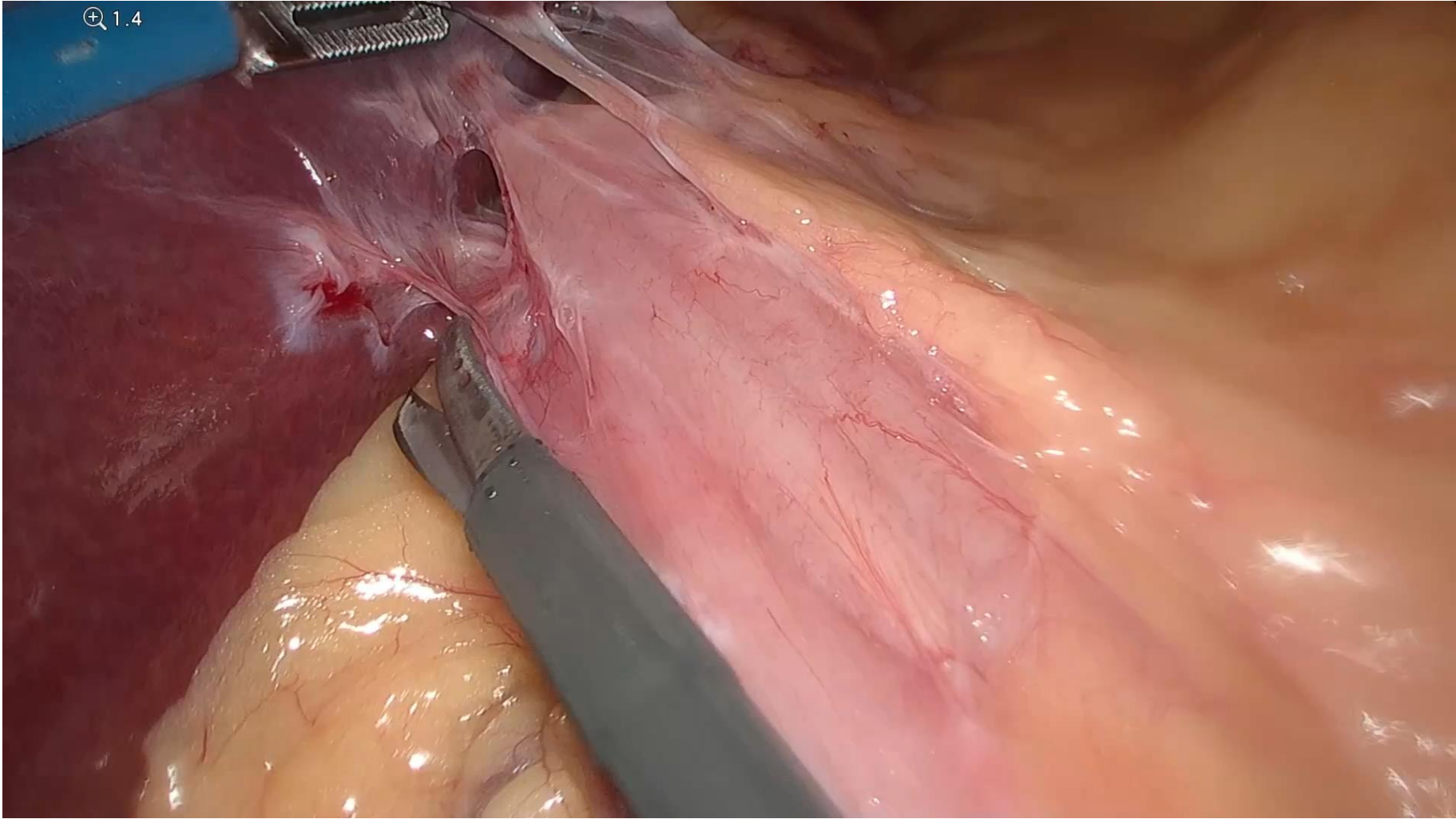


What would you do?

Treatment options:

- GLP1-RA
- Pouch resizing and/or GJA resizing
- Conversion to distal Gastric Bypass
- Conversion to BPD/DS
- Conversion to SADI-S

Surgical intervention



Postoperative Outcome

Postoperative course:

- Uneventful
- Discharge on postop day 1
- 2weeks liquid diet

Follow-up:

- 6 weeks: 95,8kg (-9.2kg)
- 6 months: 87kg (-19kg)
- 1 year: 83,7kg (-22.3kg) → (=21% TWL)

Results of CR-RYGB: series of 163 patients

- N= 163 patients
- Safety:
 - low early (3.7%) and late (6.7%) complication rates
 - low malnutrition-related reintervention (1.2%)
 - stool frequency was acceptable at 2.7/day
- Efficacy
 - Effective: 20.3% TWL at 1 year
 - Durable: 22.2% TWL at 4 years

Obesity Surgery
<https://doi.org/10.1007/s11695-026-08579-4>

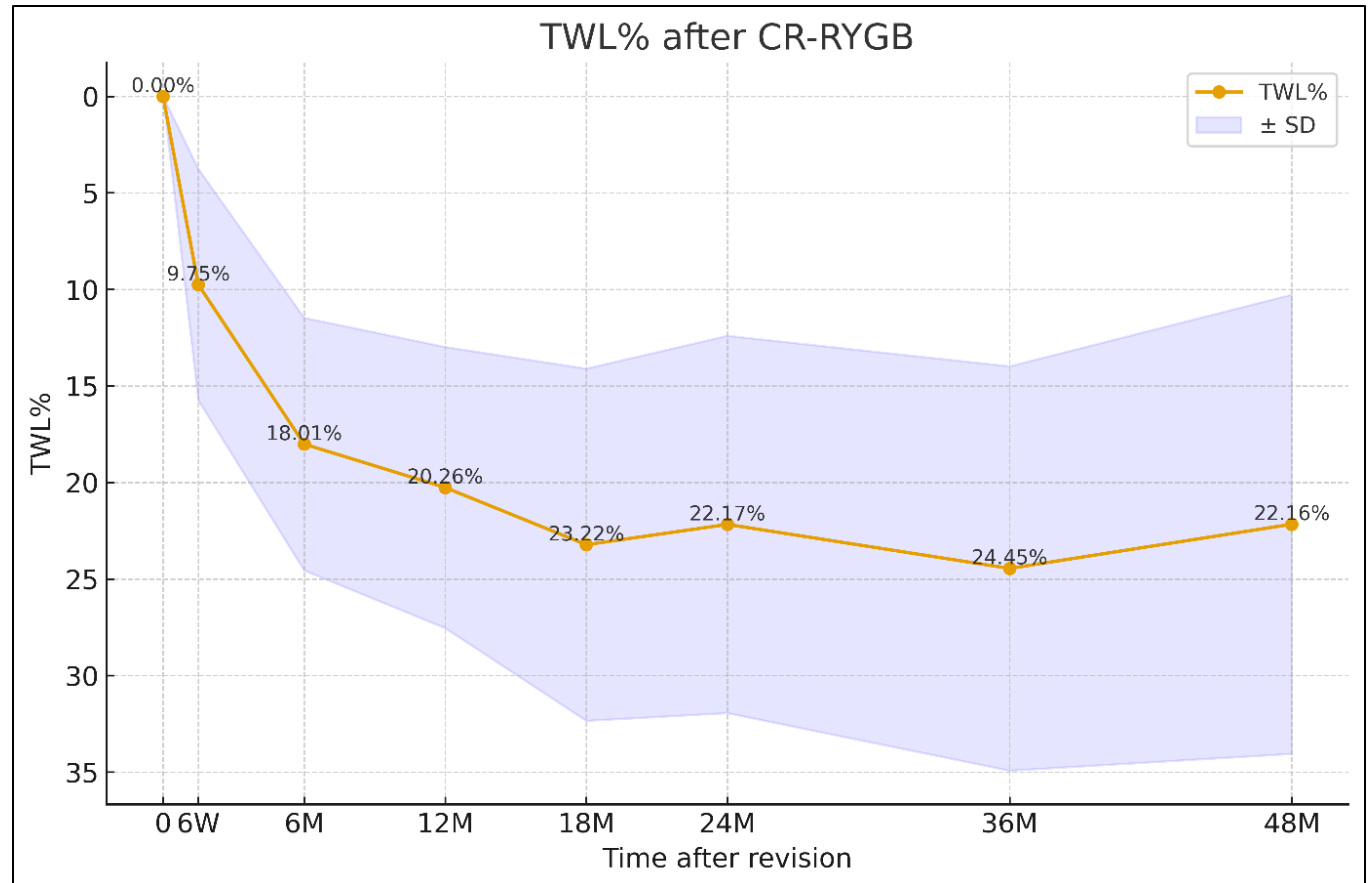
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RESEARCH

Check for updates

Combined Proximal Revision and Moderate Distalization After Roux-en-Y Gastric Bypass: A Retrospective Single-Center Case Series

Nick De Wever¹ · Frederik Lecot⁴ · Ayse Bozok¹ · Edward Willems² · Sanobar Sheikh³ · Bruno Dillemans¹



Conclusions

- New concept for treatment of RWG after RYGB
- Combined proximal revision and type 1 distalization
- Safe and effective



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Article



Thank you for your attention!

Questions?

LinkedIn

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Co-authors: Bruno Dillemans

