

# INTEGRATED HEALTH: EVOLUTION & REVOLUTION

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# Integrated Health Committee

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- 2012 – 1<sup>st</sup> Integrated Health Committee
- Chair
  - Blanca Ríos, México (2012-2016)
  - Tracy Martínez, USA (2016-2019)
  - Mary O’Kane, UK (2019 - 2022)



# Integrated Health Committee 2022



**Chair**  
Mary O'Kane



**Vice Chair**  
Silvia Leite



Tracy Martinez



Blanca Rios



Cris Aquino



Nate Sann



Dale Bond



Yitka Graham



Jumana Bashiti



Andrzej



# • Integrated Health – IFSO 2022 Miami

## IFSO 2022 Postgraduate Day

- Precongress day “Building post-operative momentum”
- Main Conference
  - 3 dedicated IH sessions
  - 4 integrated health abstract sessions

## Webinars

## 2022 ASMBS/IFSO Statement On Indications For MBS

## IFSO WGO (WDHD) Steering Committee:

- IFSO WGO Obesity Guidelines
- Online conference



## COOKBOOK

### International Healthy Recipes Vol. 2

Lilian Kow  
Guilherme Macedo  
Mary O’Kane  
Silvia Leite Faria



Mary O’Kane  
Chair, IFSO Integrated Health Committee



Silvia Leite Faria  
Vice Chair, IFSO Integrated Health C

## A special Thank to

Our dietitians for their nutritional guidance:



**Jumana Bashiti,**  
Senior Clinical Dietitian  
Abdali Hospital  
Amman, Jordan



**Eri Kikkawa, RD, PhD**  
Dietitian, Bariatric coordinator  
Weight Loss and Metabolic Surgery Center  
Yotsuya Medical Cube



**Mariam Lakdawala, RD**  
Bariatric Nutritionist,  
Dr. Aparna’s Laparoscopic and Bariatric  
Surgery Center, Mumbai, India



**Violeta Moizé** Registered Dietitian-Nutritionist  
Unit of Obesity  
Endocrinology department  
Hospital Clinic Barcelona  
Associate professor University of Barcelona  
SEDYN President - [www.sedyn.es](http://www.sedyn.es)



**Julie Parrott, MS, RD, LDN**  
Bariatric Nutrition Care Coordinator  
Temple University Health System  
Philadelphia, PA



**Xiaofeng Wu**  
Surgical Center  
Jinshazhou  
of China



....and to the au

We hop

# IFSO Integrated Health members - 3000

Nurses

Dietitians

Managers

Behavioural health

General  
practitioners

Researchers

Endocrinologists

Bariatric  
coordinators

Speech  
pathologists

“Others” non-  
bariatric  
surgeons

Physician  
assistants

Physicians

Obesity  
physicians

Pharmacists

Anaesthetists



# Needs of IFSO Integrated Health members



**Education  
& training**



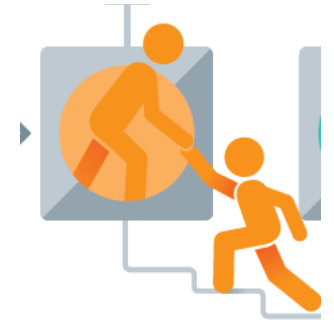
**Networking**



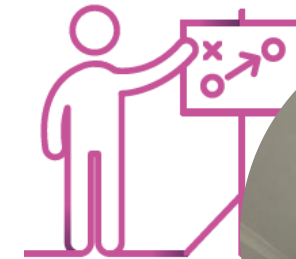
**Research**



**Leadership**



**Mentorship**



# IFSO Integrated Health Committee Proposal

- IFSO IH Executive Board
  - Subcommittees
- Delivery of the IFSO IH agenda
- Proactive rather than reactive
- Enable more IH members to become involved with formal recognition
- Retention of experienced IH members and development of less experienced IH members
- Succession planning
- Grow IH membership - and have a louder voice



## What have we achieved?

- Integrated Health (IH) Section formed in 2022
- IH Executive Board
  - President, president elect, past president (voting seats on IFSO EB)
  - Secretary
  - 5 chapter representatives
  - 3 committees (professional guidelines, education and training, research and innovation)
- All vacancies are advertised empowering IH members to apply (rather than be nominated)



# Chapter integrated health committees

All chapters to establish IH committees

- Clear terms of office
- All vacancies advertised empowering members to apply

What have we achieved?

- EC, APC and MENAC
  - Established IH committees and advertised vacancies
  - Chair and chapter representative positions held by the same person
  - Chair has voting seat on their respective chapter executive boards
  - Involved in organisation of chapter conferences, webinars and other events
- NAC and LAC
  - A call to the chapters to establish IH committees using the agreed IH guidelines



# What have we achieved?

## World Congress

- Precongress IH course
- 4 dedicated IH sessions in the main congress. (Developed by the 3 IH committees and the local team)
- Bariatric Masterchef and Cookbook every two years
- Emerging integrated health scientist award
- Inclusion of the patient voice in IH sessions

## Webinars

Scholarships – 10

Observerships – 5

Representation on other committees and inclusion in consensus position statements



# Changing landscape

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- More treatment options for people living with obesity
  - Creation of additional IFSO sections
  - Obesity Medicine to have its own section
- Essential role of frontline IH professionals in patient care – continued collaboration
- Continue to empower integrated health to have a voice
- Continue to have open and transparent processes for recruitment to IH vacancies
- Inclusion of patient voice in all areas

