

PRECONGRESS COURSE


XXIX IFSO
World Congress
1-4 September 2026 | Toronto, Canada

TORONTO2026
The Future of Obesity Management:
From Weight Loss to Health Gain



BARIATRIC ENDOSCOPY



On behalf of the Organizing and the Bariatric Endoscopy Committees:

Wellcome to Toronto

Pre-Congress Bariatric Endoscopy Course.

- **Bariatric endoscopy has rapidly evolved**
- **offers powerful therapeutic tools for obesity and its complications.**

This course brings together international experts and colleagues **to share knowledge, practical skills, and the latest innovations.**





DIRECTORS

CHRISTINE STIER - ANDRAS FECESO (Canada) - BARHAM ABU DAYYEH (USA)

The Gastric-Volume-Reducing Effect

1. When evidence challenges bias:
Insights from the Merit trial
Barham Abu Dayyeh (USA)
2. From MERIT to meta-analysis:
When evidence redefines the obesity algorithm
Sonja Chiappetta (Italy)
3. Adolescence FIRST!
The case for endoluminal obesity therapy
Ayyed Alqahtani (Saudi Arabia)
4. Combination, Combination, Combination:
The key to tailor-made therapy
Muffazal Lakdawala (India)

The Duodenum Effect

1. Resetting Diabetes in the duodenum:
The pathophysiological view
Lee Kaplan (USA)
2. What have we learned from surgical duodenal
Exclusion and the bypass liner
Robert Caiazzo (France)
Christine Stier (Germany)
3. Direct mucosal application: reprogramming
metabolism through mucosal architecture alteration
Andras Fecso (Canada)





Q&A

12:20 - 12:30

LUNCH BREAK.

12:30 - 13:30

**PRACTICAL PART:
HANDS-ON TRAINING**

13:30 - 18:00

COFFEE BREAK

16:00 - 16:30





An Opportunity

- to learn,
- exchange ideas,
- discuss challenges,
- build collaborations across borders.

Thank you for joining us!

Let's make this an inspiring start to the IFSO 2026 Congress!





Pre-Congress. Bariatric Endoscopy Course

HAVE A GREAT COURSE DAY

THANK YOU VERY MUCH

