



Message from the President



Kelvin D. Higa
President of IFSO

“We know what we are, but know not what we may be.”

William Shakespeare

These words from William Shakespeare speak to us as individuals, but also describe IFSO as an organization and beg the question: “What is our purpose?” The philosopher in me asked this question of several past presidents of IFSO and I received as many different answers, all of which were valid. Now that IFSO represents over 62 surgical societies and over 8,500 members, it is appropriate to re-define our mission and vision. I have tasked the Board of Trustees (all past presidents of IFSO) to discuss this crucial topic and to assist the Executive Board in creating the statements that will guide future generations of IFSO leadership and will help to provide continuity and direction.

IFSO is composed of four chapters currently: North American, Latin American, Asia-Pacific and European. I have asked each respective Chapter President to survey their representative countries and societies as to their individual issues so that IFSO can better serve their needs. IFSO can and should help developing societies establish comprehensive programs and metrics through education and mentorship. IFSO’s power lies in its ability to be a resource – to serve, not to be served.

November 24, 2016, IFSO Learning Academy first online event: **“The right procedure for the right patient. The importance of selection in bariatric/metabolic interventions”** took place. This was the first of many to come. Many thanks to the faculty: Jacques Himpens, Antonio Torres, Muffazal Lakdawala, Lillian Kow, John Morton, Juan Antonio Lopez, Michele Suter and especially, Almino Ramos who spearheaded this concept. This took place on an American holiday: Thanksgiving Day and was quite early for myself and John Morton, but I think Lillian Kow made the biggest sacrifice, as it was 11:00 pm for her.

IFSO is not a “top-down” organization. IFSO draws its strength from individual societies and countries that in turn represent individual surgeons and their patients. IFSO can only exist through collaboration and the understanding that it is often better to be part of something larger than oneself. The sharing of knowledge and experience is a wondrous thing that embodies IFSO’s DNA. In every World Congress, the underlying theme has always been UNITY. For a singular point in time, no matter what the cultural issues, the differences in language and ideology, the World comes together and speaks with one voice. The World Congress in Rio de Janeiro, by all accounts was one of the most successful and well-attended Congresses in IFSO history. Congratulations must go to the President, Ricardo Cohen, and the organizers for their hard work and dedication. Next years Congress in London is already on its way to surpass attendance records of previous years. I expect to see all of you there!



Message from the President

What an honor it is for me to serve as your President! I have several ideas restructuring IFSO's organization, committee structure and relationship with other organizations. Moving forward, it is important to invite collaboration and discussion. Autocracies may be efficient in the short term, but rarely have the longevity of a democracy. I am fortunate to have followed Natan Zundel, who is not only a great mentor, but also a good friend. His Presidential Address in Rio de Janeiro was not only inspiring, but gave us all insight into the complexity and philosophically moral workings of his mind. It will be difficult to equal his accomplishments, but his leadership has established a strong vector for which we will continue to follow. Natan: IFSO owes you. Thank you!



Behind the scenes, IFSO is doing a lot. Harry Truman, in his book, Year of Decisions is quoted as saying: "It is amazing what you can accomplish if you do not care who gets the credit". In the case of IFSO, since IFSO is a Federation of Societies, IFSO should never take credit for what its members accomplish, but find purpose in strength in each individual achievement. Being a member of IFSO allows each of us to be part of something greater than we are as individuals. It will be my mission to continue to bring value to IFSO membership.

A final word: Many thanks to Manuela and Francesco for their continued hard work and loyalty to IFSO.

Kelvin Higa
IFSO President





European Chapter Report



Michel Suter
President of
European Chapter

After 6 months of presidency, I am happy to conclude that the general health of the European Chapter is good and improving. 2016 was a special year for us from many points of view. This year's highlight was of course the first European Obesity Summit, which the Chapter held together with the collaboration of EASO, the European Association for the Study of Obesity, which I already mentioned as a large success in my previous newsletter. Apart from its evident scientific success, this first EOS was also successful from a financial point of view, and brought a much needed profit to the Chapter. This will allow us to pursue our work in organizing meetings and providing scholarships for our congresses also in the future. Three scholarships will again be awarded in 2017.

Together with our permanent PCO, our Executive Council has suggested to move from a bi-annual congress at the European level to a yearly event, alternating the traditional bi-annual congress with more limited events on uneven years. The latter will not add to the already very busy yearly calendar, but will be joint events where an existing congress/meeting/symposium is "chapterized", meaning that the Chapter, its PCO and Scientific Committee will take over most of the organizational issues of the event and help the local organizing committee to establish a program that meets everybody's expectations. In 2017, a spring meeting organized by the chapter will take place in Naples from May 11th to May 13th, replacing the traditional laparoscopic surgery course annually organized since many years by Luigi Angrisani, past-president of IFSO. The first day of this symposium will involved mostly live surgery sessions with a few talks related to the cases being handled in the operating rooms, whereas the other two days will include plenary sessions, keynote lectures, and several free papers and video sessions, including a world IFSO session. Integrated health will be involved in many aspects, and we certainly hope for a large attendance.

In 2017, the Chapter will pursue its collaboration with EASO, which will be offered to organize a one-session symposium in Naples as well as in the world IFSO congress in London. The Chapter expects to be offered a similar time slot during the annual EASO congress, which is to take place in Porto/Portugal next year. This same agreement should be renewed in 2018 for our bi-annual congress, to take place in Athens/Greece.



European Chapter Report

In 2017, the Chapter will also organize one session during the world IFSO congress in London. The IFSO-EC works to promote interactivity within our scientific society, as such its work focuses on developing projects to achieve this aim. The IFSO-EC has focused the efforts on enhancing the IFSO-EC website, as Internet is a multi-purpose platform that offers unlimited possibilities when it comes to improving communication.

The IFSO-EC works to promote interactivity within our scientific society; as such its work focuses on developing projects to achieve this aim. The IFSO-EC has focused the efforts on enhancing the IFSO-EC website, as Internet is a multi-purpose platform that offers unlimited possibilities when it comes to improving communication. Website updating has been one of our priorities as adding new contents, removing outdated information, and carrying out reorganization tasks. We have succeeded in including as direct link between our IFSO-EC website and the two official Journals associated with the Chapter: *Obesity Surgery* and *Obesity Facts*. *Bariatric News* will possibly be added in the future.

Our Communication and Development Committee, especially Juan Pujol Rafols, together with our PCO, is also currently working on the development of the Picture&Video Gallery, a platform that will be available on our website and which will be used to host videos of surgical techniques, interviews with experts, new technology, congresses and medical cases. The aim of the Picture&Video Gallery is to enrich the work of our society by providing a reference site where users can improve their know-how through the content displayed. Finally, local and national congresses promotion on our website is a project that we are currently working on, and should become effective sometimes next year.



Home / European Chapter

 **IFSO**
European Chapter

PATIENT INFO - STRUCTURE - MEMBERS - CONGRESSES - DOCUMENTS - MORE

IFSO
European Chapter

Letter from the president | Coming events | Picture gallery | IFSO-EC Official journals | IFSO European Chapter 2016

EUROPEAN CHAPTER (including Europe, Middle East and Africa)

During the year 2004, the IFSO-European Chapter was unofficially founded during several personal meetings of leading European bariatric surgeons. At the IFSO European Symposium in Prague in 2004, the main goals and future activities of the Chapter were formalized. The Chapter has subsequently been officially approved by the Executive Council of IFSO at the IFSO World Congress in Maastricht, the Netherlands, in 2005. IFSO-EC is an integral part of IFSO, acting in alignment with the bylaws and other official documents of IFSO.

IFSO-European Chapter is a scientific organization composed of 31 national societies of bariatric surgeons at Europe, Middle East and Africa, bringing together surgeons and allied health professionals, such as nurse practitioners, dietitians, nutritionists, psychologists, internists and endocrinologists, involved in the treatment of morbidly obese patients and the challenge of bariatric surgery.

Formation of this regional chapter will help having IFSO meetings in this part of the world and hence new researches and findings would surface.

IFSO EC has been mainly a professional organization, with the goal to support its members in aspects directly related to their profession. Its main activity is currently the organization and coordination of formal European bariatric scientific activities, such as European bariatric congresses, national meetings, etc, which provides a forum to exchange knowledge on surgical treatment of severely obese patients, to present new techniques, research and concepts, and to meet the experts in the field.



European Chapter Report

One of the Chapter's tasks is to help regional societies or members with the establishment of new bariatric programs or with education. IFSO-EC is also keen to welcome new Societies from European or middle East countries who are not currently adhering bodies of IFSO. The President/Secretary of such societies should not hesitate to contact the undersigned or IFSO-EC secretariat for information, help, or for application.

I take the opportunity to thank our Secretary, Manuela Mazzarella, for her great help throughout the year, notably with communication between the Executive Council and national Societies. I also thank our PCO, Guarant, and especially Veronika, for their important and successful work and commitment in making our congress become successful and our dreams come true. Finally, I wish everyone a happy holiday time and a great start en the new coming year. I am looking forward to seeing as many people as possible next Spring in Naples

IFSO EUROPEAN CHAPTER SYMPOSIUM II MEDITERRANEAN OBESITY SURGERY SUMMIT

BARIATRIC AND METABOLIC LIVE SURGERY SESSIONS

MAY 11-13, 2017

HOTEL ROYAL CONTINENTAL
NAPLES, ITALY



Symposium President:
Prof. Luigi Angrisani

Organising Secretariat:
GUARANT International spol. s r.o., Na Pankráci 17, 140 21 Prague 4, Czech Republic
Tel.: +420 284 001 444, E-mail: ifso-ec2017@guarant.cz



IFSO
European Chapter



WWW.IFSO-EC2017.COM





European Chapter Report

Please join us in at IFSO-EC 2017 Symposium in Naples, Italy.

The Preliminary Programme is now available at www.ifso-ec2017.com. Its main topics include:

- Metabolic mechanisms of surgeries, gut microbioma and bile acids
- Metabolic surgery and NASH
- T2DM: Surgical Options and Long-term Outcomes
- Management of weight re-gain and co-morbidities development
- Sleeve gastrectomy and gastric bypass
- Sadi's, Gastric plication
- Innovative robotic procedures
- Endoluminal and experimental procedures
- Revisional surgeries
- Safety and training in bariatric and metabolic surgery
- Integrated health session
- Multidisciplinary approach
- Class 1 Obesity without comorbidities – is there a place for weight loss surgery?
- Long-term outcomes (> 10 y) for traditional operations

Our **Abstract Submission site** at www.ifso-ec2017.com is now open and we are looking forward to your submissions. **Please note the submission deadline is January 15th 2017.**

Abstracts accepted for presentation will be published in the official Abstract Book of the IFSO-EC Symposium, Naples, Italy.

Online Registration will be open on January 1st 2017, with a discounted rate available until March 31st 2017.



European Chapter Report

PROGRAMME AT A GLANCE

THURSDAY, MAY 11, 2017			
Time	Main Hall	Parallel Session 1	Parallel Session 2
09:30–11:00	Live Surgery Session I		
11:00–11:30	Coffee Break/Commercial Exhibition		
11:30–13:00	Live Surgery Session II	OPTIONAL: Pre-Congress Course	
13:15–14:45	Lunch & Industry Symposium		
15:00–16:30	Live Surgery Session III	OPTIONAL: Pre-Congress Course	
16:30–17:00	Coffee Break/Commercial Exhibition		
17:00–17:45	Opening Plenary Lecture		
17:45–18:45	Opening Ceremony IFSO-EC Presentation and Awards		
19:00	Welcome Reception		

FRIDAY, MAY 12, 2017			
Time	Main Hall	Parallel Session 1	Parallel Session 2
08:30–09:00	Plenary Lecture – Metabolic mechanisms of surgeries – current status		
09:00–11:00	Invited & Free papers Session Topic TBD	How to improve training in bariatric surgery	Safety in bariatric and metabolic surgery
11:00–11:30	Coffee Break/Commercial Exhibition		
11:30–13:00	Metabolic surgery outcomes (Hypertension, Hyperlipidemia, CDV risk reduction): free & invited papers	Bariatric multidisciplinary care	Standards of Sleeve Gastrectomy: free papers
13:00–15:00	Lunch & Industry Symposium		
13:15–14:45	IFSO Session		
15:00–16:30	Surgical options in treatment of T2DM: free & invited papers	Integrated health session	Young-IFSO Session
16:30–17:00	Coffee Break/Commercial Exhibition		
17:00–18:30	Long-term outcomes in T2DM surgery: free & invited papers	Miscellaneous	Standards of Gastric bypass: free papers
18:30–19:30	Poster Networking & Industry Symposium		

SATURDAY, MAY 13, 2017			
Time	Main Hall	Parallel Session 1	Parallel Session 2
08:30–09:30	Plenary Session – TBD		
09:30–11:00	Revisional Bariatric/ Metabolic surgery	Innovative Procedures Session – experimental procedures and approaches	
11:00–11:30	Coffee Break/Commercial Exhibition		
11:30–13:00	Video session: My way to do it	Adjustable gastric banding – still an option?	
13:00–15:00	MOSS Round Table: Weight loss and endoluminal procedures in the Mediterranean area: do they make sense?	Lunch	
15:00–16:30	Management of weight re-gain and co-morbidities relapse	Sadi's, Gastric plication – standards, outcomes and complications	
16:30–17:00	Closing Ceremony		



North American Chapter Report



John Morton
President of North
American Chapter

The IFSO North American Chapter elected the 2016-2017 Executive Board. Congratulations to Dr. John Morton, elected NAC President.

We also commend Dr. Mehran Anvari, elected Secretary/Treasurer, and Dr. Raul Rosenthal elected Vice President.

NAC Executive Board

President: John Morton, MD

Vice President: Raul Rosenthal, MD

Secretary/Treasurer: Mehran Anvari, MD

Member-at-Large: Stacy Brethauer, MD

ObesityWeek 2016

Thank you for making ObesityWeek 2016 a great success. ObesityWeek hosted over 5,000 attendees, 13% being international attendees. Each year, ASMBS and The Obesity Society (TOS) work hard to improve and refine the meeting to meet the needs of our attendees. As a result, this meeting continues to be one of the most influential annual conferences for professionals working to prevent and treat obesity.

We are already looking forward to ObesityWeek 2017 in our nation's capital. Mark your calendars: ObesityWeek will be held in Washington, DC from Oct. 30 - Nov. 3, 2017.



The Scientific Sessions opened on Wednesday morning, with TOS and AMSBS attendees coming together for the first keynote address given by genetics of obesity expert, Sadaf Farooqi, PhD.



After two days of Pre-Conference Courses on a wide variety of topics, ObesityWeek 2016 officially commenced Tuesday evening with a fun, vibrant opening reception at Mardi Gras World.



North American Chapter Report



The ASMBS Foundation LEAD Awards brought together ASMBS members and the healthcare industry, honoring individuals who displayed outstanding leadership and dedication to their field. Dr. Bruce Wolfe (pictured above) received the Outstanding Achievement Award, which honors an ASMBS member who supports the goals and vision of the ASMBS Foundation, who displayed a lasting impression and selfless commitment to the ASMBS organization and made significant contributions to the field of metabolic and bariatric surgery.



Pictured above, the IFSO Europe/Latin America Scientific Session featured surgical cases from South America and the United States, under the direction of Drs. Kelvin Higa and Ricardo Cohen. The IFSO Asian Pacific Scientific Session, led by Drs. Natan Zundel and Ramen Goel, featured surgical cases from Taiwan. Both courses featured three cases presented though live telecast, followed by discussion by moderators. IFSO ended the week by hosting the OW Level Two Partner Symposium, The International Mini Consensus on Selected Surgical Controversies, under the direction of Drs. Kelvin Higa and Ninh Nguyen.



The Presidential Address given by ASMBS President, Dr. Raul Rosenthal, highlighted the many ASMBS 2016 projects and accomplishments in the organization's endeavors to advance the



SAVE THE DATE!

Canadian Obesity Weekend

MAY 18 - 20, 2017

Sheraton on the Falls
5875 Falls Avenue
Niagara Falls, ON

CABPS Annual Meeting in Conjunction with IFSO NAC and DS CONSENSUS

4th Annual Obesity Conference

L'ASSOCIATION CANADIENNE des MEDECINS et CHIRURGIENS BARIATRIQUES
The CANADIAN ASSOCIATION of BARIATRIC PHYSICIANS and SURGEONS

2nd International Consensus Conference on Duodenal Switch
ICCDSS
2017



North American Chapter Report

IFSO held several interesting, well-attended sessions during Obesity Week. The following IFSO courses were hosted:

International Reception

The International Reception provided opportunities for our international colleagues to network and to present the prestigious International Scientific Paper awards.



IFSO President Kelvin Higa and Immediate Past President Natan Zundel (pictured above, left to right) welcomed and thanked everyone for attending the International Reception, a time dedicated for guests who came great distances.



The photo above (left) shows Dr. Carlos Zerrweck, (holding plaque) receiving the International Scientific Paper award for his abstract "Laparoscopic Sleeve Gastrectomy: Results at 10 years" and being honored by (left to right): Dr. Kelvin Higa and Dr. Natan Zundel. In the photo on the right, Dr. Nawaf Alkhalifah (holding plaque) also receives the International Award for his abstract on "Laparoscopic Conversion to Sleeve Gasterectomy for Failed Gastric Bypass: Report of 50 Cases" honored by (left to right): Dr. Natan Zundel and Dr. Kelvin Higa.

ASMBS Executive Council and CABPS Board of Directors Elect New Members

ASMBS and CABPS elect new presidents and council/board members. Dr. Stacy Brethauer, of the Cleveland Clinic, Ohio, took the office ASMBS President during the ObesityWeek meeting and CABPS elected Dr. Laurent Biethro, of Laval University, Quebec, as its new President at its recent Annual General Meeting.



ASMBS President
Stacy Brethauer,
MD



CABPS President
Laurent Biertho,
MD



North American Chapter Report

The complete list of board members serving for each organization is listed below

<u>ASMBS Executive Council</u>	<u>CABPS Board of Directors</u>
President: Dr. Stacy Brethauer	President: Dr. Laurent Biertho
President Elect: Dr. Samer Matar	Past President: Dr. David Lau
Past President: Dr. Raul Rosenthal	Vice President: Dr. Stephen Glazer
Senior Past President: Dr. John Morton	Secretary: Dr. Judy Shiau
Secretary/Treasurer: Dr. Eric DeMaria	Treasurer: Dr. Sharadh Sampath
Council Persons at Large:	Members at Large:
Dr. Wayne English	Dr. Mehran Anvari
Dr. Michel Gagner	MDr. John Hagen
Dr. Shanu Kothari	Dr. Denis Hong
Dr. Marina Kurian	Dr. Timothy Jackson
Dr. Rami Lutfi	Dr. Simon Marceau
Dr. Rachel Moore	Dr. David Urbach
Dr. Aurora Pryor	Dr. Michel Gagner
Dr. Ranjan Sudan	Dr. Pierre Y. Garneau
IH President: Karen Flanders, MSN	Dr. Samaad Malik
IH President Elect: Pamela Davis, BSN	Dr. Ali Zentner

Upcoming meetings you won't want to miss. Mark your calendars now!



CABPS Annual Meeting

May 18 - 20, 2017—NAC Course on May 19, 2017

Sheraton on the Falls

Niagara Falls, Ontario, Canada



ASMBS Week-End

June 7-9, 2017

San Diego, California



ObesityWeek 2017

October 30 – November 3, 2017

Washington, DC



Latin American Chapter Report



Juan Antonio Lopez
Corvala
President of Latin
American Chapter

We have had several communications with our member societies.

We are using the great tool of Whatsapp CHAT IFSO LAC between us and the Presidents of each member society, we have found that this the fastest, convenient and accurate way of communication, because anyone has his cell phone all the time wherever they are.

We have had 2 Inter-medial IFSO LAC meetings (already reported in the

last IFSO LAC REPORT No. 9), one in Cartagena, Colombia (April 2016) and the other in Mendoza Argentina (May 2016), We made all the amendments to the IFSO LAC Bylaws, and it was discussed the advances of the organization of the VII IFSO LAC Congress, that will be held in the beautiful city of Santa Cruz, Bolivia, from April 26th to 29th 2017.

During June, July, August, September and the first days of October 2016 the final arrangements were concluded to celebrate the 21st World Congress IFSO

2016 in Rio de Janeiro, Brasil, from September 27th to October 1st 2016. As you know: our friends from the Brazilian Society for Bariatric and Metabolic Surgery were the organizers of the 21st World Congress of IFSO, in Rio de Janeiro, Dr. Ricardo Cohen (Congress President), with Almino Ramos, Wendy Brown and Kelvin Higa (Scientific Committee) and of course Natan Zundel (IFSO past President). IFSO LAC as a chapter participated actively in the Scientific Program.

This last World Congress was a great success. The Academic Program was outstanding, the participation Worldwide was significant.

A LA BREVEDAD



VII CONGRESO LATINOAMERICANO
DE CIRUGÍA BARIÁTRICA Y METABÓLICA
IFSO LAC
26 a 29 de abril de 2017 | Santa Cruz | Bolivia





Latin American Chapter Report



Natan Zundel during the Presidential Address

The plenaries, the symposia and lectures were very well attended. More than 3000 attendees. Faculty from all over the world. The final numbers will be presented to IFSO by the organizers in a few weeks.

The Presidential Address by Natan Zundel was very nice. Natan says good-bye to the Presidency of IFSO in a very "touchy" way, defining CAOS as a way to learn. Thank you Natan for being a great representative of Latin America.

Ricardo Cohen and the Brazilian Society did a great job in the organization of the 21st World Congress of IFSO.

During the IFSO WORLD Congress it was developed the Executive Board Meeting of IFSO and the General Council of IFSO.

During the General Council of IFSO, the Presidency was passed to Kelvin Higa from the USA, we wish all the best to Dr. Higa for next year.

IFSO LAC had its General Assembly during the IFSO World Congress in Rio de Janeiro, Ricardo Cohen was elected next President elect, we wish all the best to Dr. Cohen in this new challenge.

Last but not least we gave the IFSO LAC Support to the CMCOEM (Colegio Mexicano de Cirugía para la Obesidad y Enfermedades Metabólicas), in their last meeting in July 2016, in Chiapas, México, Kelvin Higa and Natan Zundel were present in this meeting. Finally, we gave the IFSO LAC Support to the SACO (Sociedad Argentina de Cirugía de Obesidad), to develop their 1st Obesity Surgery Meeting that will take place in 2017. Site of the Congress to be determined.





Latin American Chapter Report



Executive Board Meeting IFSO, Rio de Janeiro, 2016



Dr. Higa receiving the IFSO Presidency



Dr. Lopez-Corvala, President IFSO LAC, presenting our Report



Dr. Sergio Aparicio (President of Bolivian Society of Obesity Surgery) is presenting the advances in the organization of the VII IFSO LAC Congress, 2017



Asia Pacific Chapter Report



Lilian Kow
President of Asia
Pacific Chapter

This year, the Asian Diabetes Surgery Summit (in its 7th edition) took place in Taipei as part of the large 11th IDF-WRP and 8th AASD meetings. The ADSS is jointly organized by Min-Sheng General Hospital, the Taiwan Society for Metabolic and Bariatric Surgery, and the Diabetes Association of the Republic of Taiwan. Diabetes and metabolic surgery are now firmly connected, and the ADSS is always a great opportunity to have surgeons and internal medicine specialists exchange notes on the treatment of the disease.



October, 2016 • Taipei, Taiwan





Asia Pacific Chapter Report

The 2-day inaugural OBES scientific meeting was successfully held in Singapore on 18 November 2016. Jointly organised by the Obesity and Metabolic Surgery Society of Singapore (OMSSS), the Endocrine and Metabolic Society of Singapore (EMSS) and the Singapore Association for the Study of Obesity (SASO), this conference was the first of its kind in Singapore. Indeed, the name 'OBES' is an amalgam of the 3 societies' acronyms, and serve to underscore our dedication and efforts to integrate multiple disciplines in the treatment of obesity and diabetes. Singapore now ranks third in the incidence of obesity in South East Asia, and is second in the incidence of diabetes worldwide. These numbers continue to rise. Given our nation's recent 'declaration of war on diabetes', our meeting was most timely as we examined evolving knowledge and advancing best practices in the treatment of severe obesity and diabetes.

The meeting was officiated by our nation's Deputy Director Medical Services Singa-



pore Dr Kenneth Mak, and saw an attendance of 350 delegates, comprising not only bariatric surgeons, endocrinologists, gastroenterologists, anaesthetists, plastic surgeons, sports physicians, psychiatrists, paediatricians, primary care physicians, but also

allied health professionals including nurse co-ordinators, dieticians, physiotherapists, psychologists, operating room nurses and more. With a scientific programme boasting an international and local faculty of clinicians and scientists at the forefront of obesity treatment and research, Day 1 saw a great breadth of topics; from basic science to surgical results.

Highlights included the following: 1) Novel scientific theories regarding adipocyte dysfunction in diabetes, the role of sleep and brown fat in obesity



Asia Pacific Chapter Report



2) Different bariatric surgeries, their effects on glucose homeostasis, and longer term results from randomised controlled trials
3) Debate on emerging new evidence and lowering the criteria for surgical intervention
4) Recidivism after surgery and mitigating strategies

The day then concluded with the best poster presentations.



Day 2 was group breakout. There were dedicated sessions for surgeons to share videos, discuss pitfalls, revise and refine techniques, and emphasise the need to constantly audit and review.

There was a session for

allied health to summarise the art of caring for the patient in a holistic fashion. Nurse clinicians share their experiences in running standardised bariatric surgery programmes, follow-ups and forming support groups, while dieticians debate pre-op weight loss, and discussed dietary counselling. Sports physicians explored structured exercise programmes, psychologists reviewed eating behaviours and explained food triggers, whereas anaesthetists, sleep physicians championed improved perioperative care. This was followed by a hands-on session primarily targeting junior doctors and OT nurses regarding the principles of patient positioning, surgical instruments including calibration tubes, energy and staple devices, to promote better understanding of the surgical procedure, more efficacious surgery and hence greater patient safety. A session dedicated to primary care physicians was held to highlight the management of the obese individual with diabetes or other chronic diseases, at extremes of age including the obese child and adolescent. This symposium also aimed to empower primary care practitioners in post bariatric surgery care, covering topics from modifications of diet, lifestyle, medications, to monitoring for nutritional deficiencies, recidivism and even pregnancy.



Asia Pacific Chapter Report

The meeting encouraged a robust exchange of ideas between experts and novices. The wide range of audience in attendance underlined the multidisciplinary and integrated approach to this chronic disease. It allowed all to share new and emerging theories and novel treatment ideas, to review current efforts and results, and to re-affirm treatment strategies and that no part is too small.



The 34th Annual Meeting of Japanese Society for Treatment of Obesity took place July 1-2 in Tokyo. This year's event was particularly successful and attracted nearly 700 participants.

The IFSO-APC 2017 conference will take place in Goa, India, in April 2017. Registrations are open, and the organizers urge all the Presidents of Asia-Pacific Societies to encourage their members to attend.



The poster features the IFSO logo at the top left and the Obesity Surgery Society of India (OSSI) logo at the top right. In the center, there is a stylized red figure of a person with arms raised, next to the text 'IFSO APC 2017 - GOA, INDIA'. Below this, a red banner reads '21st April to 23rd April, 2017'. The word 'DIABESITY' is written in large blue letters, with 'CONGLAVE' underneath it. At the bottom, there is a red banner with the text 'Save Your Dates!!'. The background of the poster shows a tropical beach scene with rocks and waves. At the bottom, there are five columns of text listing the names and titles of the organizers: Dr. Kelvin Higa (President IFSO), Dr. Liliani Kow (President of the IFSO Asia Pacific Chapter), Dr. Rajesh Khullar (President OSSI), Dr. Shashank Shah (Organizing Chairman), and Dr. Jayashree S. Toddkar (Organizing Secretary). At the very bottom, there is a red banner with the email address 'ifsoapc2017@ftcevents.com' and the website 'www.ifsoapc2017.in'.



XXI IFSO Congress Report

The logo for the IFSO 2016 21st World Congress. It features a stylized blue silhouette of a building with a dome on the left. To the right, the text 'IFSO 2016' is written in a large, bold, white and yellow font. Below this, '21st WORLD CONGRESS' is written in a smaller, white, sans-serif font.

IFSO 2016

21st WORLD CONGRESS

21st WORLD CONGRESS OF INTERNATIONAL
FEDERATION FOR THE SURGERY OF
OBESITY & METABOLIC DISORDERS

September, 28th to October, 01st
Rio de Janeiro | Brazil

The **21st World Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO)** was successfully held in Rio de Janeiro, Brazil between September 28th to October, 01st, 2016.

We are grateful for your participation and contribution to the congress' success.

Key highlights of this year conference:

% increase in attendees. Registration numbers for IFSO 2016 increased significantly from 2373 (2015) to 2879 delegates (+21%).

This is the first time that the congress was held in Rio de Janeiro, and the second time in Brazil.

The Congress was held at the Windsor Barra Hotel, with 10 scientific rooms during the Post Graduated Courses and 7 during the Congress.

The delegates, faculties and sponsors enjoyed the social program: the Welcome Reception at the Exhibition Area of the Hotel with Brazilian food and beverage samples and shows and the Farewell Dinner at the Rio de Janeiro Jockey Club.



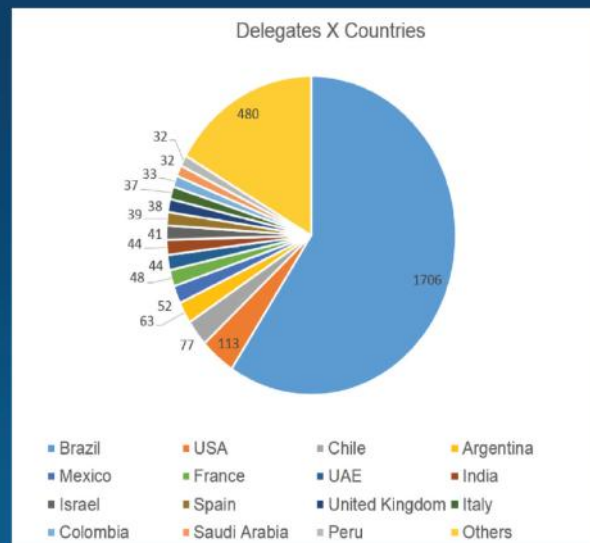


XXI IFSO Congress Report

Registration Summary:

- Total attendance: **2879**
- Countries represented: **74** countries
- Number of Attendees at IFSO 2016 'Congress ' (excluding Postgraduate only): **2804**
- Number of Attendees by Country (considering only Top 15 countries):

Country	Amount
Brazil	1706
USA	113
Chile	77
Argentina	63
Mexico	52
France	48
UAE	44
India	44
Israel	41
Spain	39
United Kingdom	38
Italy	37
Colombia	33
Saudi Arabia	32
Peru	32
Others	480



Educational Program Summary:

The 21st edition of IFSO Congress expanded the scientific program to provide better opportunities for all interested delegates to share their experiences, knowledge, and to seek practical solutions that could influence their daily practice.

The congress had **10 Postgraduate courses**, **01 special course**, **5 Satellite Symposia**, **56 sessions** including oral presentations and video sessions. The approved electronic posters were displayed in **10 screens** at the Poster Area.

A total of 698 approved posters



XXI IFSO Congress Report

NUMBER OF ATTENDEES PER POSTGRADUATE COURSE

Course	Attendees
PGC 1: Bariatric endoscopy (BE)	93
PGC 2: Difficult hernias in morbidly obese patients	36
PGC 3 - Hands on: Endo suturing	29
PGC 4: How to get your paper published	33
PGC 5: Integrative Bariatric/Metabolic Care	76
PGC 6: Metabolic surgery: the science that will inform your clinical practice for metabolic surgery	85
PGC 7: Single Anastomosis Gastric Bypass or One Anastomosis Gastric Bypass.	91
PGC 8: Postoperative complications	108
PGC 9: Revisional Bariatric/Metabolic interventions	111
PGC 10: The sick patient: pre, trans and postoperative care	20
Special Course: "Instrumentadoras"	139

957 abstracts were received until the deadline for abstracts submission (May, 05th).

Oral & Poster PRESENTATION INFORMATION

	On-line
Total Abstracts Accepted for Orals:	148
Total Abstracts Accepted for Videos:	28
Total Abstracts Accepted for Posters	698
Total Abstracts Rejected / Withdrawn:	83
The Best Posters were awarded to:	Danielle Cristina Fonseca, Brazil Assalia Ahmad, Israel Wilson R. De freitas Junior, Brazil
The Scholarships were awarded to:	Imane Eddbali, United Arab Emirates Felix Nickel, Germany Nesreen Khidir, Qatar Priscila Sala, Brazil
Winner Young Investigator Award:	Adrian Billeter, Germany
Call for Presentations Launch Date:	December, 2015
Abstract Submission Closing Date:	May 05 th , 2016



XXI IFSO Congress Report

Key Sponsor & Exhibit Summary:

IFSO 2016 attracted a total of 07 main sponsors (Platinum, gold and Silver Sponsors) and 32 exhibiting companies and organizations that supported the congress.

SPONSORSHIP INFORMATION	
Level/Contribution	Company
Platinum	Ethicon, Medtronic.
Gold Sponsor	Gore.
Silver	Apollo Endosurgery, Hospital Alemão Oswaldo Cruz, Olympus, Storz.
Sponsors	Bariatrics Solutions, Baricol bariatrics, Bhiosupply, CMS Medical, Doctools, Edlo, Endo Access, Erbe, Fit For Me, Implamed, Marlex Brazil, Mederi Therapeutics, MID, MITech, Mundialtec Books, Obesinov, Ottobini, Panther Health Care, Positivo Group, Reach Surgical, Spatz, Strattner, Stretta, Suprimed, Taimin.
Supporting	American Society for Metabolic and Bariatric Surgery (ASMBS), IFSO, IFSO LAC Congress 2017, IFSO Congress 2018 Dubai.
Organizations	Dendrite, Medwrite, SBCBM.





XXII IFSO Congress Report



Richard Welbourn
IFSO 2017 Congress
President

The **22nd World Congress of IFSO** will be held in London between the 29th August and the 2nd of September 2017.

The program highlights the multidisciplinary nature of obesity and its management with joint symposia with anesthetic, plastic surgery, pediatric surgery and internal medicine colleagues. There are planned joint sessions with fertility, psychology and psychiatry experts. There will also be special emphasis on Integrated Health and non-surgical treatment strategies. An exciting 'Dragon's Den Meets Shark tank' session will take place where participants will pitch ideas for randomized controlled trials to a panel of experts. The regional variations in practice are also recognized with Latin American, European, Asia Pacific, North American and Pan-Arab Symposia.



22nd WORLD CONGRESS
29 August to 2 September 2017
QEII Centre, London

Organised by:
 The British Obesity & Metabolic Surgery Society  International Federation for the Surgery of Obesity and Metabolic Disorders


IFSO 2017
LONDON

With 9 post-graduate courses and a superb scientific program, we would like to welcome you to London and encourage you to submit your abstracts for oral, video and poster presentations.

The conference venue, the Queen Elizabeth II Centre, is located at the heart of London directly opposite to Westminster Abbey and the Houses of Parliament and only a 5-minute walk to the river Thames and the London Eye. The venue is served by outstanding transport links providing great access to everything the city has to offer from hotels and world-class restaurants to culture, museums, shopping and night-life.

Registration and abstract submission opened on the 1st December 2016.

Please prepare your abstracts and videos. Abstract submission will end on April the 1st 2017. There will be a Young Investigator Award for the best oral presentation from a young researcher under the age of 40 and 3 best posters prizes



XXII IFSO Congress Report

awarded by IFSO. For more information on how to register and upload your abstracts please go to:

www.ifso2017.com

On behalf of the organizing and the scientific committees and the IFSO president elect, Dr Kelvin Higa, I would like to welcome you all to the great city of London.



Important dates for your diaries:

Abstract submission and registration open: 1st December 2016

Abstract submission ends: 1st April 2017

Acceptance notification & confirmation of presentation type: 10th May 2017

End of early bird registration: 1st June 2017

IFSO 2017 Post-graduate courses include:

6th International Conference on Sleeve Gastrectomy (2 days)

One Anastomosis Gastric Bypass (OAGB-MGB) Consensus workshop

Bariatric Endoscopy course (part of this course is hands-on lab)

T2D and Metabolic Surgery course

Emergencies in Bariatric Surgery course

Integrated Health Professional course

Key Issues in Obesity Perioperative Care

Writing and Publishing in Bariatric Surgery

Revisional Bariatric Surgery



XXII IFSO Congress Report

IFSO 2017 endorsing societies:

Specialists in Obesity and
Bariatric Anesthesia
(SOBA)

Association for the Study
of Obesity (ASO)

National Obesity Forum

British Association of Plas-
tic, Reconstructive and Aesthetic Surgeons (BAPRAS)

Society for Endocrinology

Diabetes UK

World Obesity Federation

International Bariatric Club (IBC)

Royal College of Surgeons of Edinburgh

Royal College of Surgeons in Ireland

Royal College of Physicians and Surgeons of Glasgow





XXIII IFSO Congress Report



حكومة دبي
GOVERNMENT OF DUBAI



إدارة التسويق والترويج التجاري
Department of Economic and Commercial Marketing

Invitation to Hold

The 23rd World Congress of the International Federation for the Surgery of Obesity & Metabolic disorders IFSO

September 20th - 23th 2018

Dubai, UAE



مكتب دبي للمؤتمرات والفعاليات
DUBAI CONVENTION
AND EVENTS BUREAU



XXIV IFSO Congress Report



3-7 September 2019
Madrid, SPAIN



XXV IFSO Congress Report

Miami, USA 2020





Our official Journal : *Obesity Surgery*



Scott Shikora
Editor-in-Chief

Never miss an issue!

Sign up to receive **Table of Contents (TOC) Alert emails** for Obesity Surgery. You will be able to update your email address or unsubscribe at any time. <http://bit.ly/WZAF8g>

New issue alert: The latest issue of *Obesity Surgery* is now available online! View all new articles and browse the archive. <http://bit.ly/Y8IkiG>

Citation Alert: Never miss getting cited! Thanks to the information SPRINGER receive from CrossRef.org, a journal article's corresponding author will be alerted after his/her paper was cited by another article (<http://goo.gl/XGjVc>)





Committees' Report



Abdelrahman Nimeri
Chairman of the
Communication
Committee

Communication committee

Members of the communication Committee:

Chairman: Abdelrahman Nimeri

Co Chairman: Bart Van Wagenveld

Members: Haris Khwaja, Claudio Jamel, Jaime Ponce, Vivek Prachand, Scott Shikora, Karl Miller, Kamal Mahawar, Saber Ghiassi.

Results of the Let IFSO hear your voice survey: IFSO has circulated a survey to know which subjects are important for our members to hear about.

750 Members have done the survey. The top 4 subjects are:

1. Procedure selection for type II DM 63.3%.
2. Management of patients with weight recidivism after LSG 57.1%.
3. Management of patients with GERD after LSG 49.5%.
4. Enhanced recovery after Bariatric Surgery 30.8%.

Selected readings in bariatric surgery: Please look for this tab on the IFSO website. It will include recent relevant publications with comments from experts.

IFSO Website new look launched in 2014:

Website statistics:

- Hits in 2014 (70798 hits).
- Hits in 2015 (128151 hits)
- Hits in 2016 (115254 hits)

➤ Visit by visitor type: (69.30% new visitor).

➤ Top 10 countries: Visit and page visit by country 2014, 2015 & 2016:

➤ 2014	2015	2016
1. USA 2501	USA 6397	USA 6503
2. India 1455	India 4094	Brazil 4043
3. Brazil 1385	Brazil 3573	India 2935



Committees' Report

4. UK 1226	UK 2954	UK 2560
5. Italy 885	Italy 2219	Italy 1666
6. Mexico 863	Mexico 2042	Australia 1599
7. France 595	France 1492	Mexico 1314
8. Spain 576	Spain 1381	Netherlands 1216
9. Australia 443	Germany 1145	Germany 1143
10. Netherlands 417	Australia 1100	France 1071

Meetings endorsed by IFSO:

- 2014 - 22 meetings
- 2015 - 30 meetings
- 2016 – 25 meetings

Please follow IFSO on Twitter account to stay updated. @IfsoSecretariat
66 followers

Please join the IFSO Facebook Group: <https://www.facebook.com/groups/396874800435861/>. This is a closed professional social networking group to discuss complex cases and receive updates about important events in the IFSO calendar, It was started in 2013:

- **Members 2016 (1004)**
- **Members 2015 (832)**
- **Members 2014 (454)**

Please Join the IFSO Linked In group: 975 members

<https://www.linkedin.com/groups/IFSO-International-Federation-Surgery-Obesity-4941421/about>



Committees' Report



Jacques Himpens
Chairman of the
Position Statements/
Standards Committee

Position Statements/Standards Committee

The Position Statements/Standards Committee is working on a position statement on Sleeve gastrectomy leaks. More information will be available soon.



Thomas Horbach
Chairman of the
New Technologies
Committee

New Technologies Committee

The New Technologies Committee is working on a Position statement on New Technologies for the Treatment of Obesity.



Young IFSO News and Activities



Karin Dolezalova
Young IFSO
President

This year YOUNG IFSO continued in organisation of YIFSO sessions during various IFSO congresses and other IFSO endorsed activities. Young IFSO took active part at in organising and selecting talks at YIFSO dedicated Sessions at the IFSO World Congress in Rio as well as at the Frankfurter Meeting in September and November 2016.

Main topic chosen for the YIFSO Session at Frankfurter Meeting was rather provocative – „Looking into the future: Will pharmacology replace surgery?“. This Session concluded that despite a huge progress in pharmacotherapy of obesity, it's not likely that pharmacotherapy is going to replace bariatric surgery in the near future.

Program of Young IFSO Session at the IFSO World Congress was of high scientific caliber and interesting for a mixed audience of young and experienced bariatric surgeons. Presenters represented countries from all over the world.

The Session was well attended and discussion was lively especially i.e. the one linked to the topic of role of education of young bariatric surgeons.

The up-coming YIFSO Session is planned for the IFSO European Chapter Symposium, which will be held in Naples, Italy on May 11-13, 2017, and for the IFSO World Congress in London, UK in September 2017.

The IFSO World Congress in London in 2017, is going to be electoral for YIFSO as the Young IFSO President-elect as well as for other executive positions within the Young IFSO are open for voting in 2017.

The current Young-IFSO President Elect, Sylvia Weiner from Germany will replace the current Young IFSO President, Karin Dolezalova from the Czech Republic in 2017.





IFSO Corporate Partners

If your Company is interested in being a member of IFSO Corporate Committee, please visit <http://www.ifso.com/about-ifso/ifso-corporate-committee/> and contact us at secretariat@ifso.com

Platinum Corporate Partners



PART OF THE *Johnson & Johnson* FAMILY OF COMPANIES



Gold Corporate Partners



Silver Corporate Partner





IFSO Corporate Partners

The Role of Industry Relations

IFSO is proud to partner with some of the medical industry's premier companies, and aims to better facilitate communications and feedback between the Federation, our members and industry professionals. Support from industry professionals helps IFSO further our goal of providing continuing education resources to our members and other bariatric professionals.

IFSO provides appropriate opportunities for communication and exchange of ideas with our members through our conferences, member communications, and other collaborative ventures.

Corporate Committee

The IFSO Corporate Committee is organized to develop and enhance the joint strategies and efforts of bariatric surgeons, healthcare professionals and industry professionals. The Corporate Council offers opportunities to work with industry peers in appropriately influencing the healthcare of the morbidly obese.

IFSO does not endorse any specific commercial product or service. This website has links to private organizations. The inclusion of external hyperlinks does not constitute endorsement or recommendation by IFSO of the linked Web resources or the information, products, or services contained therein. IFSO does not exercise any control over the content on these sites.

Efforts supported by the Corporate Committee

IFSO Booth at related medical meetings
Press Room at the IFSO Annual Meeting
Support the IFSO Annual Meeting
IFSO/Bariatric Surgery Public Relations efforts



IFSO Corporate Partners

Benefits of Corporate Committee Membership

- Free advertising and Company link to the IFSO website in the IFSO Corporate Committee section
- Recognition and Free advertising in the IFSO online E-Newsletter
- Access to the IFSO membership
- Listing in the online Bariatric Products and Services Guide
- Access to updates from the field and communications from IFSO Leadership
- Opportunity to exhibit at IFSO ancillary meetings
- IFSO Corporate Committee lapel pins for special recognition as a Corporate Committee member
- Member registration rates for the IFSO Annual Meeting
- Discounted annual meeting booth exhibit fee – 10%
- Membership annual fees:
 - Platinum level: 15,000\$
 - Gold level: 7,000\$
 - Silver level: 3,500\$





IFSO Endorsed Meetings

13th International B.E.S.T. Congress
Naples, Italy
5-6 December 2016



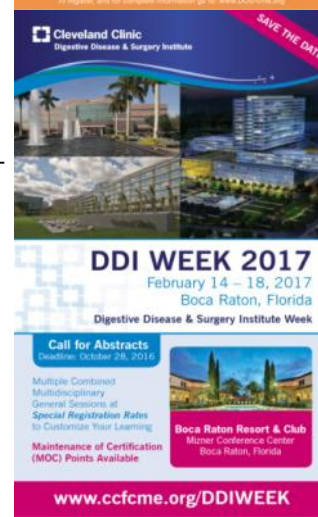
8th National Symposium of Bariatric and Metabolic Surgery
Bucharest, Romania
10 December 2016



Diabetes and Obesity Summit
Honolulu, HI, USA
12-14 January 2017



16th Annual Surgery of the Foregut Symposium and 4th Annual International Congress of Fluorescence Guided Imaging Surgery
Boca Raton, Florida
14-18 February 2017



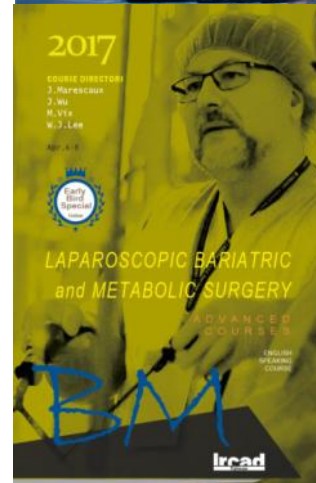


IFSO Endorsed Meetings

First Argentine Congress of Metabolic and Bariatric Surgery
 Mar del Plata, Argentina
 22-24 March 2017



Advanced Course Laparoscopic Bariatric and Metabolic Surgery
 Lukang, Taiwan
 6-8 April 2017



2nd New Technologies and Expert International Meeting
 Lyon, France
 21-22 April 2017



2nd International Consensus Conference on Duodenal Switch
 Niagara Falls, OH, Canada
 18-19 May 2017





IFSO Endorsed Meetings

Endorsement requests must be sent to IFSO Secretariat (info@ifso.com) together with the scientific program of the Course. IFSO-Communication Committee will carefully review the concepts and objectives of the course as well as the faculty, the structure and content of the course, in deciding about the endorsement.

“Endorsement” does not in any way offer credentialing of grant approval to the participant regarding future skills and outcomes.

Benefits:

Endorsed events will be:

- listed on IFSO’s Website on the “Endorsed meetings” page, with a link to the congress website
- included on IFSO’s E-newsletter
- mailed twice to IFSO Members
- advertised once on IFSO Facebook page
- the Director may include IFSO’s Endorsement statement and IFSO Logo on promotional materials among the endorsing institutions, exclusively with the following text: “Endorsed by” before the logo of IFSO.





How to join IFSO?



It's time to renew for 2017. Ask your national Society how to renew your membership or join IFSO!

WHY RENEW OR JOIN IFSO?

- Big discounts to all our Congresses or endorsed meetings all over the world
- Free subscription to our official journal: **Obesity Surgery**
- E-blast with info about the endorsed meetings
- Regular E-Newsletters
- An official Certificate of Membership
- Use of IFSO website to advertise the activities of the national societies
- Eligibility to IFSO endorsement for meeting/workshop/course
- Membership in a professional global network
- Listing in the online registry on the IFSO website
- Eligibility to IFSO Scholarships

2017 Fees

- **IFSO Membership: 100,00 US\$** (including *Obesity Surgery* print and online)
- **IFSO Membership: 60,00 US\$** (including *Obesity Surgery* online)
- **IFSO Integrated Health: (only for non surgeons): 20,00 US\$**

For more information visit us on www.ifso.com

info@ifso.com secretariat@ifso.com





About us

Executive Board

Honorary President
Nicola Scopinaro, MD

President
Kelvin Higa, MD

President-Elect
Jacques Himpens, MD

Secretary/Treasurer
Almino Ramos, MD

Immediate Past President
Natan Zundel, MD

Senior Past President
Rudolf Weiner, MD

Board of Trustees Chair
Antonio Torres, MD

Integrated Health Representative
Tracy Martinez, RN

European Chapter President
Michel Suter, MD

Latin American Chapter President
Juan Antonio Lopez Corvala, MD

Asian Pacific Chapter President
Lilian Kow, MD

North American Chapter President
John Morton, MD

European Chapter Member at large
Jean-Marc Chevallier, MD

Latin American Chapter Member at large
Estuardo Behrens, MD

Asian Pacific Chapter Member at large
Anton Cheng, MD

North American Chapter Members at large
Mehran Anvari, MD

Editor-in-Chief Obesity Surgery
Scott Shikora, MD

IFSO 2017 Congress President
Richard Welbourn, MD

Historian
George Cowan, MD





ABOUT US

62 NATIONAL SOCIETIES

8.500 MEMBERS

3.000 OBESITY SURGERY SUBSCRIBERS



European Chapter (EC)



Latin American Chapter (LAC)



Asian Pacific Chapter (APC)



North American Chapter (NAC)



IFSO Social Media



<https://www.facebook.com/groups/396874800435861/>



<https://www.linkedin.com/groups/4941421>



<https://twitter.com/IfsoSecretariat>



Pic of the month



From the left: Gloria Higa, Kelvin Higa, Nilton Kawahara, Ricardo Baratieri, Akemi Koyaishi, Waleed Bukhari, Luigi Angrisani, Marco Anselmino, Natan Zundel, Almino Ramos during the BEST Meeting in Naples, December 2016.



Sketch of the month

Good luck explaining
to your kids why it's
okay for Santa to
be morbidly
obese.



som^{ee}cards

Holiday Season Greetings



Seasons Greetings
and a
Happy New Year

Kelvin Higa

Manuela Mazzarella, Francesco Carignani