



### Message from the President



#### Creative abrasion

What is IFSO? Why do we have a World Congress? Why should you participate? The next World Congress will take place in London and the scientific program engineered by BOMSS, Richard Welbourn, Cynthia Borg and Wendy Brown is nothing short of spectacular.

Kelvin D. Higa President of IFSO

The first IFSO I attended was in 2000 in Genoa, Italy. It was at this meeting that I met for the first time individuals such as Nicola Scopinaro, Robert

Brolin, Rafael Capella, Charlie Miller, Henry Buchwald and many others who would not only become lifelong friends, but who would become my mentors and help guide my career.

Over the years, I have come to appreciate the wealth of information, the degree of innovation and the camaraderie displayed only at the IFSO World Congress. For those of you who have never attended an IFSO World Congress, this is your chance!

What is the purpose of IFSO. IFSO was born at time of few bariatric surgeons, from a few countries with the idea that dissemination of ideas and data would help to find the answers to some fundamental questions such as how do our operations work? What is the best operation? Why do less than 1% of eligible patients opt for surgery?

Today, although we are still struggling with these questions, and universal coverage is still only a dream, bariatric/metabolic surgery has become a respected specialty reaching all parts of the world. IFSO's role, directly and indirectly, should be acknowledged, even though we have a long way to go. The founders and past leaders of IFSO should be commended on this great achievement.

IFSO World Congress is the one time where every Society, from every country, can unite and can create resolutions that transcend individual politics and dogma. Human rights, dignity, access to medical care and standards of practice should be universal, independent of the GDP or inherent prejudice of individual policy makers. Yet, IFSO should not embody the concepts of compromise for the sake of collaboration or ignore the collective genius that exists within our membership.





### Message from the President

Conflict is an important part of the process that leads to collaborative problem solving. We as leaders must embrace conflict rather than avoid it. Disruptive ideas lead to innovation. This is different than disruptive behavior surgeons are known for. Disruptive behavior is infantile at best and impedes progress. The fathers of IFSO knew they could not script a blueprint for an emerging Federation that would transcend time in a changing world. Their vision was to create the ability to discuss, argue, and then finally resolve issues knowing that compromise is not the key to success; it is the active interaction and open exchange of ideas that can lead to greatness.

As an example, the International Bariatric Club (IBC) will often use this friendly pro/ con banter to illustrate a point; left to the individual surgeon to come to a conclusion. This is not only entertaining, but also quite educational. However, the leadership of IFSO must ensure that all opinions are to be heard with weight given by experience and scientific method, not just anecdotal rhetoric.

As Linda Hill, the Wallace Brett Donham Professor of Business Administration at Harvard Business School and author of the book: Collective Genius: The Art and Practice of Leading Innovation stated: "The role of leadership is to set the stage, not perform on it."

I invite all of you to come to the World Congress in London this year; not just to hear great didactics, but more importantly, to actively participate in collaborative problem solving, discovery driven learning and integrative decision making that necessarily involves every member of IFSO. We are IFSO.

Kelvin Higa Kelm/Ad-Kn/M

**IFSO President** 



Dr. Kelvin Higa (IFSO President) with Dr. Richard Welbourn (IFSO 2017 Congress President)



### European Chapter Report



During the last few months, our Executive Board and Scientific Committee worked mainly on the organization and programming of the first bi-annual "chapterized" symposium of the IFSO European Chapter, presided by former IFSO president, Prof Luigi Angrisani, which will take place in Naples May 11-13th this year.

**Michel Suter** President of European Chapter

<sup>European Chapter</sup> The symposium will include a full day (Thursday) session of live surgical procedures performed by various experts, intertwined with a talks on topics related to the cases presented in the operative rooms. Friday and Saturday will be

dedicated to plenary and video sessions, as well as poster presentations.

A full IFSO symposium, chaired by IFSO's president Prof Kelvin Higa, will be dedicated to the best Obesity Surgery's publications from the European Chapter. A medico -surgical session, organized in partnership by IFSO-EC and EASO will tackle the mechanisms for weight loss and weight maintenance. This session will be repeated during EASO's annual congress in Porto later this year.

Other main topics will be safety in bariatric and metabolic surgery, the role of the multidisciplinary team in multimodal weight management therapy, long-term (10-year or more) results of bariatric/metabolic surgery and comparative studies, among others. The international bariatric club as well as Young IFSO will each organize one session. Finally, one MOSS/GOSS session on Saturday will include discussions about the current status of and future projects of bariatric / metabolic surgery in Middle East, North Africa and Mediterranean countries. Over 150 abstracts have been received for this Symposium.

Everyone interested in bariatric/metabolic surgery, IFSO member or not, Chapter member or not, is welcome to attend this Symposium and enjoy not only high quality scientific presentations, but also the charms of Italian lifestyle, cuisine and hospitality in the magnificent city of Naples with nearby world renown Vesuvio, Amalfi coast and Island of Capri.

Three scholarships will be awarded to young surgeons with special interest in bariatric/metabolic surgery.





### European Chapter Report

Collaboration with EASO will be pursued in the coming year by regular meetings between respective board members and with the organization of common sessions during annual congresses of each Society. The next common session will take place during our bi-annual congress in Athens nest year (May 17-19th 2018).

Work on the IFSO-EC website is progressing thanks to the hard work of both our Communication and Development Committee lead by Juan Pujol Rafols and his team in Barcelona, together with our PCO in Prague, and we hope to be able to present our new Picture&Video Gallery platform later this year, maybe during the Naples Symposium....

Recently, on request from one of our member national Society facing difficulties regarding with acceptance (as a specialty) and coverage of bariatric surgery with the local authorities, a letter was sent to the Ministry of Health of this country in order to support the development and coverage of bariatric and metabolic surgery. This letter was signed both by Prof Higa, President of IFSO, and by Prof Suter, President of the Chapter. Our support included a suggestion to organize a symposium in this country, with official participation of a delegation from IFSO / IFSO-EC, with the goal to inform all local stakeholders about the importance of our specialty and its positive effects on health, health economy, etc...

**Prof Michel Suter** 

President IFSO-EC





# European Chapter Report

# IFSO EUROPEAN CHAPTER SYMPOSIUM II MEDITERRANEAN OBESITY SURGERY SUMMIT

### BARIATRIC AND METABOLIC LIVE SURGERY SESSIONS

Symposium President: Prof. Luigi Angrisani

Organising Secretariat: GUARANT International spol. s r.o., Na Pankráci 17, 140 21 Prague 4, Czech Republic Tel.: +420 284 001 444, E-mail: itso-ec2017@guarant.cz

MAY 11-13, 2017



HOTEL ROYAL CONTINENTAL Naples, Italy

The 1st IFSO European Chapter Symposium, is going to be held in Naples, Italy, on May 11th -13th 2017, together with the 2nd Mediterranean Obesity Surgery Summit (MOSS), and the Bariatric and Metabolic Live Surgery Symposium, under the Presidency of Prof. Luigi Angrisani.





# European Chapter Report



Register NOW and SAVE! Online Registration is open.

Register online and book your accommodation at negotiated rates.

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#### Scientific Programme

The **detailed scientific programme** is updated on the symposium website (www.ifsoec2017.com). Please check it now <u>HERE</u>



#### Three Events in one Meeting!

Chance to present your studies and share your views with colleagues from all over the world.



#### Interesting Live surgeries

Leading surgeons from all over the world will perform the most advanced laparoscopic techniques for primary and revision operations.



#### 27 centuries of History

Naples' historic city centre is the largest in Europe, covering 1 700 hectares and enclosing 27 centuries of history. Is listed by **UNESCO as a World Heri-**



#### **Excellent Location**

The airport has good links to main European cities like London, Paris, Frankfurt, Munich and main Italian cities. It is located at a 7 km from the city centre.

For more information and latest news visit the webpage:

http://www.ifso-ec2017.com/

For the detailed scientific programme visit:

http://www.ifso-ec2017.com/programme/scientific-programme-in-details/





# European Chapter Report

### Programme at a glance

	Thu	rsday, May 11th	
Time	Main Hall	Parallel Session 1	Parallel Session 2
9:00 - 10:30	Live Surgery Session 1		
10:30 - 11:00		Coffee Break/Commercial Exhibition	
11:00 - 12:30	Live Surgery Session II		
12:30 - 14:00	Lunch & Industry Symposium		
14:00 - 15:30	Live Surgery Session III		
15:30 - 16:00	Coffee Break/Commercial Exhibition		
16:00 - 16:45	Opening Ceremony		
16:45 - 17:45	Welcome Speeches IFSO-EC Presentation and Awards		
18:00 - 19:00	Welcome Reception		

	F	riday, May 12th	
Time	Main Hall	Parallel Session 1	Parallel Session 2
9:00 - 11:00	Safety in bariatric and metabolic surgery	Metabolic mechanisms of surgeries	Endoluminal procedures
11:00 - 11:30		Coffee Break/Commercial Exhibition	
11:30 - 13:00	Sleeve Gastrectomy Festival	EASO/ IFSO-EC joint symposium: Mechanism for weight loss and weight maintenance	Comparative studies
13:00 - 14:30		Lunch & Industry Symposium	
14:30 - 16:00	IFSO Session: Obesity Surgery's Best Publications from the European Chapter		
16:00 - 16:30	Coffee Break/Commercial Exhibition		
16:30 - 18:00	Surgical options in treatment of T2DM	Integrated health session: Multidisciplinary care team in multimodal weight management therapy	21st International Bariatric Club Symposium
18:00 - 19:00		Poster Networking & Industry Symposium	

	Satu	urday, May 13th	
Time	Main Hall	Parallel Session 1	Parallel Session 2
9:00 - 11:00	9:00 - 11:00 Revisional Bariatric/Metabolic surgery	9:00 - 11:00 Gastric-plication/Robotics	9:30 - 11:00 Young-IFSO Session
11:00 - 11:30	Coffee Break/Commercial Exhibition		
11:30 - 13:00	Long-term outcomes (> 10 years) in Bariatric/Metabolic surgery	Video session: How I do it	MOSS/GOSS Round Table: Bariatric and Metabolic Surgery in Middle East, North Africa and Mediterranean Countries: current status and future prospects under IFSO's umbrella
13:00 - 13:30	Closing Ceremony		





### European Chapter Report



#### Please join us at IFSO-EC 2017 Symposium in Naples, Italy.

The Scientific Programme is now available at <u>www.ifso-ec2017.com</u>.

Its main topics include:

- Metabolic mechanisms of surgeries, gut microbioma and bile acids
- Metabolic surgery and NASH
- T2DM: Surgical Options and Long-term Outcomes
- Management of weight re-gain and co-morbidities development
- Sleeve gastrectomy and gastric bypass
- Sadi's, Gastric plication
- Innovative robotic procedures
- Endoluminal and experimental procedures
- Revisional surgeries
- Safety and training in bariatric and metabolic surgery
- Integrated health session
- Multidisciplinary approach
- Class 1 Obesity without comorbidities is there a place for weight loss surgery?
- Long-term outcomes (>10 y) for traditional operations

#### **<u>Click here</u>** for Online Registration





# North American Chapter Report



**John Morton** President of North American Chapter



### **REGISTER TODAY!**

Canadian Obesity Weekend, a joint Conference of the Canadian Association of Bariatric Physicians and Surgeons (CABPS), the International Consensus Conference on Duodenal Switch (ICCDS 2017) and the IFSO North American Chapter will convene on May 18 – 20, 2017 at the Sheraton on the Falls in Niagara Falls, Ontario, Canada. This bariatric conference, inclusive of a Pre-Conference Workshop on Duodenal Switch hosted by ICCDS 2017, is the first of its kind in Canada. Through the use of riveting, thought-provoking topics, live surgeries, and engaging renowned international and Canadian speakers, it is designed to hold your attention and stimulate your mind. Join us for what promises to be an exciting three days of presentations and networking. You can't afford to miss it!

### **VIEW THE CONFERENCE PROGRAM**

<u>Click here</u> to view the Program-at-a-Glance for the Pre-Conference Workshop and the Conference.

MAY 18 – 20, 2017

### Sheraton on the Falls Hotel

5875 Fall Avenue Niagara Falls, Ontario

CANADA







# North American Chapter Report



Niagara Falls is one of Canada's perfect gems! It has incredible power and beauty, and is rich with fascinating history and cultural heritage – a perfect place for a meeting of the minds. Plan to spend some time enjoying the many attractions, fun-filled activities, food and culture available here. We invite you to bring your family to enjoy

a bit of our Canadian heritage and culture. <u>Click here</u> for all Niagara Falls has to offer!

### HOTEL ACCOMMODATIONS – BOOK TODAY! Deadline: April 18, 2017

Room Rates: Rates are in Canadian Dollars. Single/double occupancy plus taxes.

#### \$149 - City View

#### \$179 - Falls View

A block of rooms has been reserved for delegates of Canadian Obesity Weekend from May 17 - 20, 2017. This special room rate will be available until April 18 2017 or until the group block is sold out – whichever comes first. Reservations may be made up to May 15, 2017. Click here to make your hotel reservations via our housing bureau, Destination Plus.

### **GETTING THERE**

There are a myriad of ways to get to the Conference. <u>Click here</u> to learn how and make your travel arrangements.

### **REGISTRATION DESK OPEN!**

#### Early-Bird Deadline: May 1, 2017

Our online registration desk is Open! Take advantage of the early-bird deadline. Register today to attend Canadian Obesity Weekend. <u>Click here</u> to register online.





### North American Chapter Report

### **PRE-CONFERENCE WORKSHOP ON DUODENAL SWITCH**

ICCDS 2017 will kick off Canadian Obesity Weekend with our Pre-Conference Workshop on Duodenal Switch. The scientific content of this workshop allows delegates to hear from 15 renowned international leaders as they share their expertise on DS and its variants. The program will feature8 live surgeries by high caliber operators from around the world. Delegates will be able to "Meet and Greet the Faculty" during our Wine & Cheese Reception. <u>Click here</u> to review the two-day program.

### **CABPS & IFSO NAC CONFERENCE**

The Canadian Association of Bariatric Physicians and Surgeons (CABPS) and IFSO North American Chapter join forces to host a two-day event that will begin on day two of this joint Conference with a heavy focus on "Metabolic Benefits of Bariatric Surgery and Medicine." We will focus on weight re-gain, diabetes and microbiota, as well as the larger picture (including needs assessment in bariatric care, improving access to care in bariatric surgery and, as always, best practices). Bariatric medicine and surgery take a holistic approach, considering the role of patient psychology and the patient's support system as well as surgery and direct medical interventions. Attend to learn from world renowned leaders in our field. <u>Click here</u> to view our Conference Program.







### North American Chapter Report

### **SOCIAL EVENTS**

Join us for our Meet The Faculty Wine & Cheese Reception on Thursday and our President's Cocktail Reception on Friday for an evening of simple elegance and sophistication. You will have the pleasure of an exceptional view overlooking the majestic waterfalls – you will be mesmerized by its beauty. It is the perfect atmosphere for you to feast and network with colleagues. It's just the right setting to enjoy the camaraderie among friends. You can't afford to miss it! <u>Click here</u> the learn more. See you there!



### **SPA SERVICES**

Looking for a place to relax and unwind after a long day of sessions? Christienne is the only Spa in the World to feature treatment areas and a Relaxation Lounge directly overlooking the majesty of Niagara Falls and is the only Spa in Canada to offer a Hydrotherapy Infinity Tub. Your journey to serenity starts at Christienne Fallsview Spa at the Sheraton on the Falls. The Christienne Fallsview Spa is located on the 14th Floor of the four diamond Shearaton on the Falls Hotel. To book your treatment, please call: <u>1-905-374-4446 ext. 4555</u> or contact the spa by email at <u>christiennespa@niagarafallshotels.com</u>





### North American Chapter Report

June 8 – 10, 2017

### San Diego, CA



ASMBS Weekend offers an exceptional learning experience for every role on the bariatric team by integrating obesity treatment, research and advocacy throughout the meeting. Through this 3-day conference, attendees will have the opportunity to earn over 20 CME, MOC and CE educational hours.

<u>Click here</u> to register today.

### **ASMBS Weekend Program Highlights**

ASMBS Weekend provides essential courses for all professions involved in obesity treatment.

#### Surgeons

This category includes all surgeons, osteopaths, endocrinologists, anesthesiologists, bariatric physicians, pediatricians, geriatricians, gastroenterologists and any other physicians.







# North American Chapter Report

**Weight Recidivism:** Under the direction of Dr. John Magaña Morton along with Dr. Samer Mattar and Dr. Rachel Goldman, attendees will develop an understanding of the underlying mechanisms for weight regain.

**Bariatric Endoscopy:** Attendees will understand the endoscopic "normal anatomy" of bariatric procedures, how to use endoscopy to manage bariatric complications, and procedures approved by the FDA.

**Main Event - Surgery from A-Z Tips and Tricks:** Attendees will receive an overview of all major bariatric surgical procedures and suggested techniques for optimal outcomes, and gain an understanding of new prevention techniques.

**Spectacular Cases/Video Session:** Attendees will view unique cases and understand new techniques to address individualized therapies and techniques.

**Stump the Experts:** All you want to know and never dare to ask or discussed. Attendees will engage in Q&A and group discussion, learning how to handle difficult cases, doubts on treatment options, and controversial treatments and techniques.

**Practice Management:** This course will help attendees understand overall guidelines to developing a successful private or academic practice. It'll examine how to incorporate pharmacology, endoscopy, and new technologies into their practice.

**Mexican College of Surgery for Obesity and Metabolic Diseases: What's happening Outside the US: (Course presented in Spanish)** Attendees will understand the various approaches and procedures that are trending outside of the United States, understand strengths, weaknesses, and complications of Medical Tourism and trends in Bariatric Surgery for Low BMIs and metabolic approaches.



#### **Integrated Health**

This category includes all supporting positions in Bariatrics – Behavioral Health, Pharmacology, Nutrition, Diet, Nursing, Physician Assistants, Psychiatrists, Bariatric Coordinators, and other support staff.





### North American Chapter Report

**Perioperative Care of the Bariatric Surgery Patient:** This course provides an overview of the perioperative care provided before surgery. Topics include medication absorption changes after bariatric surgery, nutritional recommendations, and substance use issues.

**What is the Latest and Greatest:** This session explores the latest and greatest technologies for bariatric surgery. Attendees will also learn how to incorporate social media in their practice.

**Case Studies/Networking Session**: This educational activity will present and discuss complex bariatric surgery case studies examined by providers of different disciplines.

**Weight Recidivism:** Attendees will understand the role of the multidisciplinary team and the best practice to treat weight regain after bariatric surgery.

**Take-Home Pearls:** This course is designed to provide integrated health professionals with tools to develop a successful practice. At the completion of this course participants will be able to develop strategies for enhancing their practice and interactions with their patients.

**CBN Review Course:** This review course is designed for licensed Registered Nurses (RN) who have been involved in the nursing care of patients with obesity, for a minimum of two years, and are preparing to take the Certification Exam.

To view the full comprehensive schedule, please visit: asmbsweekend.com.





### Latin American Chapter Report



Juan A. López-Corvalá MD FACS FASMBS

Guatemala, March 18th, 2017

President IFSO LAC

Letter to the President by Dr. Estuardo J. Behrens

Juan Antonio Lopez Corvala President of Latin American Chapter

Dear Dr. López Corvalá,

American Chapter On behalf of the Board of the Latin American Chapter of IFSO, it is my pleasure to report to you what are the main achievements of our Chapter, in the last 5 months, from November 2016 to March 2017. This is going to be the last IFSO LAC REPORT that I make to you, because on April 28th. 2017 Dr. Ricardo Cohen will assume the IFSO LAC Presidency. It has been a pleasure to work with you Dr. López-Corvalá:

1) We have had 4 communications with our member societies, as e-mail communications. Our Whatsapp CHAT IFSO LAC has been effective as always, new Presidents from our Member societies have already assumed in their countries, Caetano Marchesini from Brasil, Salvador Navarrete from Venezuela, Ramiro Carbajal from Perú, Héctor Herrera from Paraguay and Ricardo Peña from Honduras, because of this

transition we keep the past Presidents in our Chat to have a better follow-up.

2) During these last 5 months we have been working together with Dr. Sergio Aparicio in the advances of the organization of the VII IFSO LAC Congress, that will held in the beautiful city of Santa Cruz de la Sierra, Bolivia, from April 26th to 29th 2017. Everything has been accomplished for this meeting. More than 35 International Speakers, several Pre and Transcongress courses had been organized, Dr. Aparicio has a strong power of convocation. We will have a great Congress!

# **A LA BREVEDAD**



VII CONGRESO LATINOAMERICANO DE CIRUGÍA BARIÁTRICA Y METABÓLICA IFSO LAC 26 a 29 de abril de 2017 | Santa Cruz | Bolivia







## Latin American Chapter Report



All the Presidents of the IFSO LAC Member Societies made a commitment with Bolivia to have a great meeting in April. During the World Congress of IFSO in Rio de Janeiro we had an IFSO LAC booth, we have had several surgeons, students and Allied Health interested in our next meeting. By now, everything is ready for our VII IFSO LAC CONGRESS in Santa Cruz de la Sierra, Bolivia, from April 26th. to 29th. 2017.



We have been working hard, promoting the VII IFSO LAC Congress.



## Latin American Chapter Report

3) As you know Mr. President, the last World Congress of IFSO was developed in Río de Janeiro, at the end of September 2016. On September 29th. 2016 we had our last IFSO LAC General Assembly, in which Dr. Ricardo Cohen has been elected as the President-elect of IFSO LAC 2017-2019. Dr. Cohen will assume the Presidency on April 28th 2017 in Santa Cruz de la Sierra during the VII IFSO LAC Congress. 11 countries of IFSO LAC were represented during this Assembly.

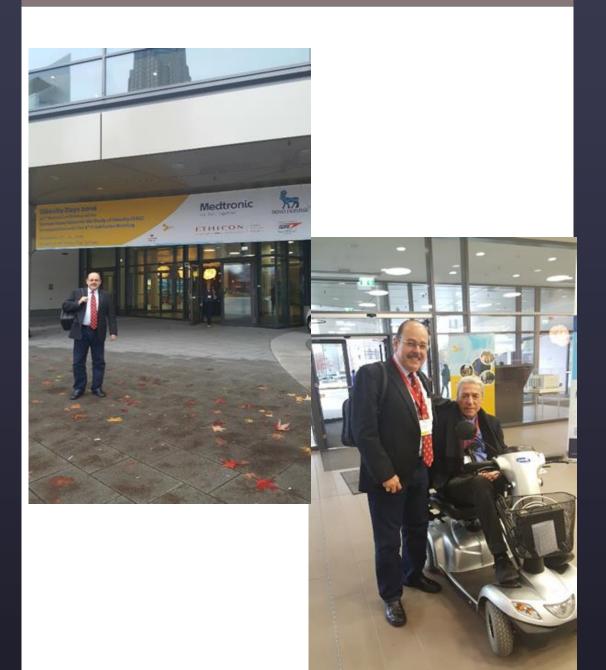








# Latin American Chapter Report



### FRANKFURT, November 2016

Sharing time with the Master Scopinaro



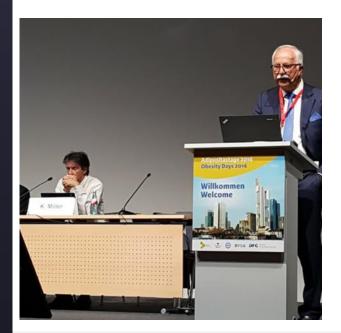


# Latin American Chapter Report



Dr. Kelvin Higa (IFSO President), Dr. E. Behrens (IFSO LAC) and Dr. Ramón Vilallonga (IFSO-EC) in Frankfurt am Main, Germany.

Dr. Rudy Weiner's meeting was a real success, the conference was very well attended from Surgeons and Allied Health. Thank your Rudy and Sylvia for your Hospitality.



Dr. Weiner is opening the Congress, with an outstanding speech.





# Latin American Chapter Report



Dr. Estuardo Behrens talking about What to do When the Sleeve Fails.



In Frankfurt, not everything was Academic, the social program was excellent, we felt at home.





### Latin American Chapter Report

#### DDI WEEK 2017, Boca Ratón, Florida, USA.



From February 15th. to 18th. in Boca Ratón, Florida it was developed the 16th. Foregut Symposium PLUS the 2nd. International Consensus on Revisional Bariatric and Metabolic Interventions. All the Chapters of IFSO were represented.

> Literature Review: Revision Gastric Bypass for Weight Relate - Kelvin Higa

2<sup>nd</sup> International Consensus Conference on Revisional Bariatric/Metabolic Interventions (ICC-RBMI)

> Boca Raton, Florida February 17<sup>th</sup> & 18<sup>th</sup>, 2017

www.RevisionalBariatrics.com





# Latin American Chapter Report

Conferences and discussions were developed during this 2 days meeting.







A nice modality of interacting and voting was developed during the Consensus.





## Latin American Chapter Report

### Hospital Ángeles del Pegregal, México

I International Course for Bariatric and Metabolic Surgery plus Allied Health, Colegio Mexicano de Cirugía para la Obesidad y Enfermedades Metabólicas (CMCOEM), together with the Hospital Ángeles del Pedregal, México, March 7th. To 11th. 2017.





Dr. Estuardo Behrens, Dr. Jesús Montoya and Dr. Ricardo Blas (Organizers)





## Latin American Chapter Report

Dr. Rafael Alvarez-Cordero (Past-President IFSO) was the main organizer of this I International Course of Bariatric and Metabolic Surgery with an Interdisciplinary approach, almost 300 professionals attended the meeting.



Well Mr. President, this is all what have happened in the last 5 months of work here in IFSO LAC. God Bless you.

Sincerely yours,

Estuardo J. Behrens MD MACG FACS FASMBS

Executive Director IFSO LAC

IFSO Member at Large LAC

ebehrens@comnetsa.com





# Asia Pacific Chapter Report



#### **TSMBS** (Taiwan)

On the sidelines of the Annual Meeting of the Taiwan Surgical Association that took place in Taipei March 17-20, the Taiwan Society for Metabolic and Bariatric Surgery organized a meeting dedicated to topics related to weightloss and metabolic surgery.

**Lilian Kow** President of Asia Pacific Chapter











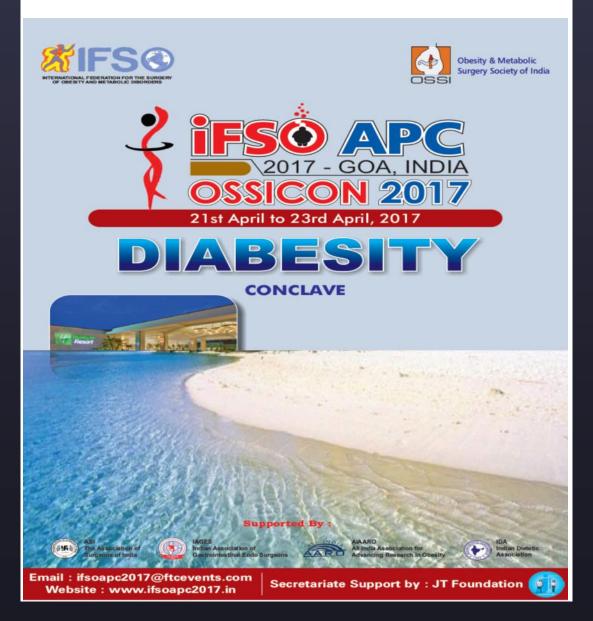
### Asia Pacific Chapter Report

#### OSSI (India)

The IFSO-APC 2017 Conference will take place in the southern Indian city of Goa, April 21-23.

The organizers have put together a strong scientific program, and propose certification courses in Basics of bariatric for surgeons, and in bariatric nutrition for dieticians. A cadaver workshop will be held prior to the Conference. This is a major event in Asia for 2017, and we hope that many will come to the beautiful resort state of Goa for the occasion.

For more info visit: http://www.ifsoapc2017.in/







# Asia Pacific Chapter Report



#### Dear Friends,

It is a great pleasure for us to invite you to IFSO APC 2017 which will be held in April 2017, in Goa, India.

It will be our honor and privilege to welcome members from all over the world to attend this very special scientific event. The disease of obesity has been growing tremendously and we need to educate and interact with the medical fraternity about the scientific ways to treat it.

The IFSO APC will offer an international view on the state-of-the-art treatments for obesity and diabetes, addressing all the advancements and challenges in this field. The scientific program will include Post-Graduate courses, Surgical workshops, Oral and Poster presentations, Hands on lab, Integrated Health sessions, symposia and hot topic debates.

We look forward to meeting you in Goa to combine the highest level of science with the typical Goan lifestyle and the warmth of our Indian Chapter.

Welcometo IFSO APC 2017 at Goa



Dr. Jayasshree S. Todkkar Organizing Secretary IFSO-APC 2017



Dr. Kelvin Higa President IFSO



Dr. Shrihari Dhorepatil



Organizing Chairman IFSO-APC 2017



Dr. Lilian Kow President of the IFSO Asia Pacific Chapter

#### **Our Mentors**



Padmashree Dr. Pradeep Chowbey



Dr. Rajesh Khullar President OSSI



Dr. Mahendra Narwaria





## Asia Pacific Chapter Report

#### Scientific Highlights

- CME & Certification Course in Basics of Bariatric for Surgeons, Integrated Healthcare Team (Dieticians, Physicians, Physiologists and Physiotherapists) Anaesthesiologists and Endoscopists
- MARS (Metabolic Applied Research Strategy)
- Plenary Session with top 10 Papers
- Evidence Based Technique Standards of Different Bariatric Operations
- Outcomes of the Bariatric Operations Safety, Effectivity and Longevity
- Interesting Videos
- Asian Perspective of the Disease of Obesity and Metabolic Treatment

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- Complications and Revisions
- Special Scenario
- Innovations
- OSSI Registry
- Medico Legal Hassels
- Young IFSO
- Bariatric Nutrition Certification Program
- Hands on Cadaver Bariatric Workshop

#### **OSSI Committee Members**

Dr. Rajesh Khullar	Executive Members
President	Dr. Abhay J. Agrawal
Dr. Arun Prasad	Dr. Atul N. C. Peters
Vice President	Dr. B. Ramana
Dr. Jayasshree Todkkar	Dr. Jaydeep Palep
Secretary	Dr. Kuldeepak Singh
B. 44-14-14-14-1	Dr. Mohit Bhandari
Dr. Manish Khaitan Treasurer	Dr. Om Tantia
	Dr. Praveen Raj
Dr. Dukkipati Nandkishore Joint Secretary	Dr. Rakesh Shivhare
Joint Secretary	Dr. Randeep Wadhav
	Dr. Sanjay Patolia
	Dr. Surendra Ugale
	Past Presidents

- Dr. Shrihari Dhorepatil Padmashree Dr. Pradeep Chowbey
- - r. Shashank Shah

IFSO - APC Committee Members		
President	Dr. Lilian Kow	
ecretary/Treasurer	Dr. Kazunori Kasama	
Nember at Large (IFSO)	Dr. Anton Cheng	
Australia	Dr. Ahmad Aly	
China	Dr. Wang Cun Chuan	
🖈 Hong Kong	Dr. Simon Kin Hung Wong	
🔹 India	Dr. Rajesh Khullar	
Japan	Prof. Hisahiro Matsubara	
Kuwait	Dr. Mohammed Al Jarallah	
Malaysia	Dr. Nor Hisham Bin Mula	
Philippines	Dr. Edward Oliveros	
Saudi Arabia	Dr. Khalid Mirza Gari	
Singapore	Dr. Asim Shabbir	
💽 South Korea	Dr. Yoonseok Heo	
Taiwan	Dr. Wei-Jei Lee	
UAE	Dr. Ali Khammas	





# IFSO APC 2017- Goa, India







# BARIATRIC NUTRITION CERTIFICATION PROGRAM

**Registration is Mandatory** 

Registration fees is included in the main conference fees



Date: 22<sup>nd</sup> April 2017 Day: Saturday

Bariatric Surgery:     a) Pre evaluation optimisation     Bariatric Surgeon     Dr. Sarfaraz Baig       b) Post Operative:     Bariatric Surgeon     Dr. Ms. Sheela Krishnaswa       Short Term & Long Term Care     General Practitioner     Dr. Naznin Husein       i) How to enhance weight loss outcomes     Dietician     Dr. Shilpa Joshi       ii) How to maintain healthy weight loss     Dietician     Dr. Tajendar Kaur       ii) Role of Physician     Psychologist     Dr. Tajendar Kaur       iii) Role of Physic therapist     Co-ordinator     Dr. P. Modi       iv) Role of Bariatric Co-Ordinator     Dr. P. Shah		Topics	Who Should Attend:	Faculty
a) Pre evaluation optimisation b) Post Operative: Short Term & Long Term Care i) How to enhance weight loss outcomes ii) How to maintain healthy weight loss Individual roles i) Role of Physician ii) Role of Physician ii) Role of Physician ii) Role of Physician ii) Role of Physio therapist iw Role of Bariatric Co-Ordinator Allied Health top 10 papers b. Importance of Support Group case Studies & many more Don't Miss the Opportunity 1st ever Bariatric Nutrition Certification Program endorsed by IFSO APC & OSSI supported by IDA (Indian Dietetic Association) Dr. S. Shah Dr. S. Shah	ι.		Physician	Dr. Lilian Kow
b) Post Operative: Short Term & Long Term Care i) How to enhance weight loss outcomes ii) How to maintain healthy weight loss Individual roles i) Role of Physician ii) Role of Physician ii) Role of Physicio therapist iv) Role of Bariatric Co-Ordinator Allied Health top 10 papers Importance of Support Group Case Studies & many more Don't Miss the Opportunity 1st ever Bariatric Nutrition Certification Program endorsed by IFSO APC & OSSI supported by IDA (Indian Dietetic Association) Dr. S. Shah Dr. Jaysshree Todkkar				Dr. Sarfaraz Baig
<ul> <li>i) How to enhance weight loss outcomes</li> <li>ii) How to maintain healthy weight loss</li> <li>individual roles</li> <li>i) Role of Physician</li> <li>ii) Role of Physician</li> <li>iii) Role of Physic therapist</li> <li>iv) Role of Bariatric Co-Ordinator</li> <li>Allied Health top 10 papers</li> <li>i. Importance of Support Group</li> <li>i. Case Studies &amp; many more</li> <li>Don't Miss the Opportunity</li> <li>1st ever Bariatric Nutrition Certification Program endorsed by IFSO APC &amp; OSSI supported by IDA (Indian Dietetic Association)</li> <li>Dr. S. Shah</li> <li>Dr. Jaysshree Todkkar</li> </ul>		b) Post Operative:	Bariatric Surgeon	Dr. Ms. Sheela Krishnaswa
Individual rolesDieticianDr. Shilpa Joshii) Role of PhysicianPsychologistDr. Tajendar Kaurii) Role of Physio therapistPsychologistDr. Tajendar Kaurii) Role of Physio therapistCo-ordinatorDr. P. Modi. Allied Health top 10 papersCo-ordinatorDr. P. Shah. Importance of Support GroupPhysio therapistDr. Ritika Samadar. Case Studies& many moreMurry up!!!. Ist ever Bariatric Nutrition Certification Program endorsed by IFSO APC & OSSI supported by IDA (Indian Dietetic Association)Hurry up!!!. Dr. S. ShahDr. Jaysshree Todkkar		i) How to enhance weight loss outcomes	General Practitioner	Dr. Naznin Husein
<ul> <li>ii) Role of Psychologist</li> <li>iii) Role of Physio therapist</li> <li>iv) Role of Bariatric Co-Ordinator</li> <li>Allied Health top 10 papers</li> <li>Importance of Support Group</li> <li>Case Studies &amp; many more</li> <li>Don't Miss the Opportunity</li> <li>1st ever Bariatric Nutrition Certification Program endorsed by IFSO APC &amp; OSSI supported by IDA (Indian Dietetic Association)</li> <li>Dr. S. Shah</li> <li>Dr. S. Shah</li> </ul>	ii) How to maintain healthy weight loss Individual roles	Dietician	Dr. Shilpa Joshi	
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Case Studies       & many more       Physio therapist       Dr. Ritika Samadar         Don't Miss the Opportunity       Ist ever Bariatric Nutrition Certification Program endorsed by IFSO APC & OSSI supported by IDA (Indian Dietetic Association)       Hurry up!!!         Dr. S. Shah       Dr. Jaysshree Todkkar	£.	- Comparison of the second s	Co-ordinator	Dr. P. Shah
Don't Miss the Opportunity         Ist ever Bariatric Nutrition Certification Program         endorsed by IFSO APC & OSSI         supported by IDA (Indian Dietetic Association)         Dr. S. Shah    Dr. Jaysshree Todkkar				Dr. Ritika Samadar
		endorsed by IFSO APC & OSSI supported by IDA (Indian Dietetic Associa Dr. S. Shah	ation) Limit	ed seats available aysshree Todkkar
		Todkkar's Clinic, Office No.409, 4th Floor, Millenium Star Building, Dhole Patil Road,	E-mail : ifsoapc2017@	ftcevents.com

Secretariat Support by : JT Foundation







### IFSO APC 2017- Goa, India







### HANDS ON CADAVER BARIATRIC WORKSHOP



#### Secretariat Support by : JT Foundation





### XXII IFSO World Congress

BBSS



22nd WORLD CONGRESS -29 August to 2 September 2017 -QEII Centre, London

Surgery of Obesity and Metal

**Richard Welbourn** IFSO 2017 Congress President

#### We look forward to welcoming you to London for IFSO 2017!

The British Obesity & Metabolic Surgery Society

The <u>22nd World Congress of IFSO</u> will be held in London between the 29th August and the 2nd of September 2017.

The scientific program provides a unique opportunity for all interested in obesity and metabolic surgery to share their experiences, expertise and knowledge and seek practical solutions in their search to eradicate and manage this epidemic. The program highlights the multidisciplinary nature of obesity and its management with joint symposia with anesthetic, plastic surgery, pediatric surgery and internal medicine colleagues. There are planned joint sessions with fertility, psychology and psychiatry experts. There will also be special emphasis on Integrated Health and nonsurgical treatment strategies.

The <u>10 post-graduate courses</u> include the 6th International Conference on Sleeve Gastrectomy. There will be networking lunches organized for integrated health professionals, Young IFSO members and Women in Bariatric Surgery. Meet the expert sessions have also been arranged in the lunch breaks. The regional variations in practice are also recognized with Latin American, European, Asia Pacific, North American and Pan-Arab Symposia. An exciting 'Dragon's Den in the Shark Tank' session will take place where participants will pitch ideas for randomized controlled trials to a panel of experts.

Register by 1st June to take advantage of Early Bird fees!





### XXII IFSO World Congress



#### **Travel and Accommodation**

London is a fantastic destination! The conference venue, the Queen Elizabeth II Centre, is located at the heart of London directly opposite to Westminster Abbey and the Houses of Parliament and only a 5-minute walk to the river Thames and the London Eye. The venue is served by outstanding transport links providing great access to everything the city has to offer from hotels and world-class restaurants to culture, museums, shopping and nightlife.



The city is the gateway to the UK with 5 international airports and direct flights from over 140 destinations. <u>Click here for travel information</u>.

There is a <u>wide range of accommo-</u> <u>dation options</u> to suit different budgets. Please make sure to book

your accommodation as soon as possible to benefit from discounted rates at preferred hotels in close proximity of the QEII Centre.





## XXII IFSO World Congress

#### Congress Dinner, Friday 1st September 2017

You are cordially invited to join us for the <u>Con-</u> <u>gress Dinner</u> on Friday 1st September, 19:00 -24:00, for a special evening of networking at the National Maritime Museum, located within the heart of the UNESCO World Heritage site in Greenwich.



We will travel down to Greenwich by boat along the river Thames passing some of London's most famous landmarks, including Big Ben, the London Eye, the Tower of



London, St. Paul's Cathedral and The O2.

A special sit-down dinner will follow in the Neptune Court.

Please note that availability is limited, so we would recommend that you book your place during the registration process. Tickets are £99 + VAT per person.

On behalf of the organizing and the scientific committees and the IFSO President, Dr Kelvin Higa, I would like to welcome you all to the great city of London. For more information, go to <u>www.ifso2017.com</u>

#### Richard Welbourn,

IFSO 2017 Congress President and Scientific Co-Chair





# XXII IFSO World Congress

#### Important dates for your diaries:

Abstract submission ends: 10 April 2017 Acceptance notification & confirmation of presentation type: 10th May 2017 End of Early Bird Registration: 1st June 2017 6th International Conference on Sleeve Gastrectomy: 29th August – 30th August 2017 Postgraduate Courses: 30th August 2017 Welcome Reception: 30th August 2017 from 18:30 Congress: 31st August – 2nd September 2017 Congress Dinner: 1st September 2017

#### IFSO 2017 endorsing societies:







XXII IFSO World Congress

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With special thanks to IFSO 2017 Premium Partners:









## XXIII IFSO World Congress

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Invitation to Hold

The 23<sup>rd</sup> World Congress of the International Federation for the Surgery of Obesity & Metabolic disorders IFSO

September 20<sup>th</sup> - 23<sup>th</sup> 2018 Dubai, UAE

مكتب دبي للمؤتمرات والفعاليات DUBAI CONVENTION AND EVENTS BUREAU





## XXIV IFSO World Congress

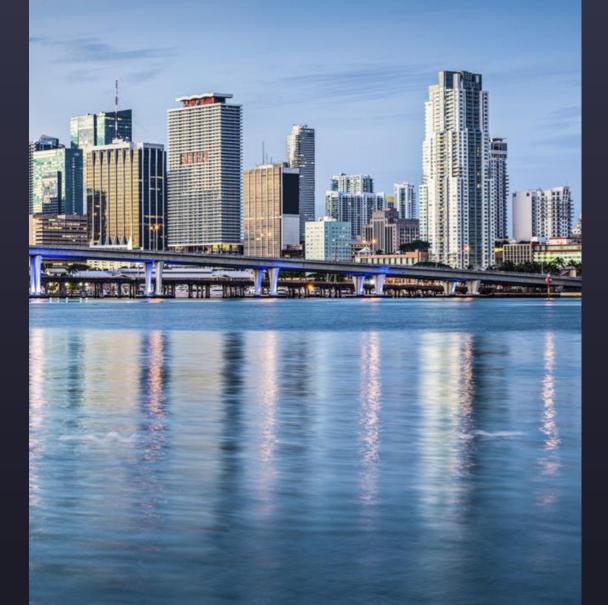






XXV IFSO World Congress

# Miami, USA 29 July -1 August 2020







## Our official Journal : Obesity Surgery



### The State of Obesity Surgery Journal

Scott Shikora Editor-in-Chief of Obesity Surgery

Generally speaking, Obesity Surgery is having an excellent year. There have been very few issues with the editorial board, the manuscripts submitted, or the authors.

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a Term of Institutional Mindows?	18 Team after Rose on 1 Sector Appen
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### **Manuscript Submissions**

Manuscript submission remains very high. Each year the number of submissions has increased. In 2016, over 900 manuscripts were submitted. This year we may see over 1000 manuscripts submitted. While an increased number of submitted manuscripts increases the work load of the Editorial Board, it also enables the journal to be more selective with which article to accept for publication thereby improving the quality of the articles published and the overall quality of the journal.

### **Impactful IFSO Member Recognition**

The first article of each monthly issue has been dedicated to acknowledging the leaders and impactful members of IFSO. Additionally, obituaries of 3 very important members of IFSO who have passed away this year has also been included in this section. The concept is to familiarize the readership about the great achievements made by leaders in the field to the current practice of bariatric and metabolic surgery.

### Metabolic Surgery in the Treatment Algorithm for Type 2 Diabetes Statement

Obesity Surgery was given the honor of being able to co-publish with the journals, Diabetes Care, and Surgery for Obesity and Related Diseases, the Metabolic Surgery in the Treatment Algorithm for Type 2 Diabetes Statement. This landmark document was the joint statement of several international diabetes organizations from the 2nd Diabetes Surgery Summit held in London.





## Our official Journal : Obesity Surgery

### **Editorial Board**

The Editorial Board was recently reviewed and renewed. Some reviewers and editors retired or were retired for poor effort. Some editors and reviewers who have done excellent work were promoted and some new reviewers and editors were added. The goal is to improve the timeliness and quality of the review by evaluating the Editorial Board yearly and removing those who perform poorly and adding/ promoting those that do timely and quality reviews. The Editorial Board was also increased in size to accommodate the ever increasing number of manuscript submissions.

Respectfully submitted,

Scott A. Shikora, MD, FACS

Editor-in-Chief

### Never miss an issue of OBESITY SURGERY!

Sign up to receive **Table of Contents** (TOC) **Alert emails** for Obesity Surgery. You will be able to update your email address or unsubscribe at any time <u>www.ifso.com/join-our-newsletter</u>

<u>New issue alert</u>: The latest issue of *Obesity Surgery* is now available online! View all new articles and browse the archive. <u>http://bit.ly/Y8lkiG</u>

<u>**Citation Alert:**</u> Never miss getting cited! Thanks to the information SPRINGER receive from CrossRef.org, a journal article's corresponding author will be alerted after his/her paper was cited by another article (<u>http://goo.gl/XGjVc</u>)





#### Submit your manuscript

Register and log in to the system as 'Author'. Submit your manuscript and track its progress through the system. <u>Click here</u> for more info.

### **Journal metrics**

#### Open access

Speed	Usag	e	Impa	ct		
42 No. of days from submission of the manuscript to first decision	Ł	286,012 No. of downloads	IF		3.386 5 YR IF 2015	
16 No. of days from acceptance at publisher to published on line	Ð	152.0 Usage Factor		1.219 SNIP - 20 Source Normalized Imp		
		1,092 No. of articles discussed via Social Media platforms		<b>1.490</b> sjr – 201 SCimago Journal Rank		
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Journal Metrics				Lea	arn more	

### **Open Choice**

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ger is pleased to offer a variety of open access options for our authors to publish their research.

No matter which option you choose, all open access publications are subject to high-quality peer review, editorial and production processes. You retain copyright and can easily comply with open access mandates.

Click here for more info.

### **Get subscription**

Subscription, valid from January through December is included in the IFSO annual membership fee.

Find all information for the subscription HERE!





## Committees' Report



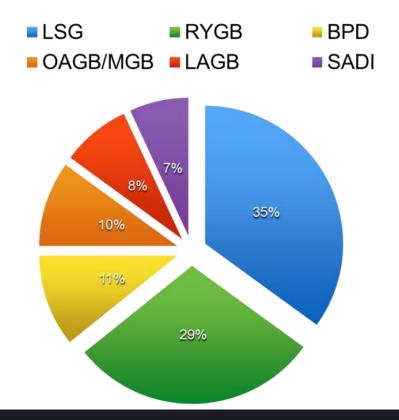
### **Communication committee**

Members of the Communication Committee: **Chair:** Abdelrahman Nimeri **Co Chair**: Bart van Wagensveld **Members**: Haris Khwaja, Claudio Jamel, Jaime Ponce, Vivek Prachand, Scott Shikora, Karl Miller, Kamal Mahawar, Saber Ghiassi.

Abdelrahman Nimeri Chair of the Communication Committee

### The use of a disclosure slide of procedures you perform in presentations:

The disclosure slide will show the percentage of procedures you perform. This is helpful to show the attendees your bias for procedures you rarely perform. This will be a requirement for all IFSO endorsed meetings, and will be enforced by the course director. We will ask the course director to ask all presenters to add a disclosure slide a slide with the percentage of procedures in the practice of the presenter. For example:







**Selected readings in bariatric surgery:** Please look for this tab on the IFSO website. It will include recent relevant publications with comments from experts. <u>CLICK</u> <u>HERE</u> for more info

Coming soon: scientific appraisal of topics selected by IFSO members:

- 1. Procedure selection for type II DM 63.3%.
- 2. Management of patients with weight recidivism after LSG 57.1%.
- 3. Management of patients with GERD after LSG 49.5%.
- 4. Enhanced recovery after Bariatric Surgery 30.8%.

### IFSO Website new look launched in 2014:

Website statistics:

- Hits in 2014 ( 34,000 hits)
- Hits in 2015 (50,056 hits)
- Hits in 2016 (74,028 hits)
- Hits Jan 2017 (4,721 hits)
- Hits Feb 2017 (5,475) hits
- Hits March 2017 (5,263 hits)
- Total 1st quarter 2017 (15,459)

Visit by visitor type: (35% new visitors).

Top 10 countries: Visit and page visit by country 2014, 2015, 2016 & 2017:

2014	2015	2016	2017
1. USA 2501	USA 6397	USA 7326	USA 1876
2. India 1455	India 4094	Brazil 4404	India 1582
3. Brazil 1385	Brazil 3573	India 3579	UK 1077
4. UK 1226	UK 2954	UK 2921	Brazil 1030
5. Italy 885	Italy 2219	Italy 1777	Italy 744
6. Mexico 863	Mexico 2042	Australia 1748	Spain 435
7. France 595	France 1492	Mexico 1344	
8. Spain 576	Spain 1381	Netherlands 1078	
9. Australia 443	Germany 1145	Germany 1058	
10. Netherlands 417	Australia 1100	France 439	





## Committes' Report

#### Meetings endorsed by IFSO:

- 2014 22 meetings
- 2015 30 meetings
- 2016 25 meetings
- 2017 12 meetings

#### Please follow IFSO on Twitter account to stay updated.

#### @IfsoSecretariat

**193 followers** 

#### Please join the IFSO Facebook Group:

https://www.facebook.com/groups/396874800435861/

This is a closed professional social networking group to

discuss complex cases and receive updates about important events in the

IFSO calendar,

It was started in 2013:

- Members 2017 (1197)
- Members 2016 (1004)
- Members 2015 (832)
- Members 2014 (454)

#### Please Join the IFSO Linked In group: 975 members

https://www.linkedin.com/groups/IFSO-International-Federation-Surgery-Obesity-4941421/about



## Committes' Report



### Integrated Health Committee

Tracy Martinez Chair of the Integrated Health Committee

I would like to introduce myself. My name is Tracy Martinez. I am proud and honored to serve as the new chair of the Integrated Health Section of IFSO. I am a registered nurse and the program director at the Wittgrove Bariatric Center in California, USA. I have held this position for nearly twenty years. I was the past president of the

ASMBS Integrated Health as well as co- chair of the ASMBS Multidisciplinary Care Committee. I am currently a board member of the Obesity Action Coalition (OAC) which is a nonprofit organization that offers education and advocacy for those affected with obesity. I am delighted to work with our IFSO President Dr Kelvin Higa. Dr Higa is very aware and supportive of the role we play in the pre, peri and postoperative care of patients.

We are getting ready to announce our new Integrated Health Committee Members and a new Chair-elect. Look for these updates and more on our new Integrated Health webpage on the IFSO website. You will find updates, educational articles and member focus. Our first member focus section will feature Mary O'Kane from the UK. Mary is helping coordinate the IH section of our 2017 IFSO meeting in London.

The growth and the strength of the IFSO Integrated Health membership is dependent upon ongoing education, research and communication. This is achieved by developing high quality educational opportunities, standards and policies through individual bariatric country societies and meetings and our IFSO international society and annual congress.

Please send any suggestions or ideas that you have for the Integrated Health committee that can increase membership, expand educational opportunities, provide standards and guidelines. You can reach me at

### TMartinezrn@lapbypass.com

I look forward to meeting many of you in London and hopefully receiving an email from you with your ideas on how we can better serve our Integrated Health members.

Tracy Martínez RN, BSN CBN, Integrated Health Chair





Member Profile: Mary O'Kane Interviewed by Tracy Martinez



### What is your professional background?

I am a consultant dietitian specializing in adult obesity in Leeds Teaching Hospitals NHS Trust. I have worked in Leeds since 1983, initially as a Metabolic Dietitian on the metabolic unit, covering Mineral Metabolism (calcium), obesity and gastroenterology. It was the obesity element that attracted me to the post. Whilst my job role has changed over the years, I have always continued to work clinically in obesity.

My first degree was in Biochemistry/Physiology followed by a postgraduate diploma in dietetics. In 2013, I completed my MSc in Advanced Nutrition. My dissertation was titled "Bariatric surgery, vitamins, minerals and nutritional monitoring: A survey of current practice within British Obesity and Metabolic Surgery Society (BOMSS)". This resulted in the publication of "BOMSS Guidelines on perioperative and postoperative biochemical monitoring and micronutrient replacement for patients undergoing bariatric surgery" a year later.

I have contributed to many national working groups over the years including being a member of the clinical guidelines committee for NICE Obesity (2006 and 2015) and also NHS England Obesity Clinical Reference Group (CRG). As a member of the CRG, I led a working group comprised of highly motivated healthcare professionals (surgeons, physician, nurse, general practitioners and public health) and four patient representatives. Between us, we wrote and published "Guidelines for the follow-up of patients undergoing bariatric surgery" in Clinical Obesity. These cover the whole of the follow-up pathway and propose shared care models to enable patients to have access to long term follow-up.I am a member of the British Obesity and Metabolic Surgery Society and am one of three Allied Health Professionals on the committee.

In 2016, I was awarded Fellow of the British Dietetic Association for my contribution to national work and advancement of dietetic practice.



### What lead you into Bariatric Surgery specialty?

I have always been interested in obesity and so was delighted to have the chance to work on the Metabolic Unit and in the Medical Obesity clinic in Leeds - one of only four in the UK at that time! Obesity surgery was already being performed in Leeds and I started to see patients, supporting them before and after surgery. At that time, there was very little literature regarding the diet or nutritional needs and no internet! I knew one other metabolic dietitian who was working in London and also seeing patients undergoing weight loss surgery. We used to speak on the phone and support each other. I learned alongside my patients. The surgeons started to expand the range of surgical procedures including developing the Meganstrasse and Mill vertical gastroplasty, and then moving onto other surgical procedures undertaking the first laparoscopic roux en y gastric bypass and duodenal switch in the UK.

I continued to work in both the medical obesity and surgical obesity services and then approximately ten years ago, we decided to work more as a joint team to enable patients to have a more seamless pathway. I was classed as neutral as I supported patients in both the medical and surgical obesity pathways and so was asked to triage all referrals and lead the multidisciplinary team meetings. I am very fortunate as I have always worked with physicians and surgeons who really value the dietetic role.

#### Tell us about your responsibilities in your clinic?

I triage all referrals to our medical and obesity services. In the UK, patients going forward for bariatric surgery must spend time in the medical obesity services first. The dietitians, physicians and liaison psychiatry team work closely together in the medical clinic. We assess patients, encourage lifestyle changes and try to optimize comorbidities. For those patients moving forward for surgery, we help prepare them.

I lead the medical and surgical multidisciplinary team meetings and present patients' cases for discussion. Most of the meeting is spent discussing patients who we hope to take forward for surgery. I contact the patient and general practitioner afterwards and let them know the outcome and next steps. We also discuss our more complex cases and it is very interesting to hear everyone's different views.



After surgery, I see patients in the joint surgical clinic and also more frequently in separate dietetic -led clinics. I support patients with behavior changes and look after their nutritional lab results and adjustment of vitamin and mineral supplements. We are currently commissioned to offer two years follow-up for most patients; however patients with complex needs, especially nutritional, will stay under our care for longer.

### What is your favorite part of your job?

Patient contact! It is so rewarding helping to support people moving forward through their weight loss journey, improving their health and overcoming barriers and challenges. I enjoy being a MDT member and have learned so much from working with others. I love the variety of the day from being in clinic, triaging referrals, participating in MDT meetings, training of students and other health care professionals but the patient contact is the most rewarding.

## What can you tell us about the upcoming Integrated Health IFSO conference in London this year?

The pre-congress Integrated Health day is aimed at improving the long-term aftercare of patients undergoing bariatric surgery. It will open with a keynote lecture from Prof Batterham on bariatric surgery and its effect on type 2 diabetes. The morning continues with four parallel sessions. These all contain excellent speakers covering a range of topics including shared models of care, clinical outcomes, managing weight regain and maintenance, the role of the bariatric nurse in America, recognizing complications. Attendees will be challenged as to which sessions to attend. Following an opportunity for networking over lunch, all attendees come together for the afternoon session. The afternoon topics include patient support group, managing reactive hypoglycemia, contraception and pregnancy and management of nutritional deficiencies. The IH day will be an excellent introduction to the main conference.

## *What would you like to see happen as we aim to grow the IH component of IFSO?*

IH professionals have a significant contribution to make in assessing and preparing patients for surgery and supporting them afterwards. We need to enable IH professionals to be more confident at sharing practice, participating in research and taking the lead in developing relevant guidelines in their areas of expertise. important for us all to have a wide overview of each other's practice.



It is important for us all to have a wide overview of each other's practice. Having access to education sessions in which all disciplines (including surgeons) can learn together and be up-skilled should be encouraged. IH professionals often have little access to study leave budgets so even though there are reduced registration fees for IFSO, the cost of travel and accommodation can be prohibitive. It would be good to explore the use of media such as streaming and video links to enable IH professionals to link up and share key presentations. We should consider the development of e-learning modules. We have an active google dietetic group within the UK and it would be interesting to explore using social media for wider networking for IH professionals. We need to encourage patient representation too; this certainly helped on our long-term follow-up guidelines to remember the patient angle.

### What would you like the world to know about bariatric surgery in the UK?

We have an excellent professional society –the British Obesity and Metabolic Surgery Society which is a mixture of surgeons, dietitians, nurses, psychologists and physicians who work in the obesity surgery field. The multidisciplinary team work is actively encouraged and reflected in our annual conference with most sessions. BOMSS have set up the National Bariatric Surgery Registry demonstrating the commitment to sharing data and improving patient care. We have National Institute for Health Research supporting the first randomized trial of surgical procedures (gastric band, gastric bypass and sleeve gastrectomy). The SCOT Study is a longitudinal study following all patients undergoing bariatric surgery in Scotland for 10 years. NICE CG189 Obesity recommends bariatric surgery as a treatment option for patients with severe and complex obesity; however we need to make sure that surgery is available to those who will benefit from it.

### Tell us about your family and hobbies.

There is a strong Celtic connection as I am from a large Irish family and I married a Welsh man! So in addition to visiting Wales and Ireland regularly, my husband and I enjoy holidays and exploring new places. Being a dietitian, I do enjoy cooking and eating out. To balance that, I swim regularly. I play the violin in the local music center's string group and orchestra – and especially enjoy playing with two of my brothers who play accordion and drums! (They can hide my mistakes!)





## Committes' Report



Wendy Brown Chair of the Scientific Committee

### Scientific Committee

The Scientific Committee membership includes Wendy Brown (chair), Miguel Herrera (co-chair), Alex Escalona, Jeff Hamdorf, Scott Shikora, Wei Jei Lee, Prof. Michel Suter, Moshe Rubin, Jacques Himpens and Kelvin Higa.

The Scientific Committee has been working with the Executive Board to respond to articles in JAMA which questioned the utility of recently published guidelines for Metabolic Surgery (Rubino et al Metabolic Surgery in the Treatment Algorithm for Type 2 Diabetes: A Joint Statement by International Diabetes Organizations. Diabetes Care 2016;39:861-77.).

In addition, we have been working with the local organisers of the London and Dubai scientific congress to assist with strengthening the content. The local organisers have done a superb job and I would encourage everyone to plan on coming to both meetings and attend some of the courses.

We continue to work on updating the scientific content of the Website, and in conjunction with the Communications Committee we are hoping to set up some new initiatives including providing selected scientific readings with expert commentary, as well as providing specific information on the topics that the recent survey undertaken by the Communications Committee identified as being of most importance to IFSO members. These topics included: Procedure for type II DM (63%); Management of weight recidivism after LSG (57%); Management of GERD after LSG (49.5%); Enhanced recovery after Bariatric surgery (30.8%).

We are a relatively new committee and are keen to hear from members who have ideas they would like to see the Scientific Committee tackle, and also those who are willing to help as we progress our new initiatives of providing selected readings and information on those key topics. The more people willing to help – the better the information will be for all our members and ultimately our patients!





## Young IFSO News and Activities



### Young IFSO Report

In the past several months Young IFSO (YIFSO) continues to actively participate and cooperate in organising dedicated YIFSO scientific Sessions as well as in delivering

Karin Dolezalova Young IFSO President

talks at Congresses and Meetings worldwide.

There were very well attended, scientifically high level YIFSO Sessions held before the end of the last year at the World IFSO Congress in Brazil and at the Frankfurter Meeting, Germany –( two photos from the meeting are attached).

For this year, YIFSO is taking active part in preparations of a dedicated YIFSO Session at the IFSO-EC Symposium, which is going to be held in Naples, Italy in May 11-13, 2017, as well as to participate at the World Congress of IFSO in London, UK, 29th August – 2nd September 2017.

This year is also important for YIFSO, as its going to be "Presidential" electorial year. Thus, during the World Congress of IFSO in London, new YIFSO President is going to be inaugurated and the other YIFSOP executive positions are going to be open for voting.

YIFSO is looking forward to welcome participants of the Naples and London meetings at YIFSO Sessions!

Restpecfully submitted,

Karin Dolezalova

Young IFSO President







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### **Gold Corporate Partners**





### Silver Corporate Partner



If your Company is interested in being a member of IFSO Corporate Committee, please visit <u>http://www.ifso.com/about-ifso/ifso-corporate-committee/</u> and contact us at <u>secretariat@ifso.com</u>





## **IFSO Corporate Partners**

### The Role of Industry Relations

IFSO is proud to partner with some of the medical industry's premier companies, and aims to better facilitate communications and feedback between the Federation, our members and industry professionals. Support from industry professionals helps IFSO further our goal of providing continuing education resources to our members and other bariatric professionals.

IFSO provides appropriate opportunities for communication and exchange of ideas with our members through our conferences, member communications, and other collaborative ventures.

### Corporate Committee

The IFSO Corporate Committee is organized to develop and enhance the joint strategies and efforts of bariatric surgeons, healthcare professionals and industry professionals. The Corporate Council offers opportunities to work with industry peers in appropriately influencing the healthcare of the morbidly obese.

IFSO does not endorse any specific commercial product or service. This website has links to private organizations. The inclusion of external hyperlinks does not constitute endorsement or recommendation by IFSO of the linked Web resources or the information, products, or services contained therein. IFSO does not exercise any control over the content on these sites.

### Efforts supported by the Corporate Committee

IFSO Booth at related medical meetings Press Room at the IFSO Annual Meeting Support the IFSO Annual Meeting IFSO/Bariatric Surgery Public Relations efforts





## **IFSO Corporate Partners**

#### **Benefits of Corporate Committee Membership**

- Free advertising and Company link to the IFSO website in the IFSO Corporate Committee section
- Recognition and Free advertising in the IFSO online E-Newsletter
- Access to the IFSO membership
- Listing in the online Bariatric Products and Services Guide
- Access to updates from the field and communications from IFSO Leadership
- Opportunity to exhibit at IFSO ancillary meetings
- IFSO Corporate Committee lapel pins for special recognition as a Corporate Committee member
- Member registration rates for the IFSO Annual Meeting
- Discounted annual meeting booth exhibit fee 10%
- Membership annual fees: Platinum level: 15,000\$

Gold level: 7,000\$

Silver level: 3,500\$





iabetes **Obesity** 

SUMMIT



## **IFSO Endorsed Meetings**

Diabetes and Obesity Summit January 12-14 2017 Honolulu, HI, USA

Click here for more information

Curso Online Urgencias Bariatricas January 30th – March 12

Click here for the video DEMO

Click here for more information

16th Annual Surgery of the Foregut Symposium and 4th Annual International Congress of Fluorescence Guided Imaging Surgery February 14-18 2017 Boca Raton, Florida

Click here for more information

13th AIS Live Online Congress – Sleeve Gastrectomy: Not as easy as it seems March 9, 2017, from 2pm to 6pm (GMT+1)

Click here for more information

















## **IFSO Endorsed Meetings**

I Congreso Nacional de Cirugía Bariátrica y Metabólica March 16-17, 2017 Viña del Mar, Valparaíso (CHILE)

Click here for more information

First Argentine Congress of Metabolic and Bariatric Surgery March 22-24 2017 Mar del Plata, Argentina

Click here for more information

Advanced Coursed Laparoscopic Bariatric and Metabolic Surgery April 6-8 2017 Lukang, Taiwan

Click here for more information

3rd Azerbaijan-Turkey Congress on Bariatric and Metabolic Surgery April 7 2017 Baku, Azerbaijan

Click here for more information



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## IFSO Endorsed Meetings

XXV Congresso Nazionale S.I.C.OB. April 6-8 2017 Venice, Italy

Click here for more information

2nd New Technologies and Expert International Meeting April 21-22 2017 Lyon, France

Click here for more information

2nd International Consensus Conference on Duodenal Switch May 18-19 2017 Niagara Falls, OH, Canada

Click here for more information

Duke Masters of Minimally Invasive Bariatric Surgery 2017 June 22-24 2017 Orlando, Florida (USA)

Click here for more info



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2<sup>nd</sup> new technologies and expert international meeting

April 21-22 2017

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## IFSO Endorsed Meetings

Endorsement requests must be sent to IFSO Secretariat (<u>info@ifso.com</u>) together with the scientific program of the Course. IFSO-Communication Committee will carefully review the concepts and objectives of the course as well as the faculty, the structure and content of the course, in deciding about the endorsement.

"Endorsement" does not in any way offer credentialing of grant approval to the participant regarding future skills and outcomes.

#### **Benefits:**

Endorsed events will be:

- listed on IFSO's Website on the "Endorsed meetings" page, with a link to the congress website
- included on IFSO's E-newsletter
- mailed twice to IFSO Members
- advertised once on IFSO Facebook page
- the Director may include IFSO's Endorsement statement and IFSO Logo on promotional materials among the endorsing institutions, exclusively with the following text: "Endorsed by" before the logo of IFSO.

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## **IFSO Related Meetings**

**25th International Congress** 

June 14-17, 2017 Frankfurt am Main (Germany) <u>Click here</u> for more information



### **IDF Congress 2017**

December 4-8, 2017 Abu Dhabi (UAE)

Engage in lively discussions with your peers and international experts in all fields of diabetes. Learn of the latest developments in science and research, public health, education and care. **IDF 2017** will feature more e-poster presentations, lunch sessions on the exhibition floor, additional streams, new session formats and overflow capacities in every session hall.

Register here: www.idf.org/congress







How to join IFSO?



It's time to renew for 2017. Ask your national Society how to renew your membership or join IFSO!

## WHY RENEW OR JOIN IFSO?

- Big discounts to all our Congresses or endorsed meetings all over the world
- Free subscription to our official journal: Obesity Surgery
- E-blast with info about the endorsed meetings
- Regular E-Newsletters
- An official Certificate of Membership
- Use of IFSO website to advertise the activities of the national societies
- Eligibility to IFSO endorsement for meeting/workshop/course
- Membership in a professional global network
- Listing in the online registry on the IFSO website
- Eligibility to IFSO Scholarships

### 2017 Fees

• IFSO Membership: 100,00 US\$ (including Obesity Surgery print and online)

• IFSO Membership: 60,00 US\$ (including Obesity Surgery online)

• IFSO Integrated Health: (only for non surgeons): 20,00 US\$

For more information visit us on <u>www.ifso.com</u> <u>info@ifso.com</u> <u>secretariat@ifso.com</u>



If you live in a country where there is no national society of bariatric surger you can apply as INDIVIDUAL .

For more information about the registration please **CLICK HERE** 





## About us

#### **Executive Board**

Honorary President Nicola Scopinaro, MD

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Secretary/Treasurer Almino Ramos, MD

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Asian Pacific Chapter Member at large Anton Cheng, MD

North American Chapter Members at large Mehran Anvari, MD

Editor-in-Chief Obesity Surgery Scott Shikora, MD

IFSO 2017 Congress President Richard Welbourn, MD

Historian George Cowan, MD







## ABOUT US

### **62 NATIONAL SOCIETIES**

#### 8.500 MEMBERS

### **3.000 OBESITY SURGERY SUBSCRIBERS**



European Chapter (EC)



Latin American Chapter (LAC)





Asian Pacific Chapter (APC)

North American Chapter (NAC)





## IFSO Social Media



#### Follow us on social media:











## Pic of the month



### IFSO Faculty at Sheraton Lima Hotel & Convention Center