



## Message from the President



**Almino Ramos**President of IFSO

**Greetings IFSO Members!** 

Communication, messaging, interaction and exchanging. These are really important aspects of our modern life. Just look at the importance of social media today in the different aspects of our way of living. In IFSO we are trying to keep wide opened all of our

communication channels to better assist our members and of course to offer the best to our patients. It looks like the first word is "communication" and the second is "education". Besides improving our skills in the art of surgery, we should also have great skills in communicating & educating.

Let's continue spreading IFSO message about the union of the global scientific, surgical and integrated health communities for the optimization of the control of adiposity-chronic based disease. Our message should be clear and effective: Bariatric/Metabolic interventions should be considered the gold standard treatment to uncontrolled obesity/adiposity chronic disease and its metabolic disorders. We really can increase the quality of life of our patients.

In the same way, obesity and the correlate metabolic disorders, mainly Type 2 Diabetes, Hypertension, Dyslipidemia, Sleep Apnea, Infertility, Osteoarthritis are increasing rapidly, Bariatric/Metabolic operations have become the fastest growing surgical procedure in great part of the western countries as a consequence of the continued rise of obesity, poor outcomes of the clinical treatment, good results of surgical approach in weight loss and control of comorbidities and the advances in minimally invasive laparoscopic techniques.





# Message from the President

The first large scale less invasive bariatric procedure started to be used in the mid 80's was the Adjustable Gastric Band (AGB), inaugurating the initial phase of laparoscopic mini-invasive bariatric interventions, allowing a quick procedure, fast recovery, resulting in major patient satisfaction, done in ambulatory basis, allowing acceptable results in terms of weight loss and comorbidities control. This was an important step to expose the possibility of laparoscopic less invasive alternatives to the gold standard procedure at that time, the Open Gastric Bypass. With the introduction of the Laparoscopic Roux-en-Y Gastric Bypass (RYGB) in the mid 90's, the Gastric Bypass recovered his position of leading Bariatric/Metabolic surgery, but more recently the preference was transferred again to the Sleeve Gastrectomy that looks like a more conservative option, reaching about 60% worldwide preference, by the surgeons and the patients.

Based in the advances of the knowledge coming from new concepts on obesity physiopathology, some evidences have emerged sustaining its chronic, incurable and pro-recidivism nature. Considering this lifetime features related to obesity, it should be totally expected to have some patients that will not respond adequately to bariatric surgery without achieving the usual weight loss or even presenting weight regain. According to the results we can have responders, partially responders and non-responders. So it is not reasonable and we should not talk about "surgery failures" or "weight loss failure". This is a very complex relation and it is not fair to judge who is failing when we don't have the expected result in non-responsive patients. The problem is the disease and not the treatment methodology. Another big mistake is to talk about "malabsorptive procedures". No one wants to create malabsorption! Malabsorption is a condition that leads to nutritional disease. It is better to consider using the term "hypoabsorption". All it is about what message we are trying to pass.





# Message from the President

When we look for the penetration rate of Bariatric/Metabolic procedures it will not be easy to understand why with very safe and really effective procedures our penetration rate is less than 1%. We have many more barriers to overcome: obesity stigma, bariatric surgery stigma, fear from the patients and families, lack of comprehension of obesity as a serious disease.

Let's keep walking. Let's improve our message. The more we mobilize, the stronger we will move on.

Have a good reading with this new IFSO Newsletter!

Almino C. Ramos – IFSO President

# JOIN IFSO: FIGHT OBESITY! <u>Click here</u> to watch the video





## **European Chapter Report**



**Gerhard Prager**President of the
European Chapter

Dear Friends,

We have just held the **2nd IFSO-EC Symposium** in Lyon France.

The Scientific Committee, chaired by Ralph Peterli and Rachel Batterham put together a vibrating program. Congress President, Jerome Dargent, spoiled us with typical French hospitality.

Please have also a look at our webpage (<a href="www.ifso-ec.com">www.ifso-ec.com</a>) where you will find many new things: For instance Joan Pujol and his team from the Development and Communication Committee set up the brand new Video gallery, webinars area and training programs section.

After the very successful joint meeting with the European Association for the Study of Obesity (EASO) in Gothenburg in 2016 we decided to have a further common congress in 2022: EASO and IFSO-EC board members came together (photo) and chose Maastricht (Netherlands) amongst the remaining 4 finalist bids.

The Dutch Society for Metabolic and Bariatric Surgery (DSMBS), (president Ronald Liem) together with the Netherlands Association for the Study of Obesity (president Dr. Gijs H. Goossens) will host this event.







# **European Chapter Report**

And of course the **24th IFSO world congress** will take place in Europe from the 3rd to 7th of September 2019: Prof. Antonio Torres is creating a fantastic program. Don't miss to come to the wonderful city of Madrid and combine this city trip with a world class scientific congress!

Looking forward to see you in Lyon and Madrid!

Gerhard Prager

President of the IFSO EC Chapter

Picture from left to right:

Joan Pujol (IFSO-EC), Gerhard Prager (IFSO-EC), Martin Fried (IFSO-EC), Nathalie Farpour-Lambert (EASO), Euan Woodward (EASO), Volkan Yumuk (EASO), Rachel Batterham (IFSO-EC), PETR BŘINČIL (PCO of IFSO-EC), Jason Halford (EASO)





## **European Chapter Symposium**



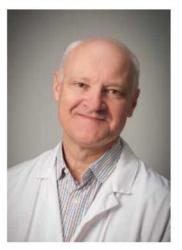
# **WELCOME** MESSAGE

A warm welcome to all participants to our NON-INVA meeting and 2<sup>nd</sup> IFSO-EC Symposium in Lyon. Some of you remember the second IFSO-EC meeting we had in Lyon in 2006, others the regular NON INVA meeting, that we host for 8 years, and has also been combined with Karl Miller's Expert Meeting (formerly in Saalfelden, Austria).

As carried out a regular basis, the core of the meeting will still be the "NON INVA spirit", i.e. new technologies in general (but pertaining to obesity one way or another), and more specifically the endoscopic bariatric techniques (EBTs).

The alternative part of the meeting will deal with "controversies".

"State of the art", consensus, or panel discussions regarding "how one should do or not do a given procedure", etc., are dealt with during the IFSO world meeting in Madrid later this year, and we will not repeat that.



Lyon has a tradition of friendly and casual interactions for a very long time, having played this role since the Roman times, later on during the Renaissance between France and Italy mostly, and above all it is the world capital of gastronomy, more than you need to enjoy your stay here! So go on a strict diet 2 weeks before the meeting... and start again immediately after, you will not be disappointed.

Jérôme Dargent
IFSO-EC 2019 Symposium President



## North American Chapter Report



Raul Rosenthal
President of North
American Chapter



# REMINDER CALL FOR ASMBS ABSTRACTS

Submit your abstract for ObesityWeek 2019. The ASMBS abstract submission window is open now through May 3rd.

Abstract submissions with an emphasis on connections between diabetes and obesity are encouraged.



Topic Categories ABSTRACT PRESENTATION OPPORTUNITIES:
ORAL ABSTRACTS | E-POSTER ABSTRACTS
VIDEO ABSTRACTS | INTEGRATED HEALTH ABSTRACTS
BEHAVIORAL HEALTH ABSTRACTS

Adjustable Gastric Banding
Bariatric Surgery in Adolescents
Comparative Trials
Endoscopic Procedures
Epidemiology/Physiology
Gastric Bypass Procedures
General Interest
Malabsorptive Procedures

Metabolic Surgery for Diabetes
Nutrition
Revisional Procedures
Scientific Research
Sleeve Gastrectomy
Surgical Complications
Integrated Health
Emerging Medical Technologies

For assistance, please email abstracts@asmbs.org





**Ricardo Cohen**President of Latin
American Chapter

I present my second report to you, as Executive Director of IFSO LAC. So, these are the activities of our Chapter in the last four months, from December 2018 to March 2019.

The communication between the Presidents is very active through the WhatsApp Chat, especially during this immediate period before the IFSO LAC BIANNUAL CONGRESS IN BUENOS AIRES-ARGENTINA.

Some changes occurred these months: The new President of Uruguay is now Dr. Héctor Geninazzi, Dr. Marcos Leao is the President of Brasil and Dr. Claudio Canales is Chile Chapter President since the early days of April.

In our Website (<a href="http://www.ifsolac.org/">http://www.ifsolac.org/</a>) you have the whole list of Presidents with the emails.

International Bariatric and Metabolic Surgery meetings, symposia and courses. During the first week of December 2018 (from 6th to 8 th), many members of IFSO LAC participated in México City, in the COURSE OF BARIATRIC ENDOSCOPY AND ROBOTIC SURGERY, organized by the Colegio Mexicano de Cirugía para la Obesidad y Enfermedades Metabólicas.

In Tijuana-México, from February 21th to February 23rd, it has been de II CONGRESO NACIONAL DE CIRUGÍA DE REVISIÓN, TRATAMIENTO MULTIDISCIPLINARIO DEL PACIENTE CON REGANANCIA DE PESO. This Congress was supported by IFSO LAC, and had an active participation of our IFSO President, Dr. Almino Ramos.













The National Bariatric Congress in Chile and other countries has been also supported by our Institution.





There also has been a very important participation of the Latin American chapter in the last 4th WORLD CONGRESS ON INTERVENTIONAL THERAPIES FOR TYPE 2 DIABETES, in New York City, from April 8th to April 10th 2019.





















The organization of the VIII Latin American Congress IFSO LAC, Buenos Aires 2019, is arriving to the final steps. The Executive Council, and the local Organizing Committee, are working hard, so many teleconferences took place during the last two months. In the website of SACO (Sociedad Argentina de Cirugía de Obesidad) is the whole scientific program. There is so much interest between our members, to participate in this important IFSO LAC event.









Our web site <a href="https://ifsolac.org">https://ifsolac.org</a>, is up-to-date with all the important information, and it is available to the chapters, so they can publish any scientific activity.

Looking forward to meet altogether in Buenos Aires, this is what I want to inform for the time being, Mr. President.

Sincerely yours,

Sergio Aparicio, MD FACS

**Executive Director IFSO LAC** 

saparicio@clinicalosolivos.com



## Asia Pacific Chapter Report



**Kazunori Kasama,** President of Asia Pacific Chapter

Dear Friends and colleagues,

It is my honor to succeed to Dr. Muffazal Lakdawala and take over the role as IFSO APC President starting from April 2019.

The Asia-Pacific region, stretching northward to Mongolia, southward to New Zealand, eastward to the island states of

Oceania, and westward to Pakistan is a continent which presents a great historical, cultural and ethnic diversity. The region is characterized by a large population and strong economic growth. However, obesity & diabetes is also becoming an emerging problem in this region. China and India has just become the first and third obese population nation among the globe and two third of the world diabetes population live in this region.

Bariatric/Metabolic surgery is growing rapidly Asia-Pacific area and there are more and more societies and alliances in our region that carry the same goal. Our role is not to compete, but communicate and liaise with them in order to uphold the standard of care in Asia-pacific Hereafter, we are one big family of this unique area.

The proposes as IFSO APC president are to increase the evidence from APC and collaboration among APC region, spread the knowledge for Bariatric and Metabolic surgery, especially safely and efficacy of the treatment. For this purpose, we start the program of IFSO-APC training center designation to provide the proper training to young surgeons in AP region.

From the last newsletter reports, we have had one national society congress and IFSO APC congress. OSSICON2019 was held in Kolkata, India with the presidency of Dr. Arun Prasad and IFSO APC congress in Guangzhou, China by Dr. CC Wang as the congress president and Dr. CC Wang becomes the president elect of IFSO APC from the congress. Both of them sent a brief report of the congress and you may enjoy the atmosphere of Asian congress from their reports.

Warmest regards

Kazunori Kasama MD President of IFSO APC





# Asia Pacific Chapter Report











# **IFSO-APC 2019**

Uniting global forces in Asia, Defeating obesity and metabolic disorders

March 21-23, 2019 Guangzhou, China



**Download the Congress Report HERE!** 









# 17<sup>th</sup> National Conference on Obesity and Metabolic Surgery Society of India

Dates: 24th - 26th January, 2019 | Venue: The Westin, Kolkata

### KEEP IT SAFE AND SIMPLE

(KISS BARIATRIC)

**Download the Congress Report HERE!** 



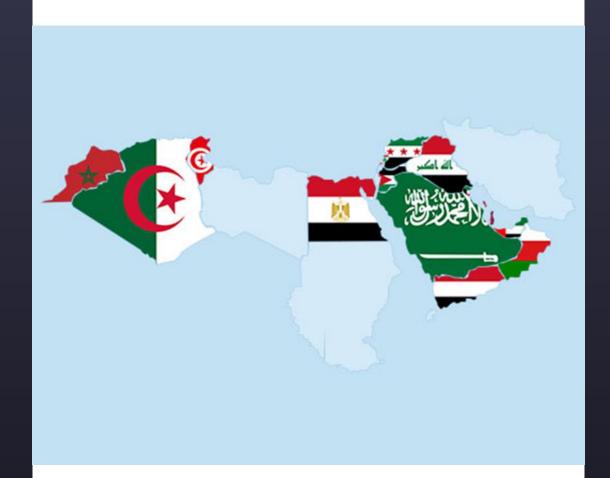


# Middle East North Africa Chapter Report



**Abdelrahman Nimeriì** President of Middle East North American Chapter

# **Download the report HERE**







# Middle East North Africa Chapter Report



**CLICK HERE FOR THE POST EVENT REPORT** 











MADRID 2019
PALACIO MUNICIPAL DE CONGRESOS
SEPTEMBER. 3<sup>rd</sup> TO 7<sup>th</sup>



#### Dear IFSO Members and Colleagues,

On behalf of the IFSO community and leadership we are delighted to specially invite you to join us in Madrid to attend the 2019 24th World IFSO Congress to be held September 3rd to 7th.

This Congress, as you probably already know is the greatest worldwide bariatric meeting, usually attended by surgeons, multidisciplinary support staff, researchers, physicians, and other healthcare professionals involved with the main mission of IFSO: unite and educate against adiposity and metabolic disorders.

The scientific program will be very comprehensive and focused on updating, investigating and better understanding the widest array of topics in the field of the growing adiposity based chronic diseases, through postgraduate courses; symposia; expert talks; discussion panels; live surgeries; hands on skill labs; video sessions; paper and poster presentations; emerging, endoscopic and new technology sessions. The aim of the Congress is to educate on all the bariatric and metabolic surgery topics but just as well to unite across country borders health care professionals from different specialties, in their fight against the adiposity epidemic. Besides the regular congress's sessions we are preparing for you very good surprises with different and innovative sessions.

For those of you not familiar with Spain, it will be a splendid occasion for a family holiday before or after the congress. Madrid, capital of Spain, is a fantastic destination swiftly reachable from most cities across the globe, many of them provided with straight flights. It is a cosmopolitan city that combines the most modern infrastructures and the status as an economic, financial, administrative and service center, with a large cultural and artistic heritage, a legacy of centuries of exciting history. Art and culture play a key role in Madrid's cultural life. The capital has over 60 museums which cover every field of human knowledge. For dinning and hotel services Madrid can serve you with the best restaurants and chefs and very good brands of hotels some of them in walking distance from the convention center. If you are not from Europe and intend to complement the congress moving to some other touristic place in Europe, from Madrid you can reach any other European city in a couple of hours direct flight.

In addition, the Palacio de Congresos Municipal, the Congress venue, located in Campo de las Naciones, considered the core for business development in Madrid, is a modern and light-filled building very close to the Adolfo Suárez Madrid Barajas International Airport, provided with an excellent net for communication and mobility by metro, bus or private transportation.

Apart from the fact that you will count with all the kindness and hospitality of the Spanish people that with all the Latinity way of being will offer you a very pleasant stay, you can expect to have all the attention and deep disposition to help from the IFSO staff and Congress organization team.

We believe that all ingredients are present to make from the 2019 IFSO World Congress an enjoyable, fruitful and unforgettable experience. We are certain that you'll take home with you many unforgettable memories.

So, please SAVE THE DATE!

We look forward to meeting you in Madrid!!



Antonio Torres Congress President



Almino Ramos IFSO President Elect







# MADRID 2019 PALACIO MUNICIPAL DE CONGRESOS

PALACIO MUNICIPAL DE CONGRESOS SEPTEMBER, 3<sup>rd</sup> TO 7<sup>th</sup>



24TH

IFS

WORLD CONGRESS
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CONGRESS



#### CALL FOR ABSTRACTS

Participants interested in presenting an oral, video or poster presentation are invited to submit an abstract. Share your research findings and expertise!! Submission Deadline: April 30, 2019



#### SCIENTIFIC SESSIONS

The alm of the Congress is to educate on all the bariatric and metabolic surgery topics. ARE YOU GOING TO MISS THEM? www.ifso2019.com/index.php/program/scientific-program

#### YOUR STAY IN MADRID

DO YOU KNOW HOW TO GET THERE?
HAVE YOU ALREADY BOOKED YOUR ACCOMMODATION?

You have already decided to participate in the IFSO Congress 2019, but have not chosen your accommodation yet?

Have a look at the various selection of accommodation - we are happy to be of your assistance.

#### DO YOU KNOW IF YOU NEED VISA?

Visitors from non-Schengen countries must possess a passport valid for at least a three-month stay.

The invitation letter can be requested online during the registration process.

www.lfso2019.com



One of the main activities of IFSO is the organization of the annual IFSO World Congress, which provides a forum to exchange knowledge on surgical treatment of severely obese patients, to present new techniques, research and concepts, and to meet the experts in the field.

The Congress also promotes the specialty of Bariatric Surgery around the world and provide the opportunity for fellowship and collegiality amongst members from each chapter.

www.lfso2019.com











#### SCIENTIFIC SESSIONS FOR IFSO MADRID

#### FIRST TIME EVER:

- > IFSO Bariatric/Metabolic Talks Session I
- > IFSO Bariatric/Metabolic Talks Session II
- > Diabetolese for surgeons Learn how to understand the language of the endocrino / diabetologists
- > Women in bariatric surgery Addressing Disparities in Training and Representation
- > Bariatric operated surgeons. Bariatric Surgeons who had Bariatric surgery
- > IFSO BARIATRIC CINEMA
- > IFSO BARIATRIC CINEMA 3D
- > Beyond diabetes benefit or Bariatric/Metabolic surgery: Cardiovascular Risk and Hypertension
- > Beyond diabetes benefit or Bariatric/Metabolic surgery: Cancer, Obesity and Bariatric Surgery
- > Beyond diabetes benefit or Bariatric/Metabolic surgery: Liver, steatosis, steatohepatitis and cirrhosis
- > Bariatric Tourism
- Bariatric Bull Fighting
- > WOF/IFSO Symposium Breaking down the barriers to obesity treatment
- > Symposium EAES/IFSO- Abdominal wall hernias and biliary affections in the morbid obese patient: the relation with bariatric surgery before, concomitant or after
- > ASMBS/IFSO Symposium
- > The pathway for enhanced recovery in bariatric surgery (IFSO/ERAS/ISPCOP)
- > The worldwide rising of One Anastomosis Gastric Bypass OAGB/MGB
- > OADS/SADI-S will be the revisional procedure of the future?
- > New Ideas, proposals and concepts in bariatric/metabolic surgery
- > Young IFSO Surgeon session. Bariatric Surgery 2.0; from primary to revisional procedures
- > IBC/IFSO Session
- > Robotic Bariatric Surgery: Is it really worth?
- > DSS/IFSO Compacted Session
- > GERD, obesity and bariatric surgery: What every surgeon should know
- > Defining the standards for evaluation of results in bariatric surgery: responders, non-responders and recidivism
- > Revisional bariatric surgery: dream or nightmare?
- > Is there any formula for optimizing results?
- > The future of bariatric/metabolic surgery (IRCAD)
- > Low BMI surgery Are you ready for that?
- > Intensive Bariatric Life Support (IBLS) Urgencies and emergences in bariatric surgery
- > Banded bariatric surgery
- > Real clinical cases discussion
- > Bariatric endoscopy Primary procedures. First World Endoscopic Sleeve Gastrectomy panel
- > Barlatric endoscopy Treatment of complications
- > Bariatric/Metabolic Surgery in Extreme Ages
- > BEST Bariatric Endoscopic Surgery Trends
- > Hypo-absorptive Barlatric Surgery: BPD Scopinaro, BPD-DS, OADS/SADI-S, OAGB & Others Indications, optimum technique and results
- > The Duel for the heaviest: What is the best performance for superobese patients

	REGISTRATION	EARLY BIRD FEE (until 10 <sup>th</sup> June)	REGULAR FEE (11 <sup>th</sup> June-1 <sup>st</sup> September)	ONSITE FEE (2 <sup>nd</sup> to 7 <sup>th</sup> September)
2 day Courses	IFSO -Member	240 €	270 €	300 €
	IFSO - Non Member	275 €	325 €	350 €
	Integrated Health Professional	150 €	180 €	220 €
	Resident / Fellow / Student	180 €	220 €	280 €
1 day Courses	IFSO Member	180 €	220 €	260 €
	IFSO - Non Member	240 €	270 €	300 €
	Integrated Health Professional	120 €	150 €	200 €
	Resident / Fellow / Student	150 €	180 €	220 €

VAT 21% INCLUDED



#### POSTGRADUATE COURSES

#### SEPTEMBER 3rd, 2019

Live surgeries course: Primary, revisional, endoscopic, robotic, and complications > Andrés Sánchez-Pernaute

> Amador García Ruiz de Gordejuela > Ramon Vilallonga > Raquel Sánchez

4th International Consensus Conference on Duodenal Switch > Michel Gagner

#### SEPTEMBER 4th, 2019

4th International Consensus Conference on Duodenal Switch > Michel Gagner

Barlatric ER: Prevention and treatment of emergency, urgencies and complications after Barlatric/Metabolic Surgery > Jacques Himpens

Metabolic Surgery for T2D and other comorbidities: Who should be operated, who not and expected results > Francesco Rubino

Current concepts on Revisional Bariatric/Metabolic Surgery > Kelvin Higa

> Barlatric Endoscopy Pathway: from treatment of complications to primary procedures Manoel Galvao Neto > Gontrand Lopez Nava

OAGB/MGB - Indications and controversies Miguel Carbajo

Reaching good quality researches in bariatric/metabolic surgery: How to plan, write and publish | Obesity Surgery supported course > Scott Shikora

> **Integrative Barlatric Support** > Tracy Martinez

The Falled and Complicated Sleeve > Raul Rosenthal > Michel Gagner

IFSO Hands on & Simulation Advanced Training: Endosuture, endoscopic, robotic and new devices > Camilo Boza > Ahmad Bashir > Luiz Gustavo Quadros

Enhanced Recovery in Bariatric Surgery - ERAS/ISPCOP/IFSO John Morton > Olle Ljungqvist > Anupama Wadhwa

The IFSO Worldwide Registry - How do registries Improve quality and the concept of benchmarking > Wendy Brown

#### SEPTEMBER 5th and 6th, 2019

Writing and Publishing a Research Article of Excellence (AOE) > Jane Buchwald

















































MADRID 2019
PALACIO MUNICIPAL DE CONGRESOS
SEPTEMBER, 3<sup>rd</sup> TO 7<sup>th</sup>







#### FIRST TIME EVER



IFSO Bariatric Cinema 3D



IFSO Barlatric Cinema



Bariatric Tourism



Bariatric Bull Fighting

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- > Beyond diabetes benefit or Bariatric/Metabolic surgery: Cancer, Obesity and Bariatric Surgery
- > Beyond diabetes benefit or Bariatric/Metabolic surgery: Liver, steatosis, steatohepatitis and cirrhosis



For further information please feel free to contact us to our congress secretariat throufh the email:
ifso 2019@pacifico-meetings.com

or visit the Congress official website www.ifso2019.com







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# FIRST TIME AT IFSO: 3D SESSION

Submit your Videos recorded and edited in 3D by Wetransfer:

ifso2019@pacifico-meetings.com
DEADLINE 20™ MAY

Get your 3D glasses at the entrance and enjoy the movie!!



For further information please feel free to contact us to our congress secretariat throufh the email:
ifso 2019@pacifico-meetings.com

or visit the Congress official website www.ifso2019.com

Twitter: @IFSO\_2019 Facebook: IFSO World Congress 2019



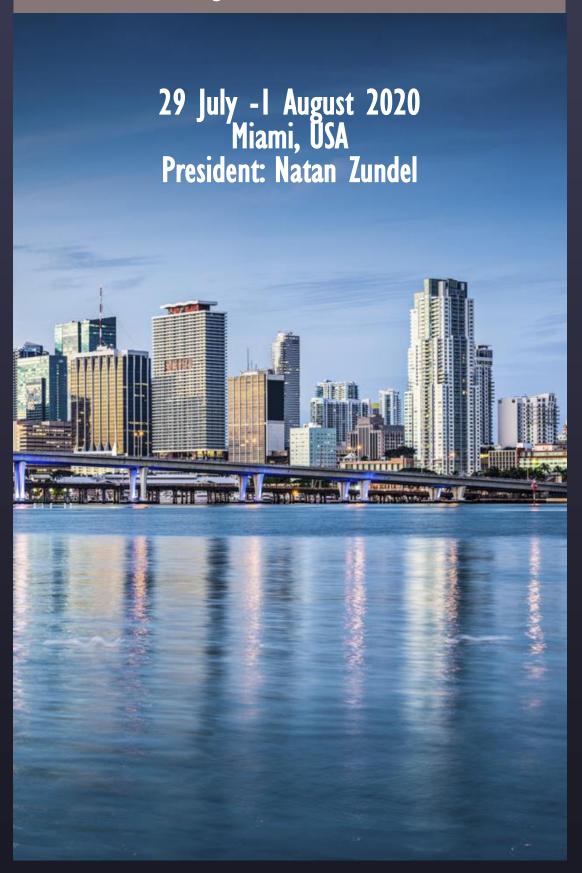




















I-IV SEPTEMBER 2021 ROMA, ITALIA PRESIDENT: LUIGI ANGRISANI





# 30 August—3 September 2022 MELBOURNE

**Presidents: Ahmad Aly, Harry Frydenberg** 



INTERNATIONAL FEDERATION FOR THE SURGERY OF OBESITY AND METABOLIC DISORDER WORLD CONGRESS 2022









## **NEXT EVENT**



# 10th IFSO / 6th IFSO MENAC Webinar Thursday May 30th 2019 at 4PM CEST





Informed Consent for Bariatric Surgery: Counseling for Sleeve Gastrectomy

Debaters: Prof. Alfredo Genco (Italy) Vs Dr. Khaled Hamdan (UAE)

Real-time Fact Checker ensuring bias-free teleconference

Register now to the conference: https://zoom.us/webinar/register/WN lbuCS-OsSgWGhEeFhsriBQ

Please follow us **W**@IFSOMENAC Please join us





# Secure your seat and register now on:

https://zoom.us/webinar/register/WN lbuCS-OsSqWGhEeFhsriBQ



# **PAST EVENTS**



# IX IFSO/ASMBS Webinar



# What you have missed at cobesityweek 2018

Top papers and Video Award Winner Highlights of Obesity Week 2018

# Welcome & Introduction



Almino Ramos, MD IFSO President



Eric DeMaria, MD ASMBS President



Moderators

Abdelrahman Nimeri MD, Chair IFSO Comm. Committee

## **Speakers**



Matthew Hutter, MD
ASMBS President Elect



Samer Mattar, MD ASMBS P. President



Shanu Kothari, MD ASMBS Treasurer

Friday 8th March 2019







#### **VIII IFSO Webinar**



7<sup>th</sup> February 2019
1 pm Central European Time

# "How to publish a Medical Research"



Prof. Scott Shikora, USA

#### Moderator





#### **Panelists**

Ali Aminian, USA



Pradeep Chowbey, India



Alan Saber, USA









Maud Robert



X IFSO JOURNAL CLUB

**NEW VERSION: LIVE WEBINAR!!!!** 



MODERATOR

Ahmad Bashir

18 APRIL 2019 4.00-5.00 pm (Central European Standard Time)

«Efficacy and safety of one anastomosis gastric bypass versus Roux-en-Y gastric bypass for obesity (YOMEGA): a multicentre, randomised, open-label, non-inferiority trial»

Author: Prof. Maud Robert (France) Moderator: Dr. Ahmad Bashir (Jordan)

**AUTHOR** 



Michal Janik

#IFS@



IX IFSO JOURNAL CLUB

**NEW VERSION: LIVE WEBINAR!!!!** 

27 MARCH 2019 3.00-4.00 pm (Central European Time) MODERATOR



Cynthia Borg

«Effectiveness and Safety of Roux-en-Y Gastric Bypass in Elderly Patients: Systematic Review and Meta-analysis»

> Author: Michal Janik (Poland) Moderator: Cynthia Borg (UK)





Antonio Iannelli



Lionel Sebastianelli



Sebastien Frey

#IFS@



VIII IFSO JOURNAL CLUB

**NEW VERSION: LIVE WEBINAR!!!!** 

27 FEBRUARY 2019 3.00-4.00 pm (Central European Time)



Aparna Govil

«Systematic Endoscopy 5 Years After Sleeve Gastrectomy Results in a High Rate of Barrett's Esophagus: Results of a Multicenter Study»

Presenters: Antonio Iannelli, Lionel Sebastianelli, Sebastien Frey (France)

Moderator: Aparna Govil (India)



Frits Berends, NL

VII IFSO JOURNAL CLUB
NEW VERSION: LIVE WEBINAR !!!!

28 JANUARY 2019 1.00-2.00 pm (Central European Time)



Abdelrahman Nimeri, USA

«A Longer Biliopancreatic Limb in Roux-en-YGB Improves Weight Loss in the First Years After Surgery: Results of a Randomized Controlled Trial»

Presenter: Dr. Frits Berends, NL Moderator: Dr. Abdelrahman Nimeri, USA





# Our official Journal: Obesity Surgery



LATEST NEWS:
New Associate Editors:
Stacy Brethauer, (USA)
Salman Al Sabah (KW)

Scott Shikora
Editor-in-Chief of
Obesity Surgery

Several new reviewers for OBSU have been selected by the Editor in Chief Scott Shikora to expedite the process



### springer.com



#### **Obesity Surgery**

The Journal of Metabolic Surgery and Allied Care Editor-in-Chief: S. Shikora

- An international, interdisciplinary forum for the latest in research, clinical care, and surgical innovations for the treatment of severe obesity
- ► The journal's articles and videos cover original research, clinical reviews, technical innovations, medicolegal issues, and more
- The journal benefits all clinicians, researchers, and students involved or interested in the care of the severely obese
- 98% of authors who answered a survey reported that they would definitely publish or probably publish in the journal again

Obesity Surgery is the official journal of the International Federation for the Surgery of Obesity and metabolic disorders (IFSO). A journal for bariatric/metabolic surgeons, Obesity Surgery provides an international, interdisciplinary forum for communicating the latest research, surgical and laparoscopic techniques, for treatment of massive obesity and metabolic disorders. Topics covered include original research, clinical reports, current status, guidelines, historical notes, invited commentaries, letters to the editor, medicolegal issues, meeting abstracts, modern surgery/technical innovations, new concepts, reviews, scholarly presentations and opinions.

Obesity Surgery benefits surgeons performing obesity/metabolic surgery, general surgeons and surgical residents, endoscopists, anesthetists, support staff, nurses, dietitians, psychiatrists, psychologists, plastic surgeons, internists including endocrinologists and diabetologists, nutritional scientists, and those dealing with eating disorders.

Impact Factor: 3.895 (2017), Journal Citation Reports®

On the homepage of Obesity Surgery at springer.com you can

- ► Sign up for our Table of Contents Alerts
- Get to know the complete Editorial Board
- ► Find submission information

12 issues/year

#### Electronic access

► <u>link.springer.com</u>

#### Subscription information

springer.com/librarians

Electronic access on <a href="https://link.springer.com/journal/11695">https://link.springer.com/journal/11695</a> Homepage: <a href="https://www.springer.com/it">https://www.springer.com/it</a>



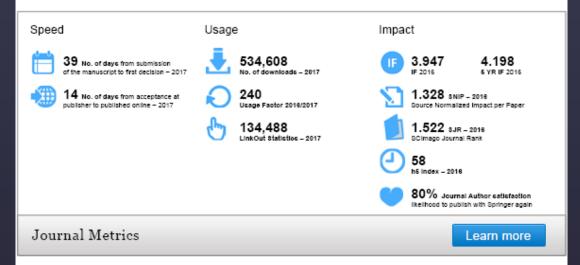


# Our official Journal : Obesity Surgery

#### **Submit your manuscript**

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#### **Journal metrics**



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**Get subscription:** Subscription, valid from January through December is included in the IFSO annual membership fee. Click here for more info <u>HERE!</u>

#### **Never miss an issue of OBESITY SURGERY!**

Sign up to receive Table of Contents (TOC) Alert emails for Obesity Surgery. You will be able to update your email address or unsubscribe at any time: <a href="https://www.ifso.com/join-our-newsletter">www.ifso.com/join-our-newsletter</a>

**New issue alert:** The latest issue of Obesity Surgery is now available online! View all new articles and browse the archive: <a href="http://bit.ly/Y8lkiG">http://bit.ly/Y8lkiG</a>





# Committees' Report



Abdelrahman Nimeri
Chair of the
Communication
Committee

#### Communication Committee "Keeping you connected to IFSO"

**Chair:** Abdelrahman Nimeri **Co-Chair:** Bart van Wagensveld

**Members**: Saber Ghiassi, Kamal Mahawar, Ali Aminian, Aparna Govil, Asim Shabbir, Ahmad Bashir, Cynthia Borg, Caetano

Marchesini

**#IFSOVirtualAcademy** "Highest quality, at your fingertips & free to IFSO members" Check it out on the IFSO mobile application and <a href="https://www.ifso.com/ifso-virtual-academy">https://www.ifso.com/ifso-virtual-academy</a> IFSO

Facebook Group https://www.facebook.com/



groups/396874800435861/





THE **FOR DOWNLOAD** 







#### • IFSO Journal of Video Case reports January 2019:

This is a monthly online Journal for video case reports. The first three issues are out and accessible through the IFSO website or mobile application (Jan, Feb, March 2019). Work is underway with Obesity Surgery Journal & Springer to index it soon



◆ IFSO Monthly Webinar: The IFSO quarterly webinar was changed to monthly webinar in collaboration with the 5 IFSO chapters and the IFSO communication committee.

7<sup>th</sup> IFSO Webinar November 30<sup>th</sup>, <u>2019 What have you missed at IFSO 2018 in Dubai (</u>71 attendees)

2nd IH webinar on the role of physical exercise November 27<sup>th</sup>, 2019 (82 attendees)









6th IFSO Webinar July19th, 2018 Interesting case presentations.

8th IFSO Webinar February 7th, 2019 How to publish your research (49 attend.) 9th IFSO Webinar: March 8th, 2019 What you have missed in Obesity week in collaboration with ASMBS (75 attendees)



 IFSO Monthly Journal Club: the format was changed from a Facebook platform only to a webinar format plus Facebook platform and changed to a monthly Journal Club.

4th IFSO Journal Club April 26th, 2018 Drs Cynthia Borg and Michal Shenouda discussing Bile gastritis after OAGB.

5th IFSO Journal Club June 21st, 2018 Drs Ahmad Bashir and Daniel Riccioppo discussing pouch volume after Roux en Y gastric bypass.

6th IFSO Journal Club December 6th, 2018 Drs Bart Van Wagensveld and Ser gio Barrichello discussing meta-analysis of LGCP and sleeve gastrectomy out comes.

#### **NEW FORMAT ONLINE EVENT:**

7th IFSO Journal Club January 28th, 2019 Drs Abdelrahman Nimeri and Frits Berends discussing the ELEGANCE RCT (29 attendees)

8th IFSO Journal Club February 27th, 2019 Drs Aparna Govil and Antonio Ianelli discussing systematic endoscopy after sleeve gastrectomy multi-center trial (37 attendess)

9th IFSO Journal Club March 27th, 2019 Drs Cynthia Borg and Michael Janik dis cussing a meta-analysis published in Obesity Surgery regarding bariatric surgery in the elderly (35 attendees)

10th IFSO Journal Club April 18th, 2019 Drs Ahmad Bashir and Prof. Maud Rob ert discussing the YOMEGA trial published in the Lancet. (41 attendees)







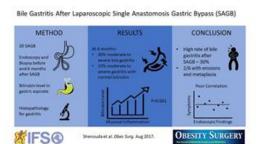


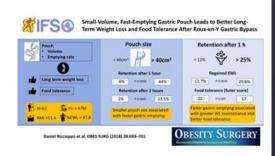






◆ IFSO- Journal Visual Abstract: for articles from Obesity Surgery and The Lancet discussed in the monthly Facebook Journal Club.

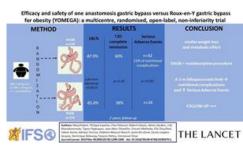
















- The IFSO Social Media Sub-Committee: Chair: Ahmad Bashir. Members:
- Reynu Rajan, Betsy Doveck, Cynthia Borg, N. Rodriguez. The aim of this subcommittee will be:
- 1. Create a video to promote joining IFSO on social media. We will use this video in every chapter meeting and the World Congress.
- 2. Manage the different platforms for IFSO on social media (Facebook, Twitter, Linked In):

IFSO Facebook Group: (started in 2013): now 2018 members. This is a closed professional social networking group to discuss complex cases and receive updates about important events in the IFSO calendar, IFSO Facebook Group <a href="https://www.facebook.com/groups/396874800435861/">https://www.facebook.com/groups/396874800435861/</a>

Twitter: IFSO on Twitter @IfsoSecretariat (started October 2016): IFSO Linked In group: 968 members <a href="https://www.linkedin.com/groups/IFSO-International-Federation-Surgery-Obesity-4941421/about">https://www.linkedin.com/groups/IFSO-International-Federation-Surgery-Obesity-4941421/about</a>

- 3. IFSO on Instagram started in 2019. https://www.instagram.com/ifsoglobal/?hl=en
- 4. Work on increasing the exposure of IFSO on social media to our >9500 members and to the outside world.
- 5. How to get more surgeons involved with IFSO in Social media.
- 6. IFSO Global Twitter chat #ifsoglobal: 1<sup>st</sup> chat April 24<sup>th</sup> 2019. https://twitter.com/hashtag/IfsoGlobal?src=hash&lang=en

#### **Download the full report here**

#### Join IFSO on Social Media (Facebook, Twitter, Linked In):

IFSO Facebook Group (started in 2013): now 2025 members. This is a closed professional social networking group to discuss complex cases and receive updates about important events in the IFSO calendar, IFSO Facebook Group <a href="https://www.facebook.com/groups/396874800435861/">https://www.facebook.com/groups/396874800435861/</a>



Please follow IFSO on <u>Twitter @IfsoSecretariat</u> (started October 2016):

October 2016 177 followers April 2017 357 followers Sept 2017 425 followers

Feb 2018 814 (Thank you for helping us pass 1000 followers)

Sept 2018 1606 followers (Thank you for helping us pass 2000 followers)

April 2019 2117 followers (Please help us cross 3000 followers).

IFSO Linked In group: 968 members

FOLLOW ON: <a href="https://www.linkedin.com/groups/IFSO-International-Federation-Surgery-Obesity-4941421/about">https://www.linkedin.com/groups/IFSO-International-Federation-Surgery-Obesity-4941421/about</a>

- ◆ IFSO Surgical Open Classroom (SOC) SOC contents can be: surgical videos, case reports, short presentations, article comments, short lectures, clinical images, news or review of position statements (8-10 minutes is the ideal duration, maximum length is 15 minutes). Invitations were already sent to faculty. In addition, AIS generated IFSO 2017 content edited lectures at AIS and IFSO 2018 talks
- IFSO 2018 Dubai lectures (<a href="http://www.ifso.com/ifso-virtual-academy/">http://www.ifso.com/ifso-virtual-academy/</a>):

available on mobile app

Mock Trial: Hayssam Fawal, John Morton, Abdelrahman Nimeri

Non-surgical endoscopic treatment modalities John Morton

Outcomes of classic and OAGB Jean Marc Chevalier

Outcomes of SADI or DS Almino Ramos

Procedure choice for the elderly with weight regain and GERD Kazunori Kasama

Mid & long-term results in super obese patients Rudolf Weiner

SADI results Antonio Torres

Super obese one or two steps Pablo Omelanczuk

Defining Weight regain Abdelrahman Nimeri

Is there a place for banding in super Obese Mohit Bhandari

Is the approach different in obese and super obese Waleed Bukhari

OAGB best procedure for super obese Ali Khammas

Utilizing digital wearables in patient navigation and ERAS Homero Rivas

ERAS systematic review Bart Van Wagensveld

Centralized management reduces complications Robert Caiazzo

Perioperative consideration in ERAS Bassem Safadi

Choice operation effects ERAS Almino Ramos

ERAS and resource utilization Richard Wellbourn

ERAS UAE experience Faruq Badiuddin





Results of the Dutch common channel trial Ralph Gadiot

Overview of Gastric bypass RYGB vs OAGB Michel Sutter

Tranexamic acid is safe in SG Abdon Murad

Preoperative evaluation of liver function capacity in morbidly obese patients Sophia Schmidt

Bariatric surgery and rate of death after heart attacks and stroke Ali Aminian

Ongoing pursuit of perfection in ERAS Marjolijn Leeman

The use of Bupivacaine in RYGB Iris Schipper

CT scan measurement of gastric volumes Sonia Fernandez-Ananin

Readmission rate in nationwide study 320000 patients. Andrea Lazzati

Surgical treatment of type II DM RYGB, OAGB or BPD Phillip Schauer

Severe Obesity and Type II DM Sleeve or RYGB Francesco Rubino

Pouch resizing for RYGB weight Regain Antonio Iannelli

Psychological reasons for weight regain Paul Davidson

Endoscopic options for weight regain Amador Garcia

Conversion to RYGB to DS Jacques Himpens

Distalization of RYGB Abdelrahman Nimeri

# **IFSO 2017 lectures** (<a href="http://www.ifso.com/ifso-virtual-academy/">http://www.ifso.com/ifso-virtual-academy/</a>): available on mobile app

Endoscopic therapies for obesity by Barham Abu Dayyeh USA:

Virtual reality in surgical training by Shafi Ahmed.

The vagus nerve in bariatric surgery by Scott Shikora USA.

Managing addiction after bariatric surgery by Stephanie Sogg UK.

Should all patients stop Smoking Ali Aminian USA.

Nutritional deficiencies after bariatric surgery by Tair Ben Porat.

Presidential address by IFSO President Kelvin Higa USA.

Hypoglycemia after bariatric Surgery by Andrea Pucci.

Sweedish Obesity Subject study by Lena Carlsson Sweden.

Are VTEs a problem in bariatric surgery by Stacy Berthauer USA.

STAMPEDE trial 5 year results by Phil Schauer USA.

Endoscopic metabolic surgery by Manoel Galvao Neto Brazil

SMBOSS 5 year results of RCT by Ralph Peterli Switzerland.

Scopinaro lecture by Sir Ranulph Fiennes.

The role of metabolic surgery by Ricardo Cohen Brazil.

The ideal sleeve gastrectomy by Michel Gagner Canada.

Linx endoscopic treatment for GERD by M. Reddy, S. Mattar, K. Higa.

Do limb lengths matter by Jacques Himpens Belgium.

DSS II and it's impact on Diabetes Care by Francesco Rubino UK. October 17

2018: Brain changes after metabolic surgery by Carel La Roux Ireland.

"OAGB nutritional complications" Abdelrahman Nimeri UAE



#### **IFSO-AIS World Surgery** full length recorded surgery with moderation:

1st IFSO-AIS World Surgery "Laparoscopic reversal of Roux en Y gastric bypass" J. Himpens January 17th, 2018 13.843 live viewers from 112 countries.

World Surgery "weight regain after RYGB Sugerman type I distalization" Professor Kelvin Higa February 21st 2019 9.462 live viewers

#### **Meetings endorsed by IFSO:**

2014 (11 meetings)

2015 (28 meetings) 150% increase.

2016 (24 meetings) 12% decrease.

2017 (27 meetings) 12% increase

2018 (25 meetings) 10% decrease

Jan-April 2019: 18 meetings

#### Website statistics (2014-2019):

Hits in 2014 (34,000 hits).

Hits in 2015 (50,056 hits) 47% increase.

Hits in 2016 (50,296 hits) 30% increase.

Hits in 2017 (59,108) 19% increase.

Hits in 2018: (68.510) 15% increase.

#### Top 10 countries: Visit and page visit by country 2014-2018:

	2015	2016	2017	2018	Jan-Apr 2019
1.	USA 6397	USA 7310	USA 7712	USA 9328	USA 4881
2.	India 4094	Brazil 4415	India 5169	India 7112	India 2213
3.	Brazil 3573	India 3580	UK 4528	Brazil 3657	Brazil 1879
4.	UK 2954	UK 2909	Brazil 3403	UK 3414	UK 1384
5.	Italy 2219	Italy 1860	Italy 2603	Italy 2826	Spain 1263
6.	Mexico 2042	Australia 1751	AUS 1957	Australia 2545	Mexico 1239
7.	France 1492	Mexico 1458	MX 1597	Mexico 2226	Italy 1194
8.	Spain 1381	NL 1360	NL 1557	UAE 2200	Australia 898
9.	Germany 1145	Germany 1316	UAE 1462	Spain 2001	Saudi Arabia 663
10.	Australia 1100	UAE 1191	Nigeria 1412	Germany 1840	NL 655





#### **Integrated Health Committee**

Chair of the I.H. Committee

We are working on building a great program for Madrid 2019 IFSO Congress. Integrated Health will have a Post Graduate course followed by two days of IH general sessions. The faculty will be one of the most diverse representing disciplines from around the globe.

All integrated Health members are eligible to apply for a scholarship for their travel expenses to Madrid. The scholarship information will be emailed out to IFSO members. Six scholarships will be awarded.

IFSO Integrated Health is compiling healthy recipes from around the world and will be publishing our first recipe Cookbook. Our goal is to have this available at our IFSO meeting in Madrid. You will be receiving more information of how to purchase one.

Lastly, The first IFSO Nutritional Guidelines are being written by an ad hoc committee chaired by Mary O'Kane (UK). Committee members include Julie Parrott (USA), Silvia Leite Faria (Brazil), Lillian Craggs- Dino (USA)

Look for our next educational webinar coming late summer.

We look forward to continuing a productive year. If you have any questions, suggestions or concerns please contact me at <a href="mailto:TMartinezrn@lapbypass.com">TMartinezrn@lapbypass.com</a>.

I hope to see you in Madrid.

Sincerely,

Tracy Martinez RN, BSN, CBN

IFSO Integrated Health Chair





Wendy Brown
Chair of the
Scientific Committee

#### **Scientific Committee**

The Scientific Committee of IFSO has been busy with various activities aimed at ensuring members have access to the latest evidenced based information to inform their practice.

- •The Scientific Committee are currently working on position statements addressing Barrett's oesophagus after Bariatric Surgery and the role of Gastroscopy in Bariatric surgery.
- •We have reviewed the content of the website and tried to provide more up-to-date information on the bariatric procedures we commonly perform for both patients and professionals.
- •In addition, we are working with the convenors of the IFSO Madrid meeting on the scientific programme. Following on from the success of the PG course on Registry Science, another course has been developed for Madrid. This will again focus on maximising the scientific benefit of registries.
- •We have significant cross representation on the Global Registry committee which we see as an important alignment to ensure the valuable data is used to best benefit for all stakeholders.







Manoel Galvao Neto Chair of the Bariatric Metabolic Endoscopy Committee

#### **Bariatric Metabolic Endoscopy Committee**

#### Vision:

Bariatric Endoscopy (BE) is a neologism meaning a new term created to define the interface of advanced therapeutic endoscopy with Bariatric Surgery (BS). Mainly, its interface deals with treating bariatric surgery complications and primary obesity itself even revising secondary obesity (post-op weight loss failure or post-op weight regain). The interest about BE among bariatric surgeons

and gastroenterologists/endoscopists are growing fast as training and information on this matter is truly needed since training opportunities are really scarce.

BE for surgical complications: Surgical treatment of obesity had been growing exponentially on last years, allowing better weight and comorbidities control when compared with clinical treatment. When surgical complications are evaluated, traditional surgical approach with reoperations and revisions on bariatric surgery seems to be associated with some sort of complication and mortality rates so endoscopic endolumenal approach is currently gaining ground on treating those complications due to its less invasive nature avoiding extra damage to abdominal wall. This is considered a new and unknown field by most endoscopists even if they are experts due to the fact the BS complications behave differently from surgical complications in lean patients. Also the literature about it is truly scarce and lacks of clinical guidelines about this growing matter.

BE as obesity treatment: Traditional clinical treatment of obesity is prone to fail on obese patients and besides BS is a very efficient treatment, just few surgical candidates (< 2%) reach it. So this leaves enough room to less invasive ways to treat obesity. Traditionally BE treats obesity with space occupying temporary devices like Intragastric balloons. Recently BE it is evolving into more sophisticated and may more durable devices and ways to treat obesity by mimicking BS restrictive procedures like bands and gastroplasty with endoscopic stapling and suturing, even





even reaching hard to imagine boundaries like internal bowel diversion thus expanding BE to reach endoscopic treatment of Type 2 Diabetes possible.

BE as a treatment for post-op BS weight regain or weight loss failure: BS is a known safe and effective way to treat morbid obese patients on long term but as obesity is such a difficult disease to treat, failures can and will happens. Specifically on Rouxand-Y Gastric Bypass (RYGB) weight loss failure rates can goes as up to 20% and more on long-term follow-up, Sleeve Gastrectomy as relatively new still have to define its lonmq term weight regain but in fact it exist. When failure happens due to the loss of expected surgical anatomy like in gastric pouch enlargement or dilation, loss of restriction external ring or gastrojejunostomy enlargement, a revisional surgical procedure can correct it putting the patient on track again but the cost-benefit in terms of severe and possible complications most of the times postpone it, even making experienced bariatric surgeon think twice in jumping on a surgical revision. To cover this gap, endoscopic revision is being developed and is growing with devices approved for clinical use to wherever create folds and bumps or perform endoscopic suturing. Besides endoscopic RYGB revision efficacy and durability still needs more long-terms results, its safety, initial efficacy and possibility of being redone makes it really palatable.

#### Mission

IFSO by means of an specific Bariatric Endoscopy committee intends to incorporate develop and promote this field and its interfaces with Bariatric Surgery by means of annual Bariatric Endoscopy courses during IFSO world congress as well as organizing hands-on lab and producing white papers, literature review and consensus.











From the end of last year we have tried to enhance Young IFSO activities in every IFSO chapter.

A very good example has been the **Young IFSO Session in Guangzhou** during the IFSO-APC Congress. The program of this session was presented by Young IFSO members from IFSO-APC and coordinated by Wah Young. The two sessions with many interesting presentation.s were attended quite well.

The last session was held in Lyon, France, during the **IFSO-EC Congress** (May 2-4). The target of this session was to present young colleagues from different countries and not only from famous high volume bariatric centers.

We hope to see all colleagues attending the Young IFSO session during the **IFSO**World Congress that will be held in Madrid in September 2019

(www.ifso2019.com)

The congress fee for residents & students will be very low and it will be a good opportunity for young surgeons to attend the congress.



The session in Madrid will be presented by Young IFSO members from different Chapters. We hope to discuss the future of Young IFSO like a part of the IFSO community and stimulate more and more young bariatric colleagues to be part of our team.

We invite you to visit our Facebook page and we wait for your feedback and proposals.

Who wants to know more about the YIFSO development program and has some ideas can contact me per email: Aleksandr Neimark <a href="mailto:neymark1977@gmail.com">neymark1977@gmail.com</a>

Kind regards,

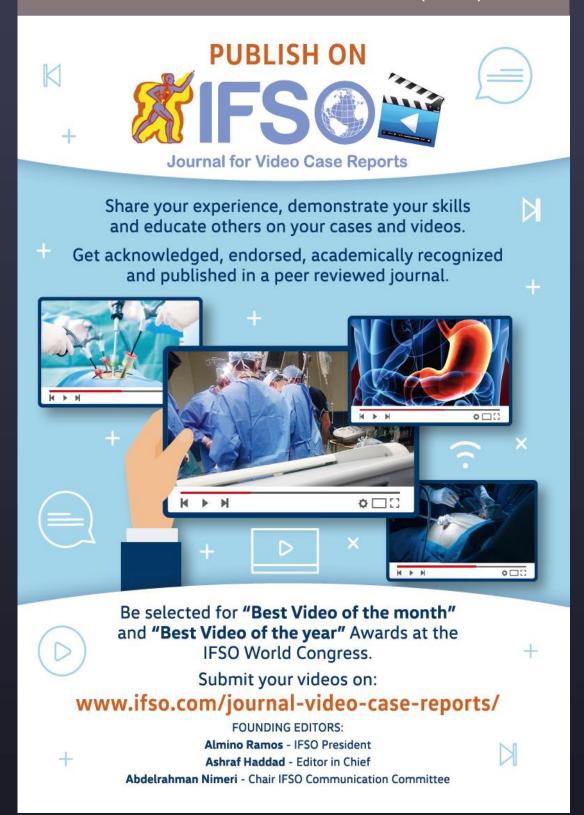
Aleksandr Neimark

President of Young IFSO





#### IFSO JOURNAL for VIDEO CASE REPORTS (J VCR)







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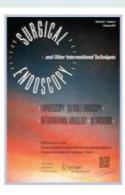




#### **NEW JOURNALS**

# IFSO offers all its regular members FREE ONLINE ACCESS to 8 JOURNALS If you haven't received your access code yet, please email us: info@ifso.com





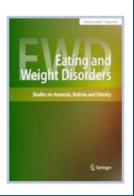
















#### IFSO MENTORSHIP PROGRAM

#### MENTORSHIP ON IFSO FACEBOOK GROUP



A new mentorship programme has been added to the <a href="IFSO">IFSO</a>

Facebook Group so that you can build skills and share knowledge with another member of our big community. Share your experience or learn valuable skills from someone in your group.

Here's how the programme works:

You sign up, match yourself with a partner and get helpful conversation starters each week so that you get to know each other better. It's up to you how much time you want to spend together and what goals you want to work towards.





#### NEW PROPOSALS: FACEBOOK MENTORSHIP



#### • Who can request a mentor?

Any group member can ask someone to mentor them when they see that person listed as a mentor. Group members can also offer to mentor people.

#### Who can become a mentor?

Anyone who has experience and a skill to share can offer support in the mentorship programme. Your mentor's advice is their own opinion and not that of Facebook or your admin(s). All participation is voluntary. Your mentor's advice is not meant to substitute professional advice.

#### How much experience should mentors have?

Mentors should have enough knowledge about the topic to give good advice to someone with less experience.

#### How do I communicate with my partner about the mentorship?

Once you've been paired with someone, you'll be connected in Messenger and in a one-to-one mentorship programme.

https://www.facebook.com/fbmentorship/signup/? application\_id=361289281399793





#### V IFSO Global Registry Report



We now have <u>just under two weeks left</u> before we have to start the data analyses for the **5th IFSO Global Registry Report**.

#### The FINAL CLOSE date for submissions is 15th May 2019.

If you have not yet submitted your data, but wish to do so please contact <a href="mailto:peter.walton@e-dendrite.com">peter.walton@e-dendrite.com</a> as soon as you can.

We are tantalizingly close to reaching a goal of ONE Million records under analysis.

With your help we can get there!

Please do make contact urgently if you are able to send us new and/or more historical data to help us reach this target.

Kind regards

Dr Peter K. H. Walton

For additional information about the IFSO Global Registry project and to view and download the previous reports, please click here <a href="https://ifso.com/ifso-registry/">https://ifso.com/ifso-registry/</a>







IFSO JOB BOARD



# IFSO JOB BOARD

Have you got a job/fellowship to offer in the field of Bariatric and Metabolic Surgery and Integrated Health?

We help you find a Job/Fellowship or the right person to do the Job!

Please send it to info@ifso.com

Log in on www.ifso.com and visit our IFSO JOB BOARD

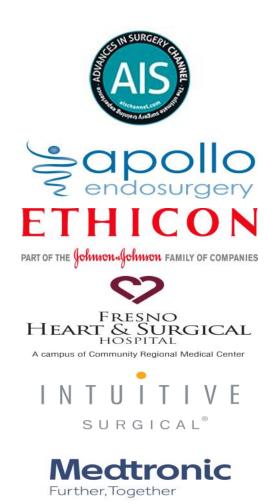
THANK YOU!





#### **IFSO Corporate Partners**

#### **Platinum Corporate Partners**



#### **Silver Corporate Partners**



If your Company is interested in being a member of IFSO Corporate Committee, please fill in the enclosed Corporate Committee Form and return it to: <a href="mailto:secretariat@ifso.com">secretariat@ifso.com</a>

More info available on: <a href="https://www.ifso.com/ifso-corporate-committee/">https://www.ifso.com/ifso-corporate-committee/</a>





#### **IFSO Endorsed Meetings**

#### 1st Consensus Conference about GERD & Bariatric Surgery

June 28-29, 2019 Montpellier, France Click here for more info



1st Consensus conference about GERD & Bariatric surgery

# THE ROLE FOR ONE-ANASTOMOSIS BARIATRIC DERIVATION, ROBOTIC AND ENDOSCOPIC PROCEDURES

60 International Bariatric Experts From 25 countries

Campinas, Brazil June 07 - 08, 2019 Click here for more info



#### 4th Annual Conference: Current Development in Bariatric Surgery

May 25, 2019 KCM CLINIC, Jelenia Góra (Poland)
Click here for registration







#### **IFSO Endorsed Meetings**

#### 2nd International Conference on Revisional Bariatric Surgery.

May 31 - June 01, 2019 Saint-Petersburg, Russia

More info on: <a href="https://bariatric-spb.com/en/en">https://bariatric-spb.com/en/en</a>



#### **Canadian Obesity Weekend**

Joint Conference between CABPS and IFSO North American Chapter May 17-18, 2019 Toronto, Canada

Website: cabps.ca/Conference2019



#### XX Brazilian Congress of Bariatric and Metabolic Surgery

May 15-18, 2019 Curitiba, Paraná (Brazil) <u>Click here</u> for more info







#### IFSO Endorsed Meetings

Endorsement requests must be sent to IFSO Secretariat (<a href="mailto:info@ifso.com">info@ifso.com</a>) together with the scientific program of the Course. IFSO-Communication Committee will carefully review the concepts and objectives of the course as well as the faculty, the structure and content of the course, in deciding about the endorsement.

"Endorsement" does not in any way offer credentialing of grant approval to the participant regarding future skills and outcomes.

#### **Benefits:**

Endorsed events will be:

- listed on IFSO's Website on the "Endorsed meetings" page, with a link to the congress website
- included on IFSO's E-newsletter
- E-mailed twice to IFSO Members
- advertised once on IFSO Facebook page
- the Director may include IFSO's Endorsement statement and IFSO Logo on promotional materials among the endorsing institutions, exclusively with the following text: "Endorsed by" before the logo of IFSO.







#### IFSO around the World





#### IFSO has participated in the joint consensus conferences on:

## Obesity Stigma, Implementation of Guidelines, Standardization of new Techniques

IFSO collaborated with ADA, TOS, ASMBS, WOF, EASO, AACE, OAC, Diabetes UK and Obesity Canada in a joint consensus conference on Obesity Stigma, that has been held at WCITD 2019.

Obesity stigma hurts afflicted individuals and the society at large > see here why

Misconceptions and stigma of obesity may also explain why bariatric/metabolic surgery remains underutilized despite compelling clinical and economic evidence.

The WCITD 2019 has been an unprecedented initiative to address a major stumbling block in the fight against the pandemic of obesity and diabetes.

People with obesity face not only increased risk of serious medical complications but also a pervasive, resilient form of social stigma. **Weight bias can undermine access to evidence-based surgical treatment,** mislead public health policies, confuse messages in popular media and compromise advances in research.

Hence, tackling stigma is not only a matter of social justice but also a way to advance prevention and treatment of obesity and related diseases.

This initiative focused on the gap between scientific evidence and the myths and misconceptions that reinforce stigma. Together we developed a novel narrative about obesity, coherent with scientific evidence and respectful to the rights of individuals afflicted with this disease.

READ MORE about **background**, <u>aims and scientific sponsors</u> of the consensus conference



#### IFSO around the World



09:00 - 10:30	IFSO SESSION: Decision-making to choose the best Procedure based on Clinical Cases Discussion

**Chairs** Almino C. Ramos, Gerhard Prager, Jan Greve

09:00 - 09:15 One Anastomosis Duodenal Switch

Amador Garcia Ruiz de Gordejuela (Spain)

09:15 - 09:30 One Anastomosis Gastric Bypass

Jean-Marc Chevallier (France)

09:30 - 09:45 Sleeve Gastrectomy

David Nocca (France)

09:45 - 10:00 Roux-en-Y Gastric Bypass

Michel Suter (Switzerland)

10:00 - 10:15 Clinical management

François Pattou (France)

10:15 - 10:30 Discussion



IFSO-APC 2019 | March 21-23, 2019 | Guangzhou, China

#### Grand Ballroom (4th Floor)

16.30-18.00	IFSO SESSION  Decision making for choosing the best procedure based on clinical cases discussion					
	Moderator: Almino	Ramos (Brazil)				
16.30-16.45	One anastomosis duodenal switch	Antonio J. Torres (Spain)				
16.45-17.00	One anastomosis gastric bypass	Wei-Jei Lee (Taiwan, China)				
17.00-17.15	Sleeve gastrectomy	Jiangfan Zhu (China)				
17.15-17.30	Roux-en-Y gastric bypass	Cunchuan Wang (China)				
17.30-17.45	Clinical management	John Dixon (Australia)				
17.45-18.00	Discussants: Lilian Kow (Australia), Mathias Fobi (India)					



#### IFSO around the World





















#### 1st IFSO-MENAC Meeting 3rd PASMBS Meeting

April 11-13, 2019 Kuwait City, Kuwait

16.30-18.05	IFSO SESSION			
	GASTRIC BY-PASS DEBATE SESSION			
	Moderators: Almino Ramos (Brazil), Ashraf Haddad (Jordan) Co-Moderator: Osama Taha (Egypt)			
16.30-16.35	Introduction Almino Ramos, IFSO President			
16.35-17.05	RYGB leak are easier to manage but OAGB is technically easier RYGB, Almino Ramos (Brazil) / OAGB, Hayssam Fawal (Lebanon)			
17.05-17.25	OAGB is safer and has better weight loss than RYGB RYGB, Abdelrahman Nimeri (USA) / OAGB, Khaled Mirza (Saudi Arabia)			
17.25-17.45	Acid Reflux. OAGB is better than RYGB? RYGB, Muffazal Lakdawala (India) / OAGB, Alaa Abbass (Egypt)			
17.45-18.05	The restrictive procedure has failed. What's next? Banded gastric bypass, Khaled Gawdat (Egypt) / OAGB, Ali Khammas (UAE)			



18:00 - 19:30 SIMPOSIO IFSO MUNDIAL - Auspicia Johnson & Johnson Medical

Coordinador: Dr. Almino Ramos

18:00 - 18:15 Cruce duodenal de una anastomosis Dr. Antonio J. Torres

18:15 - 18:30 By pass de una anastomosis Dr. Mario Antozzi

18:30 - 18:45 Gastrectomía vertical (Manga Gástrica) Dr. John Magaña Morton

18:45 - 19:00 By Pass en Y de Roux Dr. Ricardo Cohen

19:00 - 19:15 La píldora mágica Dr. Josep Vidal



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# WHY JOIN IFSO?

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Pic of the month

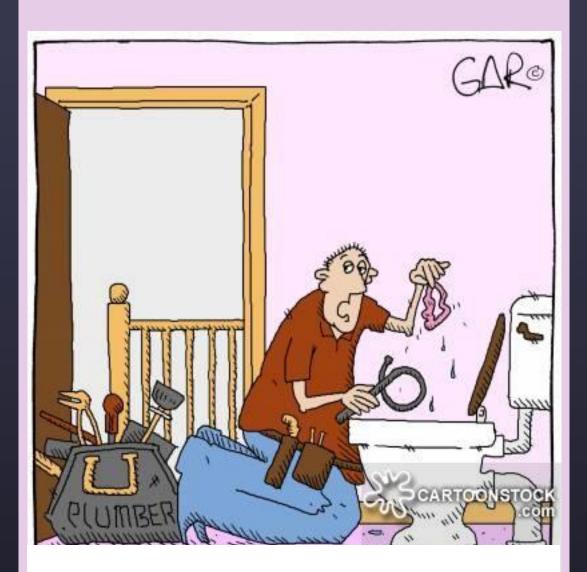
# IFSO's motto: "One for all, all for one"







#### Sketch of the month



"I've found the blockage, It looks like your gastric band!"