

Held in conjunction with World Obesity's
Strategic Centre for Obesity Professional
Education (SCOPE) School.

**WORLD
OBESITY**

SCOPE
Strategic Centre for
Obesity Professional
Education

Endorsed By:  **IFSO** 

International Federation for the Surgery of Obesity and Metabolic Disorders

2UOC2020

UAE Obesity Conference

VIRTUAL CONFERENCE

WOF SCOPE School: October 22nd-24th 2020 &
2nd UOC: November 26th-28th 2020

ONE REGISTRATION ACCESS TO TWO EVENTS

www.nuoc-conference.com

**PENDING SCOPE
ACCREDITATION**



OBESITY ACROSS THE LIFESPAN

WELCOME LETTER

We are delighted to work in conjunction with the World Obesity Federation to bring to you the second SCOPE (Strategic Centre for Obesity Professional Education) School Global and the 2nd UAE Obesity Conference, 2020. The theme of both events will be 'Obesity Across the Lifespan'.

We have an excellent line up of speakers from the UAE, GCC, UK and USA including Dr Donna Ryan (Past-President of the World Obesity Federation, and Professor Caroline Apovian (Director, Nutrition and Weight Management Center, Boston Medical Center and Professor of Medicine and Pediatrics, Boston University School of Medicine).

We look forward to hosting a comprehensive programme making an important contribution to the continuing professional development of healthcare professionals treating people with obesity.

The program includes epidemiology, causes of obesity, complications of obesity (including obesity and COVID), and management of obesity as well as obesity in special situations including PCOS, pregnancy, childhood and in older adults.

Given the continuing impact of the SARS-CoV-2 pandemic and resulting restrictions, we have taken the decision to hold the SCOPE school and UOC conference as interactive virtual online meetings on October 22-24th and November 26-28th.

We are looking forward to welcoming you to what promises to be a superb program.

Yours sincerely,

2nd UOC Committee

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UAE Obesity Conference



SCOPE SCHOOL GLOBAL

OBESITY ACROSS THE LIFESPAN

Thursday 22nd - Saturday 24th October, 2020

Learning Objectives:

The overall objective of this event is primarily to advance knowledge of the epidemiology and cost of obesity, both globally and locally in the GULF region. Speakers will expand on the causes of obesity, the role of physical activity and appetite regulation in prevention efforts. Moreover, the complications for patients living with obesity and means of managing the disease.

By the end of the event you will:

1. Understand the etiology and risk factors for obesity, including the current prevalence globally.
2. Recognise the health complications associated with obesity, as well the costs of the consequences of obesity on a global scale.
3. Understand the association between obesity and its comorbidities (cancer, diabetes, NASH) and the link between COVID-19 and obesity
4. Manage patients presenting with obesity effectively and conduct comprehensive initial assessments.

For more information on SCOPE, Please visit:

<http://www.worldobesity.org/training-and-events/events/scope-school-global-october>



AGENDA

Thursday 22nd October 2020 – An introduction to obesity

Chairs: Sara Suliman

TIME	TOPIC	PRESENTER(S)
19:00 to 19:10	Opening remarks	Dr Sara Suliman
19:10 to 19:30	Epidemiology and cost of obesity – global perspective	Dr Donna Ryan
19:30 to 19:50	Epidemiology and cost of obesity – regional perspective	Dr Omniyat Alhajeri
Q&A. Audience Interaction (25 minutes)		
COMFORT BREAK (10 minutes)		
20:25 to 20:45	Causes of obesity and appetite regulation	Dr Mohgah Elsheikh
20:45 to 21:05	Can you outrun a bad diet, physical activity, and diet in the treatment of obesity?	Dr Stuart Gray
Q & A and Wrap Up for the Day (25 minutes)		

Friday 23rd October 2020 - - Obesity Complications

Chairs: Sara Suliman

TIME	TOPIC	PRESENTER(S)
15:00 to 15:05	Opening Remarks	Dr Mohgah El-Sheikh
15:05 to 15:25	Type 2 diabetes mellitus (TD2M) and obesity, what is the link?	Dr Sara Suliman
15:25 to 15:45	Cardiovascular Disease (CVD) and Obesity – can we break the cycle?	Dr Faisal Hassan
Q&A. Audience Interaction (25 minutes)		
COMFORT BREAK (10 minutes)		
16:20 to 16:40	Non-alcoholic steatohepatitis (NASH) and Obesity	Dr Nigel Beejay
16:40 to 17:00	Obesity and COVID-19: cause or effect?	Dr Donna Ryan
17:00 to 17:20	Obesity and Cancer	Dr Caroline Apovian
Q & A and Wrap Up for the Day (25 minutes)		

Saturday 24th October 2020 – Management of Obesity

Chairs: Sara Suliman

TIME	TOPIC	PRESENTER(S)
15:00 to 15:10	Opening remarks	Dr Mohamed AlHaddad
15:10 to 15:30	Assessment of obesity and its clinical implications	Dr Noor Al Busaidi
15:30 to 15:50	Diet, nutrition, and obesity	Dr Ebba Al Ozairi
Q&A. Audience Interaction (30 minutes)		
COMFORT BREAK (10 minutes)		
16:30 to 16:50	Medical management of obesity	Dr Donna Ryan
16:50 to 17:10	Surgical management of obesity - obesity surgery, and its role in weight management.	Dr Mohammad Al Haddad
17:10 to 17:30	Weight regain after surgery?	Dr Nasreen Alfariis
Q&A, Audience Interaction& Final Remarks (30 minutes)		

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AGENDA

Thursday 26th November: Obesity Across The Lifespan

TOPIC

Opening Remarks
UAE Community Programmes
Mother and Child
Causes (incl Genetics and Epigenetics)
Q and A session
Symposium

SPEAKER

Dr M Haddad – Healthpoint, AUH
Dr N K Al Ali – MOHAP, UAE
Dr T Loney – MBRU, Dubai
Dr S Suliman – ICLDC, AUH
All Speakers
TBC

Friday 27th November: Special Situations

TOPIC

Opening Remarks
Childhood Obesity
Obesity in Pregnancy
Q and A session
Comfort break
PCOS
Obesity in Older Adults
Q and A session
Symposium

SPEAKER

Dr M El Sheikh – ICLDC, AUH
Dr N Abdullah – SKMC, AUH
Dr S Wani – Corniche, AUH
All Speakers

Dr M El Sheikh – ICLDC, AUH
Dr D Ryan – WOF, USA
All Speakers
TBC

Saturday 28th November: Treatments of Obesity in Adolescents and Older People

TOPIC

Opening Remarks
Lifestyle and Exercise
Behaviour Modifications
Q and A session
Comfort break
Medical Management
Surgery Management for Adolescents and Older People
Endoscopic Management of Weight Regain for Adolescents and Older People
Q and A session
Symposium

SPEAKER

Dr S Suliman, ICLDC, AUH
Dr N Sirotin – CCAD, AUH
Dr R Shihabi – ACPN, AUH
All speakers

Dr M Allum – ICLDC, AUH
Dr K Hamdan – Healthpoint, AUH
Dr M Kroh – CCAD, AUH

All speakers
TBC

2ND UOC COMMITTEE FACULTY



Dr Mohammed Al Haddad,
Conference Chair: 2nd UOC,
Head of Bariatric Surgery,
Healthpoint, Abu Dhabi



Dr Tom Loney,
Public Health Specialist,
Mohammed Bin Rashid University,
Dubai



Dr Sara Suliman,
Conference Chair: WOF Scope, Consultant
Endocrinologist, Clinical Lead for the Genetics
of Diabetes and Endocrinology, Imperial College
London Diabetes Centre, Abu Dhabi



Dr Ali Khammas,
Consultant Surgeon,
Rashid Hospital, Dubai



Dr Mohgah El Sheikh,
Consultant Endocrinologist and Clinical Lead
for Obesity and Metabolic Surgery, Imperial
College London Diabetes Centre, Abu Dhabi



Dr Matt Kroh,
Head of Digestive Disease Institute,
Cleveland Clinic Abu Dhabi

WOF SCOPE SCHOOL ORGANIZING COMMITTEE



Dr Sara Suliman,
Conference Chair: WOF Scope, Consultant
Endocrinologist, Clinical Lead for the Genetics
of Diabetes and Endocrinology, Imperial College
London Diabetes Centre, Abu Dhabi



Dr Ebaa Al Ozairi,
President of AACE Gulf Chapter,
Kuwait



Dr Mohammed Al Haddad,
Head of Bariatric Surgery,
Healthpoint, Abu Dhabi



Dr Omniyat Al Hajeri,
Director of Public Health,
Department of Health, Abu Dhabi



Dr Mohgah El Sheikh,
Consultant Endocrinologist and Clinical Lead
for Obesity and Metabolic Surgery, Imperial
College London Diabetes Centre, Abu Dhabi

SPEAKER FACULTY



Dr Donna Ryan,
Past-President,
World Obesity Federation



Dr Nadeem Abdullah,
Consultant Pediatric Endocrinologist and Clinical
Lead for Pediatric Obesity and Metabolic Surgery,
Sheikh Khalifa Medical City, Abu Dhabi, UAE



Dr Nouf Khamis Al Ali,
Deputy Director,
Health Education and Promotion Department,
Ministry of Health & Prevention



Dr Nicole Sirotnin,
Chair, Preventive Medicine Department
Medical Subspecialties Institute
Cleveland Clinic Abu Dhabi



Dr Matthew Allum,
Consultant Endocrinologist and Diabetologist,
ICLDC



Dr Rami Al Shihabi,
Clinical Psychologist, ACPN



Dr Khaled Hamdan,
Consultant General,
Laparoscopic and Bariatric Surgeon,
Healthpoint

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UAE Obesity Conference

VIRTUAL CONFERENCE November 26th-28th 2020

www.nuoc-conference.com

REGISTER FOR 2nd UAE Obesity Conference on November 26-28th 2020 and you will receive access for World Obesity Federation Scope School (Gulf Region) on October 22nd-24th for FREE

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<https://event.webinarjam.com/channel/UOCandWOF2020>



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