

# ADVANCED BARIATRIC NUTRITION COURSE

ONLINE

*Endorsed By*

Endorsed by



International Federation for the Surgery of Obesity and Metabolic Disorders



**With increasing incidence of obesity**, bariatric and metabolic surgery has emerged as a valid treatment option for this disease. We are seeing an increasing trend in the numbers of bariatric operations year after year. These patients need long term support and have to be handheld and guided about nutrition and lifestyle modification. Clinical nutritionists are the most important cog in the wheel and can make a significant difference in the well-being of post bariatric surgery patients. *As the numbers of bariatric procedures increase, it is important for practicing nutritionists to understand the nuances of bariatric surgery and be well versed with the various aspects of bariatric science.*



Laparoscopy & Bariatric  
Surgery Centre

# COURSE DESCRIPTION

The online advanced bariatric nutrition course is endorsed by the **International Federation for Surgery of Obesity and Metabolic Surgery (IFSO)** and **Obesity and Metabolic Surgery Society of India (OSSI)**. Powered with some of the most renowned national and international faculty, this course is designed for [practicing clinical nutritionists](#), [post graduate students of nutrition and dietetics](#) and [physicians who are interested to learn about bariatric nutrition](#). It is a well-designed, extensive, online weekend course that extends over 30 hours in 2 months. The course will equip you to guide patients pre and post bariatric surgery and add another aspect to your practice of nutrition and dietetics.

## WHAT YOU WILL LEARN

- Get a detailed understanding of pathophysiology of obesity
- Detailed understanding of bariatric/metabolic surgery and its effect on nutrient absorption
- Pre and post bariatric surgery nutritional management
- Diagnosis and management of nutritional deficiencies post bariatric surgery
- How to address common concerns post bariatric surgery
- Patient communication and sensitivity training
- An update on latest research and guidelines on bariatric nutrition
- A peek into organizing support group meetings and creation of healthy bariatric recipes

## COURSE STRUCTURE

- Online live lectures and interaction with faculty
- Weekly readings and assignments
- Role plays
- Live polls and quiz
- Communication training
- Resources and study material
- Online participation in support group meeting

## ELIGIBILITY:

1. Dieticians who have completed Bachelor's degree in nutrition and dietetics
2. Postgraduate students pursuing-  
M.Sc. Food, Nutrition & Dietetics,  
M.Sc. Clinical Nutrition & Dietetics,  
M.Sc. Specialized Dietetics, M.Sc.,  
Nutrition & Dietetics
3. Practicing Nutritionists

### COURSE LANGUAGE:

English

### DIFFICULTY:

Intermediate

### CREDIT:

Certificate of completion-  
(endorsed by IFSO and OSSI)

### PLATFORM:

Online (details will be shared soon)

### DURATION:

8 weeks

### COURSE COMMENCEMENT:

10<sup>th</sup> October, 2020

### COURSE FEE:

₹7,500 - Early bird registration  
*Before 25<sup>th</sup> September, 2020*

₹8,500 - After 25<sup>th</sup> September, 2020

### PROCESS OF REGISTRATION:

Please fill the Google form by visiting  
on the following link  
<https://bit.ly/33zWGCw>

### LAST DATE TO REGISTER:

5<sup>th</sup> October, 2020

### CONTACT DETAILS:

Mobile: +91 9930922761

Email: [info@bestbariatricsurgeon.com](mailto:info@bestbariatricsurgeon.com)



## COURSE DIRECTOR

**Dr. Aparna Govil Bhasker, MS**

**Chief-** Dr. Aparna's- Laparoscopic and Bariatric Surgery Centre; Mumbai, India  
*Apollo, Global, Namaha, Suchak and Currae Hospitals; Mumbai, India*

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## COURSE CO-DIRECTORS



**Ms. Mariam Lakdawala**

Registered Dietician & Diabetes Educator

Bariatric Nutritionist- - *Dr. Aparna's- Laparoscopic and Bariatric Surgery Centre; Mumbai, India*

Consultant- *Currae Hospital, Aquacentric Therapy, Mumbai, India*



**Ms. Miloni Shah Sancheti**

Registered Dietician & Diabetes Educator

Bariatric Nutritionist- *Dr. Aparna's- Laparoscopic and Bariatric Surgery Centre; Mumbai, India*

Consultant- *Sterling Hospital, Mumbai, India*

# COURSE ADVISOR



**Dr. Vishakha Jain, MD**  
**Professor of Medicine**

*Mahatma Gandhi Institute of Medical  
Sciences, Sewagram, Wardha, India*

## INTERNATIONAL COURSE FACULTY



**Lillian Craggs-Dino,**  
**DHA, RDN, LDN**  
**Bariatric Dietitian and Support**  
**Group Coordinator**  
*Cleveland Clinic Florida, USA*



**Dr Yitka Graham, PhD, BSc,**  
**FTOS,**  
**CMgr, FRSA**  
**Head of the Helen McArdle**  
**Nursing & Care Research**  
**Institute Associate Professor in**  
*Health Services Research*  
*School of Nursing and Health*  
*Sciences*  
**Faculty of Health Sciences and**  
**Wellbeing,** *Sciences Complex,*  
*Sunderland, UK*  
**Visiting Professor, Universidad**  
**de Anahuac,** *Facultad de*  
*Psicologia, Ciudad de Mexico,*  
*Mexico*



**Dr. Mary O'Kane**  
**Honorary consultant dietician**  
*Leeds Teaching Hospitals, NHS*  
*Trust, UK*



# NATIONAL COURSE FACULTY



**Dr. Preeti Shukla**  
Registered Dietician  
National Executive Member *Indian Dietetics Association (IDA)*  
Director  
at *Nutri Needs Health Consultancy*



**Dr. Bhakti Murkey**  
Consultant Psychiatrist & Psychotherapist,  
Assistant Professor of Psychiatry at *Pacific Medical College and Hospital, Udaipur, India*



**Dr. Amit Sood**  
Bariatric, Laparoscopic & Endoscopic Surgeon  
Head- Bariatric & Metabolic Surgery,  
*Deep Hospital- Ferozepur, Dhaliwal Hospital- Faridkot, Fortis Hospital- Amritsar, India*  
Director- *Ckosmic Surgical Centre- Moga, India*



**Dr. Manish Khaitan, MS, FAIS, FALS**  
Bariatric & Laparoscopic GI Surgeon  
Director of Nobesity Bariatric & Metabolic Surgery Center at *Kusum Dhirajlal Hospital, Ahmedabad.*  
**Affiliations:**  
*Asian Bariatrics & Cosmetics Pvt. Ltd*  
*Columbia Asia Hospitals Pvt. Ltd*



**Ms Harsha Jaithilia**  
Dietician at Nobesity Bariatric & Metabolic  
Surgery Center at *KD Hospital, Ahmedabad.*



**Dr. Sarfaraz Baig**  
GI Laparoscopic & Bariatric Surgeon  
Director of Digestive Surgery Clinic  
*Based out of Belle Vue Hospital, Kolkata, India*