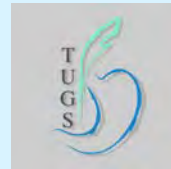


# ADVANCED BARIATRIC NUTRITION COURSE

(ONLINE) 2021

Endorsed By



With the increasing incidence of obesity, bariatric and metabolic surgery has emerged as a valid treatment option for this disease. All across the world, there is an increasing trend in the numbers of bariatric operations year after year. These patients need long-term support and have to be handheld and guided about nutrition and lifestyle modification. “Clinical nutritionists are the most important cog in the wheel and can make a significant difference in the well-being of post-bariatric surgery patients”. As the numbers of bariatric procedures increase, it is important for practicing nutritionists to understand the nuances of bariatric surgery and be well versed with the various aspects of bariatric science.

## **COURSE DESCRIPTION**

The online advanced bariatric nutrition course is endorsed by the International Federation for Surgery of Obesity and Metabolic Surgery (IFSO), Obesity and Metabolic Surgery Society of India (OSSI), and The Upper GI Surgeons (TUGS). Powered with some of the most renowned national and international faculty, this course is designed for practicing clinical nutritionists, post-graduate students of nutrition and dietetics, and physicians who are interested to learn about bariatric nutrition. It is a well-designed, extensive, online weekend course that extends over 25 hours in 7 weeks. The course will equip you to guide patients pre and post-bariatric surgery and add another aspect to your practice of nutrition and dietetics.

## **WHAT YOU WILL LEARN**

- A detailed understanding of the pathophysiology of obesity
- Detailed understanding of bariatric/metabolic surgery and its effect on nutrient absorption
- Pre and post-bariatric surgery nutritional management
- Diagnosis and management of nutritional deficiencies post-bariatric surgery
- How to address common concerns pre and post-bariatric surgery
- Patient communication and sensitivity training
- An update on the latest research and guidelines on bariatric nutrition
- A peek into organizing support group meetings and the creation of healthy bariatric recipes



## COURSE STRUCTURE

- Online live lectures and interaction with faculty
- Weekly readings and assignments
- Live polls and quiz
- Communication training
- Resources and study material
- Online participation in the support group meeting

COURSE LANGUAGE: English | DIFFICULTY: Intermediate

CREDIT: Certificate of completion- (endorsed by IFSO, OSSI, and TUGS)

PLATFORM: Online (details will be shared soon) | DURATION: 7 weeks

COURSE COMMENCEMENT: 30th October 2021

### COURSE FEE:

#### Early Bird Registration (till 22nd October 2021)

10,000 INR- For Indian Nationals

200 USD – For Non-Indian participants

#### After 22nd October 2021

12,000 INR - For Indian Nationals

225 USD – For Non-Indian participants

*(10% discount on course fee will be extended to IFSO members)*

### PROCESS TO REGISTER:

Please fill the Google form by clicking on the following link: <https://bit.ly/3DqCF1J>

**LAST DATE TO REGISTER: 28th October 2021**

## DR. APARNA GOVIL BHASKER, MS

Bariatric & Laparoscopic Surgeon

Dr. Aparna's – Laparoscopy and bariatric surgery centre

Saifee, Apollo Spectra, Namaha, Currae hospitals, Mumbai



### COURSE DIRECTOR

## MS. MARIAM LAKDAWALA

Registered Dietician & Diabetes Educator, Bariatric Nutritionist, Mumbai

Dr. Aparna's – Laparoscopy and bariatric surgery centre,

Currae Hospital, Mumbai

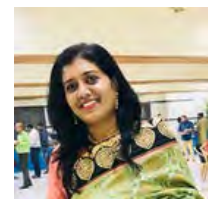


### COURSE CO-DIRECTOR

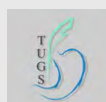
## DR. VISHAKHA JAIN, MD

Assistant Professor, Department of Medicine

Assistant Medical Superintendent; AIIMS, Bibinagar, Hyderabad



### COURSE ADVISOR



## INTERNATIONAL COURSE FACULTY



**DR. JAN WILLEM GREVE**

Professor of Metabolic and Bariatric Surgery, Maastricht University Medical Centre, Maastricht the Netherlands, Medical director Dutch Obesity Clinics South



**DR. LILLIAN CRAGGS-DINO, DHA, RDN, LDN**

Bariatric Dietitian and Support Group Coordinator  
Cleveland Clinic Florida, USA



**DR. MARY O'KANE**

Honorary consultant dietician  
Leeds Teaching Hospitals, NHS Trust, UK



**DR. YITKA GRAHAM, PHD, BSC, FTOS, CMGR, FRSA**

Head of the Helen McArdle Nursing and Care Research Institute  
Associate Professor in Health Services Research, School of Nursing and Health Sciences

## NATIONAL COURSE FACULTY



**DR. MANISH KHAITAN, MS, FAIS, FALS**

President- Obesity & Metabolic Surgery Society of India (OSSI)  
Bariatric and Laparoscopic GI Surgeon  
Director of Nobesity Bariatric and Metabolic Surgery Center at Kusum Dhirajlal Hospital, Ahmedabad.



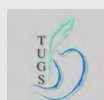
**DR. RAMEN GOEL**

Bariatric Surgeon, Wockhardt Hospital, Mumbai Central & P D Hinduja Hospital, Khar.  
Editor, Journal of Bariatric Surgery



**DR. ARUN PRASAD**

Senior General, GI & Bariatric Surgeon, Apollo Hospitals, New Delhi  
Former President of Obesity & Metabolic Surgery Society of India (OSSI)





**DR. AMIT SOOD**

Minimal Access, Metabolic, Bariatric and Endoscopic Surgeon.  
Director Ckosmic Surgical Center -MOGA



**DR. DEBRAJ SHOME**

Co-Founder and Head of the Institute of Aesthetic Surgery at The Esthetic Clinics,  
Mumbai



**MS. JANANI TAMILVANAN**

Director, Institute of Nutrigenetics  
Founder & Nutrigenetics Expert, Geneobe Wellness



**MS. MILONI SHAH SANCHETI**

Registered Dietician & Diabetes Educator  
Consultant- Sterling Hospital, Mumbai, India



**DR. MOHIT BHANDARI**

Founder Director and Chief surgeon- Mohak Bariatrics  
and Robotic Surgery Centre



**DR. PREETI SHUKLA**

Registered Dietician  
Director at Nutri Needs Health Consultancy



**MS. RITIKA SAMADDAR**

Registered Dietician  
Regional Head Dietetics, Max Healthcare



**DR. SARFARAZ BAIG**

GI, Laparoscopic and Bariatric Surgeon  
Director, Digestive Surgery Clinic in Kolkata, India.



**DR. SHEHLA SHAIKH**

Consultant endocrinologist, Saifee Hospital, Mumbai, India



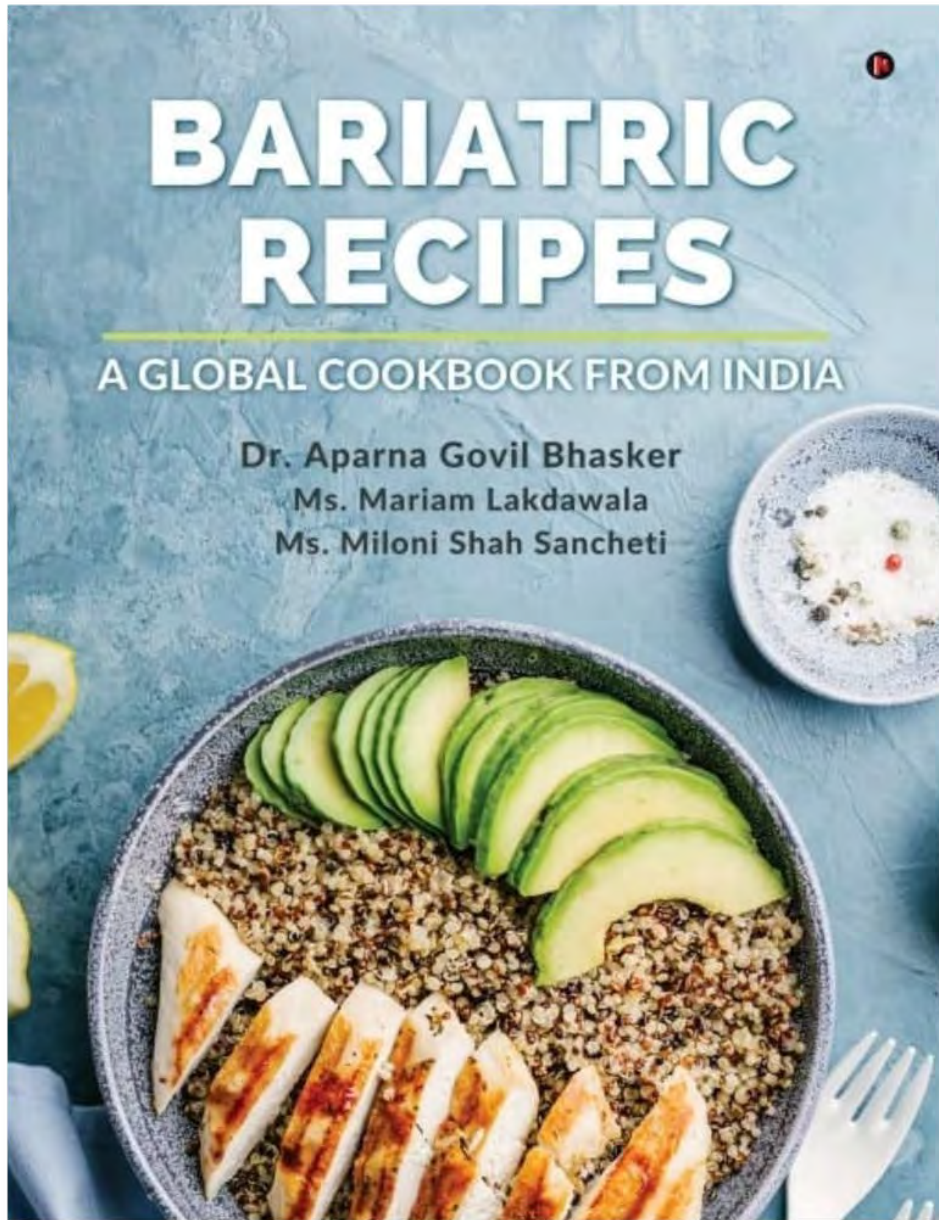
**DR. TEJAL LATHIA**

Consultant Endocrinologist, Apollo hospitals, Navi Mumbai



**MS. ZAMRUDD PATEL**

HOD, Chief Dietician, Global Hospitals, Mumbai, India



## **THE BIG TAKEAWAY**

**FROM ADVANCED BARIATRIC NUTRITION COURSE (ABN) 2020!**

Recipes contributed by participants of ABN 2020

Amazon link- <https://www.amazon.in/Bariatric-Recipes-global-cookbook-India-ebook/dp/B0969ZPT2V>

Notionpress- <https://notionpress.com/read/bariatric-recipes>