



OBSERVERSHIP PROGRAM IN METABOLIC BARIATRIC SURGERY 2025

Top 5 Things I Learned from My IFSO Observership

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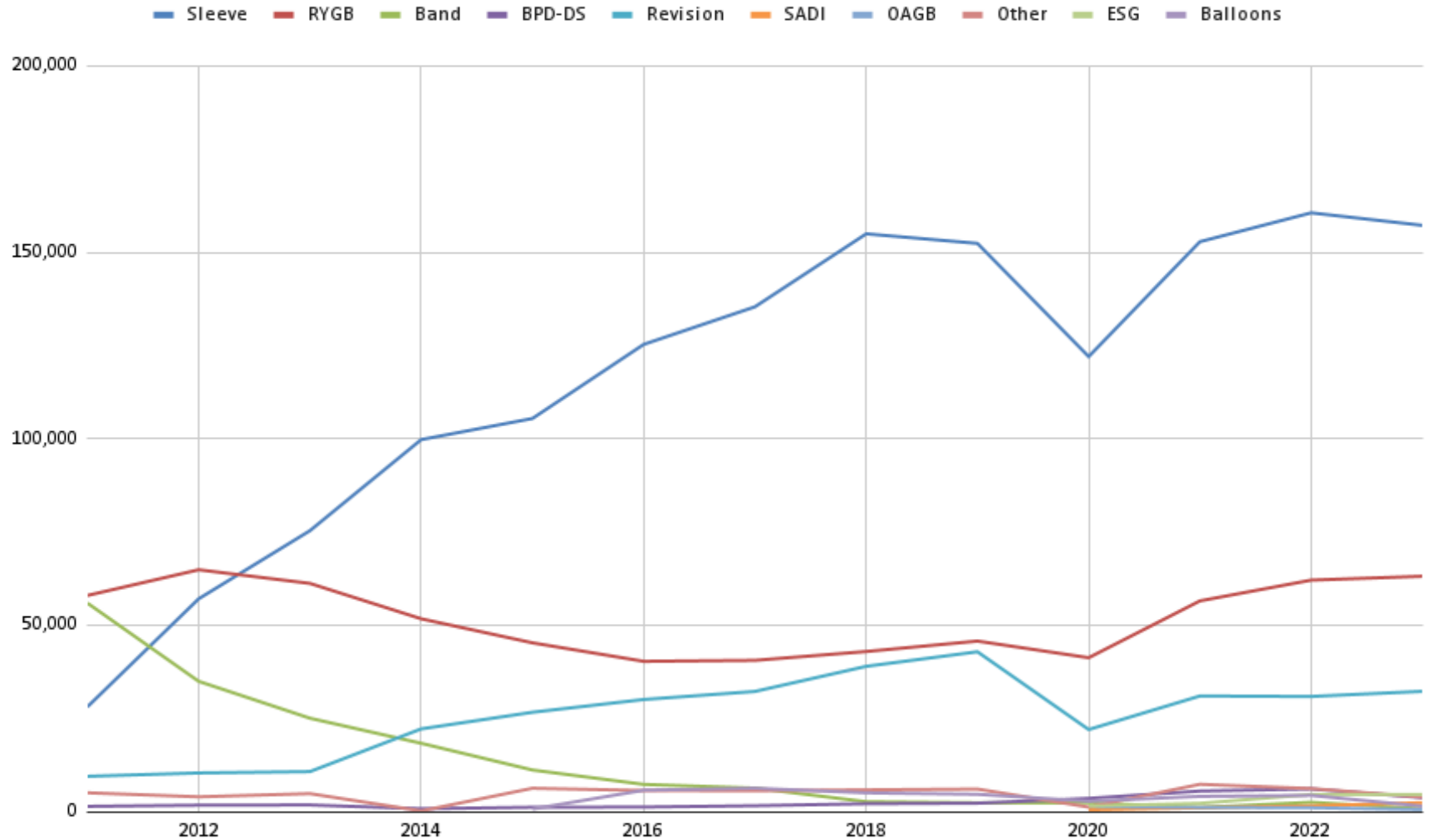
Solution?

~~The Problem~~

complex primary term follow-up, and the narrative dependence on and typical

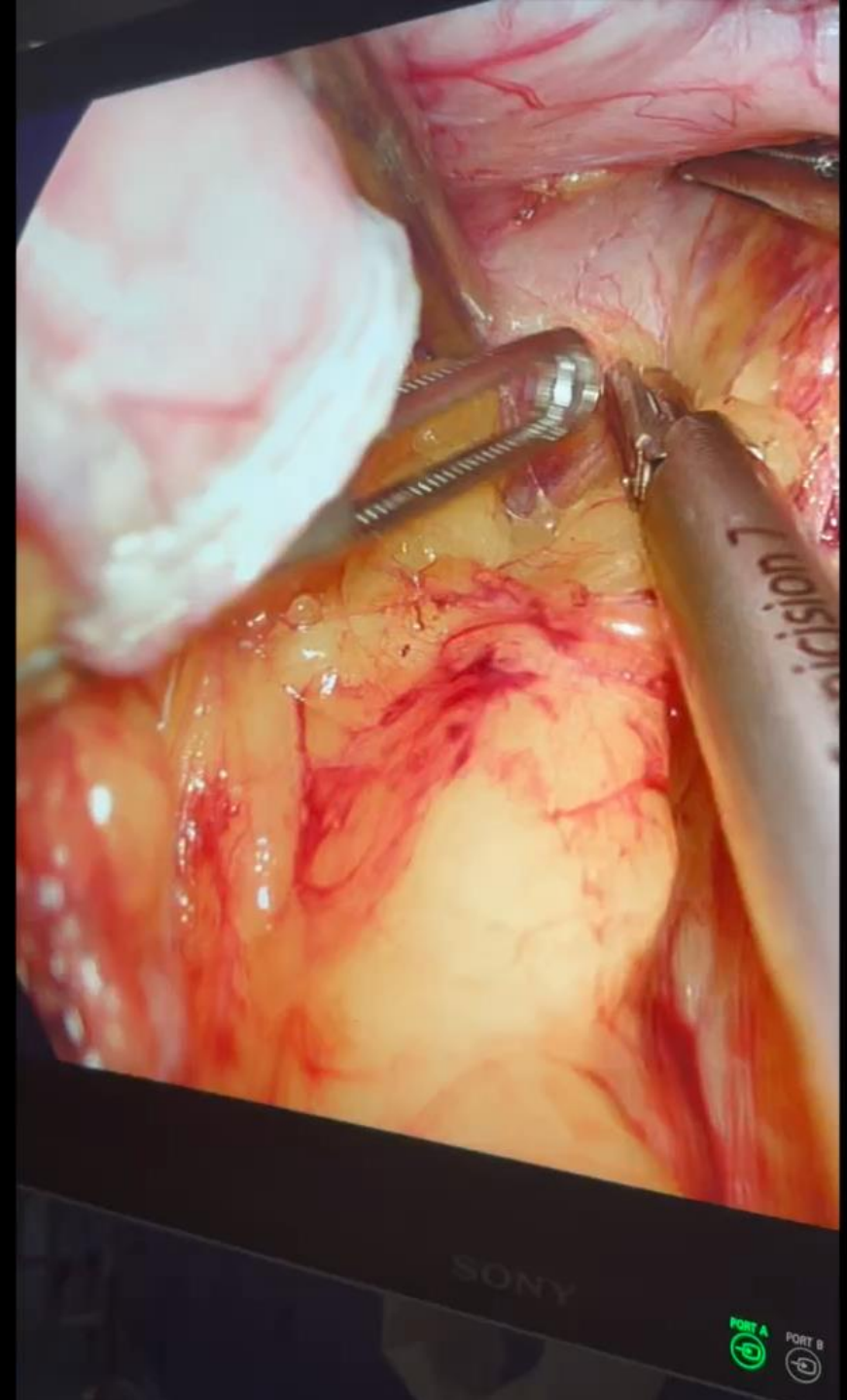
statement of clinical documentation approved by IFSO's

5. Adequate weight loss: Optimizing the TWL criterion $\geq 20\%$ of obesity-related complication instead of "success."
6. Suboptimal clinical response: describes a suboptimal clinical TWL outcome of $< 20\%$ or no indication for surgery. The SoC of "insufficient weight loss" (SoCR) implies that weight loss the initial procedure.
7. Recurrent weight gain (RWG) after an optimal clinical response and is normal after all procedures.
8. Late clinical deterioration: Th



#1: Advanced Surgical Techniques

- Innovative surgical methods, new tools, procedural variations
 - Single-anastomosis procedures
- Differ from those commonly practised in the US



#2: Insight into Hospital Operations

- Experienced foreign healthcare system



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- Noted differences in hospital management and patient care workflows



#2: Insight into Hospital Operations

- Experienced foreign healthcare system
- Noted differences in hospital management and patient care workflows
- Observed how medical teams navigate resource allotment



#3: Adaptability

- Areas for improvement to our US bariatric practice:
 - Indications for OAGB and SADI
 - ERAS protocol
 - Pre-, intra- and post-operative adjustments
 - Anaesthesia medications, administration/induction
 - OR personnel
 - Total complement
 - Flat hierarchy
 - Turnover procedures
- Areas for improvement to my personal practice:
 - Operative steps
 - Pouch length
 - Single vs. double layer anastomosis
 - Management of intraoperative complications

#4: The Value of International Collaboration



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 IFSO
XXVIII IFSO World Congress
9-12 September 2025 | Santiago, Chile

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Dear Colleagues, Dear IFSO Members,

Welcome to the **XXVIII IFSO World Congress 2025 in Santiago, Chile – "Combined Therapies: The Dawn of a New Era"**.

This is an exciting time for our field because combined treatment strategies will herald a new dawn for the treatment of obesity. The evolution of surgical techniques, new medications and endoscopic therapies need our critical evaluation. This congress will bring together world leaders from many disciplines focused on treating obesity. Sessions will be provocative and exciting with the goal of delivering better treatment for the pandemic of obesity.

We invite you to actively participate in scientific sessions, workshops, pre-congress courses and networking opportunities. Let us seize this opportunity to learn from each other, challenge conventional wisdom, and collectively explore novel solutions that can make a meaningful impact for our patients living with obesity.

Best regards,

Camilo Boza, Congress President
Ricardo Cohen, IFSO President

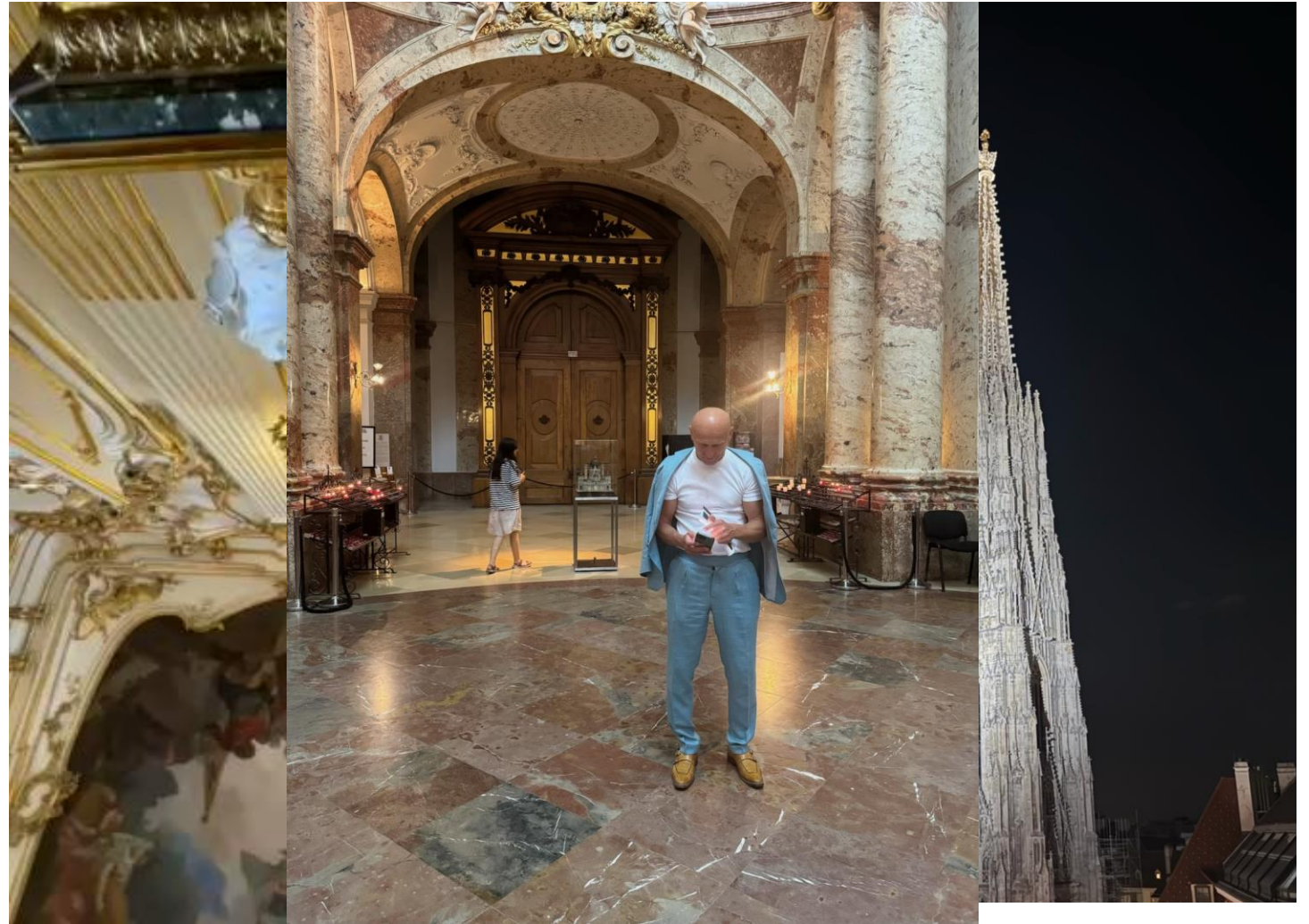
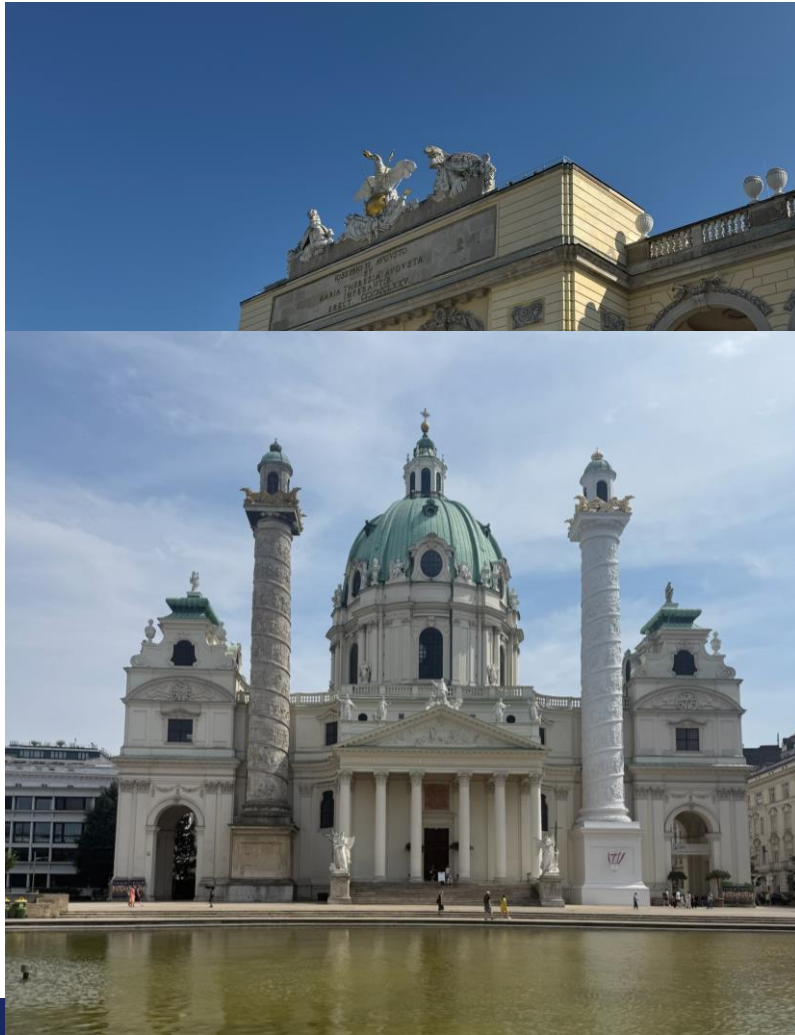


- Exchange of knowledge and perspectives across cultural boundaries
- Recognise the benefits of global cooperation in advancing medical practice and research

#5: Vienna Has a Rich and Storied History...



#5: ...and one surgeon knows every detail!



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Acknowledgements

- Prof. Gerhart Prager and staff at Medizinische Universität Wien
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