

# XXVIII IFSO World Congress

9-12 September 2025 | Santiago, Chile



# IFSO 2025 Santiago

Combined Therapies, The Dawn of a New Era

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# Internal Hernia: Revisited

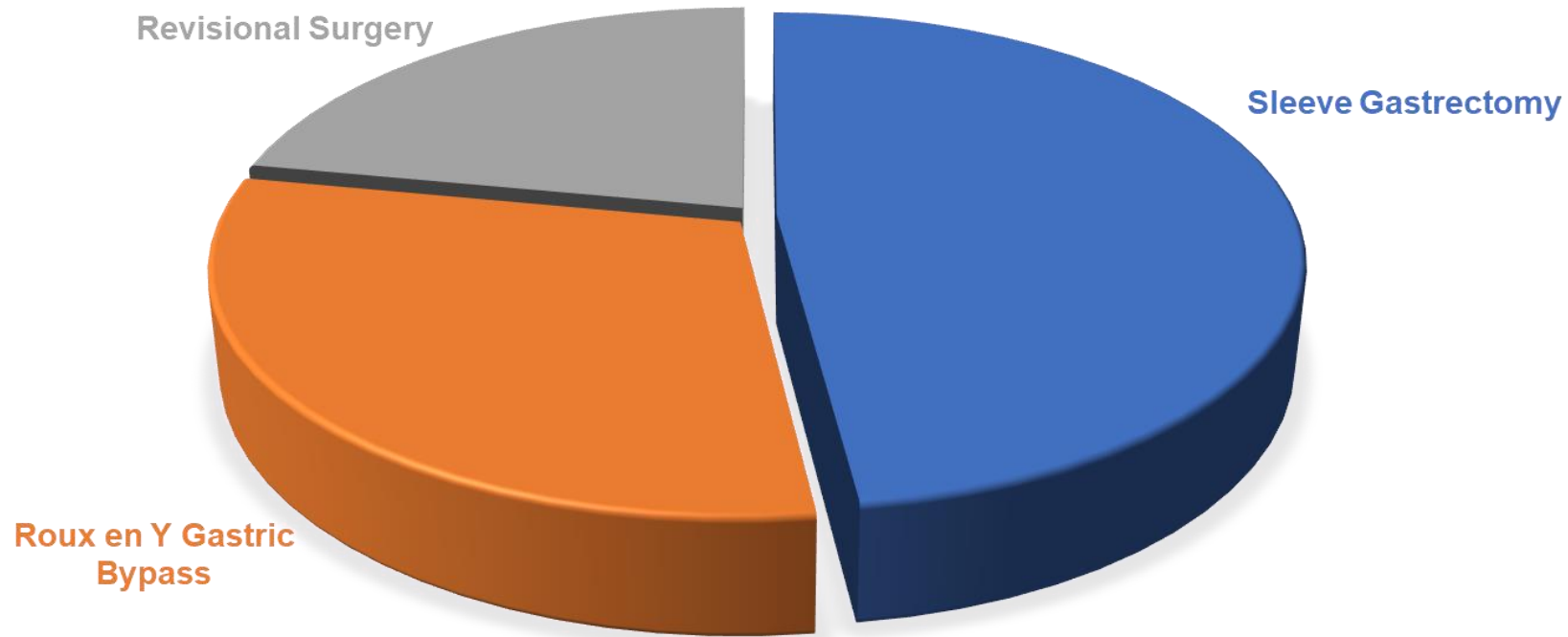
Hazem Al Momani  
Consultant Bariatric Surgeon  
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Associate Editor Obesity Surgery Journal  
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NMC Royal Hospital  
Abu Dhabi, UAE

# Case Mix



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# Disclosure



- Received honoraria and/or participated in Advisory Board meetings:
  - Johnson & Johnson / Ethicon
  - Medtronic
  - Eli Lilly
  - Novo Nordisk
  - Ezisurg Medical
  - Vector Medical
  - Algorithm





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# First Case



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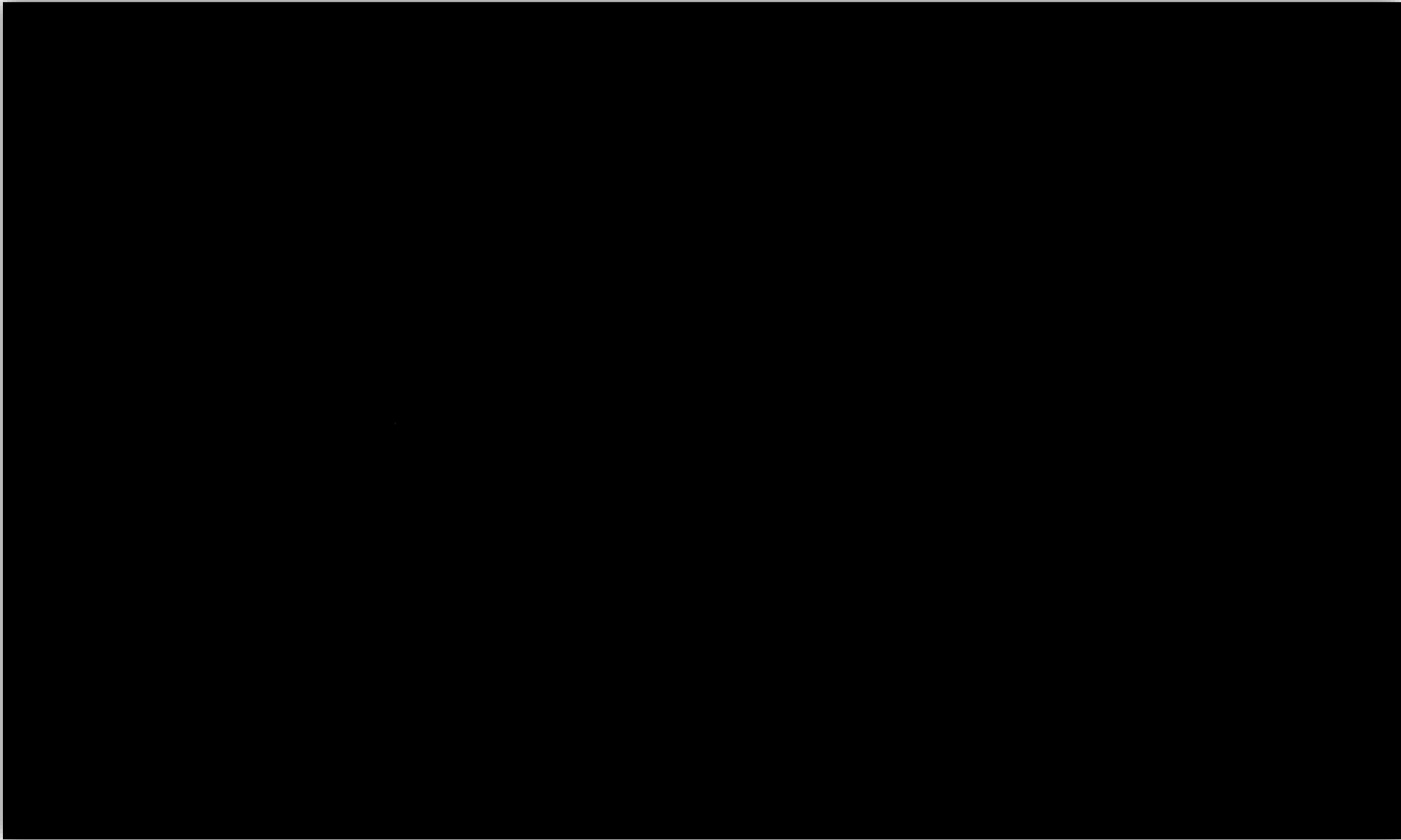
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- Mrs H B, 39 years old
- BMI 42
- Type 2 Diabetes
- Retrocolic, antegastric Roux-en-Y Gastric Bypass (A limb 120cm, BP limb 80cm)
- Day 2 post op started complaining of upper abdominal pain and vomiting



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# Second Case

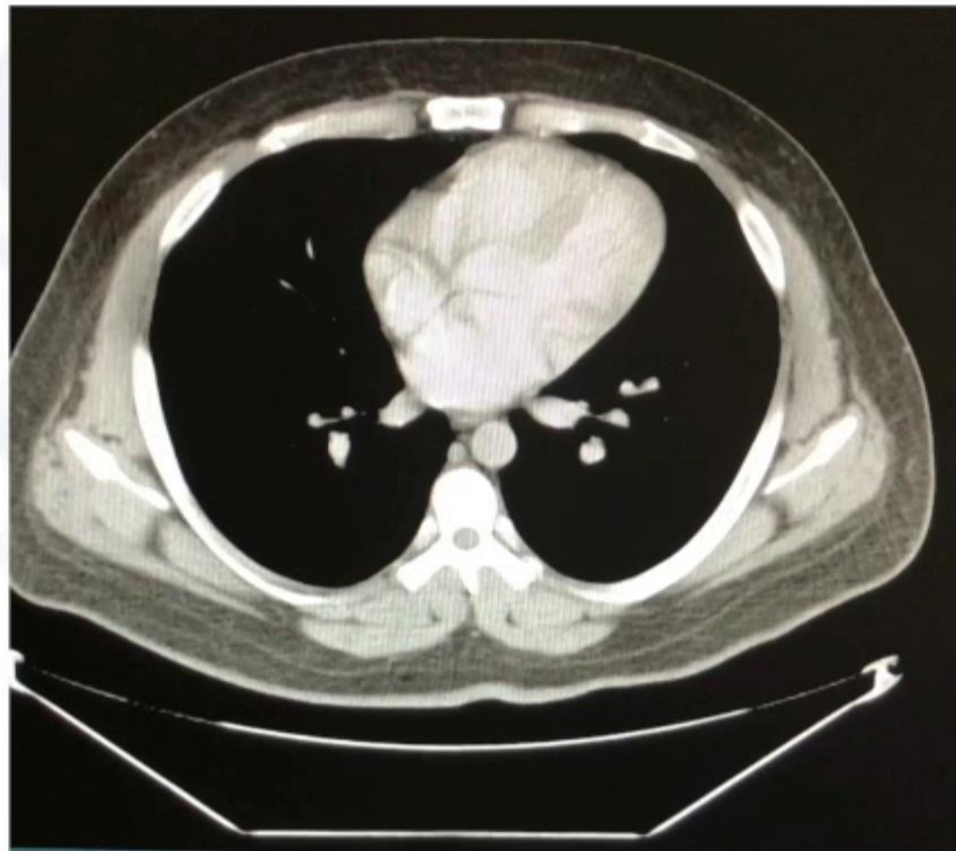


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- Mr A S, 33 year old
- BMI 49 Kg/m<sup>2</sup>
- GERD symptoms with grade B esophagitis, impaired glucose tolerance
- Antecolic, antegastric Roux-en-Y Gastric Bypass with Hiatus Hernia Repair (A limb 100cm, BP limb 100cm)
- 8 months post surgery: Acute Abdominal pain, woke him up from sleep, severe with no vomiting, not relieved by narcotics

## BPL volvulus/obstruction



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# Gastrostomy Study



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# Take Home Messages

- Archiving cases allows review of technique when complications occur to avoid similar future mistakes
- Respect all internal hernia sites and close them well
- Obstruction after LRYGB requires early surgical intervention almost always



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# Thank You!!

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