



**International Federation for the Surgery of Obesity and Metabolic Disorders**

**Vienna, Austria, Aug 26-29, 2015**

**Karl Miller, MD, FACS Congress President; Rudolf Weiner, MD, President of IFSO**

## **Postgraduate Course (Pre-Congress Educational Course)**

# **MINI-GASTRIC BYPASS ONE ANASTOMOSIS GASTRIC BYPASS**

**Date: Wednesday, August 26, 2015 8:00-15:00**

The MGB is a safe, rapid, effective, durable bariatric operation.

### **COURSE OBJECTIVES:**

1. Understand the concepts and physiology of the MGB.
2. Learn how to perform MGB (Techniques).
3. How to treat complications, and excess or inadequate weight loss.
4. Be acquainted with variations in technique.
5. Be familiar with diet, supplements, follow-up, etc.
6. Compare available data with other bariatric operations.

**Course Directors and Moderators: Mervyn Deitel (Canada), Gerhard Prager (Austria), Jean-Marc Chevallier (France), Kuldeepak S. Kular (India), Pradeep Chowbey (India)**

**Program: 8:00 Introduction/Welcome 8:10-12.30 Presentations/Videos 10:30 Coffee Break  
12:30-1:15 Lunch 1:15-15:00 Presentations/Videos/Discussions**

**A Course Syllabus will be provided to the attendees.**

Preamble: The *Mini-Gastric Bypass/One-Anastomosis Gastric Bypass* has been increasing internationally. The simplicity, safety and results appear superior to other bariatric procedures, but the technique is of major importance.

**MINI-GASTRIC BYPASS**  
**ONE-ANASTOMOSIS GASTRIC BYPASS**  
**MGB/OAGB PRE-CONGRESS COURSE**

**Wed. August 26, 2015, 8:00 am–3:15 pm**

**IFSO 2015 Vienna – Hofburg Imperial Palace**

**Course Organizers** – Mervyn Deitel (Canada), Gerhard Prager (Austria), Jean-Marc Chevallier (France), Kuldeepak S. Kular (India), Pradeep Chowbey (India)

**A SYLLABUS ON MGB/OAGB WILL BE PROVIDED TO ATTENDEES**

8:00 am **REGISTRATION**

8:05 am **Welcome: Why the MGB is a good operation** – Pradeep Chowbey (Past-President of IFSO)

8:10 am **History and Rationale of the “Rutledge Operation”**, and its names – Mervyn Deitel (Founding & Honorary Life Member of IFSO)

**STANDARD MGB: Moderator** – Kuldeepak S Kular

8:15 am **Video – Technique of MGB** (from an 11-year personal series of >1,500 MGBs: data & long-term outcome) – Cesare Peraglie (USA)

8:35 am **Video – Step by step technique of MGB** – Om Tantia (India)

8:50 am **Q&A on Technique of MGB** – Panel: Cesare Peraglie, Om Tantia, Atul NC Peters (India), Mario Musella (Italy)

8:55 am **Complications of the MGB** (based on personal results of >1,500 cases) – David Hargroder (USA)

9:05 am **Marginal ulcer after MGB** – Prevention and Treatment (based on an experience with >1,200 MGB patients) – KS Kular

9:15 am **A technique used for prevention of internal hernias after MGB** – Jacques Himpens (Belgium)

9:25 am **Metabolic Bone Disease (including iPTH): 10-year comparison of restrictive surgery, RYGB and MGB/OAGB: Prevention** – Wei-Jei Lee (Taiwan)

9:35 am **1. Treatment of steatorrhea and hypoalbuminemia after MGB – 2. Revision to MGB after primary restrictive operations.** Jan Apers (Belgium)

9:45 am **Panel discussion, Q&A** – W-J Lee, D Hargroder, Gurvinder S Jammu (India), J Apers, Rui Ribeiro (Portugal), Ahmed Forrig (Egypt): Management of hiatal hernia, *H. pylori*, post-op supplements, iron deficiency, excess weight loss with hypoalbuminemia, reversal or shorter limb revision, bile reflux.

9:55 am **Quality of life 5 years after MGB**– J-M Chevallier

10:03 am **MGB in the super-obese** – A NC Peters (India)

10:11 am **Experience with MGB in Italy**– Maurizio De Luca (Italy)

10:20 am **Survey of bariatric surgery in India** – tailored bypass length, ease of reversal/revision, not obstructive so patients can eat healthy diet (high satisfaction score), fear of reflux and malnutrition – A Prasad (India)

10:30 am **Coffee Break – 20 minutes**

10:50 am **Is there any evidence for increased threat of cancer after MGB?** (plus discussion of CA after other bariatric operations) – M Deitel

**ANTIREFLUX TECHNIQUE OF OAGB: Moderator** – Gerhard Prager (Austria)

11:00 am **Video – Technique of the Garciacaballero OAGB** – Manuel Garciacaballero (Spain)

11:15 am **Tailored one-anastomosis gastric bypass:** technical details and management of complications – revision surgery for OAGB with antireflux mechanism – M Garciacaballero

11:25 am **Changes in body composition in patients with BMI 23-50 after Tailored OAGB** – influence of diabetes and metabolic syndrome – M Garciacaballero.

11:35 am **Q&A on Garciacaballero method** – M Garciacaballero

11:45 am **Hypoglycemia: is there a difference between RYGB and OAGB?** – G Prager

11:55 am **ANTIREFLUX OAGB (Carbajo method): 13-year results with >2,800 patients.** Comparative results of OAGB, RYGB, gastric banding and sleeve gastrectomy – Miguel-A Carbajo (Spain)

12:10 pm **OAGB as a revision for other bariatric operations** – M-A Carbajo, Enrique Luque de Leon (Mexico), Miguel Flores (Mexico).

12:20 pm **The effect of OAGB on the diseases of the metabolic syndrome** – Omar Fonseca G. (Mexico)

12:30–1:15 pm **Lunch**

**RESOLUTION OF CO-MORBIDITIES: Moderator** – Pradeep Chowbey

1:15 pm **Efficacy of MGB in type 2 diabetes resolution and in other co-morbidities** – Mario Musella, Marco Milone (Italy)

1:25 pm **Long-term comparison of MGB and RYGB (>10 years) and LSG** – weight loss, complications, resolution of diabetes – W-J Lee

1:35 pm **An audit comparing LSG, RYGB and MGB** – GS Jammu

1:45 pm **Greater weight loss with the omega-loop bypass compared to the RYGB: a comparative study** – Maud Robert (France)

**TECHNIQUES & EFFECTS: Moderator** - Jean-Marc Chevallier

1:55 pm **The mechanism of the MGB and why weight loss is sustained** – Also, **Comparison of MGB and sleeve gastrectomy** – KS Kular

2:05 pm **Video – Revision surgery after MGB** – J-M Chevallier

2:20 pm **Ileai Food Diversion: a major modification of MGB – results compared to BPD** – Roberto Tacchino and Francesco Greco (Italy)

2:30 pm **Robotic method of MGB** – A Prasad

2:40 pm **Video – Robotic Technique of MGB with totally sutured anastomosis** – Mohit Bhandari (India)

2:50 pm **Technical comparison of two procedures (sleeve to MGB or SADI)** – A Prasad

3:00 pm **Adjourn**