

Patient's perspective on follow-up care after bariatric surgery in Germany

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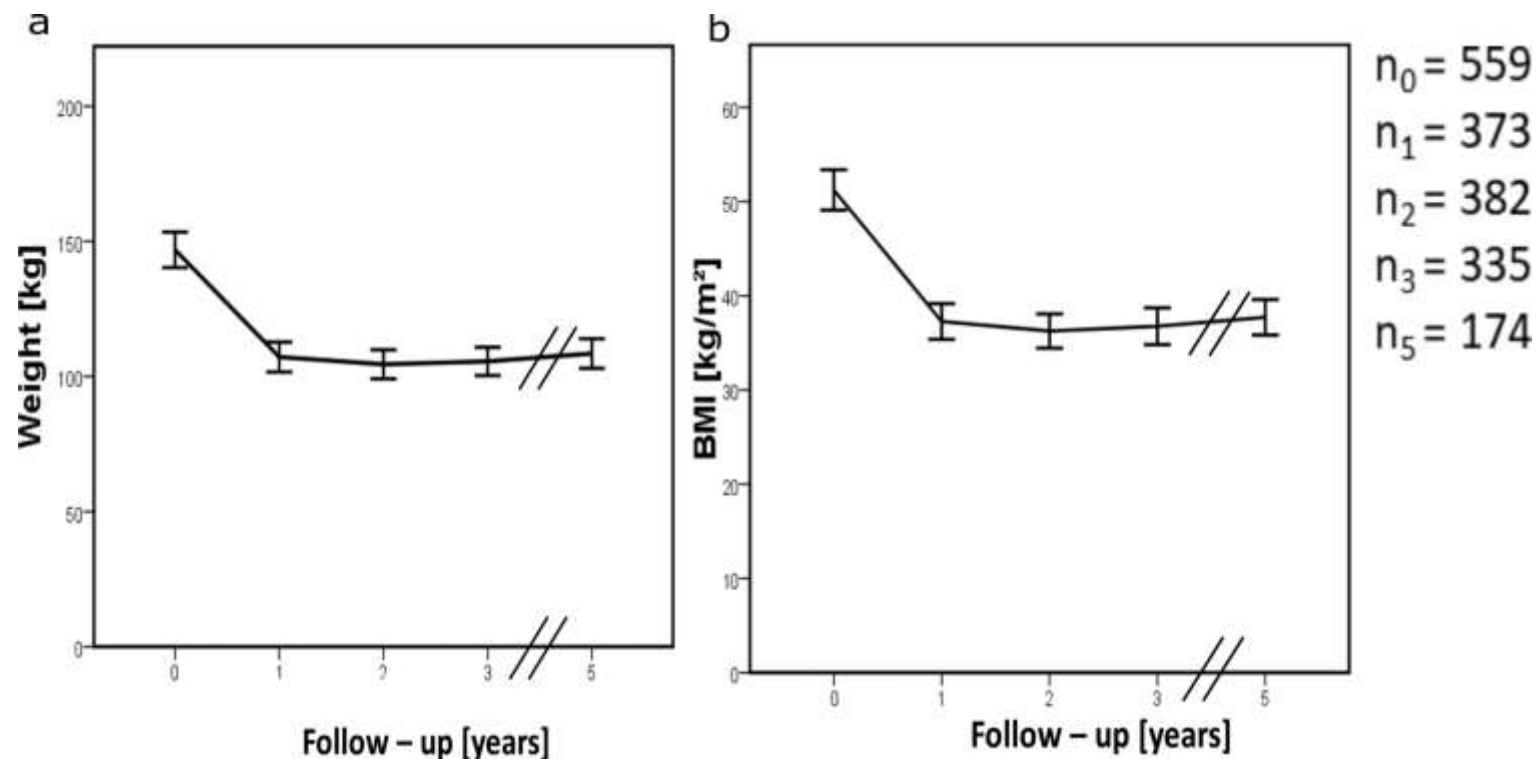
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I have no potential conflict of interest to report

Higher Socioeconomic Status is Associated with Improved Outcomes After Obesity Surgery Among Women in Germany



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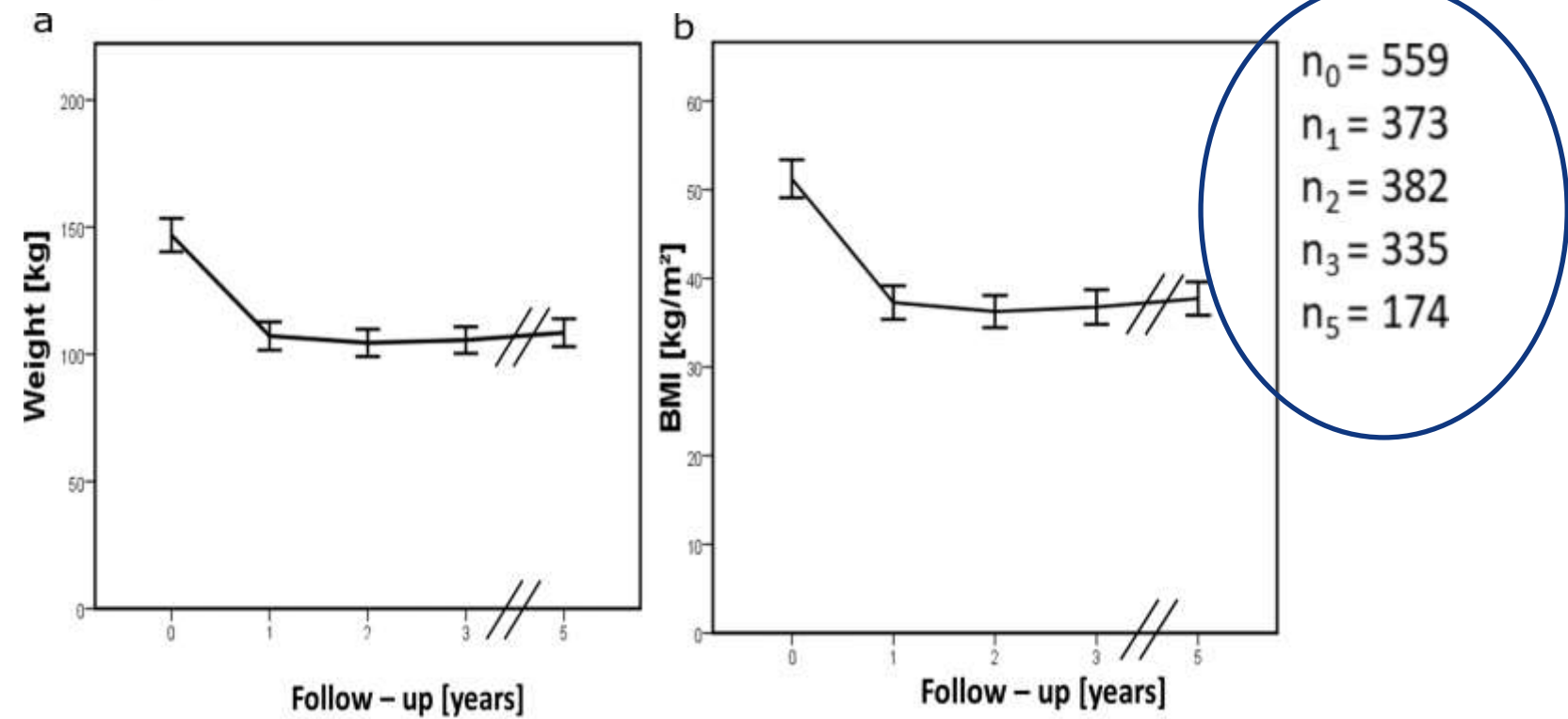


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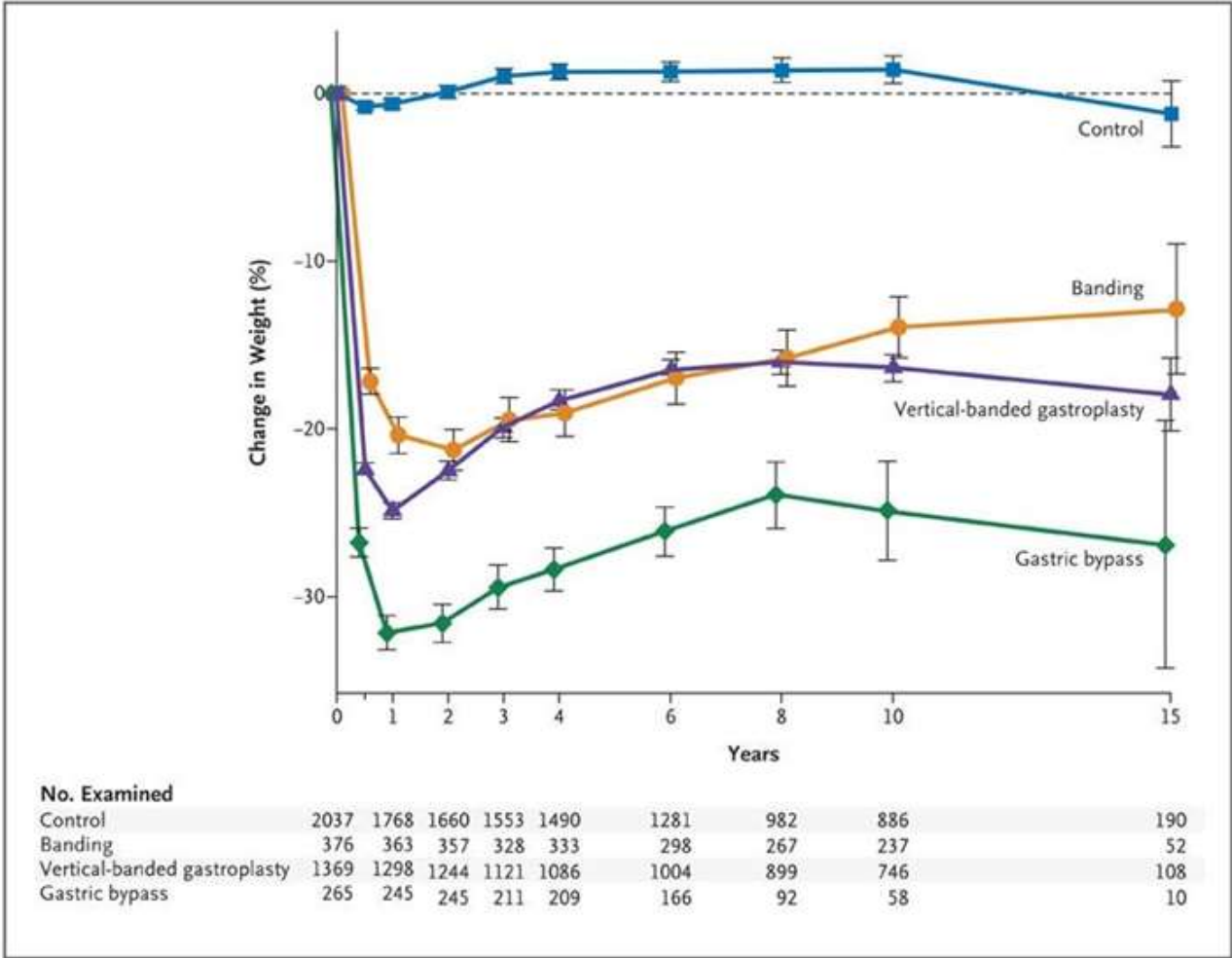
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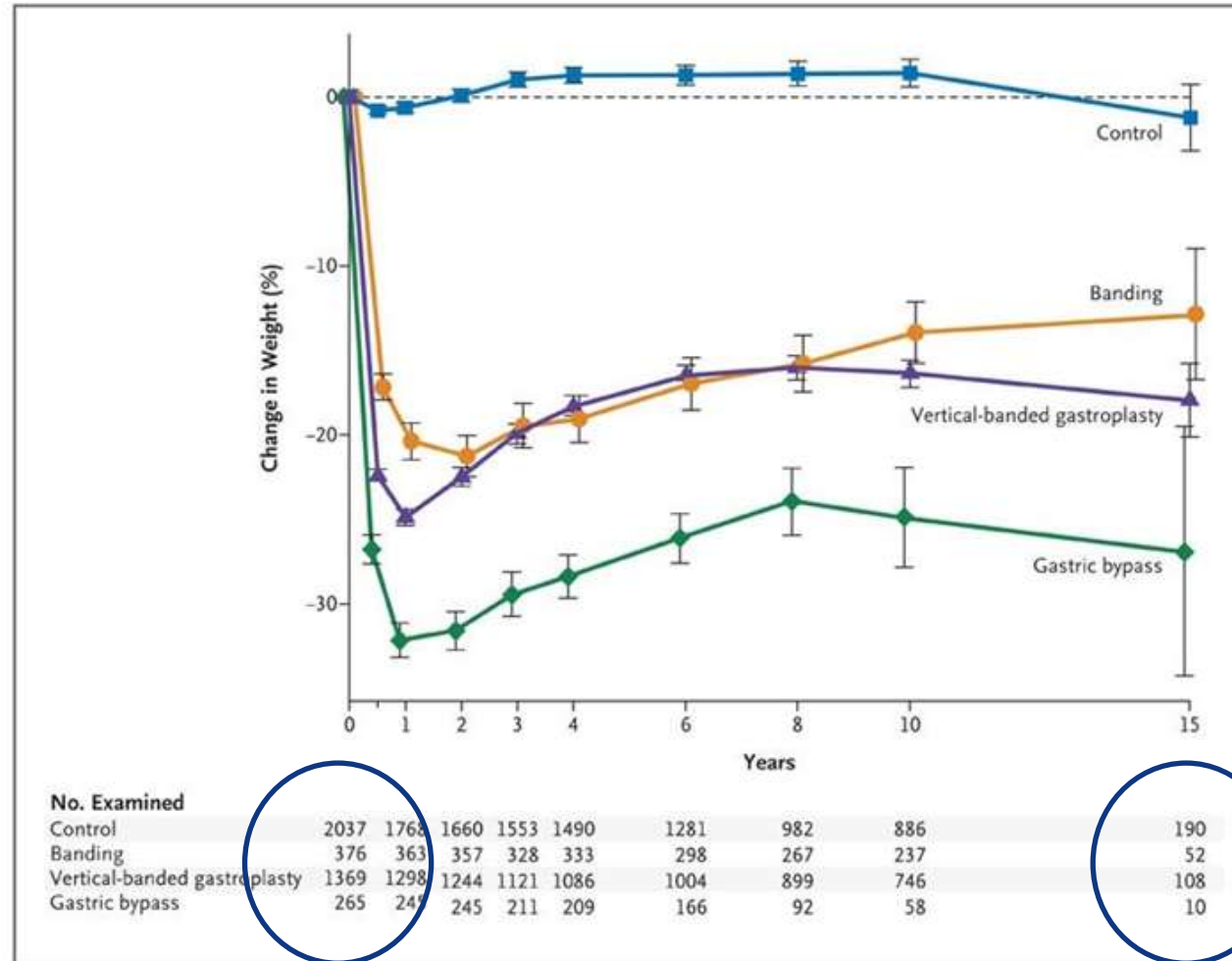


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No. Examined	0	1	2	3	4	6	8	10	15
Control	2037	1768	1660	1553	1490	1281	982	886	190
Banding	376	363	357	328	333	298	267	237	52
Vertical-banded gastroplasty	1369	1298	1244	1121	1086	1004	899	746	108
Gastric bypass	265	241	245	211	209	166	92	58	10

- Long-term follow-up rates should be above 80% (Puzziferri et al. 2014 JAMA)
- Follow-up rates decrease overtime (O'Brien et al. 2019 Obesity Surgery)
- Follow-up attendance is associated with a better outcome (Kim et al. 2014 Obesity Surgery)

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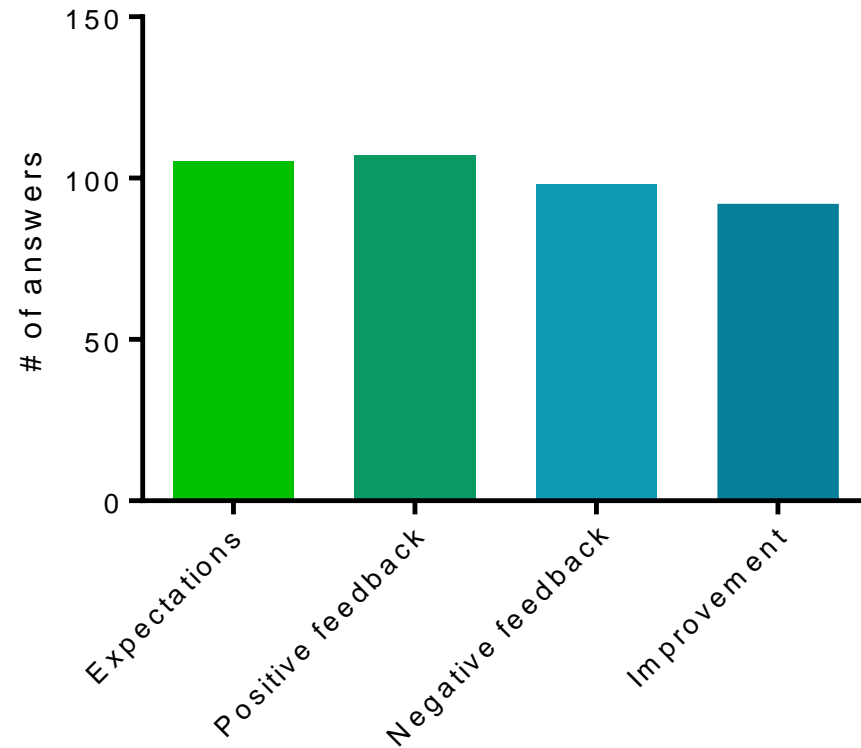
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What is the patient's perspective on follow-up care after bariatric surgery?

1. What are your expectations?
2. What is good?
3. What is bad?
4. What could be improved?

Results

- 238 patients were contacted, 128 answered at least one question (54% return rate)



Results

- Expectations:



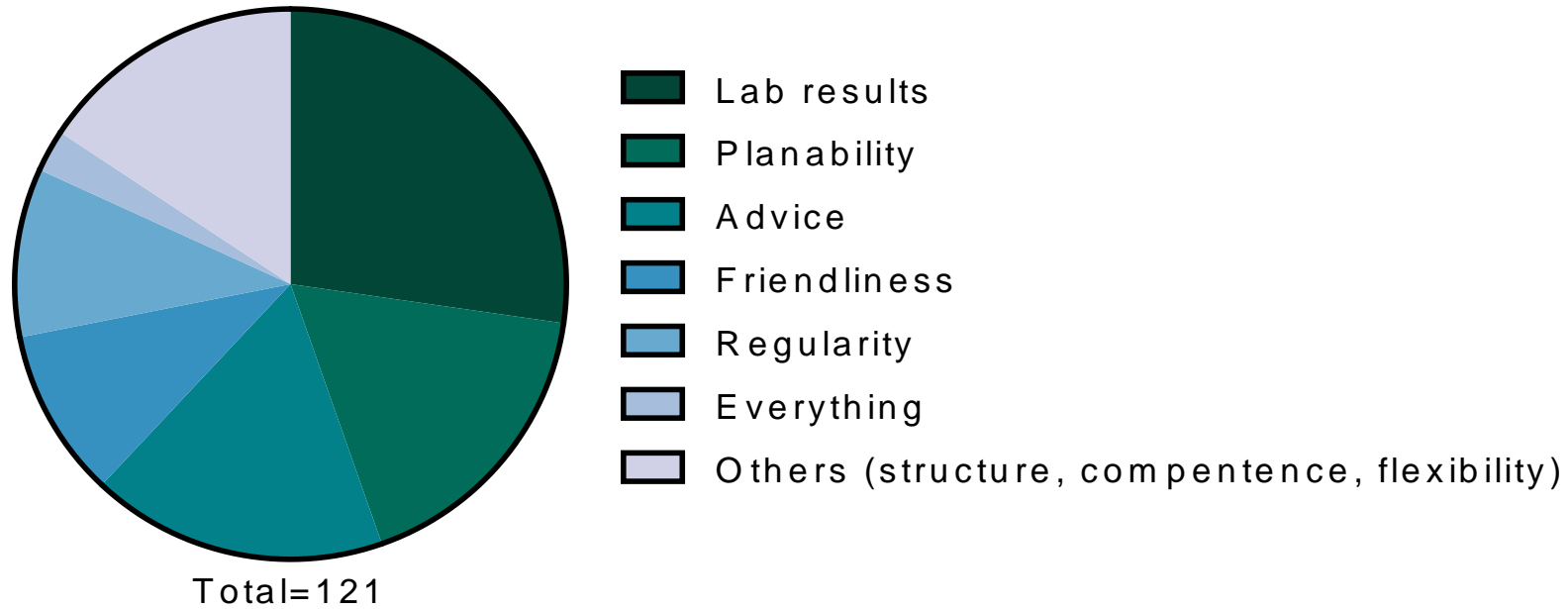
Results

- Expectations:

„That follow-up care leads to a better result.“

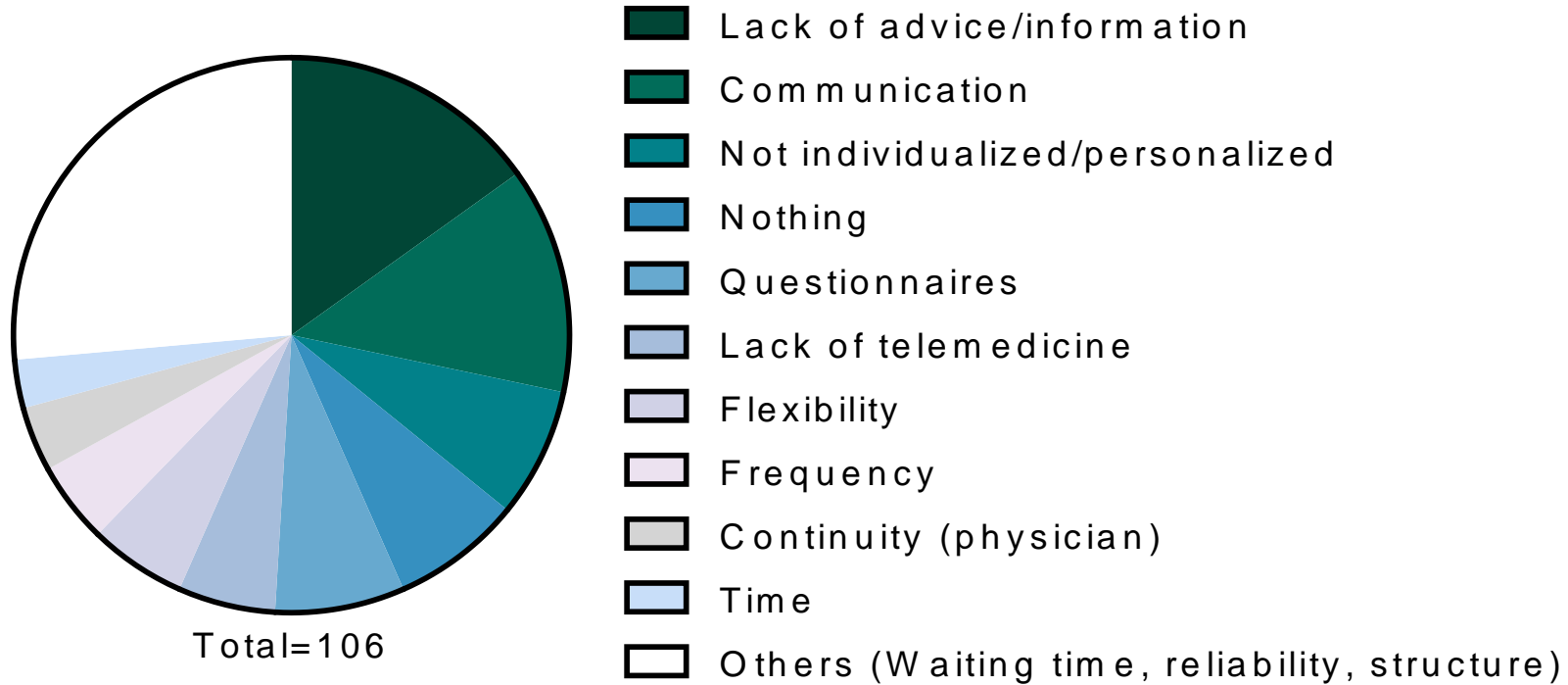
Results

- Positive aspects:



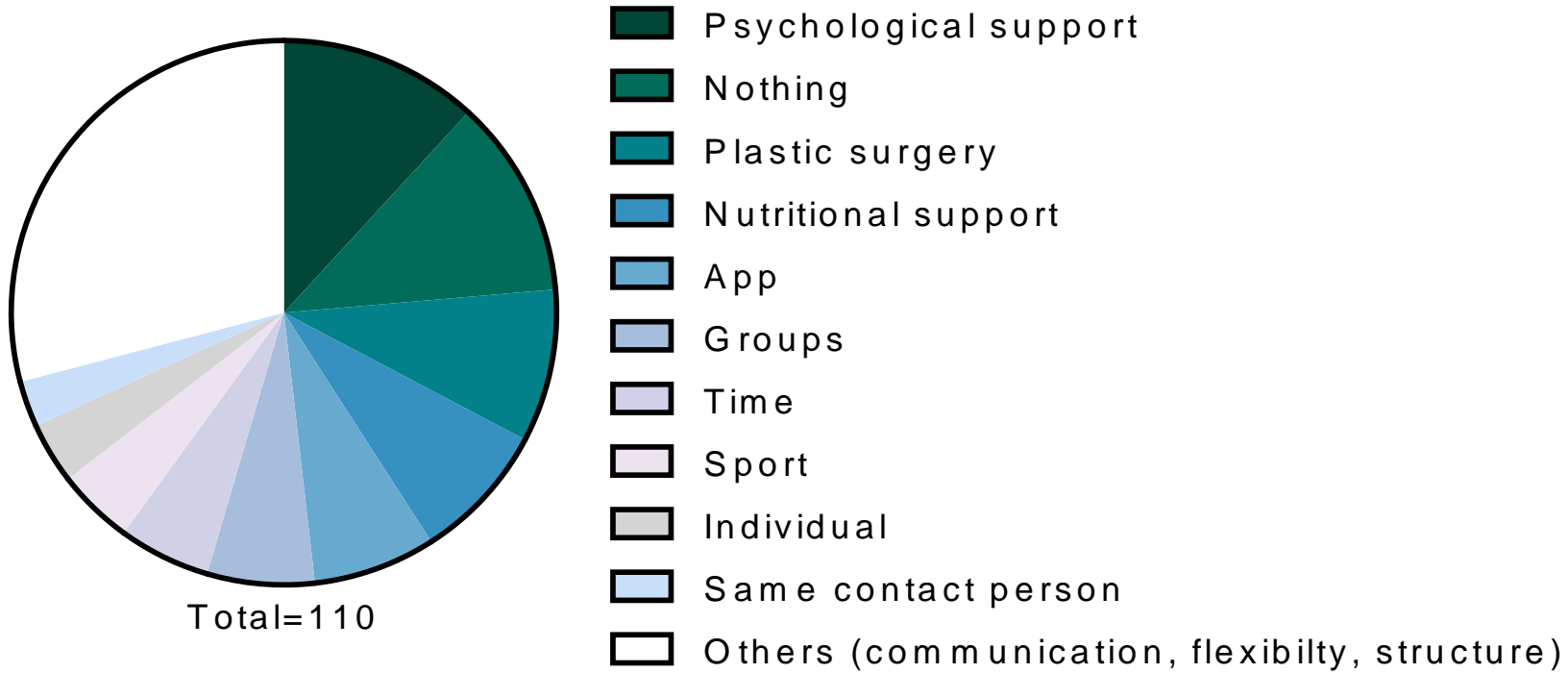
Results

- Negative aspects:



Results

- Suggestions:



Conclusion

- More advice/guidance regarding nutrition, exercise and psychological support seems to be needed
- More patient/needs based follow-up care seems to be necessary
- Some felt expectations were not met with the current program
- Managing expectations could help to improve follow-up care