

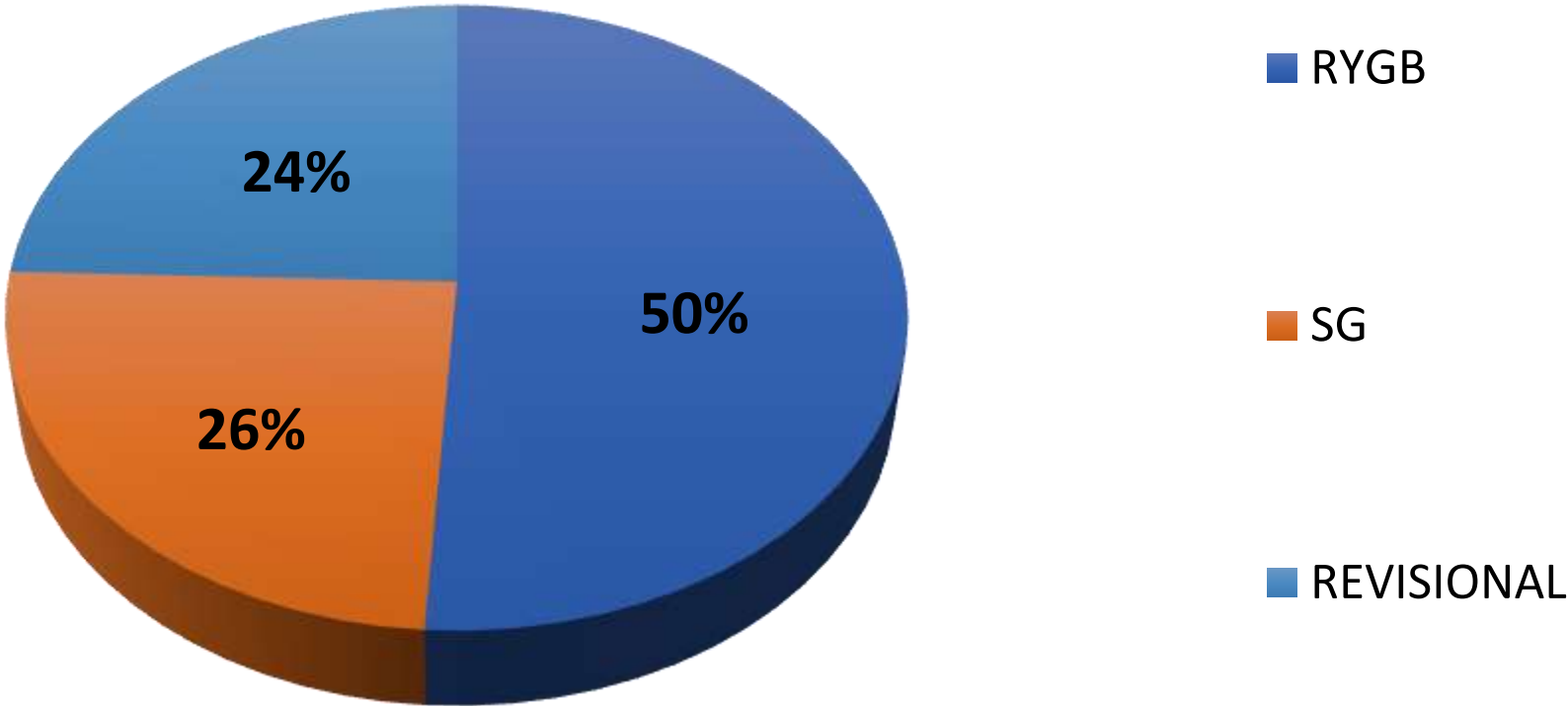
# ORGANIZING A BARIATRIC CENTER: A SWISS PERSPECTIVE



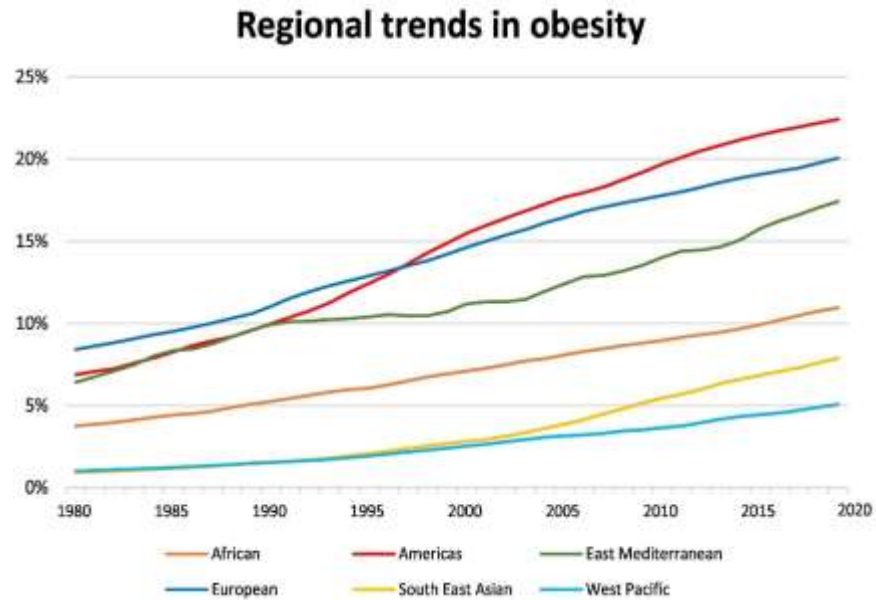
- 30th August 2023

**I have no potential conflict of interest to report**





- Attenuated but ongoing pandemic
- Less pronounced in Switzerland



Metabolism Epub 2022, C Boutari et al

## Übergewicht und Adipositas, 2017

Bevölkerung ab 15 Jahren in Privathaushalten



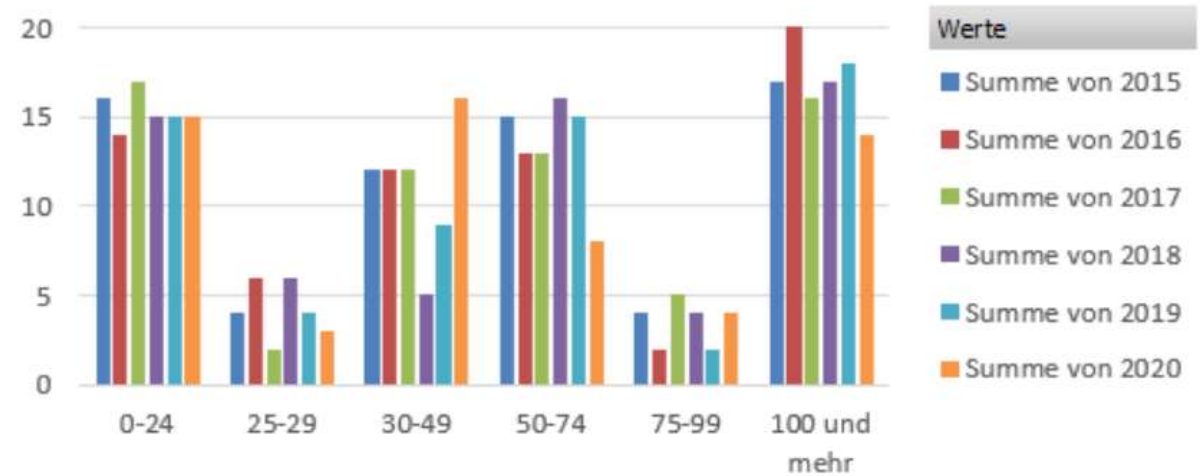
Quelle: BFS – Schweizerische Gesundheitsbefragung (SGB)

© BFS 2018

2% with BMI >35kg/m<sup>2</sup>

## Federalistic systems

- 2021 52 bariatric centers (33 primary 19 reference)
- 2015- 2020: 28245 procedures (4000- 5000/year)



F Bauknecht 2021



NAPOLI  
2023



KANTONSSPITAL WINTERTHUR

**Swiss population: 8.7 million inhabitants**

**Catchment area KSW: 0.5 million inhabitants**

**60% 18-65**

**2% BMI>35kg/m<sup>2</sup>**

**Hipothetically:**

**100 000 (nationally) and 6000(locally) patients with  
criteria for bariatric surgery**



# Recruiting vs Training of professionals

**Nutritionists (3 new created positions)**



Bariatric surgeons

Endocrinologists

OR Nurses

Plastic Surgeons

Gyneco- Obstretics

Physiotherapy

Pneumologists

Cardiologists

Secretaries

Psychiatrists

Ward Nurses

**Job Shadowing  
(partner hospitals)**

**In- Service Training  
(lectures etc.)**





## EXTERN



- Homepage
- Patient events
- Interviews & articles in local press

## PARTNERS



- Meetings with referral doctors

## INTERN

- Intranet
- Interdisciplinary meetings

## Bariatric Surgery

- Projected 40 patients in 1st year
- 60% RYGB, 40% Sleeve
- Low Surgical complication Rate (1 early mechanical obstruction)
- First Robotic assisted Case

## Medical Treatment

- Run on GLP- 1 Analagons

## Monthly Boards

- Adiboard: to discuss complex cases and referrals to reference centre
- Internal meeting: to discuss procedural problems



