

Science is the belief in  
the ignorance of experts.

Richard P. Feynman



## **Barrett's Oesophagus Following Sleeve Gastrectomy – Real Association or Normal Variant?**

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Local Health District

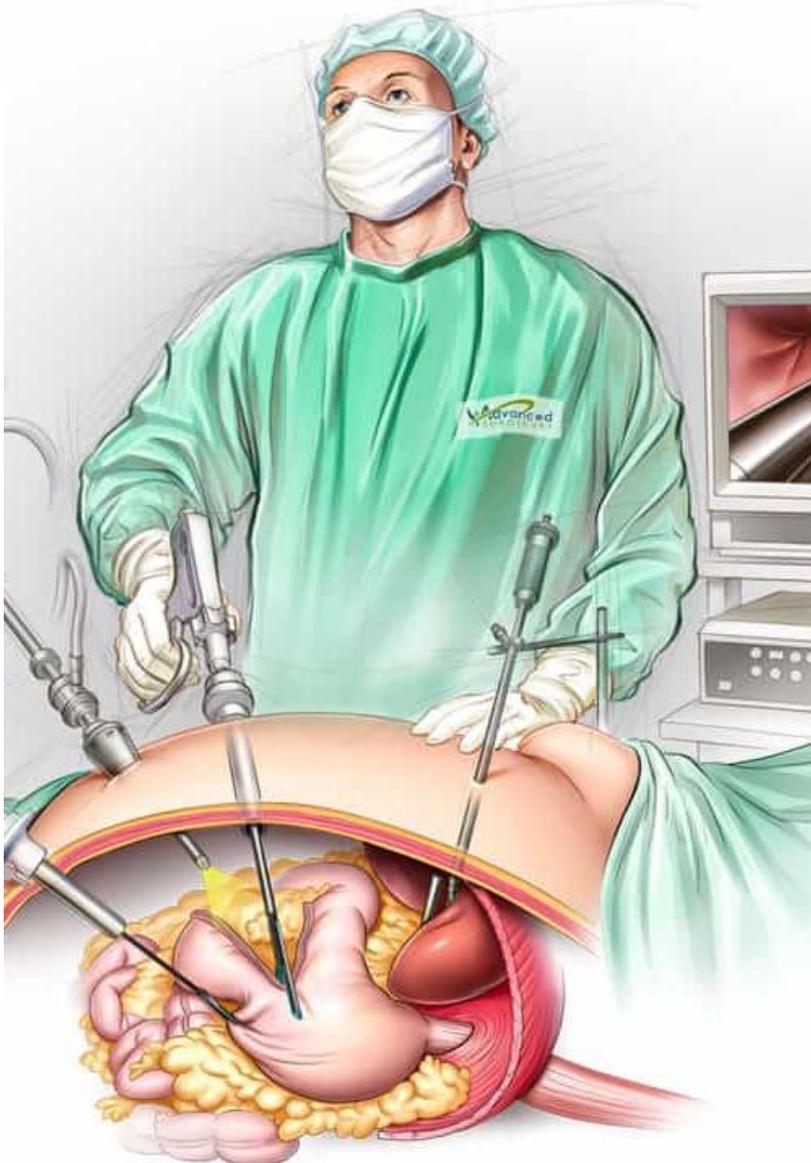


No conflicts of interest



# Topics

- Framing the problem
- Incidence of Barrett's oesophagus post sleeve gastrectomy
- Changes to the gastric cardia and LES following sleeve gastrectomy
- Putting Barrett's oesophagus into context



# Barrett's esophagus after sleeve gastrectomy

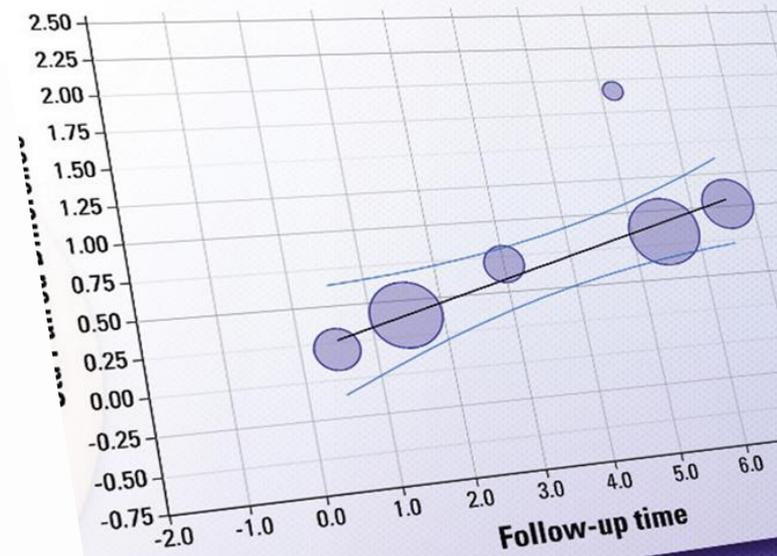


Multicenter Study > *Obes Surg.* 2019 May;29(5):1462-1469.  
doi: 10.1007/s11695-019-03704-y.

## Systematic Endoscopy 5 Years After Sleeve Gastrectomy Results in a High Rate of Barrett's Esophagus: Results of a Multicenter Study



Lionel Sebastianelli<sup>1 2</sup>, Marine Benois<sup>1 2</sup>, Geoffroy Vanbiervliet<sup>1 2</sup>,  
Laurent Bailly<sup>1 3</sup>, Maud Robert<sup>4</sup>, Nicolas Turrin<sup>5</sup>, Emmanuel Gizard<sup>5</sup>,  
Mirto Foletto<sup>6</sup>, Marco Bisello<sup>6</sup>, Alice Albanese<sup>6</sup>, Antonella Santonicola<sup>7</sup>,  
Paola Iovino<sup>7</sup>, Thierry Piche<sup>1 2</sup>, Luigi Angrisani<sup>8</sup>, Laurent Turchi<sup>9</sup>, Luigi Schiavo<sup>10</sup>,  
Antonio Iannelli<sup>11 12 13</sup>



© ASGE / GIE

# 18.8% incidence

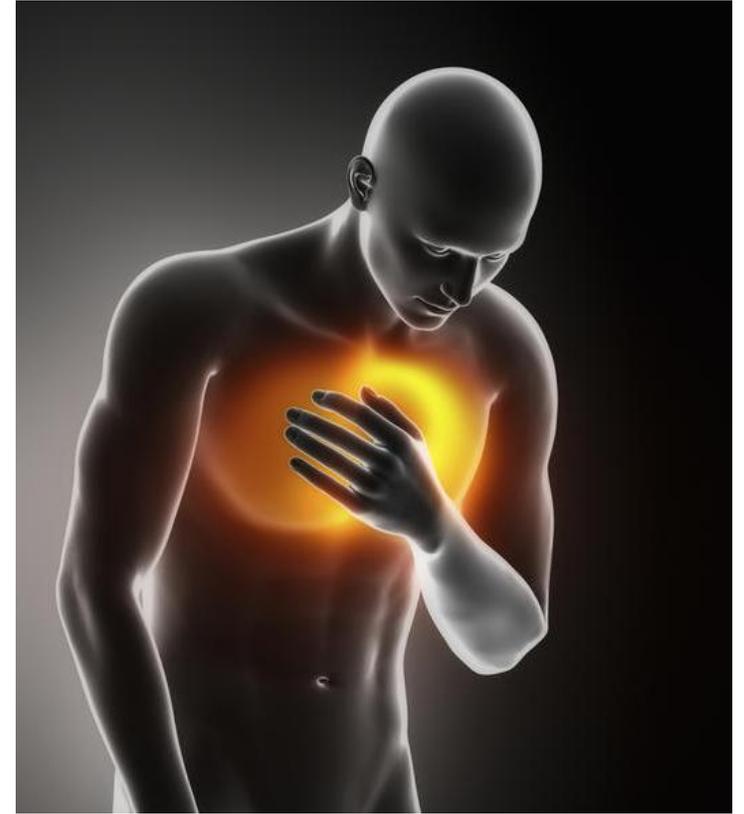
Case Report

## Esophageal adenocarcinoma in Barrett's esophagus after sleeve gastrectomy: Case report and literature review

Lionel El Khoury , Rosa Benvenega , Rodolfo Romero , Regis Cohen , Joel Roussel , Jean-Marc Catheline 

A systematic review [1] of 28 articles reported 33 cases of gastroesophageal cancer after bariatric surgery including RYGB, gastric banding, and vertical banded gastroplasty. In this review SG was not mentioned. To the best of our knowledge, only a few cases of esophageal cancer after SG have been reported. One case occurred four months after SG in a patient who did not undergo preoperative upper endoscopy [2]. Another case reported by Sohn [3] described esophageal adenocarcinoma 2.5 years after SG also without previous endoscopic evaluation. In a recent publication, Wright [4] described esophageal adenocarcinoma five years after SG in a patient with normal previous preoperative gastroscopy. Our case is the only one with BE without dysplasia detected before SG. The main pathophysiology of esophageal adenocarcinoma following SG could result from chronic GERD, which could induce intestinal metaplastic changes.

33 cases of gastro-  
esophageal cancer  
following bariatric surgery  
Multiple case reports of OAC  
following LSG



# The dark side

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**SCOPE**  
OF THE PROBLEM?

SCOPE  
OF THE  
PROBLEM?

SCOPE  
OF THE  
PROBLEM?

?

# Aim of the study

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Preoperative BE incidence

Postoperative incidence

→ Barrett's & LSG

Postoperative BE regression

Obesity Surgery (2021) 31:915–934  
<https://doi.org/10.1007/s11695-020-05143-6>



ORIGINAL CONTRIBUTIONS



## Barrett's Oesophagus and Bariatric/Metabolic Surgery—IFSO 2020 Position Statement

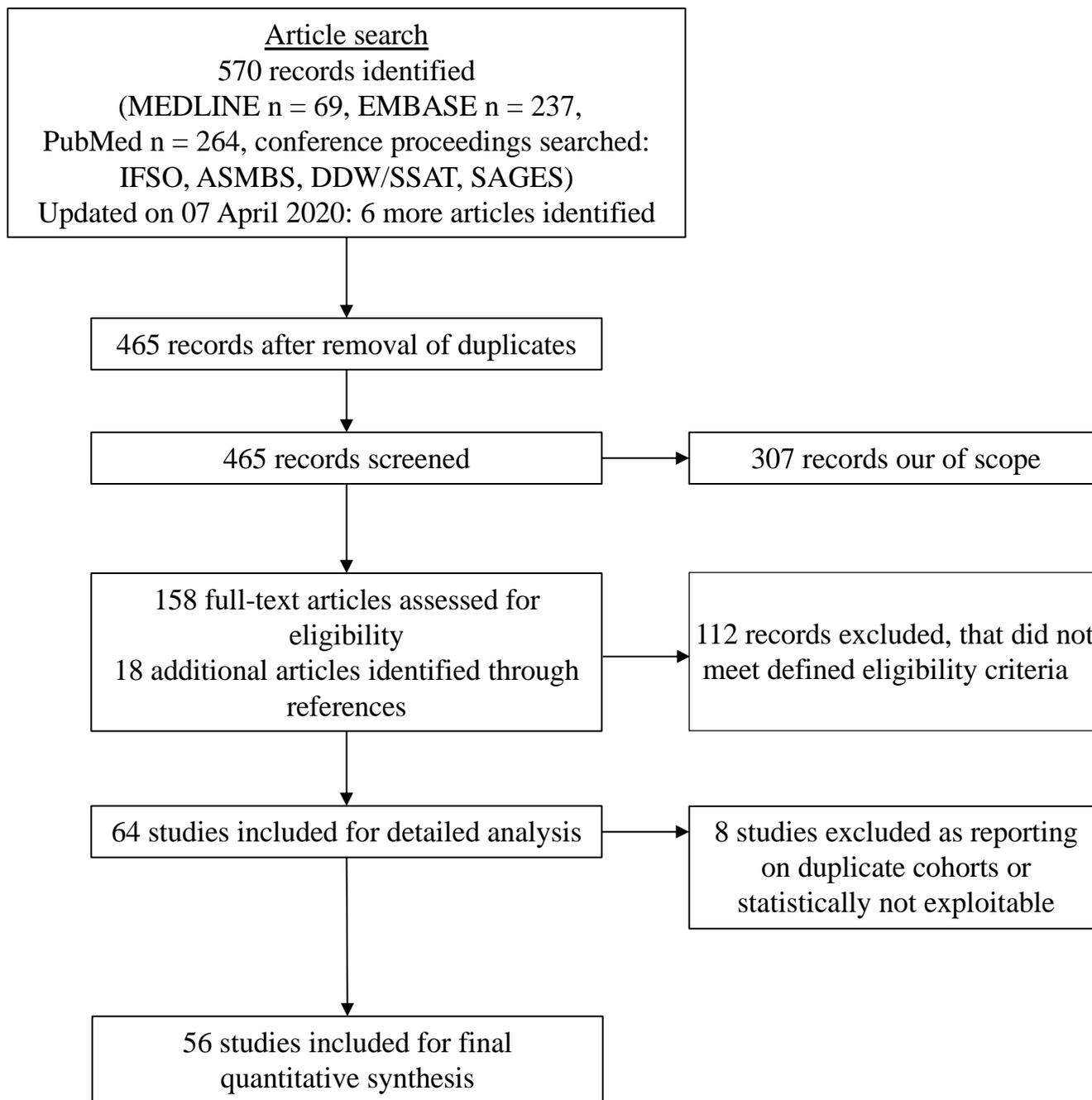
Oliver M. Fisher<sup>1</sup> · Daniel L. Chan<sup>1</sup> · Michael L. Talbot<sup>1</sup> · Almino Ramos<sup>1</sup> · Ahmad Bashir<sup>1</sup> · Miguel F. Herrera<sup>1</sup> · Jacques Himpens<sup>1</sup> · Scott Shikora<sup>1</sup> · Kelvin D. Higa<sup>1</sup> · Lilian Kow<sup>1</sup> · Wendy A. Brown<sup>1,2</sup>

# Approach

Systematic review

Meta-analysis

IFSO Position Statement



## Article search

570 records identified  
(MEDLINE n = 69, EMBASE n = 237,  
PubMed n = 264, conference proceedings searched:  
IFSO, ASMBS, DDW/SSAT, SAGES)  
Updated on 07 April 2020: 6 more articles identified

465 records after removal of duplicates

465 records screened

307 records out of scope

158 full-text articles assessed for  
eligibility  
18 additional articles identified through  
references

112 records excluded, that did not  
meet defined eligibility criteria

64 studies included for detailed analysis

8 studies excluded as reporting  
on duplicate cohorts or  
statistically not exploitable

56 studies included for final  
quantitative synthesis

IDENTIFICATION

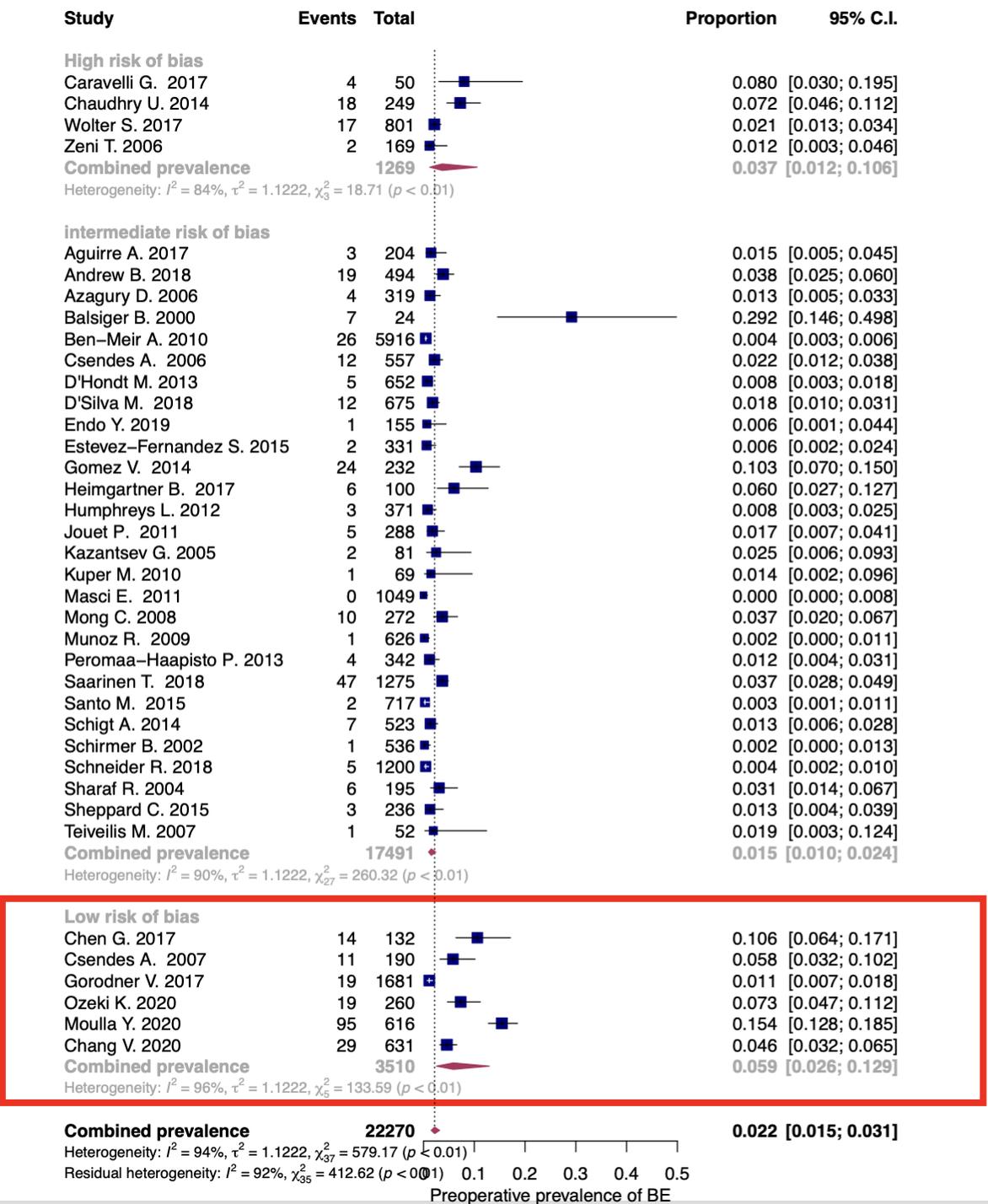
SCREENING

ELIGIBILITY

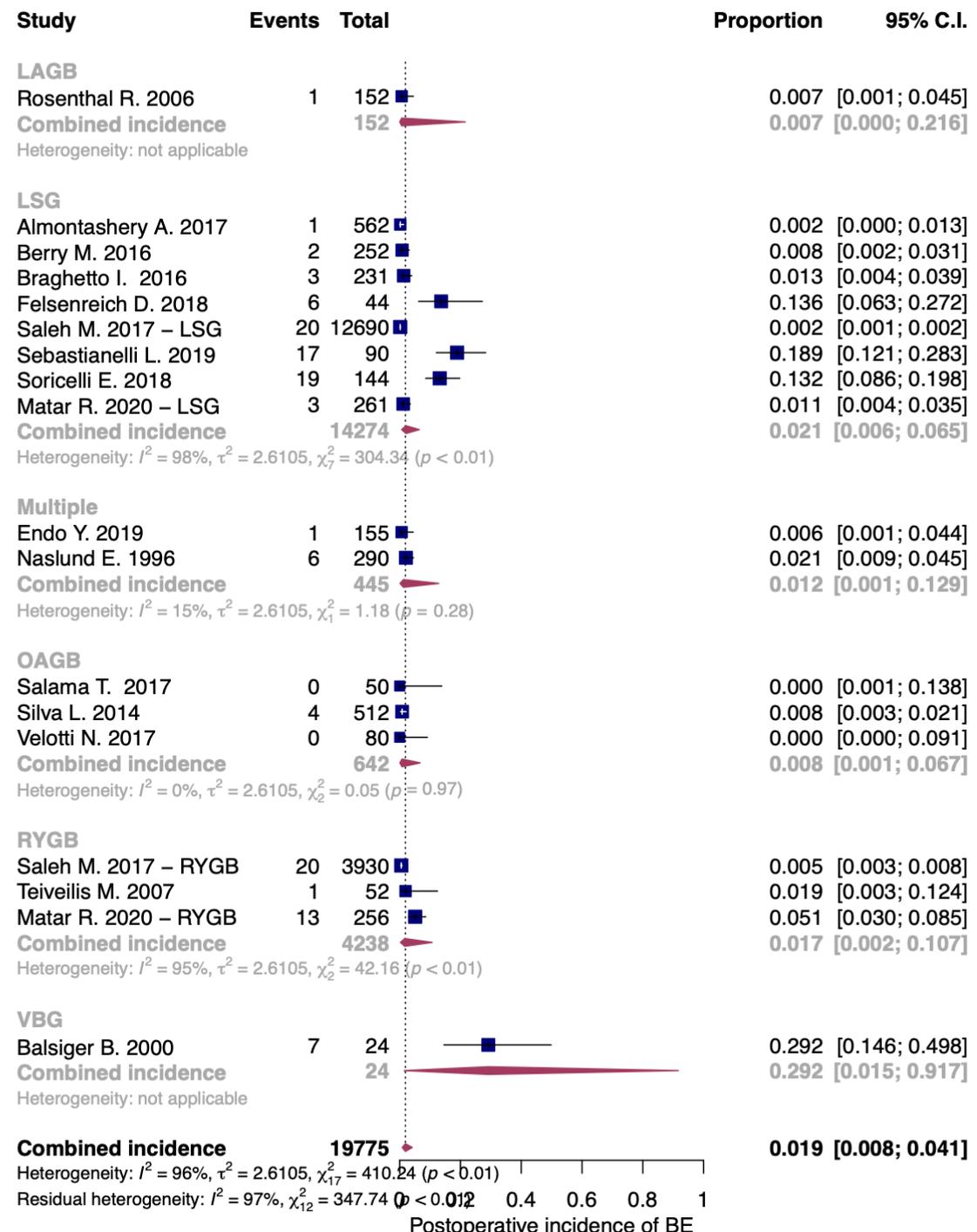
INCLUSION

Preoperative incidence – stratified by risk of bias  
5.9%

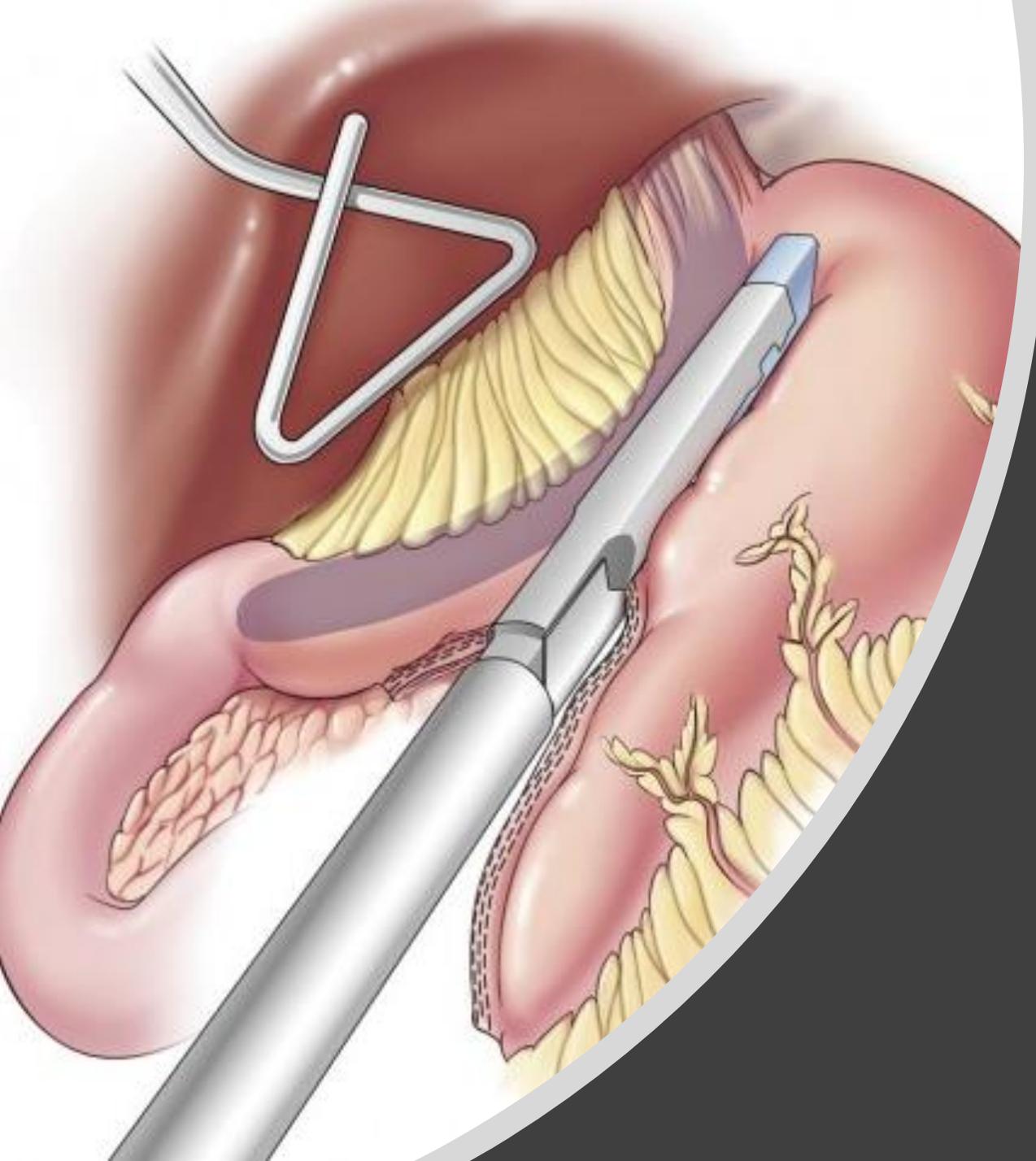
Overall ~2%



Postoperative incidence  
1.9%

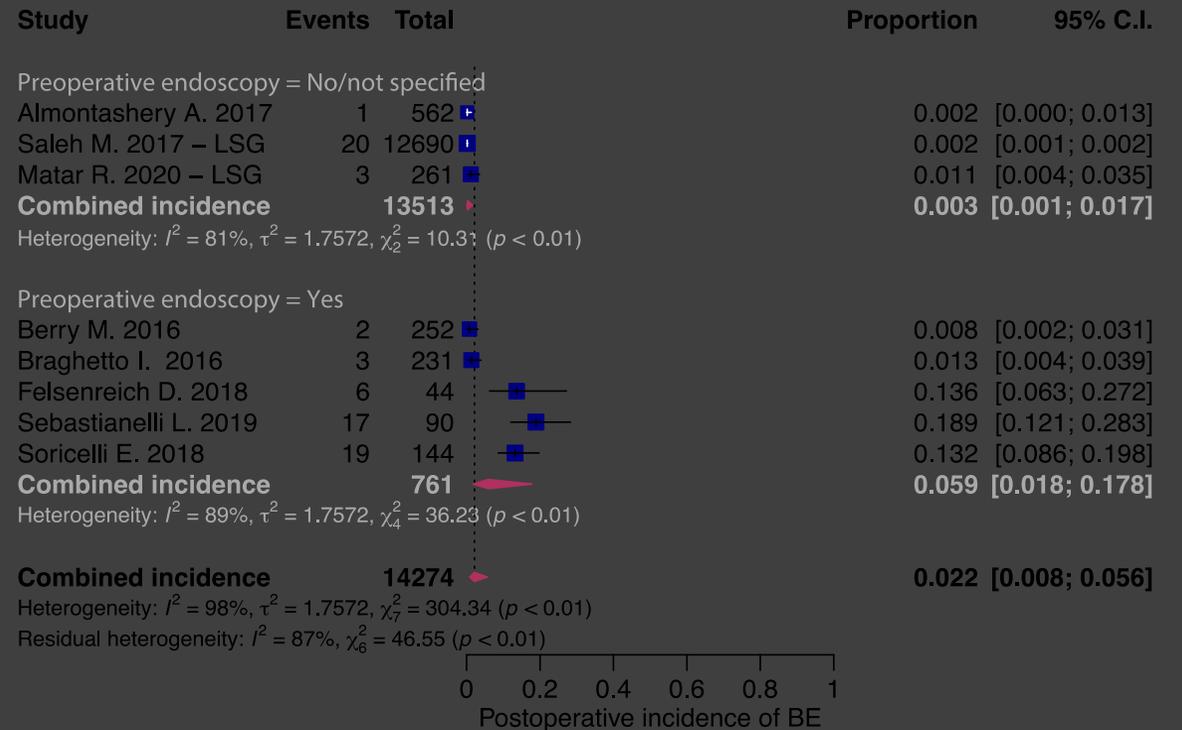


Postoperative incidence of BE



# 5.9%

Adjusted for preoperative endoscopy



# Newer studies?

Review > Clin Gastroenterol Hepatol. 2024 Jul 25:S1542-3565(24)00669-4.

doi: 10.1016/j.cgh.2024.06.041. Online ahead of print.

## Risk of De Novo Barrett's Esophagus Post Sleeve Gastrectomy: A Systematic Review and Meta-Analysis of Studies with Long-Term Follow-Up



Saurabh Chandan<sup>1</sup>, Shahab R Khan<sup>2</sup>, Smit S Deliwala<sup>3</sup>, Dushyant S Dahiya<sup>4</sup>, Babu P Mohan<sup>5</sup>, Daryl Ramai<sup>6</sup>, Syed M Saghir<sup>7</sup>, Banreet S Dhindsa<sup>8</sup>, Lena L Kassab<sup>9</sup>, Antonio Facciorusso<sup>10</sup>, Kalyana Nandipati<sup>11</sup>, Dennis Yang<sup>1</sup>, Douglas G Adler<sup>12</sup>

19 studies 2018 – 2024  
2046 patients  
Median FU 2-11 years  
5.6% de novo BE rate

**Conclusions:** Our analysis shows that SG results in a significantly increased risk of de novo BE and higher rates of EE, proton pump inhibitor use, and HH. Our findings suggest that clinicians should routinely screen patients with SG for BE and future surveillance intervals should be followed as per societal guidelines.

# Newer studies?

> Surg Obes Relat Dis. 2023 Jul;19(7):707-715. doi: 10.1016/j.soard.2023.02.012.  
Epub 2023 Feb 27.

Median f/u 7.0 years

## Prospective clinical cohort study: low incidence of Barrett esophagus but high rate of reflux disease at 5-year follow-up after sleeve gastrectomy or Y gastric bypass



Bettina K Wölnerhanssen<sup>1</sup>, Anne C Meyer-Ger  
Matthias Sauter<sup>4</sup>, Miriam Thumshirn<sup>5</sup>, Marco  
Christoph Gubler<sup>8</sup>, Bernhard Morell<sup>8</sup>, Alissa  
Christoph Beglinger<sup>2</sup>, Ralph Peterli<sup>11</sup>, Mark F

Table 2  
Prevalence of gastroesophageal reflux disease and incidence of Barrett esophagus

Factor	Before surgery		At follow-up (>5 yr after surgery)	
	Sleeve gastrectomy	Gastric bypass	Sleeve gastrectomy	Gastric bypass
Number	83	86	83	86
Clinical diagnosis of GERD	12/83 (14.5)	27/86 (31.4)	44/86 (53.0)	23/86 (26.7)
PPI use	7/83 (8.4)	11/86 (12.8)	42/83 (50.6)	17/86 (19.8)
On daily basis	7/83 (8.4)	10/86 (11.6)	26/83 (31.3)	10/86 (11.6)
If needed	0/83	1/86 (1.2)	15/83 (18.1)	7/86 (8.1)
Endoscopy findings				
Hiatal hernia	17/83 (20.5)	23/86 (26.7)	33/83 (39.8)	16/86 (18.6)
Reflux esophagitis	19/83 (22.9)	24/86 (27.9)	48/83 (57.8)	23/86 (26.7)
LA grade A	13/19 (68.4)	14/24 (58.3)	25/48 (52.1)	18/23 (78.3)
LA grade B	6/19 (31.6)	10/24 (41.7)	15/48 (31.3)	4/23 (17.4)
LA grade C	0/17	0/24	7/48 (14.6)	1/23 (4.3)
LA grade D	0/17	0/24	1/48 (2.1)	0/23
Barrett esophagus	0/83	1/86 (1.2)	3/83 (3.6)	2/86 (2.3)
Stenosis of stomach			2/83 (2.4)	2/86 (2.3)
Ulceration foot, point anastomosis			0/83	2/86 (2.3)
Histopathology				
Intestinal metaplasia (Barrett)	0/83	1/86 (1.2)	3/83 (3.6)	2/86 (2.3)
Dysplasia/carcinoma	0/83	0/86	0/83	0/86

GERD = gastroesophageal reflux disease; PPI = proton pump inhibitor; LA = Los Angeles classification of reflux esophagitis.  
Values are given as counts (%). Categorical variables: before and ≥5 years after surgery by treatment group.

# Newer studies

Journal of Gastrointestinal Surgery 28 (2024) 1177–1178

Contents lists available at ScienceDirect

Journal of Gastrointestinal Surgery

journal homepage: [www.jogs.org](http://www.jogs.org)



Research Communication

Lots of reflux, but no Barrett: real-world data on the incidence of gastroesophageal reflux on routine endoscopic follow-up more than 5 years after sleeve gastrectomy



Anna Carolina Batista Dantas <sup>a,\*</sup>, Jorge Landivar Coutinho <sup>b</sup>, José Donizeti de Meira Jr <sup>b</sup>, Diogo Turiani Hourneaux De Moura <sup>c</sup>, Denis Pajecki <sup>a</sup>, Marco Aurelio Santo <sup>a</sup>

<sup>a</sup>Unidade de Cirurgia Bariátrica e Metabólica, Disciplina de Cirurgia do Aparelho Digestivo e Coloproctologia, Departamento de Gastroenterologia, Hospital das Clínicas HCFMUSP, Faculdade de Medicina, Universidade de São Paulo, São Paulo, SP, Brazil

<sup>b</sup>Disciplina de Cirurgia do Aparelho Digestivo e Coloproctologia, Departamento de Gastroenterologia, Hospital das Clínicas HCFMUSP, Faculdade de Medicina, Universidade de São Paulo, São Paulo, SP, Brazil

<sup>c</sup>Serviço de Endoscopia Gastrointestinal, Departamento de Gastroenterologia, Hospital das Clínicas HCFMUSP, Faculdade de Medicina, Universidade de São Paulo, São Paulo, SP, Brazil

Mean f/u 73 months (range 60 – 173)  
68 patients (pre/postop endoscopy)  
92.6% female cohort

**Table 2**

Endoscopic findings before and after sleeve gastrectomy

Variable	Preoperative	Follow-up	P value
Esophagitis, n (%)	10 (14.7)	31 (45.5)	< .001
A	10	11	
B	0	11	
C	0	8	
D	0	1	
Barrett esophagus	0	0	–
Hjatal hernia, n (%)	2 (2.9)	12 (17.6)	< .001



Why this  
contradiction?

Sometimes we get it wrong  
the first time. But you only  
have to get it right once.

Emery Lord

quotefancy

# Is it all just normal anatomy after LSG?

ORIGINAL ARTICLE

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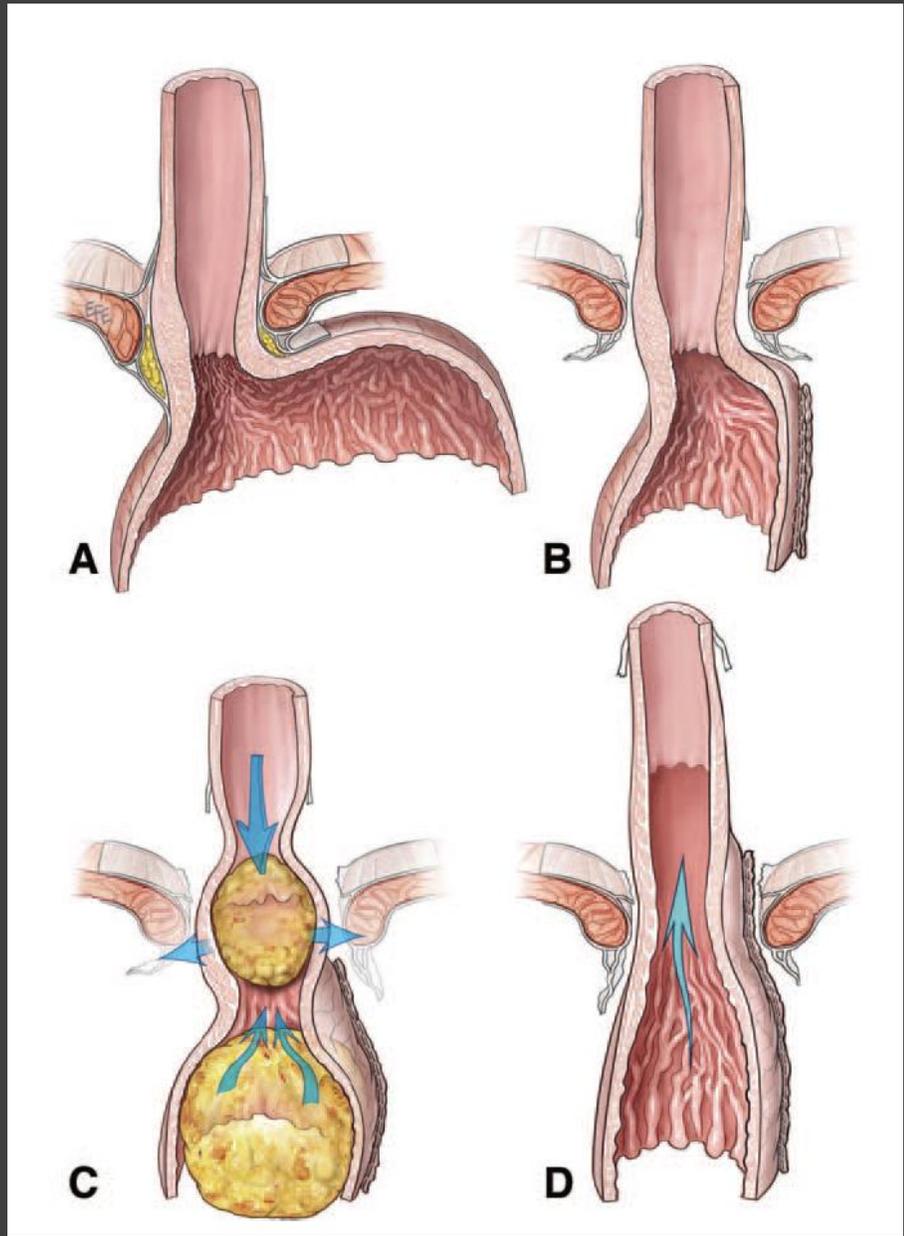
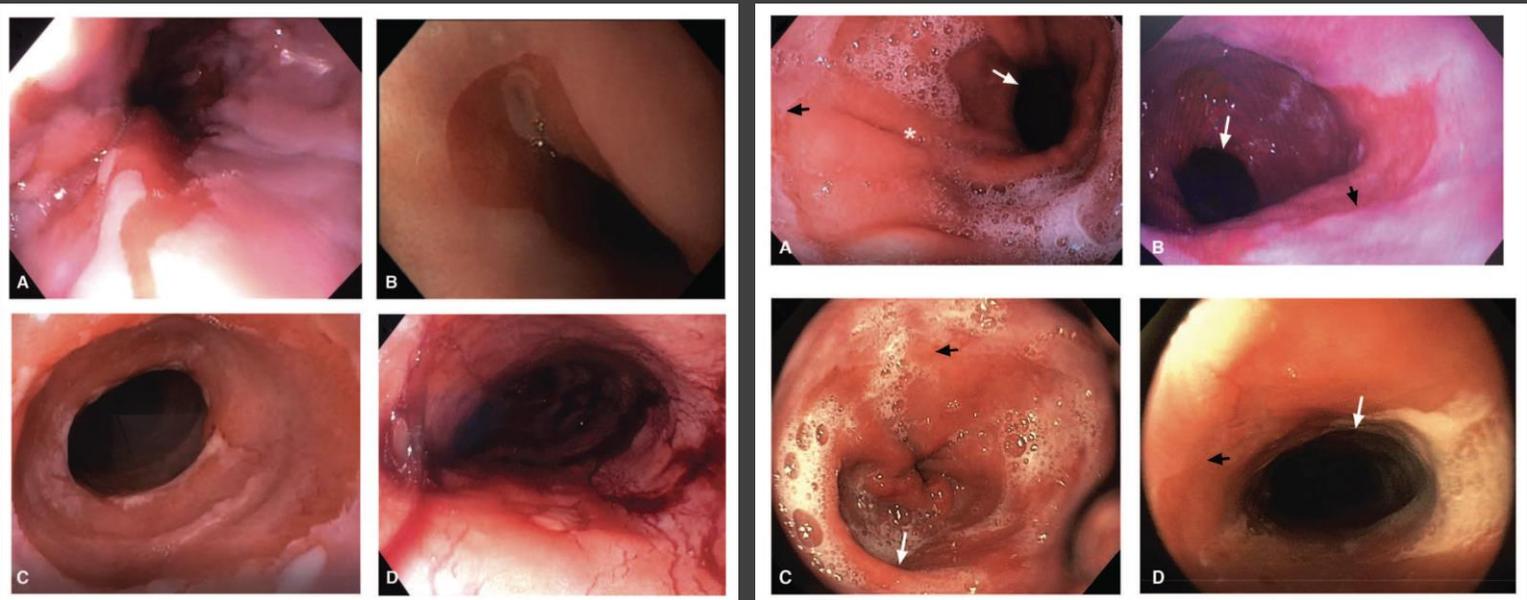
## Tubularized and Effaced Gastric Cardia Mimicking Barrett Esophagus Following Sleeve Gastrectomy

*Protocolized Endoscopic and Histological Assessment With High-resolution Manometry Analysis*

*Yazmin Johari, MBBS,\*†✉ Kenny Budiman,\*‡ William Catchlove, MBBS,\*† Cheryl Laurie, BHSc,\*  
Geoffrey Hebbard, BMedSci, MBBS, PhD, FRACP,§ Sam Norden, MBBS, FRCPA,||  
Wendy A. Brown, MBBS, PhD, FRACS, FACS,\*† and Paul Burton, MBBS, PhD, FRACS\*†*



2022



**TABLE 2.** Endoscopic findings pre- and post-sleeve gastrectomy

	Pre-operative	Post-operative	p-value
N	320	567	
Z-line distance, cm	38.7 ± 2.3	37.4 ± 2.0	<0.001*
Diaphragmatic impression distance, cm	40.2 ± 1.6	39.9 ± 1.6	0.055*
Hiatus hernia, n (%)	127 (39.7)	459 (81.0)	<0.001†
Hiatus hernia size, median (IQR), cm	2.0 (1.0)	3.0 (1.0)	0.026§
Esophagitis, n (%)	83 (25.9)	182 (32.1)	0.056†
The Los Angeles classification of esophagitis, n (%)			0.017‡
	Grade A – 77 (92.8)	Grade A – 144 (79.1)	
	Grade B – 5 (6.0)	Grade B – 34 (18.7)	
	Grade C – 1 (1.2)	Grade C – 4 (2.2)	
Barrett esophagus, n (%)	13 (4.1)	19 (3.4)	0.756†
Tubularized cardia herniation, n (%)	2 (0.6)	151 (26.6)	<0.001†
Bile in the stomach, n (%)	43 (13.4)	222 (39.2)	<0.001†

\*Student t-test.  
 †Chi-square test.  
 ‡Fisher's exact test.  
 §Mann-Whitney U test.

# Kyoto international consensus report on anatomy, pathophysiology and clinical significance of the gastro-oesophageal junction



Kentaro Sugano <sup>1</sup>, Stuart Jon Spechler <sup>2</sup>, Emad M El-Omar <sup>3</sup>, Kenneth E L McColl <sup>4</sup>, Kaiyo Takubo <sup>5</sup>, Takuji Gotoda <sup>6</sup>, Mitsuhiro Fujishiro <sup>7</sup>, Katsunori Iijima <sup>8</sup>, Haruhiro Inoue <sup>9</sup>, Takashi Kawai <sup>10</sup>, Yoshikazu Kinoshita <sup>11</sup>, Hiroto Miwa <sup>12</sup>, Ken-ichi Mukaisho <sup>13</sup>, Kazunari Murakami <sup>14</sup>, Yasuyuki Seto <sup>15</sup>, Hisao Tajiri <sup>16</sup>, Shobna Bhatia <sup>17</sup>, Myung-Gyu Choi <sup>18</sup>, Rebecca C Fitzgerald <sup>19</sup>, Kwong Ming Fock <sup>20</sup>, Khean-Lee Goh <sup>21</sup>, Khek Yu Ho <sup>22</sup>, Varocha Mahachai <sup>23</sup>, Maria O'Donovan <sup>24</sup>, Robert Odze <sup>25</sup>, Richard Peek <sup>26</sup>, Massimo Rugge <sup>27</sup>, Prateek Sharma <sup>28</sup>, Jose D Sollano <sup>29</sup>, Michael Vieth <sup>30</sup>, Justin Wu <sup>31</sup>, Ming-Shiang Wu <sup>32</sup>, Duowu Zou <sup>33</sup>, Michio Kaminishi <sup>34</sup>, Peter Malfertheiner <sup>35</sup> <sup>36</sup>

## CQ 19

What factors are associated with IM in the GOJZ?

## Statement 19

Gastric acid, pepsin, **bile**, nitrosative stress and *H. pylori* are associated with IM in the GOJZ.

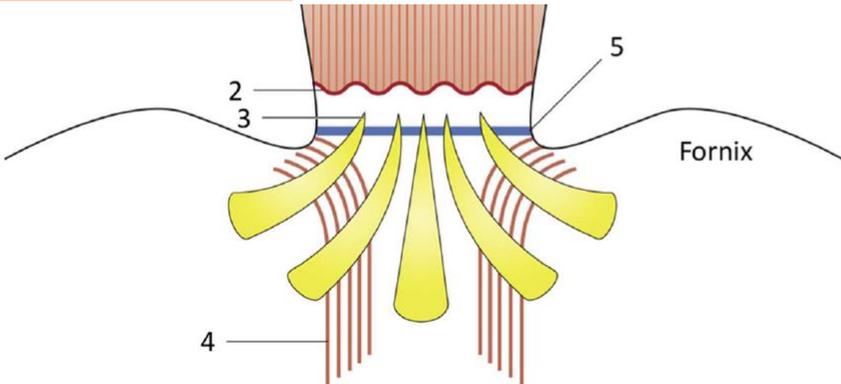
A



Barrett esophagus, n (%)

Tubularized cardia herniation, n (%)

Bile in the stomach, n (%)



Stomach

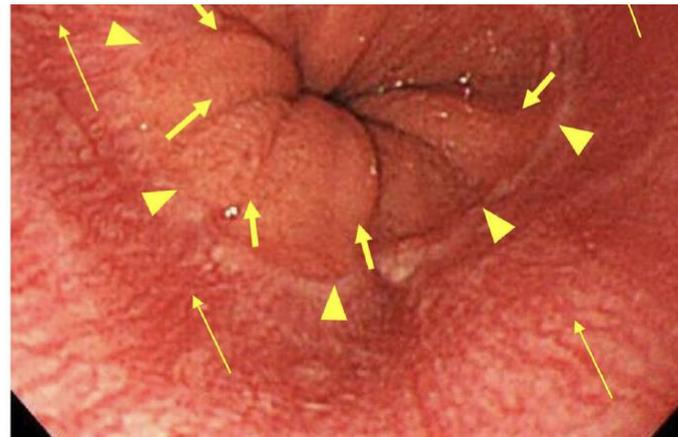
B



13 (4.1)

2 (0.6)

43 (13.4)



19 (3.4)

151 (26.6)

222 (39.2)

0.756<sup>†</sup>

<0.001<sup>†</sup>

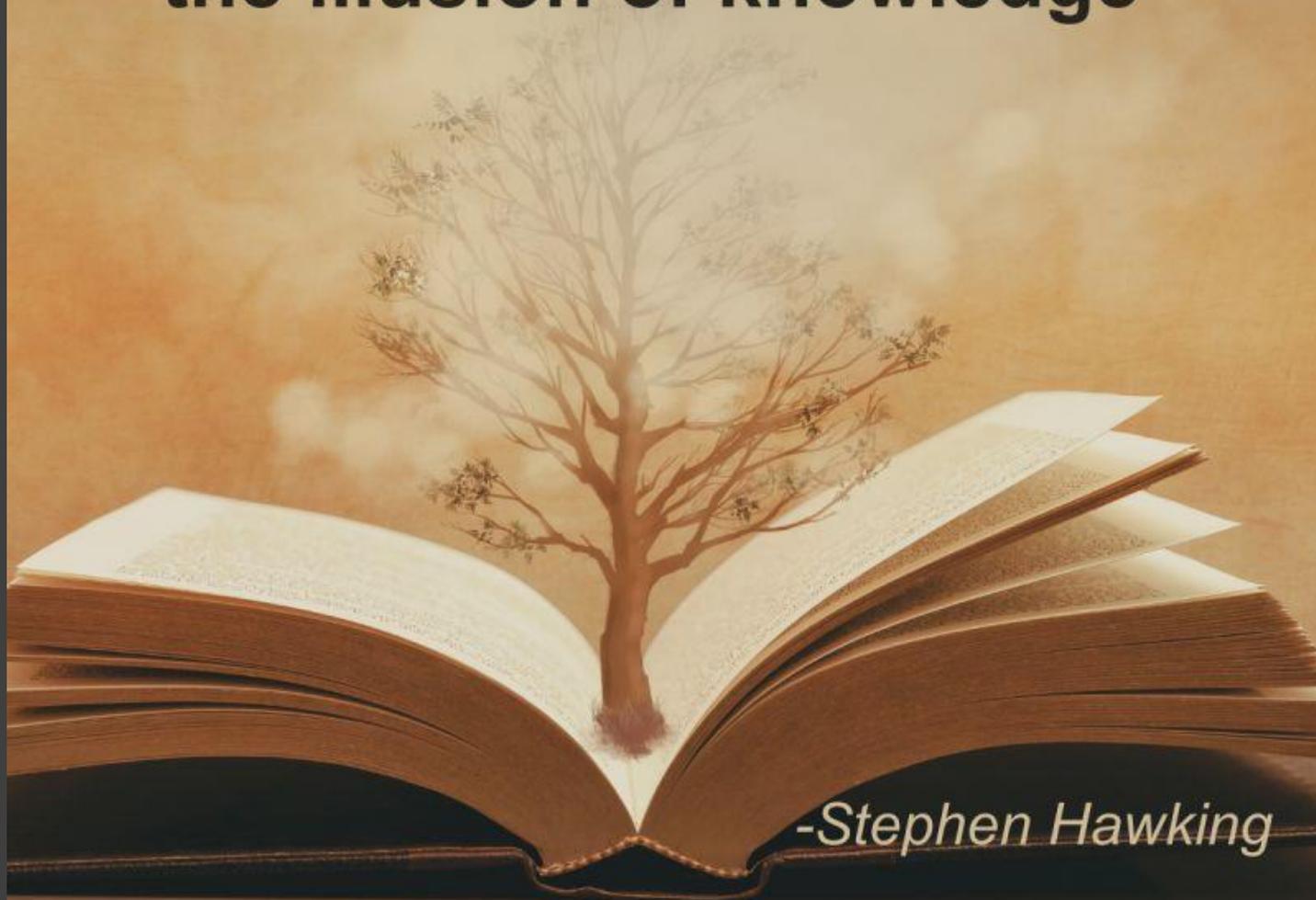
<0.001<sup>†</sup>

ORIGINAL ARTICLE

Tubularized and Effaced Gastric Cardia Mimicking Barrett Esophagus Following Sleeve Gastrectomy  
Protocolized Endoscopic and Histological Assessment With High-resolution Manometry Analysis

Yazmin Johari, MBBS,\*<sup>‡</sup> Kenny Budiman,\*<sup>‡</sup> William Catchlove, MBBS,\*<sup>‡</sup> Cheryl Laurie, BHS,\*<sup>‡</sup> Geoffrey Hebbard, BMedSci, MBBS, PhD, FRACP,<sup>§</sup> Sam Norden, MBBS, FRCPA,<sup>||</sup> Wendy A. Brown, MBBS, PhD, FRACS, FACS,\*<sup>‡</sup> and Paul Burton, MBBS, PhD, FRACS\*<sup>‡</sup>

"The greatest enemy of knowledge  
is not ignorance, it is  
**the illusion of knowledge**"



*-Stephen Hawking*

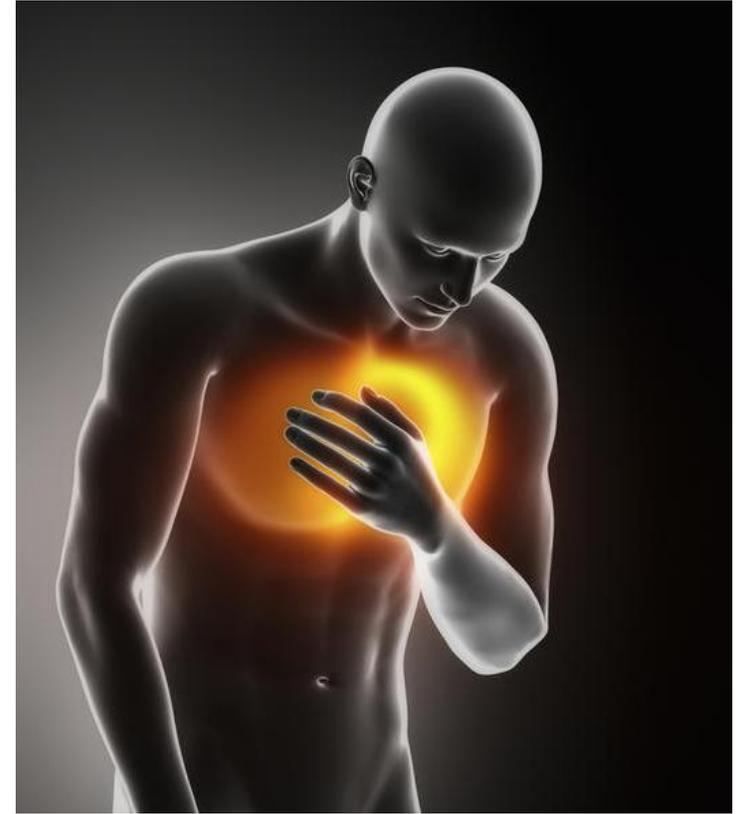
Case Report

## Esophageal adenocarcinoma in Barrett's esophagus after sleeve gastrectomy: Case report and literature review

Lionel El Khoury , Rosa Benvenega , Rodolfo Romero , Regis Cohen , Joel Roussel , Jean-Marc Catheline 

A systematic review [1] of 28 articles reported 33 cases of gastroesophageal cancer after bariatric surgery including RYGB, gastric banding, and vertical banded gastroplasty. In this review SG was not mentioned. To the best of our knowledge, only a few cases of esophageal cancer after SG have been reported. One case occurred four months after SG in a patient who did not undergo preoperative upper endoscopy [2]. Another case reported by Sohn [3] described esophageal adenocarcinoma 2.5 years after SG also without previous endoscopic evaluation. In a recent publication, Wright [4] described esophageal adenocarcinoma five years after SG in a patient with normal previous preoperative gastroscopy. Our case is the only one with BE without dysplasia detected before SG. The main pathophysiology of esophageal adenocarcinoma following SG could result from chronic GERD, which could induce intestinal metaplastic changes.

33 cases of gastro-  
esophageal cancer  
following bariatric surgery  
Multiple case reports of OAC  
following LSG



# The dark side

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Barrett's = risk factor for OAC

BUT THAT RISK IS LOW!

# Factors influencing risk of progression to HGD/OAC

## Patient factors

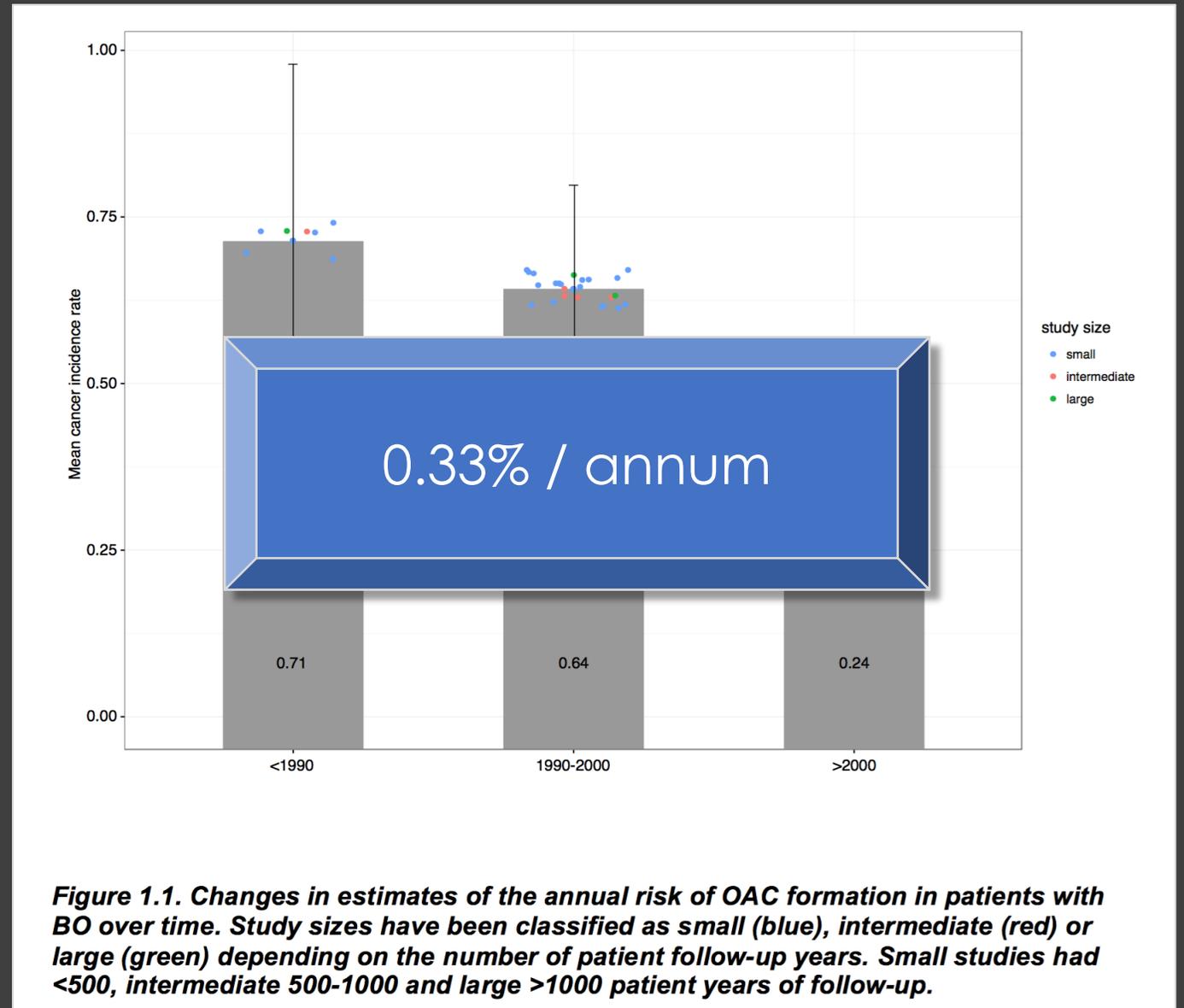
1. Age
2. Male gender
3. Obesity
4. Smoking
5. Recurrent/persistent GORD (acid & bile)
6. Years of disease

## Disease factors

1. “Molecular subtype” at inception
2. TP53 mutations
3. Presence of dysplasia
4. Barrett’s segment length



# Barrett's - malignant progression

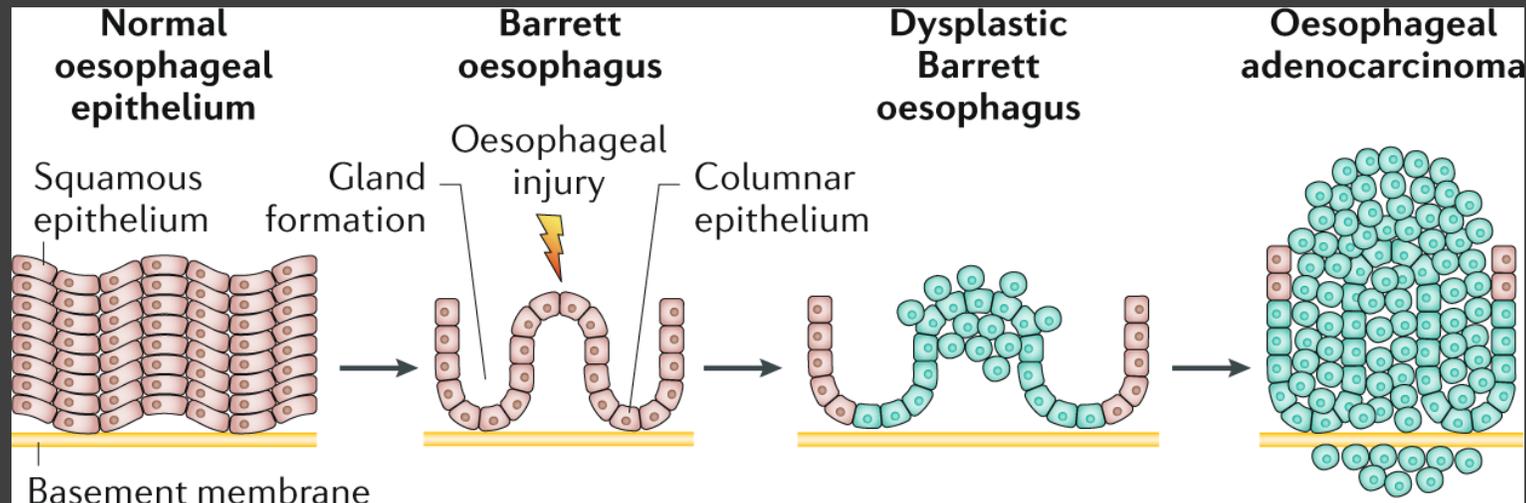


# Dysplasia & malignant progression

Non-dysplastic Barrett's – 0.33%/annum

LGD ~ 1-2%/annum (Phoa et al RFA-Trial = 11.8%)

HGD 6-7% (up to 12% in other studies)



# Barrett's length & malignant progression

Long-segment Barrett's (LSBO) >3cm

Short-segment Barrett's (SSBO) < 3cm

Ultra-short segment Barrett's (USSBO) <1cm

## Oesophagus

ORIGINAL ARTICLE

**Length of Barrett's oesophagus and cancer risk: implications from a large sample of patients with early oesophageal adenocarcinoma**

Heiko Pohl,<sup>1,2</sup> Oliver Pech,<sup>3</sup> Haris Arash,<sup>4</sup> Manfred Stolte,<sup>5</sup> Hendrik Manner,<sup>4</sup> Andrea May,<sup>4,6</sup> Klaus Kraywinkel,<sup>7</sup> Amnon Sonnenberg,<sup>8</sup> Christian Ell<sup>4,6</sup>

0.22%/annum for LSBO

0.03%/annum for SSBO

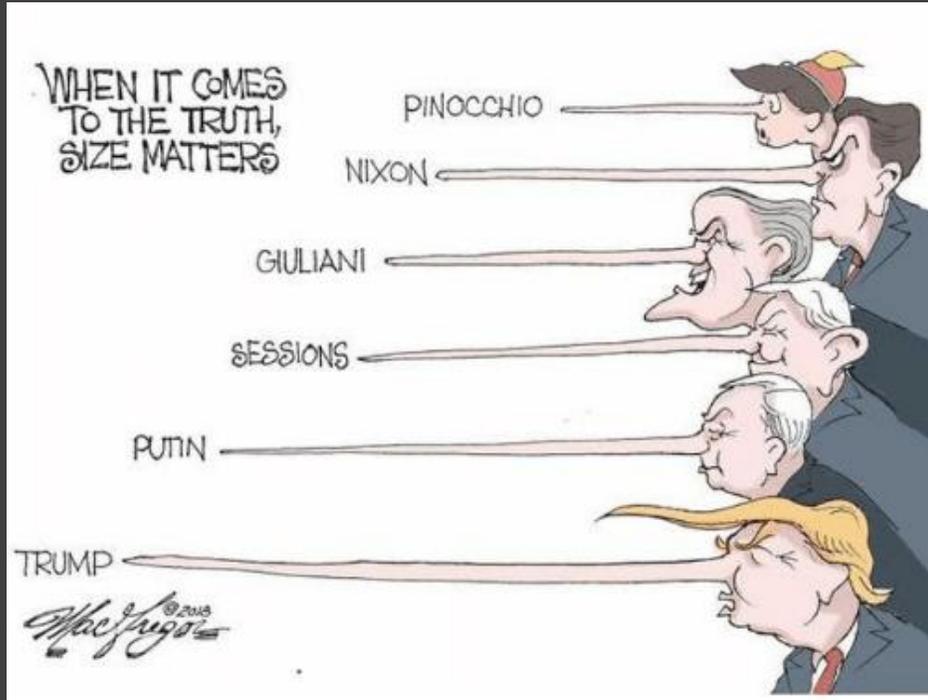
0.01%/annum for USSBO

NNT 450 for LSBO

NNT 3440 for SSBO

NNT 12364 for USSBO

# Barrett's length & malignant progression

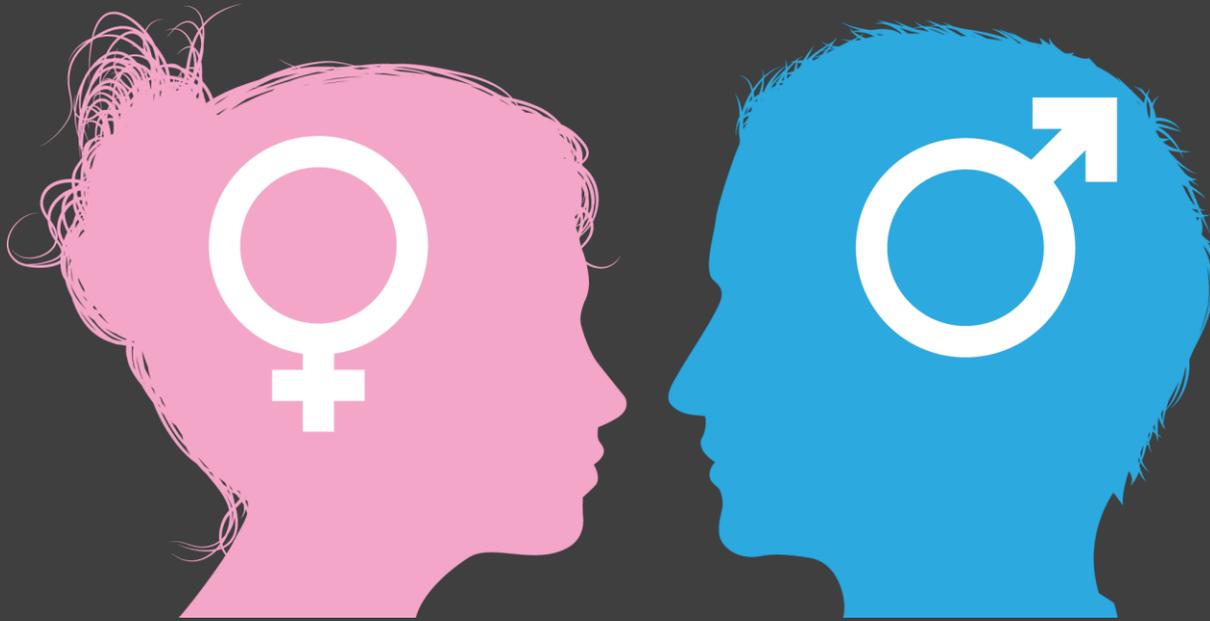


## Meta-analysis

(10 studies, >20,000 person-years of follow-up)

→0.31%/annum for LSBO

→0.06%/annum for SSBO



Up to 6:1 male predominance for OAC

Males 2-4x higher risk of progression

? lag of 20 years in dx of OAC in women

ORIGINAL ARTICLE: PDF ONLY

## Low Risk of Progression of Barrett's Esophagus



### Risk of Malignant Progression in Barrett's Esophagus Patients: Results from a Large Population-Based Study

Shivaram Bhat, Helen G. Coleman, Fouad Yousef, Brian T. Johnston, Damian T. McManus, Anna T. Gavin, Liam J. Murray

JNCI: Journal of the National Cancer Institute, Volume 103, Issue 13, 6 July 2011, Pages 1049-1057, <https://doi.org/10.1093/jnci/djr203>

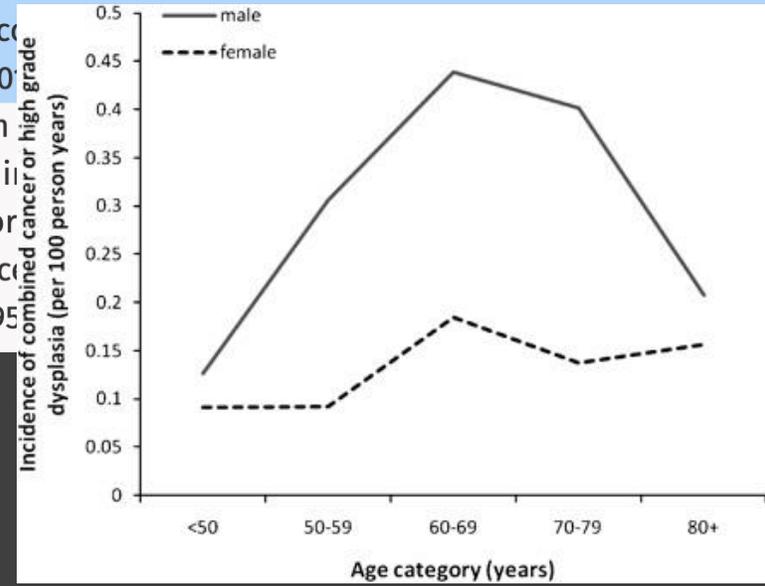
Published: 16 June 2011 Article history

Volume 103, Issue 13  
6 July 2011

doi: 10.1097/MCG.0000000000001362

with an overall annual incidence of 0.3% (95% confidence interval: 0.2%-0.4%). We found significant differences between women and men in annual incidence rates of EAC (0.05% for women vs. 0.3% in men;  $P=0.04$ )

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 $P<0.00$   
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triglyc  
0.11; 95



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# Risk of progression in women?

## ORIGINAL ARTICLE

**TABLE 1. Sociodemographic and clinical characteristics of the entire study cohort (n = 608) and stratified by nonprogressors (n = 584) and progressors (n = 24) defined as development of high-grade dysplasia or esophageal adenocarcinoma during follow-up**

	Study cohort	Nonprogressors	Progressors
Frequency	608	584	24
Age			
<60 y	211 (34.7)	206 (35.3)	5 (20.8)
60 y to <70 y	323 (53.1)	309 (52.9)	14 (58.4)
70+ y	74 (12.2)	69 (11.8)	5 (20.8)
Race			
Non-Hispanic white	486 (79.9)	466 (79.8)	20 (83.3)
Non-Hispanic black	62 (10.2)	61 (10.5)	1 (4.2)
Hispanic	60 (9.9)	57 (9.8)	3 (12.5)
Sex			
Male	583 (95.9)	559 (95.7)	24 (100.0)
Female	25 (4.1)	25 (4.3)	0 (.0)
Body mass index			
<25	109 (17.9)	106 (18.1)	3 (12.5)
25 to <30	234 (38.5)	227 (38.9)	7 (29.2)
30+	265 (43.6)	251 (43.0)	14 (58.3)

Mean FU 4.1 years

# Mortality in Barrett's oesophagus: results from a

GASTROENTEROLOGY 2013;144:1375-1383

CLINICAL

AP&T Alimentary Pharmacology and Therapeutics

## Oesophagus

ORIGINAL ARTICLE

### Cancer incidence and mortality risks in a large US Barrett's oesophagus cohort

Michael B Cook,<sup>1</sup> Sally B Coburn,<sup>1</sup> Jameson R Lam,<sup>2</sup> Philip R Taylor,<sup>1</sup> Jennifer L Schneider,<sup>2</sup> Douglas A Corley<sup>2</sup>

Cause-specific

SMRs were elevated for ischaemic heart disease (SMR=1.39, 95% CI 1.18 to 1.63), respiratory system diseases (SMR=1.51, 95% CI 1.29 to 1.75) and digestive system diseases (SMR=2.20 95% CI 1.75 to 2.75).

do patients  
Barrett's die  
from?

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<sup>1</sup>Minimally Invas study  
Health, Universit

2% w  
ever,  
cause Results  
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ARTICLES | VOLUME 397, ISSUE 10271, P293-304, JANUARY 23, 2021

Metabolic surgery versus conventional medical therapy in patients with type 2 diabetes: 10-year follow-up of an open-label, single-centre, randomised controlled trial

Prof Geltrude Mingrone, MD,  Simona Panunzi, PhD, Andrea De Gaetano, PhD, Caterina Guidone, MD, Amerigo Iaconelli, MD, Esmeralda Capristo, MD, et al. [Show all authors](#)

Published: January 23, 2021 • DOI: [https://doi.org/10.1016/S0140-6736\(20\)32649-0](https://doi.org/10.1016/S0140-6736(20)32649-0) 

Original Contributions | [Published: 27 July 2018](#)

## The Effects of Bariatric Surgery on Renal Outcomes: a Systematic Review and Meta-analysis

Stefana Catalina Bilha, Ionut Nistor, Alina Nedelcu, Mehmet Kanbay, Viorel Scripcariu, Daniel Timofte , Dimitrie Sirtopol & Adrian Covic

*Obesity Surgery* 28, 3815–3833 (2018) | [Cite this article](#)

1002 Accesses | 25 Citations | 3 Altmetric | [Metrics](#)

### Original Investigation

FREE

September 2, 2019

## Association of Metabolic Surgery With Major Adverse Cardiovascular Outcomes in Patients With Type 2 Diabetes and Obesity

Ali Aminian, MD<sup>1</sup>; Alexander Zajichek, MS<sup>2</sup>; David E. Arterburn, MD, MPH<sup>3</sup>; [et al](#)

[Author Affiliations](#) | [Article Information](#)

*JAMA*. 2019;322(13):1271-1282. doi:10.1001/jama.2019.14231

### Original Investigation

FREE

November 11, 2021

## Association of Bariatric Surgery With Major Adverse Liver and Cardiovascular Outcomes in Patients With Biopsy-Proven Nonalcoholic Steatohepatitis

Ali Aminian, MD<sup>1</sup>; Abbas Al-Kurd, MD<sup>1</sup>; Rickesha Wilson, MD<sup>1</sup>; [et al](#)

[Author Affiliations](#) | [Article Information](#)

*JAMA*. 2021;326(20):2031-2042. doi:10.1001/jama.2021.19569

### Journal of the American College of Cardiology

JACC Journals • JACC • Archives • Vol. 79 No. 15

Next

#### Long-Term Cardiovascular Outcomes After Bariatric Surgery in the Medicare Population

Original Investigations

Amgad Mentias, Ali Aminian, Dalia Youssef, Ambarish Pandey, Venu Menon, Leslie Cho, Steven E. Nissen, and Milind Y. Desai

*J Am Coll Cardiol*. 2022 Apr; 79 (15) 1429–1437

Topic(s): Health Promotion & Preventive Cardiology, Cardiometabolic

Editorial Comment: Bariatric Surgery and Cardiovascular Outcomes: What Can We Learn From More Representative Cohorts?

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Life Expectancy after Bariatric Surgery in the Swedish Obese Subjects Study

Lena M.S. Carlsson, M.D., Ph.D., Kajsa Sjöholm, Ph.D., Peter Jacobson, M.D., Ph.D., Johanna C. Andersson-Assarsson, Ph.D., Per-Arne Svensson, Ph.D., Magdalena Taube, Ph.D., Björn Carlsson, M.D., Ph.D., and Markku Peltonen, Ph.D.

# And what does BMS offer?

The great tragedy of science  
– the slaying of a beautiful  
hypothesis by an ugly fact.

Thomas Henry Huxley

# BE remission after LSG?

ABSTRACT ONLY | VOLUME 14, ISSUE 11, SUPPLEMENT , S156, NOVEMBER 01, 2018



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## Remission of Barrett's Esophagus after Sleeve Gastrectomy, A Case Study

Stephanie Therrien, Bs.c • Daniel Jones, MD MS, FASMBS

DOI: <https://doi.org/10.1016/j.soard.2018.09.358>

**Background:** Barrett's Esophagus (BE), common in individuals with gastroesophageal reflux disease (GERD), pre-disposes the affected individual to the potential development of intestinal metaplasia, dysplasia and esophageal adenocarcinoma. Due to physiologic changes incurred post Laparoscopic Sleeve Gastrectomy (LSG), there is an increased risk of BE development, or progression in patients with active GERD. Because of this, many surgeons consider a patient who has BE to be contraindicated for LSG surgery.

# Barrett's Regression LSG

83%

## **BT002**

### **REGRESSION OF BARRETT'S METAPLASIA ON ENDOSCOPIC SURVEILLANCE FOLLOWING SLEEVE GASTRECTOMY**

**DIONEE LIEFMAN AND GREGORY BRUCE NOLAN**

*Gold Coast University Hospital, QLD*

Short segment Barrett's metaplasia has previously been a contraindication to proceeding with sleeve gastrectomy. This study observed 32 patients, 50% of which had regression of metaplasia and 33.33% with unchanged metaplasia on recorded Prague classification at post-operative endoscopy. Barrett's metaplasia, as a potentially reversible condition, has been demonstrated to at least partially regress with effective anti-reflux medical or surgical management 1,2. Data collected compared pre-operative and post-operative reflux symptoms, and Prague classification of Barrett's metaplasia, amongst other patient factors. Of the 32 patients observed, 83.33% (15 out of 18) of those who underwent post-operative gastroscopy were recorded to have either regression or stability of metaplastic change compared to pre-operatively. In addition, 46.87% of patients studied (15 of 32) reported reflux pre-operatively, with then only 15.62% of the group (5 of 32) experiencing minor persistent but well controlled reflux after sleeve gastrectomy. We conclude that improvement in reflux symptoms and recorded regression of Barrett's metaplasia is observed in a significant number of patients on endoscopic surveillance following sleeve gastrectomy.

#### **References**

1. Spechler SJ. Does Barrett's Esophagus Regress After Surgery (Or Proton Pump Inhibitors)? *Digestive Diseases* 2014;32:156–16.
2. Gagner M. Is Sleeve Gastrectomy Always An Absolute Contraindication In Patients with Barrett's? *Obesity Surgery* (2016) 26:715–717.

**83% regression or stability**



ROYAL AUSTRALASIAN  
COLLEGE OF SURGEONS

Sydney 2018

# Barrett's stability post LSG

## Part 1: Endoscopic Changes Post Sleeve Gastrectomy

Endoscopic findings of the pre-operative and post-operative cohorts are detailed in Table 2. BE was uncommon following SG and comparable to the pre-operative cohort (4.1% vs. 3.4%,  $p = 0.756$ ). There was no dysplasia in either group.

5/13 pts with preop BE had f/u endoscopy:

- 3 reduction in length of BE
- 2 had complete remission

16 pts with BE post LSG:

- 2 unchanged at 1 year
- 3 complete remission at 1 year
- 2 had improvement in length at 2 years
- All BE SSBE, with exception of one LSBE who showed progression in length 1 year later

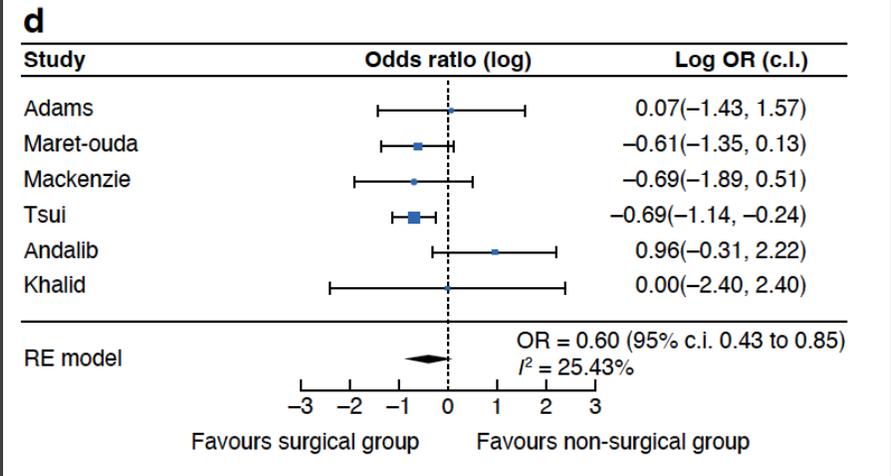
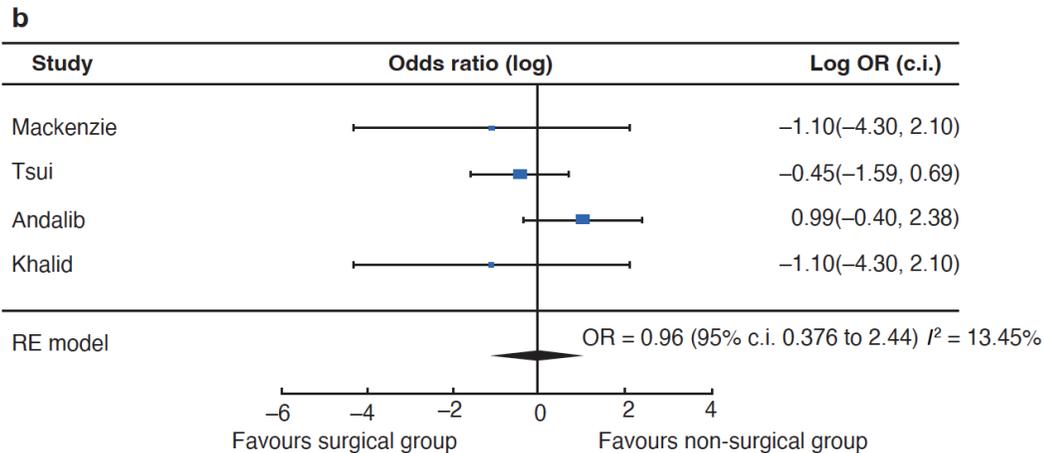
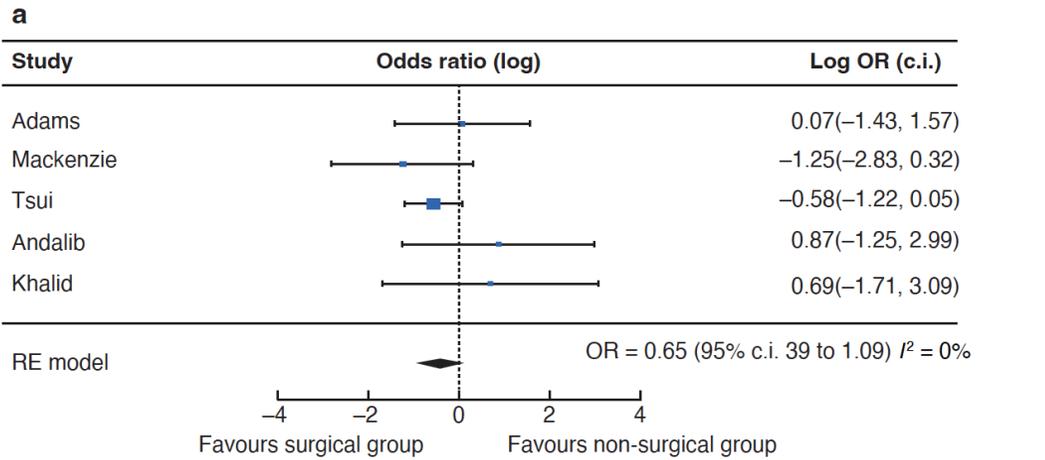
38% - 44% improvement or remission

# Risk of non-hormonal cancer after bariatric surgery: meta-analysis of retrospective observational studies



Benjamin Clapp<sup>1</sup>, Ray Portela<sup>2</sup>, Ishna Sharma<sup>3</sup>, Hayato Nakanishi<sup>4</sup>,  
 Katie Marrero<sup>5</sup>, Philip Schauer<sup>6</sup>, Thorvardur R Halfdanarson<sup>7</sup>,  
 Barham Abu Dayyeh<sup>8</sup>, Michael Kendrick<sup>2</sup>, Omar M Ghanem<sup>2</sup>

15 studies  
 18'583'477 pts (947'787 bariatric)



← LSG

# Is the risk of OAC really higher?



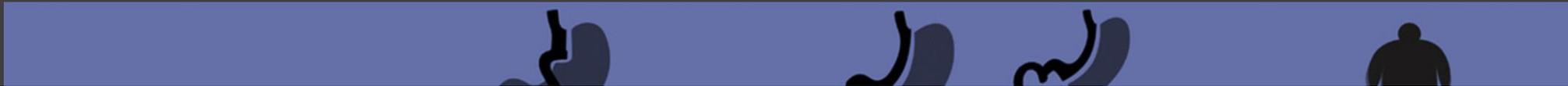
FULL TEXT ARTICLE



## Esophageal cancer after sleeve gastrectomy: a population-based comparative cohort study

Amin Andalib M.D., M.Sc., Philippe Bouchard M.D., M.Sc., Sebastian Demyttenaere M.D., M.Sc., Lorenzo E. Ferri M.D., Ph.D. and Olivier Court M.D.

Surgery for Obesity and Related Diseases, 2021-05-01, Volume 17, Issue 5, Pages 879-887, Copyright © 2020 American Society for Bariatric Surgery



**Conclusions:** Long-term incidence of esophageal cancer after reflux-prone bariatric surgery is not greater than RYGB. While crude incidence of esophageal cancer after reflux-prone surgery is higher than in nonsurgical patients with obesity, such difference disappears after accounting for confounders. Given the low incidence of esophageal cancer and slow progression of dysplastic Barrett esophagus, studies with longer follow-up are needed. (Surg Obes Relat Dis 2021;17:879–

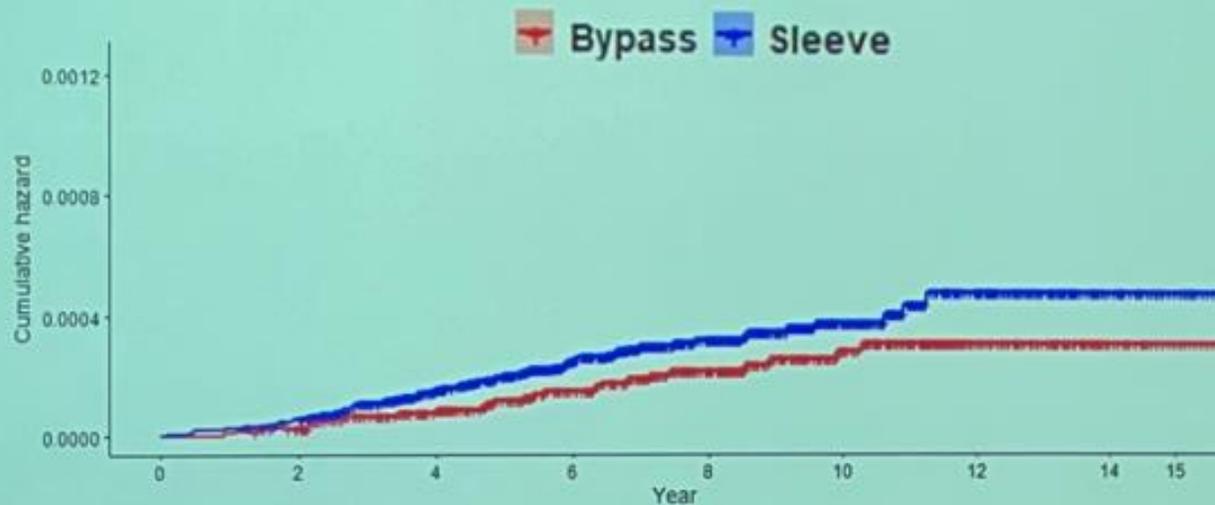
Hazard ratio

(Adjusted for age, sex, SES,CCI, surgery period, associated hiatal hernia repair)

(ref)

0.83 (0.10-7.27) 2.47 (0.82-7.45)

(ref)



Model 1: HR: 1.6 [0.9 ; 2.5];  $p = 0.06$   
 Model 2: HR: 1.4 [0.8 ; 2.4];  $p = 0.21$   
 Model 3: HR: 1.6 [0.9-2.5];  $p = 0.05$

Number at risk n (%)

	0	2	4	6	8	10	12	14	15
Bypass	118968 (100)	118959 (100)	102674 (88)	82084 (70)	59080 (51)	37282 (32)	19946 (17)	7598 (6)	3533 (3)
Sleeve	253303 (100)	253284 (100)	211174 (83)	151139 (60)	91780 (36)	44711 (18)	16357 (6)	4345 (2)	1667 (1)

Cumulative number of events

	0	2	4	6	8	10	12	14	15
Bypass	0	3	9	16	21	24	25	25	25
Sleeve	0	15	38	55	64	68	71	71	71

LSG 3.9 per 100'000 person/y  
 RYGB 2.6 per 100'000 person/y  
 Non surgical 6.9/100'000 person/y

A word (or two) on screening  
endoscopy

# Barrett's/OAC screening after LSG?

## BE & EAC incidence after LSG

Estimated 100 cases/year with 6% incidence rate @ 5 years

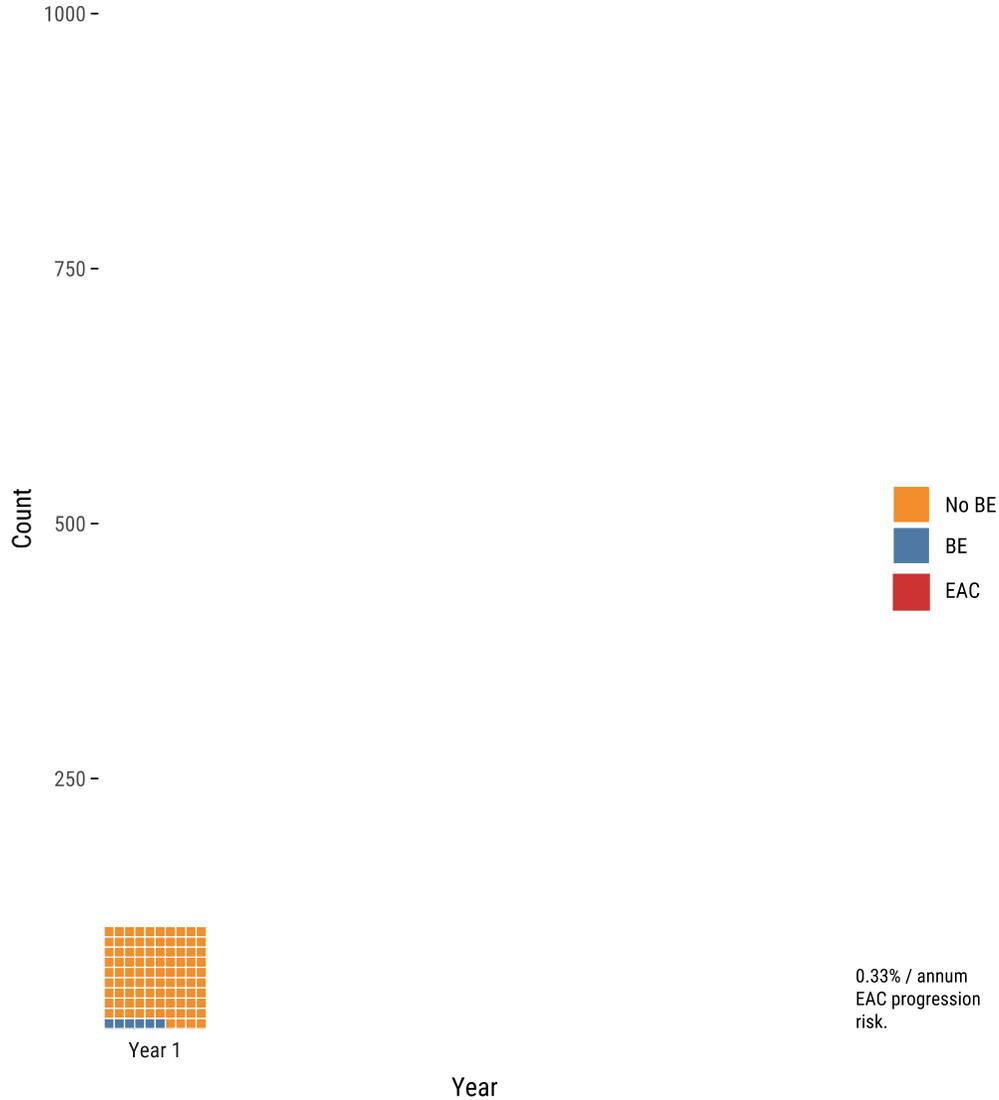


TABLE 10A – CURRENT STATUS OF SLEEVE GASTRECTOMY PRIMARY PARTICIPANTS AS AT 30 JUNE 2019

No. of Sleeve Gastrectomy Primary Participants who currently have:		
Only a Primary LSG		45,099
Any Revision of LSG		400
- Re-sleeve	47	
- Conversion to RYGB	164	
- Conversion to OAGB	33	
- Required just Lavage	34	
- Required just Dilitation	29	
- Required just to Control Bleeding	21	
- Other Revision	140	
<b>Total</b>		<b>45,499</b>

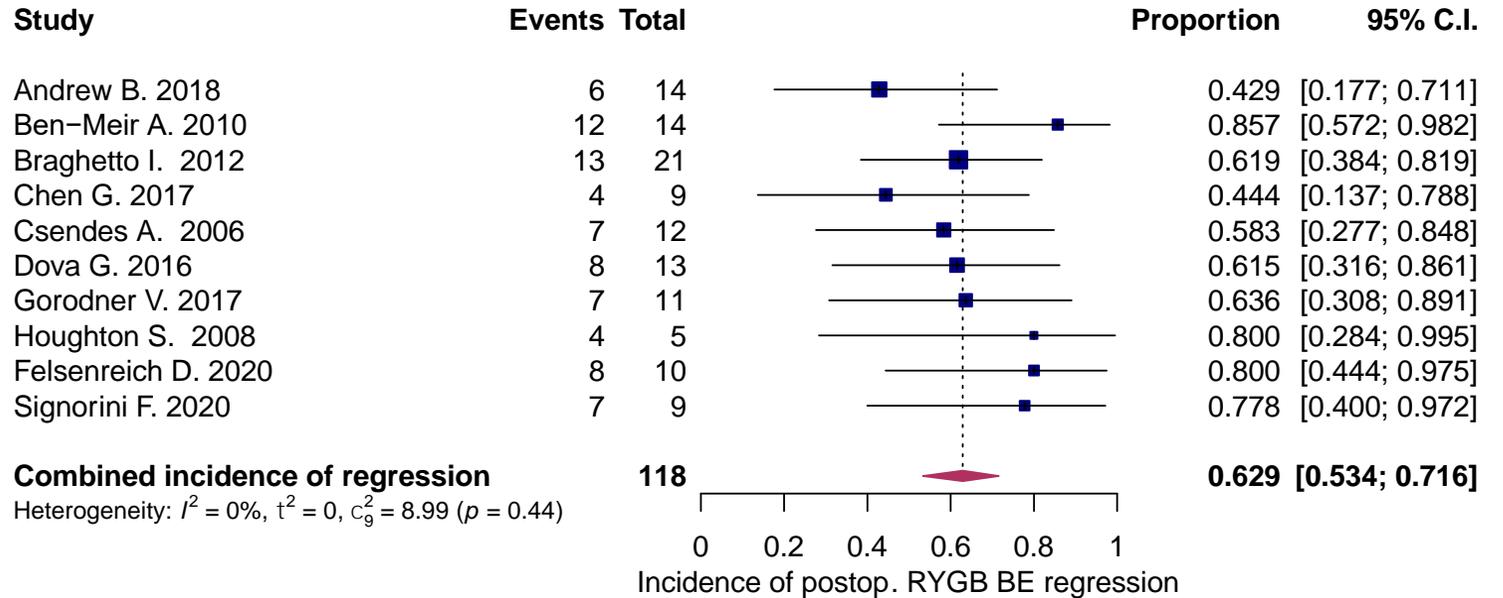
Screen 45,000 patients to find ~90 HGD/EACs

Cost effective?



# Barrett's Regression RYGB

62.9%



Regression = reduction in length or dysplasia



*If you can't convince them, confuse them.*

*~Paul Sugarbaker*

# Is Barrett's after LSG a normal variant?

- It's nuanced, not complicated
- Most cases of "Barrett's" post LSG = cardiac mucosal effacement of a tubularised cardia
- However, IM is present – but risk on GOJ cancer formation seems low
- You can always convert to a Roux

# Thank you for listening



Acknowledgements:  
Professor Wendy Brown  
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My wife and family



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