Dear Members, Dear Colleagues, Dear Friends,

This is my first Newsletter as the President of IFSO and I have to confess I am very excited about this year. Let's work hard to have a stronger IFSO, working more and more for the members. We have now 64 Societies and members from more than 70 countries. Very different realities, but the target is the same, it is obesity, more precisely, adiposity chronic disease.

Our main mission is to unify the international bariatric community to optimize the control of obesity/adiposity chronic disease. This is the most important noninfectious epidemic we have nowadays. The excessive accumulation of adipose tissue, accompanied by mild, chronic, systemic inflammation can be associated with the development of more than a hundred comorbidities as high blood pressure, type 2 diabetes, cardiovascular diseases, dyslipidemia, sleep apnea, orthopedic conditions, some types of cancer and a long list of other adverse pathological conditions.

The prediction of World Obesity Federation and World Health Organization for 2025 is 2.7 billion people overweight, 1 billion obese and 177 million severe obese. If we take the number of bariatric surgeries performed annually from the last IFSO Worldwide Survey, published in Obesity Surgery by Luigi Angrisani et al this year, it would take 258 years to operate all of these patients – Yes, 2 centuries and a half!

Our interventions are powerful to control obesity/adiposity and the comorbidities and as safe as a cholecystectomy. With the adequate follow up in terms of vitamin-mineral-protein supplementation, nutritional counseling and some exercise, results are very good with few adverse events. What we are offering is not really bariatric/metabolic surgery, but a better and healthy life.

We have a lot of barriers to overcome: stigma, financial difficulties, fear of the patients of the procedures and of the changes in their lives, lack of confidence in...
our colleagues who should direct the patients to us.

The best way to go is Education Strategy. This is the only way to win. One of the reasons we could not progress over the current 1% operated patients with severe obesity and classical indication for bariatric surgery is related to our lack of capacity to convince patients and our colleagues, which should inform the patients about the benefits of our procedures and how safe they are. Every time, wherever you are, when you talk to the press or media in general, talk generally about bariatric/metabolic surgery, don’t say that one technique is better than the others, don’t talk about complications of the different procedures, avoid to talk about weight regain, failure of the procedure or malnutrition. Talk about these issues when you are discussing with your patient or in academicals discussions in meetings, courses and congresses.

Researches have stated that the main reasons for not opting for bariatric surgery are: patient’s fear about the risks of the procedure and the supposed changes in lifestyle habits and lack of confidence from general practitioners, physicians and endocrinologists. In this sense, properly designed and executed patient country registries, providing good real-world data, would play an important role to overcome this resistance and get reliance from patients and colleagues. This is one of the goals of our IFSO Worldwide Registry and I’d like to invite you, no matter which country you live in, to contribute with our registry. Medical registries means an organized data-storage system using observational study methodology to collect uniform clinical data to evaluate specified outcomes for a population defined by a particular disease or treatment modality, that serves one or more predetermined scientific, clinical, or policy purposes. A patient registry can be a powerful tool to observe the course of a disease; to understand variations in treatment and outcomes; to examine factors that influence prognosis and quality of life; to describe therapeutic patterns, including appropriateness of care and disparities in the delivery of care; to assess effectiveness; to monitor safety and harm and to measure the quality of the treatment. They are important at a national
Message from the President

level to monitor and set standards of care and at an international level to provide a
descriptive analysis of similarities and differences in patient populations around the
world and in some cases highlighting disparities in access to surgery through
different health systems. From a payer’s perspective, registries can provide detailed
information from large numbers of patients about the effectiveness of the currently
different surgical technical options on their different populations. IFSO and its
federated bariatric societies, providers, health insurance companies, public health
systems and hospitals can use the data to demonstrate their quality of care,
improve the clinical outcomes of patients and demonstrate the safety and
effectiveness of the different surgical procedures to treat obesity, diabetes and
other metabolic disorders. For you this will be easy, free and will help a lot to build a
better image of bariatric/metabolic surgery.

IFSO has been working and will keep on working in different ways of education. We
have the Virtual Academy, the Webinars, the Journal Club, the Symposia, the
Courses we endorse, the Chapters’ Meetings, and, of course, our annual Congress
and much more.

We will come back to you with good news very soon. New projects that will benefit
our members in different ways.

I hope to see you very soon in some of our activities.

Almino C. Ramos – IFSO President

JOIN IFSO: FIGHT OBESITY!
Click here to watch the video
In the next few weeks we will see a whole bunch of exciting meetings/congresses throughout Europe!

...and it is not the global warming, that I would make responsible for this “hot autumn” all over Europe... ;-)"

Just to highlight exemplary the following ones: on November 22nd-23rd Sylvia Weiner run, supported by her father, former IFSO President, Prof. Rudolf Weiner, the 10th Frankfurt Meeting. This event was full of live operations with a world class faculty/program. On the other hand, while you are reading, Nasser Sakran (Israel) and Scott Shikora (USA) are organizing the first “International Diabesity and Metabolic Surgery Summit” in Tel Aviv from Nov. 28th-30th. Another congress, full of international experts with an exciting program...

Bruno Dillemans and Jacques Himpens will focus in their 15th (!) B.E.S.T. congress in Bruges, Belgium, from 3rd-4th of December on redo surgery – with an outstanding, world class program, full of live operations...

Catalin Copaescu has just organized the X Romanian National Symposium of Bariatric & Metabolic Surgery on the 24th November. During this congress we transmitted the first webinar through our IFSO-EC webpage: https://www.ifso-ec.com! I hope you didn’t miss the opportunity to participate in late-braking bariatric news...(special tx to J. Pujol!)

Last, but not least, our Scientific Committee (headed by Rachel Batterham and Ralph Peterli) is working hard together with Jerome Dargent to assemble another an exciting program for the upcoming 2nd IFSO-EC Symposium in Lyon, France, from May 2nd to May 4th 2019. Main topics of this congress will be endoscopic procedures and controversies in bariatric/metabolic surgery – save the date! Hope to see you soon at one of these exciting meetings all over Europe...

Best wishes

Gerhard Prager
President of the IFSO EC Chapter
European Chapter Report

AZERBAIJAN: Azerbaijan Bariatric and Metabolic Surgery Association (ABMSA)

Since 2014, the “Association of Bariatric and Metabolic Surgeons” is operating in the health sector of Azerbaijan as a new surgical branch. The founder and chairman is Prof. Taryel Omarov. The main directive area of our society is the creation of the normal eating and standard methods, application of the different types of the surgeries for returning to their normal weight in the excessive obsessive people, according to it, carrying out planning related to the IFSO criteria, as well as taking the events directed to enlighten the people. Although the association was officially established in 2014, since 2010 we have begun to carry out the events in order to form the surgery field of the Bariatric-Metabolic (Obesity surgery) in our Medicine. This work was started thanks to the I Surgical Diseases department of Azerbaijan Medical University. The operation that we made in May 2013 can be mentioned as the first surgery carried out by Azerbaijani Surgeons. From this date, a number of measures were taken rapidly for the development of this sphere in our republic.

Azerbaijan Association of Bariatric-Metabolic Surgeons was approved officially as IFSO Member in 2014. The association gathers together within the framework of the department in each quarter with our members from other medical centres who are interested in this work and discusses the agenda. We underline with our speeches the experimental effects of the implementation of this work in our republic in some international- IFSO 2013, IFSO 2014, IFSO 2015, IFSO 2016, IFSO 2017, IFSO 2018, ISS 2017, SAGES 2014, WCES 2016-2017 dedicated to bariatric surgery and domestic conferences, as well as, in seminars.

Our Association carried out the first live tele-video conference together with Istanbul Medical University CAPA medical faculty and Turkish Association of Endoscopic-Laparoscopic Surgeons in May 30-31, 2014.

May 28-29, 2015, II Congress of AZERBAIJANI-TURKISH BARIATRIC SURGERY was successfully held in the Teaching Surgical Clinic together with Istanbul University CAPA, Cerrahpasha faculty, Maramara University, Medipol clinic, Turkish Association of Obesity Surgeons, Turkish Association of Endoscopic Laparoscopic Surgeons and AZERBAIJAN Medical University. April 7, 2016, Azerbaijan Medical University completed III Congress of Azerbaijan-Turkey Bariatric Surgeons day successfully in the Teaching Surgery clinic with the participation of the invited professors of the
Association of Turkish Bariatric Surgeons, the Fund of Turkish Metabolic Surgeons, and various associations and universities. In this event, the prof. John Melissas University of Crete Faculty of Medicine of Greece- the program director of IFSO CEO spoke with the opening words. The event was officially endorsed by IFSO. April 20-21, 2017, IV International Bariatric-Metabolic Surgery was approved in the Teaching Surgery clinic of Azerbaijan Medical University and 22 CME were given by the Ministry of the Health of Azerbaijan. The association was ended successfully by the participation of the invited professors of the Association of Russia Bariatric Surgeons, the Association of Kazakhstan Bariatric Surgeons, Azerbaijan Association of Diabetes and Therapeutic Instruction, Azerbaijan Diabetes Society, and Azerbaijan Nutritionist Liga and numerous international universities. As this event was carried out according to the IFSO standards, it was officially approved and was given by the Ministry of the Health of Azerbaijan (IFSO ENDORSED MEETINGS). The Association members help to apply these in our country, by participating in the International Congresses, by meeting with the modern scientific innovations of Bariatric-Metabolic Surgery. Besides this, the establishment of policlinic, reception, registration, control of the outpatients and if possible preparation to the operation and conduct of them after the operation are carried out. Depending on the types of the operations and the difference of their results, the thesis and articles are published in various local and foreign medical journals. 34 abstracts, 13 articles have been published and 37 international and local congresses related spoke to Bariatric-Metabolic Surgery.

Trayel Omerov, President of ABMSA

KAZAKHSTAN: Society of Bariatric and Metabolic Surgeons of Kazakhstan (SBMSK)
The society, which includes 25 surgeons from Kazakhstan, is part of IFSO since 2015 and actively participates in the IFSO events.

Congress President Professor Oral Ospanov participated in the working group of “World Consensus Meeting on Standardization of Bariatric Metabolic Procedures”, Taj Mahal Hotel, New Delhi, India on March 22-24, 2018. The delegation of SBMSK participated in the congress of the European chapter IFSO Athens, Greece, 17/05/2018-19/05/2018 and in the world congress in Dubai, September 26-29, 2018. On July 4-5, 2018 in Astana, Kazakhstan, the I-st Kazakhstan
International Congress on Bariatric and Metabolic Surgery was held under the title "Bariatric surgery in the treatment of metabolic syndrome" (KaSBariMeT-2018). This was an historic event for Central Asia. For the first time, a congress on bariatric and metabolic surgery was held in this large region. The event was a great success, attended by over 300 doctors from Kazakhstan, Uzbekistan, Kyrgyzstan, Azerbaijan, Ukraine, Russia, India, Germany, Lithuania, Turkey, China and the United States. Congress President Professor Oral Ospanov reported on the relevance of bariatric and metabolic surgery for Kazakhstan and presented a draft national guide for discussion. Honorary President of the Congress Henry Buchwald told the history of development and the current state of bariatrics in the world.

The honorary chairman of the Scientific Committee of the congress, Dr. Mal Fobi, reported to delegates about the types of bariatric operations and their advantages and disadvantages. The main contents of the congress were to answer questions on the indications for bariatric surgery, perioperative management, the choice of a bariatric procedure. Particular attention is paid to revision surgery and the management of complications after bariatric surgery, as well as postoperative recommendations.

Active participants in the work of KaSBariMeT-2018 were foreign participants: Pradeep Chowbey (India); Andriy Lavryk (Ukraine) Almantas A. Maleckas (Lithuania), Yury Yashkov (Russia), Plamen Staikov (Germany), Robert Rutledge (USA), Mustafa Taskin (Turkey), Peng (Charles) Zhang (China), Aleksandr Neimark (Russia), Vladimir Samoylov (Russia), Eren Taskin (Turkey), Tariel Omerov (Azerbaijan), Aurika Karbonskienė (Lithuania).

Experts noted that bariatric surgery remains a safe and effective intervention for patients with obesity and obesity-related diseases.
FRANCE: SOciété Française et Francophone de Chirurgie de l'Obésité et des Maladies Métaboliques (SOFFCO.MM)

In this year 2018, the French Society of bariatric Surgery SOFFCOMM has moved forward and tackled several issues that were pending: The fact that our activities have come under close scrutiny has strengthened our will to provide excellent reports to the public audience and health authorities. Five press releases have been issued in November: n° 1 deals with the threshold for accredited centers (so far 50, but health authorities may consider a larger number), n°2 describes the implementation of a national registry (effective 01/01/2018), n°3 the recommended endoscopic surveillance after sleeve gastrectomy (mostly based on IFSO recommendations), n°4: SOFFCO recommendations for fire-workers who have been operated on, n°5 is a position-statement on “medical tourism” in bariatric surgery. Others will follow in 2019. As a result of continuing dialogue with health deciders, a reorganization of the standard application for a case of bariatric surgery has been proposed and should be implemented at the very beginning of 2019. All formal application for bariatric procedures will be made online; the “simple” applications (i.e. patients >18 and <60, first operation, etc.) will be automatic, the others will entail scrutiny from a social security physician. Authorities insisted upon the fact that all participants to the multi-disciplinary team be committed to the follow-up of a given patient after application. Next SOFFCOMM meeting will take place in Lille at the end of May, and will be chaired by François Pattou.

Jerome Dargent, President of SOFFCO.MM
NETHERLANDS: Dutch Society for Metabolic and Bariatric Surgery (DSMBS)
It is with great pleasure that we can establish that the Dutch contribution to scientific research within IFSO (EC) has increased significantly. The number of lectures and posters was very admirable, both during the IFSO-EC symposium in Athens and during the World Congress of IFSO in Dubai. In Athens, the Netherlands delivered the highest number of delegates (over 60) after the Greek delegates themselves. Also, in Dubai, another Dutch researcher has won one of the best abstract prizes: Ralph Gadiot. We congratulate him on his relevant research. We also hope to be well represented again in Lyon and Madrid in 2019. The annual conference of DSMBS will take place on April 3rd 2019. Although it is in principle not an international congress, everyone is more than welcome. The coming edition will focus on chronic pain after bariatric surgery.
After DSMBS has previously attempted to organize the IFSO World Congress in 2019 and 2021 in the Netherlands, we will once again and with great energy make a bid for the World Congress in 2023. We propose Amsterdam as the congress location. Amsterdam is a beautiful city that no longer needs an introduction. We therefore think that we can offer IFSO a very attractive and appealing conference venue in 2023. We sincerely hope to be able to count on your support for this bid, when decided upon in Madrid.
I wish you all happy holidays and hope to see you again in Lyon or Madrid in 2019!
Yours faithfully,
Ronald Liem, President of DSMBS

RUSSIA: Society of Bariatric Surgeons of Russia (SBSR)
In 2018 the Russian Society of Bariatric Surgeons (RSBS) has more than 100 members. They perform bariatric procedures in 42 cities of Russia.
We renewed our logo and site www.bareo.ru
Twice a year RSBS organizes a 5 days basic education course of bariatric surgery. This course permits to become a member of RSBS. All data of type and numbers of surgeries collect in National bariatric registry (www.bareoreg.ru).
“2-nd Saint-Petersburg forum for obesity treatment” - a multidisciplinary forum for outpatient doctors and for the patients. Basic lectures for all methods of obesity treatment, presentation of patients and clinical cases.
European Chapter Report

«Bariatric weekend» - new annual event with "tips and tricks" live surgery;
National congress «Surgical treatment of obesity and metabolic disorders» - more
then 400 participants
Brand new and with the hope it becomes annual: «Bariatric marathon» - 2 days, 12
Russian experts, 12 live laparoscopic procedures, live discussion, more than 200
participants.
Aleksandr Neimark, President of SBSR

SLOVENIA: Slovenian Association of Bariatric Surgeons (SABS)
Promotion of bariatric surgery and activities in Slovenia:
- preparation and education GP for long term follow up after bariatric surgery (june
2018)
- GP and long term follow up after bariatric surgery support obtained through
Medical Chamber of Slovenia (september 2018)
- promotion of bariatric surgery in the field of primary infertility treatment; meeting
activities and collaboration (december 2017)
- bariatric surgery and mal-absorption, the need of integrated health in the long
term follow up; meeting organised with gastroenterologists (march 2018)
- obesity day activities: promotion of knowledge through media, Medical Chamber
of Slovenia, UMC Ljubljana, in-hospital promotion and education, social media
activities and magazines (october 2018)
- in-hospital nursing education for better patients care in the field of bariatric
surgery (april 2018)
- promotion of education in the field of bariatric surgery in ERASMUS+ mobility
programme (october 2018) for medical teachers
- 1st sloveene meeting with the topic of obesity surgery and gastric surgery (28., 29.
March 2019)
- Obesity surgery and oral health; meeting 30.11.2018; lecturing and planning
activities
- bariatric surgery in education curriculum for medical students (since 2014)

Tadeja Pintar, Co-President of SABS
The Spanish Society of Obesity Surgery (SECO) has always considered the training as one of the pillars for the development of bariatric surgery in our country. Because of this, 10 years ago, we designed a training program in bariatric surgery with 5 phases (theoretical, experimental surgery, live surgery, minifellowship and mentoring). The program has a great success and more than 2,000 surgeons have completed some of the phases. Within the program, in 2018 we have carried out several courses, some of them in our website www.seco.org: the 4th edition of the advanced course in bariatric surgery (with more than 150 participants), the emergency course in bariatric surgery in its third edition in Spanish (more than 170 participants), its second edition in Portuguese and new editions in 2018 in English (still open for registration on www.e-bariatric.com) and in Italian with the collaboration of SICOB in October. We have also made a new edition of our obesity treatment course for nurses and dietitians.

Through our foundation (FUNSECO) we have offered this year 40 scholarships for the course in experimental surgery and 18 scholarships for the rest of the phases of the bariatric training program. 10% of SECO members have received some support for research or training in the form of scholarships or research prizes with a total amount of 125,000 €.

On our website www.seco.org you can also find clinical cases, a newsletter, publications and the clinical path of enhanced recovery in bariatric surgery which is also available in our App for Android (SECO) and iOS (FUNSECO). In this App you can find other useful tools for the bariatric surgeon.

In addition to the web, our diverse forms of communication include the BMI journal, where you can find videos, articles and scientific communications from our partners and collaborators from all over the world. BMI journal is already available in English, with a system of peer review and ready to be indexed. We are now working on a system of accreditation of multidisciplinary teams and cooperating with the preparation of the 24th IFSO world congress in Madrid from September 3 to 7, 2019.

Raquel Sánchez Santos
Vicepresident of SECO

Jose Ramirez Felipe
President of SECO
European Chapter Symposium

WELCOME MESSAGE

A warm welcome to all participants to our NON-INVA meeting and 2nd IFSO-EC Symposium in Lyon. Some of you remember the second IFSO-EC meeting we had in Lyon in 2006, others the regular NON INVA meeting, that we host for 8 years, and has also been combined with Karl Miller’s Expert Meeting (formerly in Saalfelden, Austria).

As carried out a regular basis, the core of the meeting will still be the “NON INVA spirit”, i.e. new technologies in general (but pertaining to obesity one way or another), and more specifically the endoscopic bariatric techniques (EBTs).

The alternative part of the meeting will deal with “controversies”.

“State of the art”, consensus, or panel discussions regarding “how one should do or not do a given procedure”, etc., are dealt with during the IFSO world meeting in Madrid later this year, and we will not repeat that.

Lyon has a tradition of friendly and casual interactions for a very long time, having played this role since the Roman times, later on during the Renaissance between France and Italy mostly, and above all it is the world capital of gastronomy, more than you need to enjoy your stay here! So go on a strict diet 2 weeks before the meeting... and start again immediately after, you will not be disappointed.

Jérôme Dargent
IFSO-EC 2019 Symposium President
Welcome Message

It is my great pleasure to invite you to participate actively in the 2nd IFSO-EC Symposium, taking place in Lyon, May 2nd to 4th 2019.

This IFSO EC symposium will be held on top of the existing, very successful, NON-INVA meeting, organized by Jerome Dargent.

Therefore, one main topic will be new technologies, further minimization of the surgical access and advanced endoscopic procedures.

Our scientific committee, run by Rachel Batterham and Ralph Peterli, is working on a vibrant program including "controversies" and "optimizing outcome after bariatric/metabolic surgery". It is planned to deal with some of the "hottest topics" in bariatric surgery in an Oxford style discussion manner. Touchy subjects like "revisional procedures for weight regain" and "bariatric/metabolic surgery in patients with low BMI" also will be covered.

Don’t miss this excellent opportunity to participate in a fantastic congress and meet friends in one of the most history-charged and beautiful cities of Europe!

See you in Lyon

Gerhard Prager
IFSO European Chapter President
Ideal located in the southeast of France, Lyon, capital of the Rhône Alpes region is just two hours by TGV (high-speed train) from Paris and a mere 90 minutes from the Mediterranean coast and major Alpine ski resorts. You can fly to 115 destinations from Lyon Saint-Exupery Airport, which receives 8.5 million passengers each year.

Lyon dates back to the year 43 BC, it used to be the capital of the Gauls under the Roman Empire, then became capital of the silk trade, and finally, capital of gastronomy, a reputation that still holds true today.

Lyon, concretely its oldest part, Vieux Lyon, has been classified a UNESCO world heritage site thanks to the continuity of urban settlement over more than two millennia. It is known for being one of the most important Renaissance sites in Europe. The places one shouldn’t miss are numerous, for example Fourvière Basilica and La Croix Rousse, with its silk-weavers’ workshops or Saint John’s Cathedral. Over 200 sites are illuminated each evening!

Rue Saint-Jean, close to the cathedral, is home to many restaurants and stores. And in Rue du Bœuf, designer boutiques vie for attention with Michelin starred restaurants listed in the famous French guide.

Lyon puts a great effort into developing culture, being home to prestigious institutions such as the Opera, Museum of Fine Arts and National Orchestra, and organizing big international events like the Biennial of Dance and Contemporary Art, the Festival of Lights and the Nuits Sonores music festival.
# European Chapter Symposium

## 2nd IFSO-EC Symposium 2 - 4 May 2019 Lyon France

## Committees

### IFSO-EC Executive Council

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
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<tr>
<td>Jerome Dargent</td>
<td>President of the IFSO-EC Symposium 2019</td>
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<td>Gerhard Prager</td>
<td>IFSO-EC President</td>
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<td>Michel Suter</td>
<td>IFSO-EC Past President / Chair Bylaws Committee</td>
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<td>Jean-Marc Chevallier</td>
<td>IFSO-EC President Elect</td>
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<td>Martin Fried</td>
<td>Executive Director/Representative of Obesity Facts</td>
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<td>Nicola Scopinaro</td>
<td>Honorary President</td>
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<td>Nicola Di Lorenzo</td>
<td>Member at Large to IFSO/MNAG</td>
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<td>Rachel Batterham</td>
<td>Chair of the Scientific Committee</td>
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<td>Ralph Peterli</td>
<td>Chair of the Scientific Committee</td>
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<td>Maurizio De Luca</td>
<td>Treasurer</td>
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<td>Tom Mala</td>
<td>Representative of OBSU</td>
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<tr>
<td>Joan Pujo</td>
<td>Chair Communication &amp; Development Committee</td>
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<td>Karin Dolezalova</td>
<td>Young IFSO Representative</td>
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November 2018
European Chapter Symposium

2<sup>nd</sup> IFSO-EC SYMPOSIUM 2 - 4 MAY 2019 LYON FRANCE

TOPICS

1. Improving outcome after bariatric/metabolic surgery
2. Quality of bariatric surgery, bariatric registries
3. Type 2 diabetes and metabolic surgery
4. Interdisciplinary management of the bariatric patient
5. Robotic bariatric surgery
6. Enhanced recovery in bariatric surgery
7. Fertility, pregnancy and bariatric surgery
8. Plastic surgery after weight loss
9. Management of weight regain after surgery
10. Surgery and strategies for low BMI
11. Technology and bariatric surgery

CALL FOR ABSTRACTS

The spirit of the meeting will stay the “NON INVA spirit”, i.e. new technologies in general, and more specifically the endoscopic bariatric techniques (EBTs). The alternative part of the meeting will deal with “controversies” - “State of the art”, consensus, or panel discussions regarding “how one should do or not do a given procedure”, etc., are dealt with during the IFSO regular meeting in Madrid later this year. Do not send abstracts in this regard, but only ones with a particular angle.

Jérôme Dargent
IFSO-EC 2019 Symposium President

DEADLINE FOR SUBMISSION: JANUARY 7, 2019

On-line Abstract Form: www.ifso-ec2019.com/call-for-abstracts/
European Chapter Symposium

2ND IFSO-EC SYMPOSIUM 2 - 4 MAY 2019 LYON FRANCE

REGISTRATION

On-line Registration Form: www.ifso-ec2019.com/registration

February 4, 2019
DEADLINE FOR EARLY BIRD REGISTRATION FEE

February 5 – April 22, 2019
STANDARD REGISTRATION FEE

from April 23, 2019
LATE AND ON-SITE REGISTRATION FEE

2ND IFSO-EC SYMPOSIUM 2 - 4 MAY 2019
LYON FRANCE
ESPACE TÊTE D'OR

SYMPOSIUM SECRETARIAT

GUARANT International spol. s r.o.
Na Pankráci 17, 140 21
Prague 4, Czech Republic
Phone: +420 284 001 444
E-mail: ifso-ec2019@guarant.cz

GUARANT
INTERNATIONAL
North American Chapter Report

North American Chapter
Obesity Week 2018 Nashville
5500 attendees estimated

John Morton, MD, MPH, FACS, FASMBS
President, American Society of Metabolic and
Bariatric Surgery, 2014-2015
Chair, Committee for Metabolic and Bariatric
Surgery, American College of Surgeons

ASMBS Metabolic and Bariatric Surgery
Numbers Estimation for 2017

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Does hospital accreditation impact bariatric surgery safety?

John Morton¹, MD, MPH, FACS, FASMBS
Trit Garg¹, BA
Ninh T. Nguyen², MD, FACS, FASMBS

¹Stanford University
²University of California, Irvine

134th Annual Meeting of the American Surgical Association

In-Patient Outcomes
Morton, Ann Surg 2014

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<thead>
<tr>
<th></th>
<th>Unaccredited</th>
<th>Accredited</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total charges (mean), $</td>
<td>51,189</td>
<td>42,212</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Any complication, %</td>
<td>12.3</td>
<td>11.3</td>
<td>0.001</td>
</tr>
<tr>
<td>Mortality, %</td>
<td>0.13</td>
<td>0.07</td>
<td>0.019</td>
</tr>
<tr>
<td>FTR, %</td>
<td>0.97</td>
<td>0.55</td>
<td>0.046</td>
</tr>
</tbody>
</table>

Abbreviations: FTR, failure to rescue

MBSAQIP Accreditation Required

• Blue Cross Centers of Distinction
• Aetna Institutes of Quality
• United/Optum Centers of Excellence
• Cigna Bariatric Centers of Excellence
SAR Summary Data for Cases in CY2016
30-day Mortality Snapshot – All Cases

<table>
<thead>
<tr>
<th>Number of Sites</th>
<th>Total Cases</th>
<th>Death Cases</th>
<th>Mortality Rate (%)</th>
<th>Mean Site Mortality Rate (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>783</td>
<td>185883</td>
<td>207</td>
<td>0.1114</td>
<td>0.1176</td>
</tr>
</tbody>
</table>

2016 30-Day Morbidity
LSG: Leak, 0.22% ; SSI, 0.32%
LRNYGB: Leak, 0.32% ; SSI, 1.35%

Decreasing Readmissions through Opportunities Provided (DROP):
The First National Quality Improvement Collaborative from the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP)

John Morton MD, MPH; Stacy Brethauer MD; Teresa Fraker RN, Jennifer Bradford MFA, Kristopher Huffman MS, Elizabeth Berger MD, Anthony Petrick MD, Cliff Ko MD

Any Readmission By Quarter
DROP 128 HOSPITALS

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Cases</th>
<th>Rate</th>
<th>% Change</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre</td>
<td>18230</td>
<td>4.02</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>1</td>
<td>5416</td>
<td>4.30</td>
<td>9.20</td>
<td>0.22</td>
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<td>2</td>
<td>5721</td>
<td>3.49</td>
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<td>0.07</td>
</tr>
<tr>
<td>3</td>
<td>5053</td>
<td>3.34</td>
<td>-16.92</td>
<td>0.02</td>
</tr>
<tr>
<td>4</td>
<td>5258</td>
<td>2.93</td>
<td>-27.11</td>
<td>0.0003</td>
</tr>
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</table>
MBSAQIP is extending accreditation and standards to medical and endoscopic weight loss as well.

Weight loss balloons now linked to 12 deaths

Primary Balloon Insertions (Operation Dates in 1/1/2016 - 12/31/2016)
Total Number of Cases: 1003
Total Number of Centers: 108

<table>
<thead>
<tr>
<th>Occurrence</th>
<th>N</th>
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<tr>
<td>Mortality</td>
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<tr>
<td>Morbidity</td>
<td>2</td>
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<td>All Occurrences Morbidity</td>
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<tr>
<td>Leak</td>
<td>0</td>
</tr>
<tr>
<td>Bleeding</td>
<td>3</td>
</tr>
<tr>
<td>SSI</td>
<td>0</td>
</tr>
<tr>
<td>All Cause Reoperation</td>
<td>9</td>
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<td>Related Reoperation</td>
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<tr>
<td>All Cause Readmission</td>
<td>20</td>
</tr>
<tr>
<td>Related Readmission</td>
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</tr>
</tbody>
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NATIONAL OBESITY COLLABORATIVE CARE
SUMMIT '16

- Educational Initiative- ABOM and Obesity Medicine Education Collaborative
- Advocacy- Obesity Care
- Collaborative Position Statements
  - American Hip and Knee Society
  - National Lipid Association
  - American College of Obstetrics and Gynecology
  - American College of Occupational and Environmental Medicine
  - American Hernia Society
  - American Society for Clinical Oncology
ASMBS Foundation: Gala & Lead Awards

The ASMBS Foundation’s inaugural Gala & LEAD Awards was one of the premier events at ObesityWeek to celebrate the accomplishments of the Foundation and honor those who have shown outstanding leadership and dedication to the field of metabolic and bariatric surgery.
ASMBS Honorary Fellow: Dr. Almino Ramos

American Society for Metabolic and Bariatric Surgery
On the basis of Outstanding Contribution and Qualification in the Art, Science and Practice of Metabolic and Bariatric Surgery, The Executive Council, by Order and Acclaim, Awards the Title of:

Honorary Fellow to
Almino Ramos, MD, FASMBS
Nashville, TN, November 2018

ASMBS International Reception & Award Ceremony:

IFSO proudly awarded Dr. Mahir Ozmen from Turkey for his presentation: Changes in HOMA-IR Index After Bariatric Surgery: Comparison of SADS-p and MGB-OAGB.

ASMBS awarded Dr. Aayed Alqathani for his presentation: Sleeve Gastrectomy in 2019 Children and Adolescents: Nine Years long—Term
This is my first report to you, as the new Executive Director of IFSO LAC since my election on June 7th 2018 during the SBCBM congress in Fortaleza, Brazil. So, by now it is my pleasure to report all the activities of our Chapter in the last three and a half months, from August 2018 to November 2018.

We still maintain very fluid communication with all the Presidents of our Member Societies through our Whatsapp CHAT IFSO LAC, remembering you, that we keep the last Past Presidents of each Member Society to maintain a continuous working line between the last period with the new one. The new Presidents of our Member Societies are now very well integrated. The only change is that the new President of Bolivia (COMITÉ DE CIRUGÍA BARIÁTRICA Y METABÓLICA DE LA SOCIEDAD BOLIVIANA DE CIRUGÍA) is Dr. José Lizarazu, instead of Sergio Aparicio, since the first days of September 2018. Welcome to José, we know that he is an outstanding Bariatric Surgeon from Santa Cruz de la Sierra – Bolivia.

**International Bariatric and Metabolic Surgery meetings, symposia and courses.**
From September 5 to 7, 2018 IFSO LAC participated actively in the Symposia of Bariatric and Metabolic Surgery of the “XXIX Congreso Boliviano de Cirugía”, in Cochabamba. In this opportunity, the Executive Council of IFSO LAC had a meeting, to work out the program of our next IFSO LAC Congress in Buenos Aires - Argentina during 2019. Not to mention the high scientific quality of the conferences during the symposia.
Latin American Chapter Report

In the last days of September, from 26 to 29, we had an active participation in the 23rd World Congress of IFSO, in the magnificent city of Dubai. Dr. Ricardo Cohen, President of IFSO LAC, presented the report of our chapter during the General Council meeting.
Many outstanding members of IFSO LAC had a great participation in the scientific programme in this huge event in Dubai. We all are proud of them and of the leadership demonstrated.

Finally, we are all working hard in the organization of the VIII Latin American Congress IFSO LAC, Buenos Aires 2019, having Dr. Felipe Eduardo Fiolo as the President of the Congress, working very actively in Argentina with all the local Organizing Committee.

CLICK HERE FOR THE CONGRESS WEBSITE

We are also working to keep our web site https://ifsolac.org updated, posting all the next scientific events of the Member Societies, with our President Elect, Dr. Estuardo Behrens, and Dr. Luis Pedrazas, who are in charge of this page.

Sergio Aparicio, MD FACS

Executive Director IFSO LAC

saparicio@clinicalosolivos.com
VIII CONGRESO LATINOAMERICANO
IFSOLAC 2019
3º CONGRESO ARGENTINO SACO 2019

BUENOS AIRES · ARGENTINA
DEL 24 AL 26 DE ABRIL 2019

23 DE ABRIL · Cursos Pre Congreso

Hotel Panamericano Buenos Aires
Carlos Pellegrini 551 · CABA

Para más información ingresar en www.ifsolac2019argentina.com
o por correo electrónico a: info@ifsolac2019argentina.com
Asia Pacific Chapter Report

Dear Members,

It is my pleasure to report what has happened in our Chapter in the last 3 months, from July 2018 to Sept 2018.

We have had several communications with our member Societies to understand their needs and what we could as a society do to help them.

The Singapore society for Bariatric and Metabolic surgery had its annual meeting under the leadership of its president Dr Jaideep Rao and Malaysia organised the ELSA meeting wherein we had a workshop and session dedicated to Bariatric surgery thanks to the untiring efforts of Dr Nik Kosai and Dr Reynu Rajan. Members of IFSO APC actively participated in these meetings.

APMBSS has officially joined us as an affiliate member so that makes IFSO APC the major and largest society representing the interests of Bariatric surgeons from Asia Pacific.

IFSO's core PCO MCM shall be the organising it’s first Asia Pacific meeting in Guangzhou in March 2019 and we are looking forward to having continuity and stabilisation at organising our meetings.

The Board has approved a Talent development and Training Committee { Dr. M. Lakdawala, Dr. P. Chowbey , Dr. K. Kasama , Dr. C.K. Huang and Dr. Ahmad Aly } to oversee the appointment of IFSO APC Training Centres and Faculty to facilitate more surgeons to be trained from the region. We shall start approving these centres by January 2019 via a protocol based system that allows anyone who has the approved criteria a chance at joining as a prestigious training facility in Asia Pacific after site inspection.

The new website [www.ifso-apc.com](http://www.ifso-apc.com) with a special feature for online training.
Asia Pacific Chapter Report

modules as well as a representation of all papers published from the region easily accessible for the members has started and is active. We have teaching videos of basic and revision procedures on it.

The first online training lecture that shall be recorded for all members to see and learn from shall be taken this December by Dr W J Lee and these educational lectures shall be a fortnightly event.

We have also reached an informal agreement with the presidents of Latin America and Mena Chapters to have at least one member from their chapters invited at our annual meetings as our guest.

We have appointed a committee headed by Dr Harry Frydenberg to look at the constitution as some changes are needed and once they return with their suggestions we shall have it approved by the executive before the next annual GBM.

We finally have our own bank account which can receive funds directly from corporates as a result of the efforts made by Dr Ken Loi our treasurer.

We are to receive applications for full membership from 2 countries Pakistan and Thailand in the very near future and are working on helping them with their constitution.

Pakistan is having its first ever meeting under the leadership of Dr Mumtaz Maher their president from the 6/8 December 2018.

We are very happy and proud to have our past president nominated as the first Woman President of IFSO. Congratulations Lilian Kow!!

Finally SAVE THE DATE! For our annual IFSO APC Meeting in Guangzhou and please visit its website: www.ifso-apc2019.com

The call for abstracts is open!

Muffazal Lakdawala
INDIA: Obesity Surgery Society of India (OSSI)

Between September 2017 and September 2018, following meetings in India have been endorsed by OSSI:

**September 2017;** IFSO endorsed Controversies in Bariatrics, Organiser: Dr Arun Prasad and Dr Abhishek Tiwari, New Delhi, India. A 2 day meeting that had live surgery to discuss techniques, debates and panel discussions to discuss procedures and video sessions to discuss controversies in complication management. Total attendance of 215

**February 2018;** OSSICON, Organiser: Dr Raj Palaniappan, Chennai, India. A 3 day annual national meeting of OSSI. Post graduate courses, live surgery, abstract based presentations, debates and panel discussions. Total attendance of 350

**March 2018;** BMSS-WOCOME, Organiser: Dr Mohit Bhandari and Dr Mal Fobi, New Delhi, India. International consensus meet on techniques standardisation. Represented by 72 countries. Total attendance of 170

**April 2018;** Gain Insight on Weight Regain, Organiser: Dr Sarfaraz Baig and Dr Pallawi Priya, Kolkata, India. National data collaboration of 28 surgeons across 25 high volume centers with a focus on weight regain after Bariatric Surgery. The project resulted in the largest data collaboration on the subject of Weight Regain with a data of more than 10,000 patients and the results are under review for publication.

**May 2018;** Live workshop Organiser: Dr Arush Sabharwal, New Delhi, India. One Day International Workshop on Obesity and Diabetes Surgeries Surgical Center for Obesity and Diabetes. Attendance around 100.

**June 2018;** The 3rd Annual IEF Bariatric and Metabolic Surgery Update, Organisers: Dr Jaydeep H Palep and Dr Nidhi Khandelwal. Mumbai, India. The conference was attended by more than 100 surgeons from all over the country, and more than 40 renowned faculty.

**June 2018;** B.E.S.T 2018, Organiser: Dr Shashank Shah, Pune, India. During the conference, live surgeries and multiple Video presentations in addition to interesting didactic sessions and debates were conducted. Attendance around 250.

**August 2018;** DiaSurg 2018. Organiser: Dr Suren Ugale. During the conference effect of various types of bariatric surgeries were discussed. Indian data on surgery for diabetes were compiled and discussed. This was a unique single theme conference.

**September 2018;** Bariatric Endoscopy Workshop. Organiser: Dr Arun Prasad, Dr Mohit Bhandari, Dr Mandeep Kaur and Dr Abhishek Tiwari. New Delhi, India. Live workshop of the endobariatric sleeve plication and Balloon was done. Dr Manoel Galvao Neto talked online in detail about all the endobariatric procedures. Four patients were operated during the workshop.

Arund Prasad, President of OSSI
SINGAPORE: Obesity and Metabolic Surgery Society of Singapore (OMSSS)

The annual meeting of the Obesity and Metabolic Surgery Society of Singapore together with the Endocrine Society of Singapore and Singapore Association for Study of Obesity was held between 11-13 October 2018 in Mandarin Orchard, Singapore. There was a pre Congress workshop including live surgeries which was held at the Khoo Teck Puat Puat advance surgical training center. The Congress was attended by more than 350 people including overseas and regional faculty. The theme of the meeting focused on obliterating the obesity stigma!
Asia Pacific Chapter Congress

IFSO-APC 2019
Uniting global forces in Asia,
Defeating obesity and metabolic disorders

March 21-23, 2019
Guangzhou, China

Committee
Congress President
Cunchuan Wang

Congress Secretary
Wah Yang

Scientific organizing committee
Local chair: Cunchuan Wang
Members: Jingang Liu, Shailong Zhu, Simon Wong

IFSO APC President
Mufazal Lakdawala

IFSO APC President Elect
Kazunori Kasama

Chair of the scientific committee APC
Wei-Jei Lee

Chair of I.H. Committee
John Dixon

ABSTRACT SUBMISSION
IS NOW AVAILABLE!

www.ifso-apc2019.com

KEY DATES
Abstract Submission Deadline:
December 1, 2018

Abstract Acceptance:
January 20, 2019

Earlybird Registration:
February 10, 2019
The following Registration Fees will be available for IFSO – APC 2019

<table>
<thead>
<tr>
<th>Registration fees</th>
<th>By February 10, 2019</th>
<th>After February 10, 2019 and on site</th>
</tr>
</thead>
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<tr>
<td>Delegate IFSO Member</td>
<td>US $ 120.00</td>
<td>US $ 150.00</td>
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<tr>
<td>Delegate non Member</td>
<td>US $ 150.00</td>
<td>US $ 200.00</td>
</tr>
<tr>
<td>Delegate - Integrated Health, Residents &amp; Students*</td>
<td>US $ 80.00</td>
<td>US $ 100.00</td>
</tr>
</tbody>
</table>

All Registration Fees include: Admission to scientific sessions, Conference badge and kit, Certificate of attendance, Coffee breaks and lunches.

* PhD Students, Residents, Research Fellows, whoever has a not permanent position at a University. A certification should be sent together with the registration fee.

For further information and updates:

www.ifso-apc2019.com
While Swan Hotel – The Congress Venue

Majestically overlooking the scenic Pearl River from its location on historic Shamian Island, the White Swan Hotel is an oasis of tranquility amid the hustle and bustle of the city. As a welcoming entrance, the impressive Atrium lobby is an indoor microcosm of the lush landscapes of Southern China with a cascading waterfall over spectacular rockery.

First opened in 1983, the White Swan Guangzhou is one of the most recognized five-star luxury hotels in China and a member of the ‘World Luxury Collection’ by Worldhotels. Over the years, the hotel has received many heads of states, including Queen Elizabeth II, and is renowned for extending exceptional service to every guest.

As White Swan Hotel is newly renovated, the hotel features 520 luxurious rooms and suites, over 2500 square meters of well-appointed meeting and conference space, a two-level fitness center, a heated outdoor pool, an exclusive Spa sanctuary, designer shops, and a variety of excellent restaurants, bars and lounges.

About Guangzhou

Guangzhou is the third largest city in China and the capital city of Guangdong Province located along the southern coastline of China. It has access to the South China Sea via the Pearl river which runs through the city. It lies in close proximity to Hong Kong which is a short train ride away. Guangzhou’s architecture is a mixture of colonial influences and modern high-rise towers. The walks beside the Pearl river are particularly attractive and the city has a number of historic parks which make it quite green and add to the sense of openness of the city.

Guangzhou is a famous historical city that continues to absorb and integrate the Chinese and foreign cultures over 2000 years, reputed as City of Flowers and Thousand-year-old Commercial City.

It embraces Cantonese culture and is a perfect blend of modernity and history thanks to its unique natural environment and favorable geographical location.

We look forward to meeting you in Guangzhou ! A charming city
Structure of IFSO MENAC Executive Council:

President 2017-2019 Abdelrahman Nimeri

President elect Khalid Mirza Gari

Treasurer 2017-2020 Hayssam Fawal

Member at large Khalid Gawdat

IFSO MENAC Congress President Salman Al Sabah

IFSO MENAC Committees:

Communication: Chair: Ahmed Bashir, Co-Chair: Ali Al Montasheri

Scientific & research: Chair: Bassem Safadi, Co-Chair: Ashraf Hadad

Education & training: Chair: Aayed Al Qahtan, Co-Chair: Osama Taha

Guidelines, registries & medicolegal: Chair: Salman Al Sabah, Co-Chair: George Al Haj

Membership: Chair: Mousa Khoursheed, Co-Chair: Mohamed Al Hadad.

Integrated Health: Chair: Nadia Ahmad, Co-Chair: Nasreen Al Faris.

Young IFSO MENAC: Chair: Mohamed AbouZeid, Co-Chair: Rodrigue Chemaly

Download here all Committee’s Reports.
The **1st IFSO MENAC Congress** will be held in **Kuwait** at the Radisson Blu on April 12th-13th 2019 in collaboration with the Pan Arab Society for Metabolic and Bariatric Surgery, the Gulf Obesity Surgery Society and the World Obesity Federation. In addition, there will be a SCOPE school of the World Obesity Federation on the 11th of April 2019. Abstract submission is now open. Check our website [www.ifso-menac2019.com](http://www.ifso-menac2019.com)

**IFSO MENAC Congress President:** Salman Al Sabah

**Members of the Scientific & Organizing Committee are:**

- IFSO MENAC President: Abdelrahman Nimeri
- IFSO MENAC President elect: Khalid Gari Mirza
- PASMBS President: Aayed Al Qahtani
- GOSS President: Salman Al Sabah
- Chair IFSO MENAC Scientific Committee: Bassem Safadi
- Co-Chair IFSO MENAC Scientific Committee: Ashraf Hadad
- Chair IFSO MENAC IH Committee: Nadia Ahmad
- Co-Chair IFSO MENAC IH Committee: Nasreen Alfaris
- Chair of Organising Committee: Mubarak Al Kandari
- Representative of Kuwait Society: Mohammad Al Jarallah, Mousa Khoursheed, Saud Al Subaie, Mohammad Jamal.

**IFSO MENAC Research grant:**

The Scientific Committee will announce the process for applying for a research grant soon.

Check our website for more details!

Sincerely,

**Abdelrahman A. Nimeri, MBBCh, FACS, FASMBS**

President of the IFSO MENA Chapter 2017-2019
1st IFSO-MENAC Meeting
3rd PASMBS Meeting
April 12-13, 2019
Kuwait City, Kuwait

KEY DATES
Abstract Submission Deadline: January 10, 2019
Abstract Acceptance: February 20, 2019
Earlybird Registration: March 1, 2019

www.ifso-menac2019.com
1st IFSO-MENAC Meeting
3rd PASMBS Meeting

April 12-13, 2019
Kuwait City, Kuwait

Scientific Organising Committee
Salman Al Sabah, Congress President/GOSS President
Abdelrahman Nimeri, President IFSO MENAC
Khalid Mirza Gari, President Elect IFSO MENAC
Bassem Safadi, Chair IFSO MENAC Scientific Committee
Ashraf Hadad, Vice-Chair IFSO MENAC Scientific Committee
Nadia Ahmad, Chair of IFSO MENAC IH Committee
Nasreen Al Faris, Vice-Chair of IFSO MENAC IH Committee
Aayed Al Qahtani, PASMBS President
Mohammad Jarallah, Local Member of the SOC
Moussa Khorsheed, Local Member of the SOC
Saud Al-Subaie, Local Member of the SOC
Mohammad Jamal, Local Member of the SOC

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For further information and updates:
www.ifso-menan2019.com
1st IFSO-MENAC Meeting
3rd PASMBS Meeting

April 12-13, 2019
Kuwait City, Kuwait

Hotel Radisson Blu – The Congress Venue
Al Bida Al Taawoon Street, PO Box 26199, 13122 Kuwait City Kuwait.

Special rates are offered to participants in the IFSO - APC 2019 who wish to overnight at the Radisson Blu.

Stay on the shores of the Arabian Gulf at our Kuwait Hotel
Kuwait City is a fascinating mixture of old and new, and the Radisson Blu Hotel, Kuwait mirrors this distinctive blend with its own traditional dhow and sleek, modern interiors. Kuwait International Airport and the International Fairground are both within easy reach of our waterfront hotel, where you can enjoy a tranquil, beautiful beach setting.

About Kuwait City
Kuwait City is the main and largest city in Kuwait, located in the Middle East region. Kuwait shares borders with Iraq and Saudi Arabia. The country features for having a dry desert climate, with scorching hot summers and chilly winters (the summer temperatures easily surpass 40°C). Apart from Kuwait City, Salmiya, Jahra and Wafra are worth to visit. Regarding main attractions, you shouldn’t miss Sheikh Zayed Grand Mosque, the Kuwait Towers, the Souq, the Tareq Rajab Museum and the Scientific Centre, which stands for being Middle East’s biggest aquarium.
HIGHLIGHTS IFSO DUBAI 2018

www.ifso2018.com

IFSO 2018
23rd WORLD CONGRESS
26-29 September 2018
Dubai International Convention and Exhibition Centre
Dubai, United Arab Emirates

ORGANISED BY
SUPPORTED BY

DESTINATION PARTNER

POST EVENT REPORT

Congress Secretariat: MCI Middle East, UAE, Tel: +971 4 311 6300, E-mail: ifso2018@mci-group.com
HIGHLIGHTS IFSO DUBAI 2018

REGISTRATION SUMMARY

- 1,209 Abstracts
- 90+ Countries
- 400+ Speakers
- 2,469 Attendees
- 35 Sponsors
### Delegate Summary - Countrywise

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</table>
ABSTRACT PRESENTATIONS SUMMARY

- Abstracts Received: 1209
- Abstracts Accepted: 1102
- Abstracts Accepted For Oral: 370
- Abstracts Accepted For Video: 171
- Accepted For Poster: 561

CONGRATULATIONS TO OUR WINNERS

Winner of the Young Investigator Award
Ralph Gadiot (Netherlands)

The Best Poster Awards
Helder Fonseca (Portugal) | Suhaib JS Ahmad (UK) | Tae-Kyoung Ha (S. Korea)

Integrated Health Scholarship Winners
- Mariam Lakdawala (India) | Sally Abbott (UK) | Silvia Leite Faria (Brazil)
- Stephanie Sogg (USA) | Tarek Fouani (Lebanon)

Surgeon Scholarship Winners
- Chun-Hai Tan (Singapore) | Eliana Al Haddad (USA) | Hosam Elghadban (Egypt)
- Ricardo Lopez (Guatemala) | Tetiana Tarasenko (Ukraine)
EDUCATIONAL PROGRAMME SUMMARY

The 23rd World Congress of IFSO's scientific program highlighted the importance of integrated health, by hosting multiple transdisciplinary and integrated health sessions. This year also hosted a joined session with the World of Obesity (WOF).

First ever at IFSO:
A Mock Trial was held, where real life lawyers fought for the prosecution and defense of a surgeon, and a judge raised his judgement.

A Fencing Match Debate Session took place where faculty battled against each other in bouts on topics of Sleeve Gastrectomy in GERD patients, judged by a Jury who scored each fencer on their argumentative skill.

A World Bariatric Video Championship session showcased the top 5 videos received, to be scored along the panel of judges to decide the Champion.

With 10 postgraduate courses including 5 Industry Symposia, 370 oral abstracts, 171 video abstracts, 561 posters, 3 Top Posters, 10 Top Papers and a Simulation Centre, the scientific programme provided a unique opportunity for all those interested in obesity and metabolic surgery to share their experiences, expertise and knowledge and seek practical solutions in their search to eradicate and manage this epidemic.

POST GRADUATE COURSE ATTENDANCE

<table>
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<tr>
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<td>How to Conduct and Publish Quality Research</td>
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<tr>
<td>Complications of Bariatric Surgery: Prevention and Management</td>
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<tr>
<td>Bariatric Registries and Their Value: MBSAQIR, IFSO, SRC</td>
<td>24</td>
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<td>Revisional Surgery for Weight Regain</td>
<td>53</td>
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<td>Bariatric Endoscopy for Weight Loss, Weight Regain and Management of Complications</td>
<td>54</td>
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<tr>
<td>One Anastomosis Gastric Bypass/Mini Gastric Bypass</td>
<td>36</td>
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<tr>
<td>Metabolic Surgery from Basics to Clinical Evidence</td>
<td>35</td>
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<tr>
<td>Enhanced Recovery in Bariatric Surgery and Perioperative Care</td>
<td>31</td>
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<tr>
<td>Multi-Disciplinary Team, Basics of Obesity (Bile Salts, Gut Microbiota etc.)</td>
<td>31</td>
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<tr>
<td>Hands-On Course: Suturing and Stapling Techniques</td>
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</table>
HIGHLIGHTS IFSO DUBAI 2018

1ST TIME EVER AT IFSO

A medical simulation center with over 20 stations, where delegates were working on live animal parts under the supervision of IFSO instructors.

- A Fencing Match On Sleeve Gastrectomy;
- A World Bariatric Video Championship.
- A Medical Court Session Involving Real Lawyers And A Judge.
- An Emergencies Online Course

Simulation Centre Headed By:
Dr. Ahmad Bashir | Dr. Camilo Boza | Prof. Aayed Al Qahtani | Dr. Vivek Kumbhari

SIMULATION CENTRE PARTNERS
Evaluation Summary

How useful for your professional activity did you find this event?

- Extremely useful: 22%
- Fairly useful: 6%
- Not useful: 1%
- Useful: 72%

What was your overall impression of the organisation?

- Excellent: 21%
- Fairly good: 3%
- Good: 7%
- Very poor: 1%
- Poor: 8%
- N/A: 73%

What was your overall impression of the programme?

- Excellent: 19%
- Fairly good: 1%
- Good: 6%
- Very poor: 0%
- Poor: 70%
- N/A: 0%

Did the event fulfil your educational goals and expected learning outcomes?

- Excellent: 18%
- Fairly good: 3%
- Good: 3%
- Very poor: 0%
- Poor: 77%
- N/A: 0%

Was the presented information well balanced and consistently supported by a valid scientific evidence base?

- Not at all: 85%
- Not much: 5%
- Some what: 4%
- Very much: 5%
XXIV IFSO World Congress
Dear IFSO Members and Colleagues,

On behalf of the IFSO community and leadership we are delighted to specially invite you to join us in Madrid to attend the 2019 24th World IFSO Congress to be held September 3rd to 7th.

This Congress, as you probably already know is the greatest worldwide bariatric meeting, usually attended by surgeons, multidisciplinary support staff, researchers, physicians, and other healthcare professionals involved with the main mission of IFSO: unite and educate against adiposity and metabolic disorders.

The scientific program will be very comprehensive and focused on updating, investigating and better understanding the widest array of topics in the field of the growing adiposity based chronic diseases, through postgraduate courses; symposia; expert talks; discussion panels; live surgeries; hands on skill labs; video sessions; paper and poster presentations; emerging, endoscopic and new technology sessions. The aim of the Congress is to educate on all the bariatric and metabolic surgery topics but just as well to unite across country borders health care professionals from different specialties, in their fight against the adiposity epidemic. Besides the regular congress’s sessions we are preparing for you very good surprises with different and innovative sessions.

For those of you not familiar with Spain, it will be a splendid occasion for a family holiday before or after the congress. Madrid, capital of Spain, is a fantastic destination swiftly reachable from most cities across the globe, many of them provided with straight flights. It is a cosmopolitan city that combines the most modern infrastructures and the status as an economic, financial, administrative and service center, with a large cultural and artistic heritage, a legacy of centuries of exciting history. Art and culture play a key role in Madrid’s cultural life. The capital has over 60 museums which cover every field of human knowledge. For dining and hotel services Madrid can serve you with the best restaurants and chefs and very good brands of hotels some of them in walking distance from the convention center. If you are not from Europe and intend to complement the congress moving to some other touristic place in Europe, from Madrid you can reach any other European city in a couple of hours direct flight.

In addition, the Palacio de Congresos Municipal, the Congress venue, located in Campo de las Naciones, considered the core for business development in Madrid, is a modern and light-filled building very close to the Adolfo Suárez Madrid Barajas International Airport, provided with an excellent net for communication and mobility by metro, bus or private transportation.

Apart from the fact that you will count with all the kindness and hospitality of the Spanish people that with all the Latinity way of being will offer you a very pleasant stay, you can expect to have all the attention and deep disposition to help from the IFSO staff and Congress organization team.

We believe that all ingredients are present to make from the 2019 IFSO World Congress an enjoyable, fruitful and unforgettable experience. We are certain that you’ll take home with you many unforgettable memories.

So, please SAVE THE DATE!

We look forward to meeting you in Madrid!
Call for Abstracts

Participants interested in presenting an oral or poster presentation are invited to submit an abstract. Share your research findings and expertise!

Submission Deadline: April 1, 2019

Abstract Topics:
- Adjustable gastric banding
- Anaesthesia and bariatric surgery
- Banded procedures
- Bariatric surgery in children, adolescents and young adults
- Bariatric surgery in the over 65’s
- Bariatric surgery tourism
- Basic science and research in bariatric surgery
- Cardiovascular risk and bariatric surgery
- Endoscopic and Percutaneous Interventional Procedures
- Enhanced recovery in bariatric surgery
- Exercise and bariatric surgery
- Fertility, pregnancy and bariatric surgery
- Gastric bypass procedures including Roux-en-Y gastric bypass (RYGB) and One Anastomosis gastric bypass (OAGB)/MGB
- Gastric Plication
- GERD and bariatric surgery
- Hernia surgery in the bariatric patient
- Integrated Health
- Investigational procedures
- Long term results (> 10 years)
- Malabsorptive bariatric operations
- Management of weight regain after surgery
- Multidisciplinary care (Primary care, Medical Management)
- NASH and bariatric surgery
- Nutrition after bariatric surgery
- Perioperative management
- Plastic surgery after weight loss
- Post-operative complications
- Psychology and bariatric surgery - pre and post-op challenges
- Registries and Quality in Bariatric Surgery
- Revisional surgery
- Robotic bariatric surgery
- Sleeve gastrectomy
- Surgery and strategies for low BMI
- Type 2 diabetes and metabolic surgery
- Young IFSO session

Abstract Submission and Registration NOW OPEN

VISA INFORMATION

Visitors from non-Schengen countries must possess a passport valid for at least a three-month stay. To begin with the procedure, participants are advised to locate their respective diplomatic missions or embassy. As offices aren’t available in all countries, it is necessary to either apply at an embassy representing Spain or to travel to an assigned embassy in another country. Please note that the visa procedure can take up to one month.

It is necessary that the applicant applies in person at the embassy. This is due to a new Visa Information System, which requires the collection of fingerprints. There are additional documents requested in order to apply for a visa at the embassy; please check with your embassy which documents are necessary.

Reimbursement requests caused by visa denial or expatriation of the delegate will be handled on an individual basis.

How to get an Invitation Letter

Conditions for obtaining an invitation letter are as follows:
- Paid registration fee
- The invitation letter can be requested online during the registration process.

XXIV IFSO World Congress

REGISTRATION FEES

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<th>Category</th>
<th>Early Bird Fee (until 10th June)</th>
<th>Regular Fee (until 11th June-1st September)</th>
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<td>Delegate - IFSO member</td>
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<td>650€</td>
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<td>Delegate - non Member</td>
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<td>Residents &amp; Students</td>
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IFSO SCHOLARSHIPS 2019

One of the main activities of IFSO is the organization of the annual IFSO World Congress, which provides a forum to exchange knowledge on surgical treatment of severely obese patients, to present new techniques, research and concepts, and to meet the experts in the field. The Congress also promotes the specialty of Bariatric Surgery around the world and provide the opportunity for fellowship and collegiality amongst members from each chapter.

In support of this aim, IFSO offers 10 Scholarships to Regular Members and Integrated Health Members from countries whose Bariatric Surgery Societies are members of IFSO and who show strong interests, initial accomplishments and potential for future career development in bariatric surgery and/or other obesity related specialties. One Scholarship will usually be awarded to an applicant from each of the IFSO chapters.


About Madrid

At present, the city of Madrid represents the perfect symbiosis and harmony between efficiency and quality of life. It is a city where you will find everything: cutting-edge facilities, devoted professionals and a modern infrastructure, allowing you to comply with the most demanding quality levels. Furthermore, you will find a booming culture, a thriving lifestyle, warm people and blue skies. Thanks to all this, we are sure the event will be a unique experience.

More info on www.ifso2019.com
XXVI IFSO World Congress

I–IV SEPTEMBER 2021
ROMA, ITALIA
PRESIDENT: LUIGI ANGRISANI
XXVI IFSO World Congress

30 August—3 September 2022

MELBOURNE

Presidents: Ahmad Aly, Harry Frydenberg
"The role of physical exercise in pre and post-bariatric surgery"

Speaker: Cristina Aquino

Moderator: Tracy Martinez

November 27, 2018
3.00-4.00 pm Central European Time

Free registration. Limited number of seats available.
Secure your seat now registering here:
https://attendee.gotowebinar.com/register/2902152540028478209

Speaker: Cristina Aquino, Brazil, IFSO I.H. Committee
Moderator: Tracy Martinez, USA, Chair IFSO I.H. Committee

Dale Bond
Associate Professor of Psychiatry and Human Behavior, Providence (US)

Marcos Oliveira Moraes
Physical educator in bariatric surgery, Sao Paulo (BR)

Scott Jamieson
Metabolic Phenotyping Laboratory Manager for the Obesity Institute & Center for Nutrition & Weight Management, Danville (US)
VII IFSO Webinar

“What you have missed at IFSO 2018”

Introduction

Ammal Ramos

Moderator

Abdelraheem Nimeri

Panelists

Asim Shalbhir, Singapore
Ali Aminian, USA
Ahmad Bashir, Jordan
Alex Escalona, Chile
Bart van Wagensveld, NL

30th November 2018
4.00-5.00 am Los Angeles (PST)
7.00-8.00 am New York (EST)
9.00-10.00 am Santiago (CLST)
10.00-11.00 am Sao Paulo (BRST)
1.00-2.00 pm Europe (CET)
4.00-5.00 pm Dubai (GST)
5.30-6.30 pm Mumbai (IST)
11 pm – 12 am Melbourne (AEDT)

Free registration. Limited number of seats available.
Secure your seat now registering here:

https://attendee.gotowebinar.com/regist.../2220141969679857409
November 2018

IFSO Virtual Academy

**IFSO Journal Club**

**VI Online Event**
**IFSO Facebook Group**

**December 6, 2018**
3-4 pm (Central European Time)

«Laparoscopic Greater Curvature Plication and Laparoscopic Sleeve Gastrectomy Treatments for Obesity: Systematic Review and Meta-Analysis of Short- and Mid-Term Results»

Presenter: Dr. Sergio Barrichello (Brazil)
Moderator: Dr. Bart van Wagenveld (UAE)

5 steps to join the VI ‘IFSO Journal Club’ Online Event:

- Join IFSO Facebook Group [https://www.facebook.com/groups/396874800435861/](https://www.facebook.com/groups/396874800435861/)
- Watch the introductory interview (available soon on IFSO Facebook Group)
- Download the article on [https://link.springer.com/article/10.1007/s11695-018-3330-9](https://link.springer.com/article/10.1007/s11695-018-3330-9) (the article is open access until December 15.)
- Post your questions/comments on Facebook Group
- Attend the event on Thursday December 6 at 3.00 pm* (CET) on IFSO Facebook Group. No need to pre-register. Just join the discussion!

[Click here](https://www.facebook.com/groups/396874800435861/) to watch the introductory interview with the Author

*Time Conversions:

6.00-7.00 am (PST)
9.00-10.00 am (EST)
12.00-1.00 pm (BRST)
2.00–3.00 pm (GMT)
3.00-4.00 pm (CET)
6.00-7.00 pm (GST)
11.00 pm-12.00 am (JST)
1.00-2.00 am + 1 day (AEDT)
Submit your manuscript

Register and log in to the system as 'Author'. Submit your manuscript and track its progress through the system. Click here for more info.

Journal metrics

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<td>80% Journal Author satisfaction likelihood to publish with Springer again</td>
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No matter which option you choose, all open access publications are subject to high-quality peer review, editorial and production processes. You retain copyright and can easily comply with open access mandates. Click here for more info.

Get subscription: Subscription, valid from January through December is included in the IFSO annual membership fee. Click here for more info HERE!

Never miss an issue of OBESITY SURGERY!

Sign up to receive Table of Contents (TOC) Alert emails for Obesity Surgery. You will be able to update your email address or unsubscribe at any time: www.ifso.com/join-our-newsletter

New issue alert: The latest issue of Obesity Surgery is now available online! View all new articles and browse the archive: http://bit.ly/Y8IkJG
Committees’ Report

**Communication Committee**

**Chair:** Abdelrahman Nimeri  
**Vice-Chair:** Bart van Wagenveld  
**Members:** Saber Ghiassi, Kamal Mahawar, Ali Aminian, Aparna Govil, Asim Shabbir, Ahmad Bashir, Cynthia Borg, Caetano Marchesini

**An update on IFSO World Congress 2018 in Dubai, Sept 26-29th 2018**

*Record breaking abstracts received at IFSO 2018*

*First Time Ever At IFSO*

- World Bariatric Video Championship & Complications of Bariatric endoscopy
- Simulation Center: Suturing, Endoscopy, Robotic
- Virtual Surgical Reality: First AI5-SONY Video-Game for surgeons
- Mock Trial: lawyers, judge and a panel of experts to define medical responsibility and its limits
- Fencing Match: Sleeve Gastrectomy in GERD patients
 Committees’ Report

The IFSO Virtual Academy (Highest quality, free at your finger-tips): [http://www.ifso.com/ifso-virtual-academy/ #IFSOVirtualAcademy](http://www.ifso.com/ifso-virtual-academy/) (please use the hashtag on Twitter) & check the website link. The IFSO Virtual Academy in collaboration with AIS includes Surgical Open Classroom, IFSO-AIS World Surgery, IFSO World Congress edited lectures, IFSO Webinars & the IFSO Facebook Journal club.

**IFSO Surgical Open Classroom (SOC)** SOC contents can be: surgical videos, case reports, short presentations, article comments, short lectures, clinical images, news or review of position statements (8-10 minutes is the ideal duration, maximum length is 15 minutes). Invitations were already sent to faculty. In addition, AIS generated IFSO 2017 content edited lectures at AIS and IFSO 2018 talks

**IFSO 2017 lectures** ([https://www.ifso.com/london/](https://www.ifso.com/london/)):
- April 26 2018: Endoscopic therapies for obesity by Barham Abu Dayyeh USA.
- April 10 2018: Virtual reality in surgical training by Shafi Ahmed.
- April 5 2018: The vagus nerve in bariatric surgery by Scott Shikora USA.
- March 27 2018: Managing addiction after bariatric surgery by Stephanie Sogg USA.
- March 1 2018: Should all patients stop Smoking Ali Aminian USA.
- February 21 2018: Nutritional deficiencies after bariatric surgery by Tair Ben Porat.
- February 19 2018: Presidential address by IFSO President Kelvin Higa USA.
- January 9 2018: Swedish Obesity Subject study by Lena Carlsson Sweden.
- December 28 2018: Are VTEs a problem in bariatric surgery by Stacy Berthauer USA.
- December 28 2018: STAMPEDE trial 5 year results by Phil Schauer USA.
- December 19 2018: Endoscopic metabolic surgery by Manoel Galvao Neto Brazil.
- November 30 2018: SMBOSS 5 year results of RCT by Ralph Peterli Switzerland.
- November 23 2018: The role of metabolic surgery by Ricardo Cohen Brazil.
- November 16 2018: The ideal sleeve gastrectomy by Michel Gagner Canada.
- November 6 2018: Do limb lengths matter by Jacques Himpens Belgium.
- October 19 2018: DSS II and it’s impact on Diabetes Care by Francesco Rubino UK.
- October 17 2018: Brain changes after metabolic surgery by Carel La Roux Ireland.

**IFSO LIBRARY** ([https://www.ifso.com/lectures/](https://www.ifso.com/lectures/))
- Totally Robotic Roux-en-Y Gastric Bypass. A Step by Step Approach by Carlos Vaz
- Laparoscopic Sleeve Gastrectomy or Roux-Y-Gastric Bypass? by Ralph Peterli
- Procedure Selection for Metabolic Surgery by Francesco Rubino
- One Anastomosis Gastric Bypass / Minigastric Bypass“ Surgical & Nutritional Complication: Prevention & Management by Abdelrahman Nimeri
- Bariatric Leaks Endoscopic Treatment by Manoel Galvao Neto
**Committees’ Report**

**IFSO-AIS World Surgery full length recorded surgery with moderation:**
from “step by step” procedures to technical comments about surgical strategy, movements and manoeuvres. Also, short comments and reflections/insights about current hot topics in bariatric and metabolic surgery would be included in this section.

1st IFSO-AIS World Surgery “Laparoscopic reversal of Roux en Y gastric bypass” J. Himpens January 17th, 2018 **13,843 live viewers from 112 countries.**

**IFSO Quarterly Webinars (started in 2017):**

1st Webinar November 24th, 2016 “The right procedure for the right patient” **Moderator:** Kelvin Higa – NAC **Discussants:** Jacques Himpens - EC Antonio Torres – EC Natan Zundel – NAC Muffazal Lakdawala - APC

2nd Webinar July 6th, 2017: High incidence of Barretts esophagitis after LSG, A. Genco. **Moderator:** K Higa **Discussants:** (Lakadawala, Ramos, Zundel, Angrisani) **107 Attendees.**


4th Webinar January 2018: Weight regain after LSG Moderator: Almino Ramos Speaker A. Torres Discussants: Jean-Marc Chevallier, Michel Gagner, Muffazal Lakdawala, Raul Rosenthal. **195 Attendees.**

5th Webinar April 2018: OAGB JM Chevalier as the speaker: Kular from APC, K. Mahawar EC, Fawal from MENAC, C Boza LAC, Higa NAC. **80 Attendees.**


Committees’ Report

**IFSO Quarterly Journal Club**

Led by Kamal Mahawar, we discuss important articles from Obesity Surgery Journal and other journals. This is a pre-recorded short presentation available on the Facebook page followed on the day of the journal club by a one hour discussion in the presence of the author & moderator through the chat box. Then the discussion follows for the next 24 hours with a wrap up by the moderator (This allows you to come back and follow the entire thread at your convenience). Please look for the poll every month with suggestions for articles to discuss on Facebook and Twitter:

6th JC December 6th 2018 Sergio Barrichello & Bart van Wagensveld
Laparoscopic Greater Curvature Plication and Laparoscopic Sleeve Gastrectomy Treatments for Obesity: Systematic Review and Meta-Analysis of Short- and Mid-Term Results. Follow on the [IFSO Facebook Group](https://www.facebook.com/)

5th JC June 21st 2018 Ahmad Bashir & Daniel Riccioppo (Brazil) Pouch size and RYGB emptying Obesity Surgery.

4th JC April 26th 2018 Cynthia Borg & Magdy Shnouda (Egypt) Bile gastritis after OAGB.


1st JC November 30th 2017 Abdelrahman Nimeri & Ulas Biter (Netherlands) QOL 1 year after LSG vs RYGB RCT Obes Surg May 2017

**Selected readings in bariatric surgery:** Please look for this tab on the IFSO website. It will include recent relevant publications with comments from experts. It is another way we are trying to keep you up-to-date. More info on: [https://www.ifso.com/selected-readings-bariatric-surgery/](https://www.ifso.com/selected-readings-bariatric-surgery/)

**Meetings endorsed by IFSO:**

2014 (11 meetings)
2015 (28 meetings) 150% increase.
2016 (24 meetings) 12% decrease.
2017 (27 meetings) 12% increase
2018 (25 meetings) 10% decrease
The use of a disclosure slide for procedures you perform in your presentations

Bias is not only financial bias, it is scientific and experience bias as well.

This disclosure slide will show the percentage of procedures the presenters perform. This is helpful to show the attendees the presenters bias for procedures they rarely perform.

This will be a requirement for all IFSO endorsed meetings, and will be enforced by the course director.

All course directors are required to ask all presenters to add the disclosure slide with the percentage of procedures in the practice of the presenter at the beginning of all IFSO endorsed meeting presentations. For example:

IFSO on social media (Facebook, Twitter, Linked In):

IFSO Facebook Group (started in 2013): Helps us cross 2000 members. This is a closed professional social networking group to discuss complex cases and receive updates about important events in the IFSO calendar. Join now on: https://www.facebook.com/groups/396874800435861/

Please follow IFSO on Twitter @IfsoSecretariat (started October 2016):


Hits in 2014 (34,000 hits).
Hits in 2015 (50,056 hits) 47% increase.
Hits in 2016 (50,296 hits) 30% increase.
Hits in 2017 (59,108) 19% increase.
Hits in 2018: (61,521) Jan-Oct 2018 5% increase

Top 10 countries: Visit and page visit by country 2014-2018:

<table>
<thead>
<tr>
<th></th>
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<td>Nigeria 1412</td>
<td>NL 1654</td>
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</table>
Integrated Health Committee

The IFSO Integrated Health Committee met during the Dubai Congress last September. We reviewed our accomplishments and goals. Below each are summarized.

ACCOMPLISHMENTS:

1. IH Committee structure developed
2. Webpage set-up
3. Introduced education channels – webinars, webpage, etc
4. Developed a survey for IH members (completion pending)
5. Added new Committee members
6. Succeeded in gaining 5 Scholarships for attendance at IFSO meetings
7. Worked on raising IFSO IH membership

GOALS:

1. To increase IH membership. This will take help from bariatric surgeons to spread the word throughout their societies.
2. To increase engagement with IH members through education, position papers and social media, congress attendance.
3. To find replacements for Committee members (Bill Gourash and Johana Pino)
4. Expand scholarships from 5 to 10 for IFSO 2019 Madrid Congress and beyond.

IH presented recently a Webinar titled: The Role of Exercise in Bariatric and Metabolic Surgery. The webinar was presented by Cristina Aquino (Brazil) who has a degree in physical education. It will be available soon on the IFSO Website on: https://ifso.com/webinar/

Sincerely,

Tracy Martinez RN, BSN, CBN
IFSO Integrated Health Chair
The Scientific Committee of IFSO has been busy with various activities aimed at ensuring members have access to the latest evidenced based information to inform their practice.

The Scientific Committee has contributed to the IFSO Position Statements on OAGB and SADI/OADS which are now published in *Obesity Surgery*. We are currently working on position statements addressing Barretts after Bariatric Surgery and the role of Gastroscopy in Bariatric surgery.

We have reviewed the content of the website and tried to provide more up-to-date information on the bariatric procedures we commonly perform for both patients and professionals.

In addition, we worked with the local organisers of the highly successful Dubai scientific congress on the Scientific Programme. The PG course on Registry Science was well attended and resulted in a closer international collaboration that we are confident will result in a strengthened global registry.

We are now working with the Organising Committee for the Madrid Scientific Congress which I am sure will also be a fabulous event.

Wendy Brown

IFSO Scientific Committee Chair
Young IFSO Report

We had a session during the last IFSO Congress held in Dubai. About 50 people took part to this session and could enjoy the excellent presentations of the YoungIFSO team.

The session ended with a very interesting debate in which were involved some of the best experts: Bruno Dillemans, Gerhard Prager, Jean-Marc Chevalier, Rui Ribeiro. The discussion was focused on the new procedures in Bariatric Surgery and how it must be implemented in practice.

<table>
<thead>
<tr>
<th>Time</th>
<th>Presentation Title</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>16:30</td>
<td>The Prevalence of Musculoskeletal Injuries in Surgeons</td>
<td>Eliana Al Haddad</td>
</tr>
<tr>
<td>16:39</td>
<td>Laparoscopic Conversion Of Failed Open Vertical Banded Gastroplasty Into One Anastomosis Gastric Bypass; Saftey, Feasibility And Preliminary Results</td>
<td>Hosam Elghadban</td>
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<tr>
<td>16:57</td>
<td>Using intragastric Balloon Procedure For Surgical Risks Reduction In Patients With Morbid Obesity</td>
<td>Tetiana Tarasiuk</td>
</tr>
<tr>
<td>17:06</td>
<td>Cost of Bariatric Surgery versus Medical therapy for Diabetes in less severe obesity; findings from a randomized control trial</td>
<td>Chun-Hai Tan</td>
</tr>
<tr>
<td>17:15</td>
<td>All new it's well forgotten old</td>
<td>Chevallier, Dillemans, Torres, Angrisani, Prager, Ribeiro</td>
</tr>
</tbody>
</table>
Our next commitment is the organization of a YIFSO session at the Frankfurter Meeting end of November. We invite all colleagues to participate in this session.

With the new IFSO President Almino Ramos we will try to do some further steps in order to raise the interest and the activities of Young Ifso.

We are open for your proposals!

Who wants to know more about the YIFSO development program and has some ideas can contact me per email: Aleksandr Neimark reymark1977@gmail.com

Kind regards,

Aleksandr Neimark
President of Young IFSO
Dear Colleague,

Following on from the success of the 4th IFSO Global Registry Report, we are delighted to announce our continuing collaboration with Dendrite to produce a 5th IFSO Global Registry Report for the XXIV IFSO World Congress, in Madrid, 3-7 September 2019. The IFSO Global Registry project was originally established back in 2014 and participation has grown from 18 to 51 IFSO member countries and the 2017 Report included more than 390,000 bariatric and metabolic surgery procedure records.

I would like to thank all participating members for submitting their data and I hope they will continue to do so. The Executive Board of IFSO would like all 64 official member societies of IFSO to contribute data to this important project and we would strongly encourage all our IFSO colleagues, who have not yet contributed, to become active participants in the IFSO Global Registry.

In December, we will be sending instructions on how to submit your data. If you have any queries or questions, please email: ifsoregistry@e-dendrite.com

For additional information about the IFSO Global Registry project and to view and download the previous reports, please click here https://ifso.com/ifso-registry/

Almino Ramos
IFSO President

Download here IFSO 2018 Registry Report
IFSO JOB BOARD

Have you got a job/fellowship to offer in the field of Bariatric and Metabolic Surgery and Integrated Health?

We help you find a Job/Fellowship or the right person to do the Job!

Please send it to info@ifso.com

Log in on www.ifso.com and visit our IFSO JOB BOARD

THANK YOU!
If your Company is interested in being a member of IFSO Corporate Committee, please fill in the enclosed Corporate Committee Form and return it to: secretariat@ifso.com

More info available on: https://www.ifso.com/ifso-corporate-committee/
IFS0 Endorsed Meetings

4th World Congress on Interventional Therapies for Type 2 Diabetes (WCITD)
New York City
April 8-10, 2019

Advanced course in revisional bariatric surgery & the management of complex cases by Dr. Bruno Dillemans
Bruges, Belgium Feb 27-28, 2019

18th Annual Surgery of the Foregut Symposium – Cleveland Clinic
Fort Lauderdale, Florida (USA)
February 16-20, 2019
IFSO Endorsed Meetings

17th National Conference on Obesity and Metabolic Surgery Society of India - OSSICON 2019
Kolkata, India January 24th-26th, 2019
Click here for more info

Unlocking the Barriers to Obesity & T2D Treatment
Innovative Online Learning Series
December 10: What is the role of patient?
January 9: The Great Debate 18:00 - 19:00 CET
Register here

Bariatric & Metabolic Surgery Symposium
Bezmialem Foundation University Hospital Fatih, İstanbul
December 3-4, 2018
IFS0 Endorsed Meetings

15th International B.E.S.T. Congress 2018
Bruges, Belgium
December 3-4, 2018
Download here the brochure
More info on live surgeries
Visit website

International Diabesity and Metabolic Surgery Summit (IDMSS) Tel Aviv, Israel
November 28-30, 2018
Click here for more info
Download here the program
Download here the flyer

Xth National Symposium of Bariatric and Metabolic Surgery
November 23-24, 2018
Bucharest, Romania
Visit website
Download the flyer

10th Frankfurter Meeting
Frankfurt am Main, Germany
November 22-23, 2018
Click here for more info
Download the brochure
Endorsement requests must be sent to IFSO Secretariat (info@ifso.com) together with the scientific program of the Course. IFSO-Communication Committee will carefully review the concepts and objectives of the course as well as the faculty, the structure and content of the course, in deciding about the endorsement.

“Endorsement” does not in any way offer credentialing of grant approval to the participant regarding future skills and outcomes.

**Benefits:**

Endorsed events will be:

- listed on IFSO’s Website on the “Endorsed meetings” page, with a link to the congress website
- included on IFSO’s E-newsletter
- E-mailed twice to IFSO Members
- advertised once on IFSO Facebook page
- the Director may include IFSO’s Endorsement statement and IFSO Logo on promotional materials among the endorsing institutions, exclusively with the following text: “Endorsed by” before the logo of IFSO.
The 12th International Conference on Advanced Technologies & Treatments for Diabetes (ATTD 2019) is your opportunity to stay up to date and hear the latest cutting-edge advances in our field.

The scientific program will bring together leading international experts to discuss breakthroughs in diabetes treatments, technological innovations and showcase the latest developments in new insulin analogues, delivery systems, pumps, glucose sensors, closed-loop systems and much more.

Get ready for the latest news in our ever-growing field.

See you on 20 -23 February 2019 in Berlin!

Click here for more info

Click here for the flyer
IFS0 Sessions around The World

INTERNATIONAL IFSO CHAMPIONSHIP
UBF
ULTIMATE BARIATRIC FIGHT
SAO PAULO – BRAZIL

Almino Ramos
Announcer

Camilo Boza
Referee

RICARDO
BYPASS
COHEN (BRA)

RAMI
SLEEVE
LUTFI (USA)

October 18, 2018 8pm – Sao Paulo – Brazil
Hospital 9 de Julho - Rubayat (Al. Santos) Restaurant
IFSO Sessions around The World

WEDNESDAY, NOVEMBER 28, 2018 14:30 – 15:50 (HALL A)

IFSO SYMPOSIUM

"DECISION-MAKING TO CHOOSE THE BEST PROCEDURE BASED ON CLINICAL CASES DISCUSSION"

Moderator: Almino C. Ramos, Brazil – IFSO President

- Antonio Torres, Spain
  - ONE ANASTOMOSIS DUODENAL SWITCH
- Mario Musella, Italy
  - ONE ANASTOMOSIS GASTRIC BYPASS
- Raul Rosenthal, USA
  - SLEEVE GASTRECTOMY
- Ricardo Cohen, Brazil
  - ROUX-EN-Y GASTRIC BYPASS

The Egyptian Society for Bariatric Surgery (ESBS)

ENDORSED CONGRESS

The International Federation for the Surgery of Obesity and Metabolic disorders (IFSO)

14th Annual Congress of the Egyptian Society for Bariatric Surgery (ESBS)
in cooperation with International Bariatric Club

26th IBC SYMPOSIUM

And for the first time

IFSO symposium

November 6-8, 2018
Dust Thani Lake View, Cairo, Egypt
EDITING SERVICES for IFSO Members

STANDARD EDITING - 20%
Language editing by an expert in your field.
AJE Editing Certificate.
Unlimited follow-up questions about the work completed on your paper.

PREMIUM EDITING - 10%
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AJE Editing Certificate.
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Customer support from a Research Communication Partner with an advanced degree in the field.
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POSTER PREPARATION - 10%
Editing your text to ensure that the content is clear and error-free.
Turning your figures, tables, and images into high-resolution, journal-quality panels.
Designing a professional poster that brings all the elements together.
Ensuring accuracy with a round of revision.
Answering an unlimited number of questions about our work on your poster.

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An animated Video can help drive a global audience to your article. The Video Abstract service includes:
A 1-2 minute animated video explaining the key findings from your paper
A Powerpoint slide deck of images from the video to use in presentations
Your video posted on our YouTube and Vimeo channels and tagged with keywords, short title, description, and article link to make your video more discoverable
An author checklist with tips and resources to help you maximize the reach of your video.

For more information on these and other services offered by AJE, please visit www.aje.com and insert the discount code IFSO20 or IFSO10 to take advantage of this special offer to IFSO Members.
Why join IFSO?

**WHY JOIN IFSO?**

- Discounted registration fee to IFSO Congresses and endorsed meetings
- Free subscription to following journals:
  - *Obesity Surgery*
  - *Surgical Endoscopy*
  - *BMC Obesity*
  - *BMC Nutrition & Metabolism*
  - *BMC Journal of Eating Disorder*
  - *BMC Diabetology & Metabolic Syndrome*
- IFSO Global Registry – free data submission
- Webinars – Virtual Academy
- Journal Club on Facebook Group
- Online Journal of Video Case Reports (VCR)
- Eligibility to get IFSO’s endorsement for your event
- Eligibility to win IFSO Scholarships
- Special discounted fee for editing services for your article/abstract
- Job Board to find and offer a job worldwide
- Quarterly E-Newsletters
- Eligibility to join IFSO Facebook Group
- Eligibility to join YOUNG IFSO Group
- Membership in a professional global network
- E-Blasts with info of all IFSO activities and IFSO endorsed meetings

**Annual Membership Fees 2019**

- Regular Member: 150,00 US $
- Regular Member (online journal): 80,00 US $
- Integrated Health: 20,00 US $

Ask you National Society and join IFSO now!

Find your local Society on: [http://www.ifso.com/ifso-member-societies](http://www.ifso.com/ifso-member-societies)

If you live in a country where there is no national society of bariatric surgery you can apply as INDIVIDUAL on: [http://www.ifso.com/join-ifso/](http://www.ifso.com/join-ifso/)
ABOUT US

5 CHAPTERS

64 NATIONAL SOCIETIES

9,500 MEMBERS

European Chapter (EC)

Latin American Chapter (LAC)

Asian Pacific Chapter (APC)

North American Chapter (NAC)

Middle East North Africa Chapter (MENAC)
To be informed about all IFSO events and to attend IFSO Journal Club

Join our FB Group by clicking here
Pic of the month
Sketch of the month

ALL I DO IS SET THE HAIR DRYER ON HIGH HEAT, AND THE POUNDS JUST MELT AWAY!

WEIGHT LOSS FOR SNOWMEN.

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