



**OBSERVERSHIP PROGRAM 2026
IN METABOLIC BARIATRIC SURGERY
FOR INTEGRATED HEALTH PROFESSIONALS
*GUIDELINES***





IH OBSERVERSHIP PROGRAM 2026

The Observership is designed to offer Integrated Health (IH) members the chance to visit a foreign Hospital to *OBSERVE* (but not practice) the activity of various Integrated Health disciplines of Metabolic Bariatric Surgery for the time frame of 1 week

If the Applicant is available, he/she could stay for one/two more weeks, or attend another hospital for one/two more weeks (max 3 weeks in total)

At the end of the Observership the applicant will receive a Certificate to testify that he/she has completed the Observership Program.

The winners who will attend IFSO World Congress 2026 can receive the certificate by the IFSO President at the IFSO World Congress in Toronto

The Applicant will be required to complete a survey-report of their experience within 2 weeks of completion



EDUCATIONAL GRANTSUPPORT

**IFSO will provide an educational grant to cover all expenses related to the Observership,
for a period ranging from a minimum of one week to a maximum of three weeks**

The total amount of the grant will be USD 2,500

Any additional expense is at the Observer's charge

LIST OF HOSPITALS



IFSO has identified a list of the most renowned and experienced Hospitals in the different Chapters, to offer the most valuable experience to our Integrated Health members

Each of these Hospitals have the following requirements:

- **Routine protocols**
- **A multidisciplinary team**
- **Logistic support**



APPLICANTS MINIMALE REQUIREMENTS

- Applicants must be IFSO IH Members in good standing
- Applicants must be at least 25 years of age (at the time of the application)
- Applicants must be currently practicing in the MBS field
- Applicants should have the relevant professional registration or academic degree required to practice in their discipline
- Applicants may only be awarded this grant once



APPLICATION DOCUMENTS

1. Application form

2. One page CV

3. One page Personal Statement covering:

- Experience and Contribution as an Integrated Health member of a Multidisciplinary MBS team.
- How the Observership will help the Applicant in his/her career
- How the Observership will help contribute to the development of MBS in the Applicant's home country

4. **A Letter of Recommendation from the Head of Department/Professional Mentor/IFSO**

Member who vouches for the applicant, with the following info:

- How the Applicant has contributed to the MBS program or department
- How an Observership could help the applicant and/ or MBS program



DEADLINE TO SUBMIT APPLICATIONS: 28 FEBRUARY 2026

**Please send an email to INFO@IFSO.COM
with all the requested documents:**

- 1) APPLICATION FORM**
- 2) CV**
- 3) PERSONAL STATEMENT**
- 4) LETTER OF RECOMMENDATION**



START OF THE OBSERVERSHIP

The grant will be given and the Observership can begin as soon as the selection process of the applications is over, preferably between MARCH and AUGUST 2026