



## Message from the President



Lilian Kow  
President of IFSO

Dear Friends and colleagues,

As we reach the end of another year, it is appropriate and timely to reflect on the resilience, the changes in our lives and the patience we had to draw upon over the past two years of an unexpected global pandemic. During the last 2 years, we have learnt so much about the power of the various IFSO members in keeping each other focussed and strong. And even more about what it means to be fearless—to have the courage to persevere and continue looking after our patients in the face of overwhelming challenges.

As we all head towards our Christmas holiday season, there is little doubt that “Omicron” will be the most read and talked about topic as it becomes the dominant variant globally. Early indications are that Omicron remains a dangerous virus causing serious disease but this time round we are better equipped with various vaccination regimes around the world to protect us against this variant and the COVID-19 viruses. The true nature of the Omicron threat should be clearer in the next few weeks, and I urge everyone to keep safe and vigilant against this new strain during the holidays.

Despite all these challenges IFSO is approaching the end of 2021 on a remarkably strong and positive position.

IFSO’s financial performance has continued to perform well. Despite the unprecedented world crisis, the overall return on the IFSO investment portfolio has been positive. This positive growth is encouraging especially during a challenging global economic performance.

Our IFSO membership has also continue to increase to over **10, 000 members** and **72 national societies**.

Our five chapters have also continued to progress despite all the challenges:

The **ASMBS annual meeting** was virtual in June 2021.



## Message from the President

IFSO-LAC hosted an hybrid session in October 2021 in Miami despite the challenging cancellation of the IFSO World congress. IFSO-EC had a successful annual hybrid meeting in November 2021 in Prague, Czech Republic. IFSO APC did a virtual meeting in November and IFSO-MENAC will meet in February 2022 in Al Khobar, Saudi Arabia.

The **6th IFSO Global Registry** report was released in October 2021. There were 507,298 operations submitted by 50 contributor countries in comparison to the fifth report 2019 with 833,687 operations from 61 countries. The reduction in the no of contributions reflects the effect of changes to privacy laws that govern the sharing of potentially re-identifiable data, and the process that IFSO has undertaken to ensure compliance with these laws.

There is also possibly an effect from the COVID-19 pandemic.

The effect of restrictions on elective surgery are well demonstrated in these graphs, with a marked reduction in the number of operations recorded in registries in all of these countries. I would like to thank the IFSO Registry Committee under the leadership of Professor Wendy Brown for all their hard work and continuing diligence.

The 6th IFSO Global Registry Report can be access at <https://www.ifso.com/pdf/ifso-6th-registry-report-2021.pdf>

The Scientific Committee has also been busy with various matters and this year has released the following **Position Statements**:

Jun-2020 How are We Going to Restart Elective Bariatric and Metabolic Surgery after the Peak of Covid-19 Pandemic

Jun-2020 IFSO Position Statement on the Role of Esophago-Gastro-Duodenal Endoscopy Prior to and after Bariatric and Metabolic Surgery Procedures



## Message from the President

Feb-2021 IFSO Recommendations for Metabolic and Bariatric Surgery During the COVID-19 Pandemic

Feb-2021 Single Anastomosis Duodenal-Ileal Bypass with Sleeve Gastrectomy/One Anastomosis Duodenal Switch (SADI-S/OADS) IFSO Position Statement—Update 2020

Mar-2021 Barrett's Oesophagus and Bariatric/Metabolic Surgery—IFSO 2020 Position Statement

I would like to thank the IFSO Scientific Committee under the leadership of Professor Miguel Herrera for all their hard work and continuing support.

Our **IFSO world congress** was again postponed to 23-27 August 2022. Whilst we were not able to meet in person, we managed to have two hybrid IFSO sessions and one IFSO-LAC session from Miami in the same dates when we were supposed to be there for IFSO 2021.

Please keep in your diaries to come to Miami for the XXV Silver Anniversary of the IFSO World Congress in August 2022 for the Congress that we have all waited so long to attend!!! Bring your families, bariatric team and friends to celebrate and enjoy the hospitality of Miami.

The **coronavirus** COVID-19 has affected **222 countries and territories** around the world. To date, nearly 280 million affected, and more than 5.4 million deaths and our way of living has indeed changed.

Who would have thought how readily we have adopted wearing facial masks, practice social distancing and reaching out to our patient via tele/video links to help stop the spread of COVID-19. My heartfelt condolences to all members who have personally suffered losses during this pandemic.



## Message from the President

As vaccines and booster vaccines are being rolled out, we hope to see the impact of the vaccine stopping the spread of the virus and hopefully we can get back to some normality that we were accustomed to. On behalf of IFSO, I would like to reach out to all our member societies and individual members to take all possible measures to provide the safest possible environment for themselves and their loved ones whilst we wait for this pandemic to pass us by.

I would like to take the opportunity to thank all members of the various IFSO Committees, our Chief Operating Officer, Manuela Mazzarella and her staff for their hard work and continuing support despite the chaos and uncertainty in their personal lives during the pandemic. I would like to thank the support of the IFSO Board of Trustees and the Executive Board who have helped me through my two years as President and their confidence in allowing me to extend my term to serve the IFSO community for a further year. It is indeed a privilege for me to be allowed to do so.

As we come to the end of what has been another eventful year, I am writing to thank each and every member for your support and for your work during this year and wish you all the very best for a well-deserved holiday season. As 2021 comes to an end, I would like to wish all members Happy and Safe Holidays and a Joyful Christmas with families and friends for the festive season.

May 2022 bring Hope, Joy, Happiness and Good Health and everything one can wish for.

Please continue to take care of yourselves, your families, your colleagues, and those around you.

I look forward to the day when we meet soon.

Lilian Kow, IFSO President





**IFSO MIAMI 2022**



**IFSO 2022**  
25<sup>TH</sup> WORLD CONGRESS  
FONTAINEBLEAU MIAMI BEACH  
MIAMI  
23-27 AUGUST, 2022  
[www.ifso2022.com](http://www.ifso2022.com)

**25th Silver Anniversary  
IFSO World Congress**

**IFSO LAC Meeting**

**1st World Consensus Endoscopic  
Bariatric and Metabolic  
Interventions**

**NEWSLETTER**  
December  
[www.ifso2022.com](http://www.ifso2022.com)

27 May 2022 Early Bird Registration Closes	19 August 2022 Pre-Conference Registration Closes
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**Dr. Natan Zundel, USA**  
Congress President

**Dr. Raul Rosenthal, USA**  
Congress Co-President



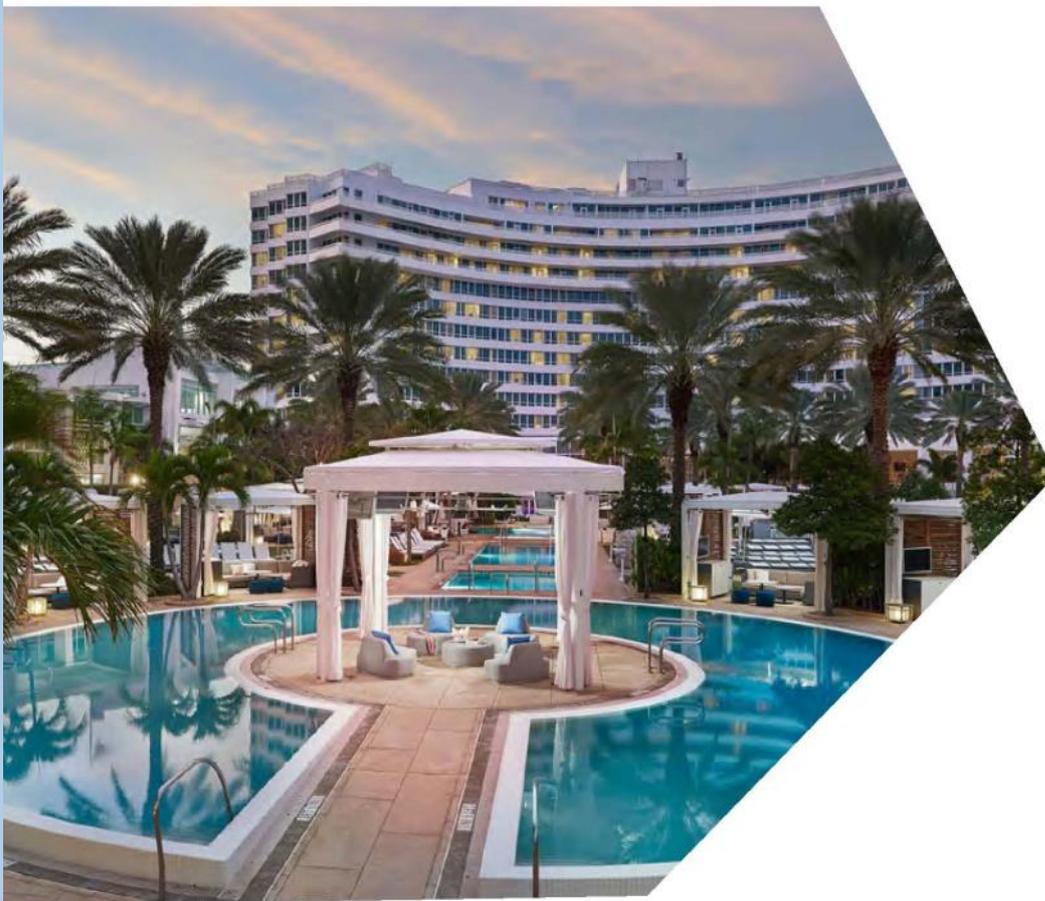


## IFSO MIAMI 2022

# IFSO 2022

23-27 August, 2022 | Fontainebleau, Miami, Florida

The congress will be held at the Fontainebleau Miami Beach from **23-27 August 2022**. Situated on oceanfront Collins Avenue in the heart of Millionaire's Row, Fontainebleau Miami Beach is one of the most historically and architecturally significant hotels on Miami Beach, Florida. Its iconic design is a spectacular blend of Miami's glamorous golden era and stylish modern luxury. A revered Miami Beach landmark for more than half a century, Morris Lapidus' emblematic curvilinear building sets a new standard for business and pleasure. The 22-acre oceanfront Miami Beach hotel features signature restaurants by award-winning chefs; two chic nightlife venues; a two-story spa, a virtually endless poolscape, miles of pristine beach and state-of-the-art conference and event facilities.





IFSO MIAMI 2022



**IFSO 2022**  
25<sup>TH</sup> WORLD CONGRESS  
FONTAINEBLEAU MIAMI BEACH  
MIAMI  
23-27 AUGUST, 2022  
[www.ifso2021.com](http://www.ifso2021.com)

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**REGISTER NOW**

You don't want to miss these sessions @ IFSO 2022 25th World Congress in Miami

**FREE FOR DELEGATES!**

**FROM: WEDNESDAY, AUGUST 24, 2022**  
**TO: SATURDAY, AUGUST 27, 2022**



## IFSO MIAMI 2022

## IFSO 2022

23-27 August, 2022 | Fontainebleau, Miami, Florida

## Networking Opportunities

**Opening Ceremony + Welcome Reception:**

Wednesday, 24 August 2022. Opening Ceremony is from 5:30 - 6:30pm on Wednesday evening in the Main Plenary Hall and features welcome speech by the president of IFSO as well as the President of LAC. Welcome Reception follows in the Exhibit Hall from 6:30 - 8:00pm and is an exciting event for all meeting attendees, attracting the highest attendance of all of the evening receptions. Cash bar available and hors d'oeuvres provided. Will consider shared sponsorship. Opening reception is open to all attendees.

**Networking Reception:**

Friday, 26 August 2022 from 4:30 - 5:30pm. The final official event for IFSO 2022! Enjoy final memories of 2022 before adjourning until 2023. Cash bar available and hors d'oeuvres provided. Networking reception open to all attendees.

**Farewell Dinner:**

Friday, 26 August 2022 from 7:00pm - 10:00pm. Join fellow attendees for a fantastic dinner. Fontainebleau's premiere chefs have planned a world class dinner that will cap off a great week.





## IFSO MIAMI 2022

# IFSO 2022

23-27 August, 2022 | Fontainebleau, Miami, Florida

### Potential Exhibitor and Sponsor

Don't miss the chance to display your company's newest innovation or service; IFSO is expected to attract over 3000 bariatric surgeons and integrated health professionals in 2022. What better venue to showcase your company's products and services than a meeting attended by the key thought-leaders and decision-makers in the field of bariatrics? Do not miss the opportunity to be part of this important gathering of the bariatric and metabolic disorders community.

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#### Become a Sponsor or Exhibitor

Visit [www.IFSO2022.com](http://www.IFSO2022.com) for more information





**IFSO MIAMI 2022**

**IFSO 2022**

23-27 August, 2022 | Fontainebleau, Miami, Florida

Registration Information

**[Click here to Register!](#)**

Conference Fees

CATEGORY	EARLY BIRD FEE (UNTIL MAY 27, 2022)	REGULAR FEE (MAY 28, 2022 - AUGUST 19, 2022)	ON-SITE FEE AUGUST 22, 2022 - AUGUST 27, 2022)
Delegate - IFSO / ASMBS Members	\$500	\$600	\$650
Delegate - Non Member	\$600	\$700	\$750
Integrated Health	\$275	\$325	\$350
Residents and Students	\$275	\$325	\$350

Post Graduate Courses

COURSE NAME	CATEGORY	EARLY BIRD FEE (UNTIL MAY 27, 2022)	REGULAR FEE (MAY 28, 2022 - AUGUST 19, 2022)	ON-SITE FEE AUGUST 22, 2022 - AUGUST 27, 2022)
2 Day Courses	Delegate - IFSO / ASMBS Members	\$325	\$375	\$450
	Delegate - Non Member	\$375	\$425	\$475
	Integrated Health	\$200	\$240	\$300
	Residents and Students	\$225	\$275	\$350
1 Day Courses	Delegate - IFSO / ASMBS Members	\$250	\$300	\$350
	Delegate - Non Member	\$300	\$400	\$500
	Integrated Health	\$175	\$225	\$300
	Residents and Students	\$200	\$250	\$350

Cancellation Policy

All modification or cancellations must be made in the online registration system.

Cancellations made by **27 May 2022** will be refunded 80% of the registration fees.

Cancellations made **28 May 2022 - 18 July, 2022** will be refunded 30% of the registration fees.

Cancellations made on or after **19 July 2022** will be non-refundable.

**\*\*No refunds will be made in the event of cancelled sessions or program changes.**



## IFSO MIAMI 2022

## IFSO 2022

23-27 August, 2022 | Fontainebleau, Miami, Florida



## Terms &amp; Conditions

MeetingAdvice LLC, as the organizing agency, will not accept telephone reservations. Registrations must be completed using this Online Registration process. Once the registration process has been completed the participant will receive a reservation confirmation by email. If you do not receive the email please check your spam and junk folders. If email is not found, please contact the IFSO2022 registration team at [ifso2022@meetingadvice.com](mailto:ifso2022@meetingadvice.com).

Early registration fees must be paid prior to the deadline for early registration, otherwise your registration fee will be updated to the current fee.



Full payment is required prior to the start of the conference. A confirmation email will be sent after payment has been received. Please review your confirmation email carefully and take note of your registration number. This number will be required to make any changes to your registration.

All payments must be made in US Dollars and can be paid using the following methods: Credit Card Online: Registrant will be redirected to a secure banking page. Visa, Mastercard, and American Express are accepted. Any pending registration charges or fees must be made prior to entry into the conference.

Hotel reservations can be booked using the hotel booking link, however anyone without a conference registration may have their hotel registration canceled by the registration authority. Please book your conference registration prior to booking your hotel.



MeetingAdvice has blocked rooms for the dates of the Congress. Hotel requests for dates before or after the conference are subject to hotel availability.

All rates are per room per night and do not include local or state taxes.

We advise all participants to book their hotel reservations immediately after completing registration to guarantee accommodation availability.

MeetingAdvice LLC acts as organizing agency and is not responsible for loss, injury, or damage to any person or property.



**IFSO MIAMI 2022**



**CALL FOR ABSTRACTS**



You are invited to submit abstracts for original oral, poster and video presentations on any of the congress' scientific topics. All of 2021 abstracts submissions will be rolled over to 2022. You will be allowed to make modifications and or withdrawals to your 2021 abstracts by login into the abstract submission platform at [www.IFSO2022.com](http://www.IFSO2022.com). The abstract portal will Open on January 10, 2022

**Submission Deadline: March 25, 2022**

**Abstract Topics**

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>Adjustable gastric banding</li> <li>Anaesthesia and bariatric surgery</li> <li>Banded procedures</li> <li>Bariatric surgery in children, adolescents, and young adults</li> <li>Bariatric surgery in the over 65's</li> <li>Bariatric surgery tourism</li> <li>Basic science and research in bariatric surgery</li> <li>Cardiovascular risk and bariatric surgery</li> <li>Emergent technology, New Non-standard, and bariatric surgery</li> <li>Gastric Plication</li> <li>GERD and bariatric surgery</li> <li>Hernia surgery in the bariatric patient</li> <li>Integrated Health</li> <li>Investigational procedures</li> <li>Long term results (&gt; 10 years)</li> <li>Hypo-absorptive procedures</li> <li>Management of weight regain after surgery</li> <li>Multidisciplinary care (Primary care, Medical Management)</li> <li>NASH and bariatric surgery</li> <li>Nutrition, eating behaviors before and after bariatric surgery</li> <li>Revisonal surgery</li> <li>Robotic bariatric surgery</li> <li>Sleeve gastrectomy</li> </ul> | <ul style="list-style-type: none"> <li>Surgery and strategies for low BMI</li> <li>Type 2 diabetes and metabolic surgery</li> <li>Young IFSO session</li> <li>Surgical tourism</li> <li>Duodenal switch procedures, including Single-anastomosis DS</li> <li>Bariatric Surgery and cancer</li> <li>Impact of bariatric surgery on other surgical outcomes- transplant ortho and hernia</li> <li>Should we offer surgery to patients who smoke or drink excessive alcohol?</li> <li>A critical review of the need, or lack thereof, of preoperative weight loss</li> <li>Bariatric Surgery in Patients with Severe Heart failure, Pre-heart Transplant and those with LVADs</li> <li>Bariatric Surgery in the pediatric age group, how young should we go?</li> <li>Behavioral, psychosocial, and environmental predictors of bariatric surgery outcomes</li> <li>Adjunctive interventions to enhance weight loss and prevent weight regain</li> <li>Transplants (liver, kidney)</li> <li>SADs</li> <li>Artificial intelligence</li> <li>Pre and post nutritional deficiencies</li> </ul> |
|---|--|

Go to [www.IFSO2022.com](http://www.IFSO2022.com) to see the full list of topics.



IFSO MIAMI 2022

**Congress Sponsors**

**Visionary**



**Gold**



**Silver**



**Exhibiting**





## IFSO European Chapter Report



Jean Marc Chevallier

President of IFSO  
European Chapter



In these days Europe is once more tied by COVID, resulting in Lock-Downs in several Central-European Countries and new restrictions in nearly all others...

Just before this 4th COVID wave broke over Europe we were able to hold our annual congress physically...

From the **4th to the 6th of November 2021 the 9th IFSO-EC European Chapter Congress took place in Prague**. Congress president and IFSO-EC Executive Director Martin Fried welcomed almost 250 participants at the congress venue. The scientific program was outstanding made up of 144 lectures in 25 sessions and lively discussions. The "Best-Abstract prize" was awarded to Magdalena Mairinger (Vienna), for "Liver fibrosis after one-anastomosis gastric bypass in a rat model of NAFLD". Also the social part was not forgotten at all: After many months of virtual meetings and webinars, the participants enjoyed it so much to come together and meet friends again not only at the congress but also at a fantastic Gala Dinner...

**Jean Marc Chevallier** (Paris/France) took over as IFSO-EC president from Gerhard Prager (Vienna/Austria) and **Nicola di Lorenzo** (Rome/Italy) was assigned as President-Elect of IFSO-EC. New member at Large of IFSO-EC is **Paulina Salminen** (Turku/Finland).



## IFSO European Chapter Report



**Ralph Peterli (Chair IFSO EC Scientific Committee)**

**Magdalena Mairinger**

**Jean-Marc Chevallier (President IFSO-EC)**



Paulina Salminen (MAL); Juan Pujol (Communication&Development Committee); Ralph Peterli (Scientific Committee); Martin Fried (Congress President & Executive Director); Gerhard Prager (Past-President); Michel Suter (Past-Past President); Jean-Marc Chevallier (President) Nicola Di Lorenzo (President-Elect); Moritz Felsenreich (Young IFSO)



## IFSO European Chapter Report

The Congress Dinner was held in the charming Gothic church of St. Ann in Prague Old Town that was built between 1313 and 1330 and it belonged to a Dominican convent.





## IFSO European Chapter Report





## IFSO European Chapter Report

An unexpected classical music concert entertained all guests.





## IFSO European Chapter Report

### **After the congress is before the congress:**

Our local congress president Ronald Liem is finalizing the program of [Zoom Forward 22 \(4-7 May 2022 in Maastricht, Netherlands\)](#), the joint "Congress on Obesity" of the European Association of the Study of Obesity (EASO) and IFSO-EC.

With an appealing and fully integrated scientific program with lectures by key opinion leaders, teaching workshops, ample room for (new) investigators to present their research findings, and opportunities for site visits to metabolic research facilities at Maastricht University Medical Centre+, we hope to see many of you in Maastricht, the Netherlands! Innovations and state-of-the-art science will be highlighted, as well as the challenges that lie ahead of us.

For those who are not yet allowed to travel due to COVID-19, this hybrid conference can be followed remotely. In addition, Maastricht lends itself perfectly to strengthen existing ties and make new contacts during one of the first major live events in Europe after the various lockdowns that we have necessarily experienced over the past two years. Furthermore, as the oldest city of the Netherlands, Maastricht has a rich historical past and a vibrant nightlife.

**Don't miss this most important congress on obesity in Europe in 2022!**





## IFSO European Chapter Report



[See you in Maastricht 2022!](#)

Jean-Marc Chevallier

IFSO-EC President

Gerhard Prager

IFSO-EC Past President



## IFSO Asia Pacific Chapter Report

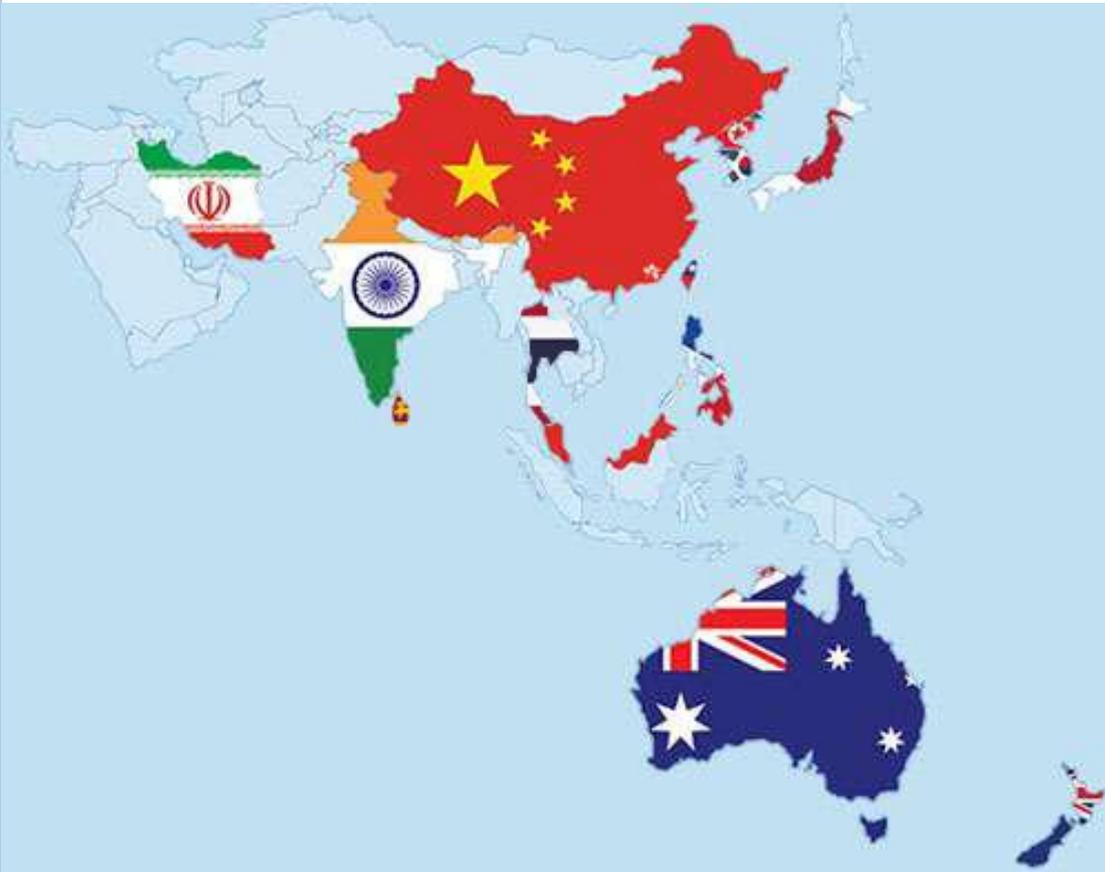


**CunChuan Wang,**  
President of Asia  
Pacific Chapter

### IFSO-APC MEMBER SOCIETIES

#14 COUNTRIES and REGIONS: Australia/New Zealand, China, Hong Kong, Philippines, Japan, Korea, India, Iran, Malaysia, Singapore, Sri Lanka, Taiwan, Thailand, Indonesia

# MEMBERS: 834





## IFSO Asia Pacific Chapter Report

**NEW SOCIETIES****➤ New Society: Thailand**

- Thai Society for Metabolic and Bariatric Surgery



Dr. Sutdhachit Linananda  
President



Dr. Suthep Udomswangsup  
Vice President

**➤ New Society: Indonesia  
Indonesia Metabolic Bariatric Society**

- **Founding presidents**
- Dr. Errawan Wadisuria
- Dr. Barlian Sutedja
- **Current president**
- Dr. Reno Rudiman



23 members



**imb**as

indonesia metabolic bariatric society

**[DOWNLOAD THE REPORT HERE](#)**



## IFSO North American Chapter Report



**Jaime Ponce**  
President of North  
American Chapter



### **Executive Board 2021-2023**

President: Jaime Ponce MD

Vice-President: Samer Mattar, MD

Past-President: Raul Rosenthal MD

Secretary/Treasurer: Eric DeMaria MD

Member-at-Large: Laurent Biertho MD

Integrated Health member: Karen Flanders, NP



## IFSO North American Chapter Report

**ASMBS** **JANUARY 20<sup>TH</sup>-22<sup>ND</sup>**  
**re-UNITED** **2022**  
**LAS VEGAS, NV**



Join us, January 20th-22nd, at the beautiful Mirage Hotel and Casino in Las Vegas, Nevada for our weekend educational event. Program includes Focus Practice Designation Review Course, IH Back to the Basics, and More! View the full schedule of new and exciting sessions.

<https://asmbsreunited.com/schedule/>



IFSO North American Chapter Report

**ASMBS** | *Annual Meeting*  
**2022** | *Dallas, Tx*  
JUNE 5-9, 2022



*Save the Date*

MAY 5-7  
2022



**CANADIAN OBESITY WEEKEND**  
MARRIOTT DOWNTOWN TORONTO EATON CENTRE  
525 BAY STREET | TORONTO, ON M5G 2L2



L'ASSOCIATION CANADIENNE  
des MEDECINS et CHIRURGIENS BARIATRIQUES  
The CANADIAN ASSOCIATION of  
BARIATRIC PHYSICIANS and SURGEONS



## IFSO North American Chapter

### Updates



#### ASMBS Published Position Statements 2020/2021

- ASMBS Position Statement on Preoperative Patient Optimization before Metabolic and Bariatric Surgery
- ASMBS Pre-operative Care Pathway for Laparoscopic Roux-en-Y Gastric Bypass (In Press May 2021)
- ASMBS Endorsement of AAP Pediatric Metabolic and Bariatric Surgery Statement - March 2020
- ASMBS Position Statement on the Relationship Between Obesity and Cancer, and the Role of Bariatric Surgery - May 2020
- ASMBS Updated Position Statement on Single-Anastomosis Duodenal Switch - May 2020
- ASMBS Updated Position Statement on Metabolic Bone Changes after Bariatric Surgery - November 2020
- ASMBS Position Statement on the Rationale for Performance of Upper Gastrointestinal Endoscopy Before and After Metabolic and Bariatric Surgery - April 2021

#### ABS Focused Practice Designation in Metabolic Bariatric Surgery

First course January 2022

First test April 2022

#### Foregut Fellowship Certification Program with SAGES & SSAT

#### SOARD Impact Factor: 4.734 (previously 3.812)

Rank amongst the surgery journals adjusted to 28/212 (previously 30/212)



## IFSO North American Chapter Report



Canadian Clinical Practice Guidelines for the management of Obesity in Adults, CMAJ 2020

Most cited CMAJ article for 2020

Canadian Standards in Bariatric Surgery and Medicine, Can J Surg 2021

To define standards of care in bariatric medicine and surgery in Canada

To offer credentialing to Canadian Centers of Excellence

New Canadian bariatric Morbidity & Mortality rounds

Canadian Bariatric Research network

To promote research collaboration between bariatric Centers



## IFSO Latin American Chapter Report



**Estuardo Behrens**  
President of Latin  
American Chapter



These were the activities of our Chapter, from October 2021 to December 2021.

- 1) Our General Council WhatsApp Chat is up to date.
- 2) Our Website (<http://www.ifsolac.net/>) with no changes
- 3) For the time being, our ZOOM webinars are in a standby period, because the last scientific activity that took place in Miami transmitted live via ZOOM to the IFSO community, demanded all our attention. Beginning in January 2022 we are planning to re start them again.



**IFSO 2021 GOES VIRTUAL**

**DON'T MISS THE LIVE EVENT!**  
**OCTOBER 22**  
8 am-1.30 pm EDT/ 2-7.30 pm CEST

**3 SESSIONS**

- **IFSO LATIN AMERICAN CHAPTER**
- **X FACTOR: HOW TO NAVIGATE FROM RESIDENCY TO PRACTICE**
- **TOP 10 PAPERS SESSION**

**FREE REGISTRATION ON**  
<https://attendee.votowebinar.com/register/2910305442364239886>



**IFSO 2021**  
**VIRTUAL MEETING**

**IFSO 2021 GOES VIRTUAL**

**SESSION 1:**  
**IFSO LATIN AMERICAN CHAPTER**  
**HOT TOPICS IN BARIATRIC SURGERY**

**CHAIRS:**

 <b>ESTUARDO BEHRENS</b> GUATEMALA	 <b>SERGIO APARICIO</b> BOLIVIA	
 <b>PABLO OMELANCZUK</b> ARGENTINA	 <b>LUIS POGGI</b> PERU	 <b>CARLOS ZERRWECK</b> MEXICO



## IFSO Latin American Chapter Report

4) IFSO LAC sponsored the 2<sup>nd</sup> CONGRESS OF SODOCIMEB (DOMINICAN REPUBLIC SOCIETY OF METABOLIC AND BARIATRIC SURGERY) that took place in Punta Cana during the second week of November, in a hybrid way (face to face and via ZOOM).



We are planning an intermediate meeting in **Tucuman, Argentina on March 16-18, 2022**, and then the IX IFSO LAC CONGRESS will be in Miami, USA, in August 2022, in conjunction with the XXV IFSO World Congress

That will be the last scientific activity in charge of this EXECUTIVE BOARD.

And last but not least, we are so proud announcing that in January 2022 will start our first 8 IFSO LAC Fellows training in Bariatric and Metabolic Surgery in Tijuana, Mexico. This has been developed thanks to the collaboration of Natan Zundel MD FACS FASMBS, Juan Antonio López Corvalá MD FACS and our Executive Council.

Blessings to all the IFSO LAC family.



## IFSO Middle East—North African Chapter Report



**Khalid Mirza Gari**  
President of Middle  
-East North African  
Chapter



**IFSO MENAC WEBINAR**  
MAY 19, 2021






**MOHAMED ABOUZEID, Egypt**  
"Standardized BP limb in OAGB without measuring the small bowel length is the way to go."

VS



**EMAD ABDALLAH, Egypt**  
"Total small bowel measurement and bypassing a fixed ratio is a must in OAGB."



**2 PM CEST**

**REGISTER HERE**



**IFSO MENAC WEBINAR**



### "THE IFSO WORLDWIDE OAGB SURVEY"

**PRESENTER**

**Ashraf Haddad**  
Jordan



**MODERATOR**

**Hazem Al-Momani**  
UAE



**PANELISTS**

**Mohit Bhandari**  
India



**Khaled Gawdat**  
Egypt



**Adriana Rotundo**  
UAE



**Michel Suter**  
Switzerland



**SEPTEMBER 23**

8 am EDT  
2 pm Europe / Cairo  
3 pm Amman  
4 pm Dubai  
5.30 pm New Delhi

**REGISTER HERE**



## IFSO Middle East—North African Chapter Report

Hosted by



د. سليمان الحبيب  
DR SULAIMAN AL HABIB  
Medical Group



**2<sup>nd</sup> IFSO-MENAC | 4<sup>th</sup> PASMBS | 7<sup>th</sup> GOSS | 5<sup>th</sup> SASMBS meetings**

**Al Khobar, Saudi Arabia  
23-26 February, 2022**

Dr. Sulaiman Al-Habib Medical Group

**SAVE  
THE  
DATE**



*Congress President*  
**Waleed Bukhari**  
(Saudi Arabia)



*IFSO MENAC President*  
**M. Khaled Mirza Gari**  
(Saudi Arabia)



*PASMBS President*  
**Hayssam ElFawal**  
(Lebanon)



*GOSS President*  
**Salman Al Sabah**  
(Kuwait)



*SASMBS President*  
**Adnan Mofiti**  
(Saudi Arabia)

**WWW.IFSO-MENAC2022.COM**

**SUBMIT YOUR  
ABSTRACT!**



## IFSO Middle East—North African Chapter Report

### CONGRESS HIGHLIGHTS

*Wednesday*

- Live Surgery Day
- Wet Lab Workshop

*Thursday-Saturday*

- Alternative Bariatric Procedures Debate Session
- Young IFSO-MENAC Session
- GOSS Session
- PASMBS Session
- SASMBS Session
- 5 Top Published Papers from the MENAC Region
- Basic GI Nutrition for Bariatric Surgeons
- Integrated Health Session
- Endoscopic Bariatric Procedures
- Revisional Surgery

### ABSTRACT SUBMISSION TOPICS

- Endoscopic Gastric Plication for Obesity
- Basic GI nutrition: what every bariatric surgeon should know
- One anastomosis gastric bypass: where do we stand
- GERD after Sleeve Gastrectomy: MENA perspective
- ERAS in Bariatric Surgery
- Complications of Bariatric Surgery
- Technical tips and Tricks in Bariatric Surgery: tutorials from experts
- Intra-op disasters: How to avoid and manage
- Revisional Surgery
- Metabolic Surgery
- Weight regain - causes and solutions

### KEY DATES

- Abstract submission opens: **8 November, 2021**  
deadline: **5 January, 2022**
- Notification of abstracts acceptance: **20 January, 2022**
- Early registration fee: **23 January, 2022**

### ORGANIZING SECRETARIAT



Rione Sirignano, 5 - 80121 Napoli (IT)  
ph. +39 081 7611085/081 668774  
info@mcmcongressi.it  
www.mcmcongressi.it

EVENTI E CONGRESSI

[www.ifso-menac2022.com](http://www.ifso-menac2022.com)

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## IFSO Committee's Report



Scott A. Shikora

Editor-in-Chief *Obesity Surgery*  
Journal

### What is the status of our beloved journal?

Last week, we held our yearly ***Obesity Surgery's*** editorial board meeting. This meeting of the board gives us the opportunity to reflect upon the previous year's success in selecting the best manuscripts for publication in the journal. We review each of the steps involved and discuss ways to improve upon them. The process of receiving raw manuscripts, peer-reviewing them and then selecting the best ones for publication sounds easier than it is in reality. It requires hard work and the coordination of the reviewers, editors, associate editors, the Editor-in-Chief, and the managing editor, Deana Rodriguez. To succeed, all of these components, and others on the production end, such as the people involved with the printing, marketing, and distribution of the journal, must all run smoothly together like a fine clock. The goal is to select and prepare in a timely fashion, the best manuscripts from the over 1500 that will be submitted.

Over the past 10 years, based on what we learned from the previous years, we have achieved dramatic improvements of the process. In doing so, we have shortened the time it takes for manuscripts to go from submission to a final decision, while still providing the reader with quality articles.

Here are some of the highlights from 2020:

**1. Manuscript submission volume.** The journal has seen a yearly increase in the number of submitted manuscripts. In fact, the increase was so great that we had to increase the number of editors to accommodate the increased workload. Submission volume has tripled from 504 manuscripts submitted in 2012 to 1567 submitted manuscripts in 2020. This growth is very beneficial to the journal for two main reasons: Firstly, it demonstrates to potential authors that we are a popular journal for authors to submit their work. Secondly it enables us to be more selective and be more discriminating in deciding which papers to accept.



## IFSO Committee's Report

The mediocre papers that used to be published, are now rejected. This improves the overall quality of the journal and attracts authors with even better papers. Last year, we rejected 51% of the submissions.

### Original Submitted Manuscripts

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021*
504	573	759	883	920	995	1118	1269	1567	1211

2020 – 49% accepted - 51% rejected

**2. Shortest time necessary to process a submitted manuscript.** One of the main factors of author satisfaction is the rapid turnover of submitted manuscripts. Authors are not pleased when it takes several months for a final decision to be made on a submission. Processing a manuscript however, is a complicated endeavor and consists of several steps. The submitted manuscripts are first sent to the managing editor, Deana Rodriguez who goes over each paper to assure that all of the necessary elements are included such as the manuscript, the abstract, a cover letter, key words, leaning objectives, and the appropriate paperwork filled out and signed. The papers are then sent to me. I review the papers for appropriateness for our journal. In addition, I look to see that the submissions are organized and written with proper English grammar. I then send the paper to the appropriate associate editor who reviews the paper and if deemed appropriate, sends it out to the reviewers. The paper is peer-reviewed and then is sent from the reviewers back to the associate editor. At that point, we start to consider the final status of the paper. The quality papers will get accepted. Those with potential will be sent back to the authors for revision and resubmission and those that don't make the cut are rejected. The usual bottleneck is the time it takes the reviewer to review the paper and send it back to the associate editor. As you can see in the table below, despite an increase in the number of submitted papers, we reduced the number of days it took to complete each step.

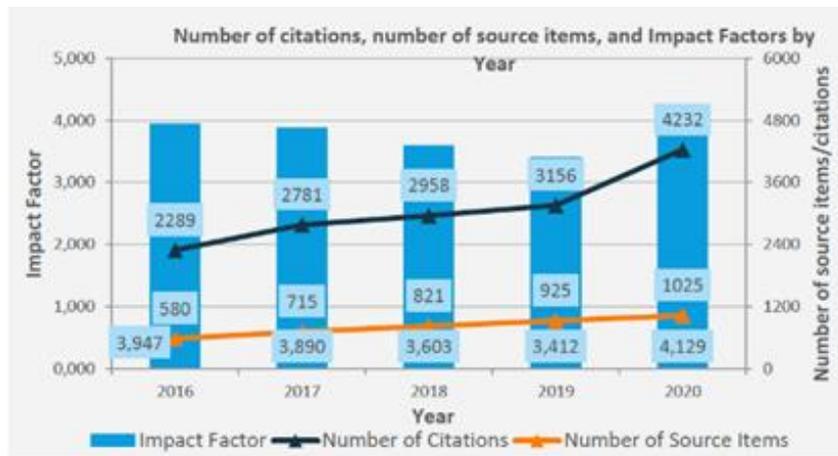
	2016	2017	2018	2019	2020	2021*
Submission to first Decision	35	37	27	28	22	23
Submission to final Decision	79	70	74	72	47	54
Submission to Acceptance	107	99	97	93	85	75



## IFSO Committee’s Report

**3. Increase in the journal’s Impact Factor.** The impact factor (IF) is a calculation that is used to reflect the quality of a journal. It can be used to judge how a journal compares with other journals or whether the performance of a journal is improving or not. The IF is calculated based on the number of cited articles divided by the number of recent (published) articles. See below. Our IF rose from 3947 in 2016 to 4232 in 2020.

Impact Factors 2016-2020



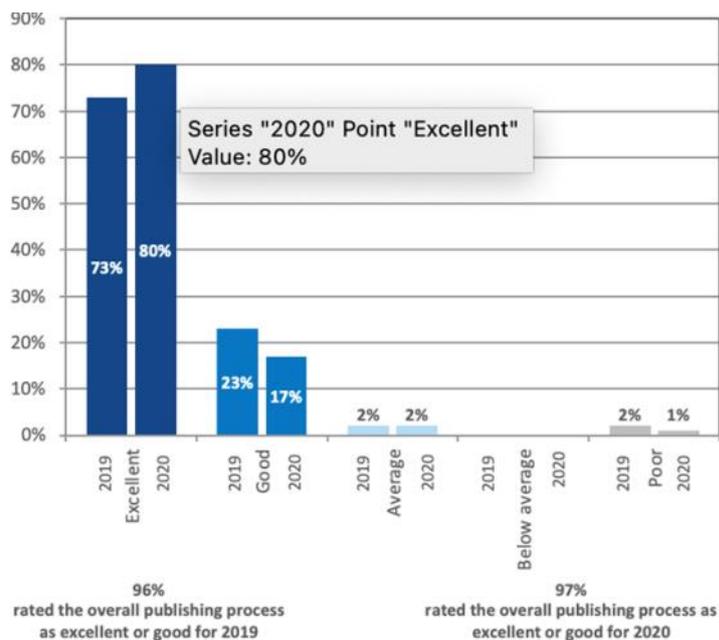
Due to the increase in the IF, we are now ranked 41 out of 212 English language surgical journals.

**4. Author Satisfaction.** As previously mentioned, author satisfaction is important as it may influence which journals an author may send their papers. One of the leading factors influencing author satisfaction is the amount of time it takes for the submitted manuscript to reach the final decision. Long delays can negatively impact an author’s academic career. For example, a young researcher may be waiting for a submitted manuscript to be published so it can be used for an academic promotion. A prolonged turnover time could result in disrupting the author’s promotion. It is more than likely that this author will be submitting future academic work to other journals. Additional measures of satisfaction include: editorial communication with the author, the peer review, editorial advice and management for the author to use to improve their paper, and the production and



## IFSO Committee's Report

online processes. See the graph below. Overall, we achieved a 96% satisfaction rating.



### 5. Other accolades from the past 2 years:

- Fewest days from submission to publication = 54 days (2017 = 99 days)
- Publication of several IFSO position papers and guidelines
- Number of downloads in 2020 = 798,508 (over 70 papers downloaded every hour)
- Number of social mentions in 2020 = 2,202
- **Obesity Surgery** is now available in over 10,400 institutions

Our beloved journal, **Obesity Surgery**, the official journal of IFSO, is healthy and had another very successful year. This success is the direct result of the hard work of our reviewers, editors, and everyone else who is involved in the production of the journal. No statement of appreciation would be complete without also including a word of thanks to the authors who are loyal to **Obesity Surgery** and support us by submitting their work to us. Just remember that without submissions, there would be no journal.



## IFSO Committee's Report

However, we can't sit back on our laurels. We must continue to work to improve the process and reach even higher levels of quality. Our goal is to continue to climb the rankings of the top surgical journals in the world.

**Thank you for a great year and let's have another in 2022.**

Warmest regards,

Scott Shikora, MD, FACS, FASMBS

Editor-in-Chief

***Obesity Surgery***





## IFSO Committee's Report



### IFSO Integrated Health Committee winter 2021

Mary O'Kane

#### **IFSO integrated Health Survey**

Chair of IFSO Integrated Health Committee  
President of Young IFSO

Thank you to all who responded to the Integrated Health (IH) Survey to members and societies earlier this year. We are in the process of analysing the responses. These will help to identify what you want from IFSO. Initial findings suggest that these include access to education and training, development of research and leadership skills and mentorship. There is also a call for more IH led guidelines, consensus statements, protocols, and patient pathways. Your views will help to influence future workstreams including discussions as to how we can achieve these and take up your offers of support.

#### **IFSO / World Gastroenterology Organisation (WGO)**

WGO, in recognition of its 90<sup>th</sup> anniversary, has made obesity its theme for this year and approached IFSO to work together. We held the IFSO - WGO joint conference "Obesity: an ongoing pandemic" on World Digestive Health Day in May. This included IH health presentations and input into the clinical case sessions. In addition, the WGO Obesity guidelines are being updated jointly with IFSO. IH members have been fully involved in this. Further work, with IH input, is planned over the next year

#### **IFSO and World Obesity Federation (WOF) SCOPE School**

IFSO and WOF held a SCOPE school over two days in June titled "Obesity & bariatric surgery: The patient journey". Several IH members were involved in giving presentations and participating in panel discussions.



## IFSO Committee's Report

### **Webinars**

The excellent IH webinars on "Sleep and Chrono-nutrition", and "Pregnancy and Bariatric Surgery" are available via the IFSO webpage and IFSO YouTube channel. It was great to see the IFSO EC IH webinar on "Bone health following Bariatric Surgery: Implications for management, the IH point of view". We are planning future webinars and we would love to hear your suggestions.

### **IFSO guidelines**

Prof Scott Shikora will be leading the development of IFSO guidelines on bariatric surgery. IH members will be fully involved.

### **IFSO 2022**

We will be holding a postgraduate day and IH sessions in the main conference with excellent programmes and line up of speakers.

We look forward to meeting with you in Miami!

Mary O'Kane, Chair

Silvia Leite Faria, Vice-Chair

IFSO Integrated Health Committee



## IFSO Committee's Report



Barham Abu Dayyeh

Chair of IFSO Bariatric Metabolic  
Endoscopy Committee

### IFSO BARIATRIC METABOLIC ENDOSCOPY COMMITTEE

#### CURRENT ACTIVITIES:

Endoscopic bariatric therapies such as endoscopic sleeve gastroplasty have evolved to offer a minimally invasive approach to the management of obesity and metabolic complications while preserving the gastrointestinal tract function. However, the community has no clear guidance on the indications, contraindications, and positioning of such procedures to augment the spectrum of obesity and metabolic a and increase access to patients suffering from obesity and its consequences. The IFSO bariatric and metabolic endoscopy committee is working on a **systematic review and meta-analysis of the published literature** in order to provide an assessment to the IFSO community on the risks, benefits, and effectiveness of endoscopic sleeve gastroplasty. This will be followed by a Delphi consensus statement to address and reach consensus on salient clinical and technical factors around this procedure to offer a guide for surgeons and gastroenterologists embarking on adopting this technology in clinical practice.

In addition, the committee is designing a **series of webinars** to educate the IFSO community on the clinical, peri-procedural, and technical aspects of endoscopic bariatric therapies for management of obesity and complications post bariatric surgery.

The committee is also designing a robust program around these interventions be included in the **2022 IFSO global meeting in Miami**.



## Young IFSO



### New Year Message from Young IFSO:



Dear Friends and colleagues,

**Eren Taskin**  
President of Young  
IFSO

It has been a busy year for all of us. We have continued our surgical duties under the pressure of Covid-19 which is still surging with new variants across the globe. However, it has been a fruitful year for Young IFSO. We have completed 6 journal clubs this year, including three face to face sessions. Especially the sessions in European Chapter meeting in Prague, Frankfurter Meeting and also in MOSS meeting Antalya were fully crowded with vibrant discussions.

Young IFSO is growing and evolving with its high scientific standards, young and vibrant soul and dynamic power. Next year we will focus on more collaborative multi-center projects for each of our chapter representatives. This opportunity will allow more young professionals to be seen on podium and give them a chance to show their interesting research.

Although we are called young IFSO, our main mission is to connect highly experienced pioneers with young investigators in a relaxed and Professional setting to allow high quality scientific interaction. We are committed to raise the standards the bariatric and metabolic surgery in an ethical and Professional way throughout the globe. This mission in 2022 will continue in leadership of my friend new president of young IFSO, Wah Yang. I think he will do a great job in his term and we will continue to collaborate with him as always in the coming year. We are looking forward to a more healthy, prosperous 2022 as the Young iFSO and the big IFSO family. I embrace you all and wish you a happy Christmas and new year.

Best and warmest regards,

Eren Taskin, MD



Young IFSO



**6th YOUNG IFSO JOURNAL CLUB MEETING**



**CHAIRS:** TOGHRUL TALISHINSKIY, WAH YANG  
**MODERATORS:** EREN TASKIN, MORITZ FELSENREICH

**3 DECEMBER 2021**

7 am Mexico City  
 8 am Atlanta  
 2 pm Central Europe  
 3 pm Alexandria  
 4 pm Istanbul  
 5 pm Baku  
 9 pm Beijing

**SESSION I: KEYNOTE LECTURE**

**BEST SURGERY FOR DIABETES**



**SERGIO SANTORO**



**MODERATOR:** TOGHRUL TALISHINSKIY



**SESSION II: PAPERS DISCUSSION**

**"ROBOTIC SURGERY RESULTS IN BETTER OUTCOMES FOLLOWING ROUX-EN-Y GASTRIC BYPASS: MBSAQIP DATABASE ANALYSIS FOR THE YEARS 2015-2018"**



**CAITLIN RUSSEL**



**"ROBOTIC-ASSISTED SURGERY ENHANCES THE LEARNING CURVE WHILE MAINTAINING QUALITY OUTCOMES IN SLEEVE GASTRECTOMY: A PRELIMINARY, MULTICENTER STUDY"**



**JOHN PERRONE**



**PANELISTS**

EREN TASKIN  
 ALEKSANDR NEIMARK  
 SYLVIA WEINER  
 KARIN DOLEZALOVA  
 TARYEL OMEROV  
 TOGHRUL TALISHINSKIY

MORITZ FELSENREICH  
 TAMER ABDELBAKI  
 GABRIELA MALDONADO  
 REYNU RAJAN  
 MAHER EL CHAAR  
 WAH YANG

**REGISTER**





Young IFSO

**5th YOUNG IFSO JOURNAL CLUB MEETING  
YOUNG IFSO EUROPEAN CHAPTER**



**SESSION I: KEYNOTE LECTURE**

**GERHARD PRAGER:**

BARIATRIC / METABOLIC SURGERY IN PATIENTS WITH SEVERE OBESITY

**JUNE 21, 2021**

8 am Mexico City

9 am New York

**SESSION II: PAPER DISCUSSION**

**PAULINA SALMINEN & SOFIA GRÖNROOS:**

EFFECT OF LAPAROSCOPIC SLEEVE GASTRECTOMY VS ROUX-EN-Y GASTRIC BYPASS ON WEIGHT LOSS AND QUALITY OF LIFE AT 7 YEARS IN PATIENTS WITH MORBID OBESITY: THE SLEEVEPASS RANDOMIZED CLINICAL TRIAL

3 pm Central Europe

4 pm Moscow

9 pm Beijing

11 pm Melbourne

**INTRODUCTION**

DANIEL MORITZ FELSENREICH



WAH YANG



**MODERATOR**

GERHARD PRAGER



**PRESENTERS**

GERHARD PRAGER



PAULINA SALMINEN



SOFIA GRÖNROOS



**PANELISTS**

EREN TASKIN



WAH YANG



SYLVIA WEINER



ALEKSANDR NEIMARK



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KARIN DOLEZALOVA



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## IFSO REGISTRY



Dear Members,

It is my pleasure - as IFSO President - to introduce **the Sixth IFSO Global Registry Report 2021** with data on **507,298 operations from 50 contributor countries** with 5 being mature national registries.

There have undoubtedly been challenges relating to the loss of connection and competing priorities that have come with the current COVID-19 global pandemic. Many bariatric units had to divert their resources towards the challenges of the COVID-19 infections in their hospitals and cities. During the waves of the various strains of COVID-19 across different countries and regions, elective surgery had to be abandoned in various forms, and resumed only to be cut back with the next wave.

My congratulations to the Registry Committee for their persistence in overcoming all the unprecedented challenges over the last 2 years, led by **Wendy Brown (Australia-APC), Richard Welbourn (UK-EC), John Dixon (Australia-APC), Ronald Liem (Netherlands-EC), Scott Shikora (USA-NAC), the Dendrite Clinical Systems partnership with Peter Walton and Robin Kinsman (United Kingdom).**



## IFSO REGISTRY

It is appropriate to acknowledge the work of the other **IFSO Registry Committee members** (in alphabetical order):

- Salman Al Sabah (MENAC)
- Mehran Anvari (NAC)
- Ricardo Cohen (LAC)
- Amir Ghaferi (NAC)
- Jacques Himpens (EC)
- John Morton (NAC)
- Johan Ottosson (EC)
- Francois Pattou (EC)
- Villy Våge (EC)

It is the goal of the IFSO Global Registry to try to work towards **providing the most credible and transparent information available on bariatric and metabolic surgery** within our international federation.

To achieve this, the IFSO Global Registry is continuing to work on **collecting good descriptive data about caseload / penetrance of surgery for metabolic disease and obesity** in various countries **and real-world data on outcome measures** for our patients with adiposity-based chronic diseases.

**I take this opportunity to reach out to all National Presidents and Chapter Presidents to assist in this IFSO Global Registry initiative.**

I would like to **encourage countries that are establishing their bariatric and metabolic programs to set up a national registry** and to encourage countries that have registries to aim to cover as many if not all of the procedures performed.



## IFSO REGISTRY

By having as many national registries contributing towards the IFSO global registry, **IFSO will in return provide the key aspects of quality assurance and global trends** that will be essential to guide us in our mission to optimise the control of adiposity-based chronic diseases and to provide us with the tools in our mission to unify the global scientific, surgical and integrated health communities, for the purpose of dissemination of knowledge, collaboration and establishing universal standards of care for the treatment of individuals with adiposity-based chronic disease.

For a successful, meaningful Global Registry for the future, the IFSO registry committee members have been working on **identifying the core outcome measures that can be reliably defined, measured, provided, and compared internationally by all contributors**. This core dataset will be developed through a Delphi process over the coming months. This important core dataset will enable national registries to adapt to and be able to provide the core elements required for the inclusion of as many national datasets as possible.

I look forward to this initiative and the inclusion of many more national registries in our future IFSO Global registry reports.

**Lilian Kow**  
**IFSO President 2019-2022**



## IFSO REGISTRY

IFSO has worked hard in the last 12 months to ensure we are compliant with GDPR, the laws that govern data in Europe where we are registered as a Society. We have worked with individual contributors to provide them with consent forms for patients, and a framework for ethical approval. We have worked with national societies to understand what barriers exist that could prevent them from sharing data.

By ensuring the groundwork is correct, with **reliable and consistent data definitions, data collection and data governance**, we hope that the reports in the years ahead will fulfil our important mission. I would be remiss not to acknowledge the hard work and dedication of all the members of the IFSO Global Registry Committee, the leaders of all the national registries, the team at Dendrite and most importantly our contributors. Without your support, we would not have a report.

The IFSO Global Registry has achieved an enormous amount already. We are now poised to learn from this experience and move forward to provide not only the most accurate data available, but also to support those Societies seeking to start their own registry.

**I am very privileged to be a part of the team that is working on this initiative and I look forward to achieving our mission of providing the “most credible and transparent information available on metabolic / bariatric surgery” in the years to come.**

**Wendy Brown**  
**Chair of the IFSO Registry Committee 2018-2022**



## OBSU-IFSO VIDEO CASE REPORTS SECTION

## PUBLISH ON



## OBSU-IFSO VIDEO CASE REPORTS SECTION

Share your experience, demonstrate your skills and educate others on your cases and videos. ▶

+ Get acknowledged, endorsed, academically recognized and published in a peer reviewed journal. +



Be selected for **"Best Video of the month"** and **"Best Video of the year"** Awards at the IFSO World Congress. +



Submit your videos on: ▶

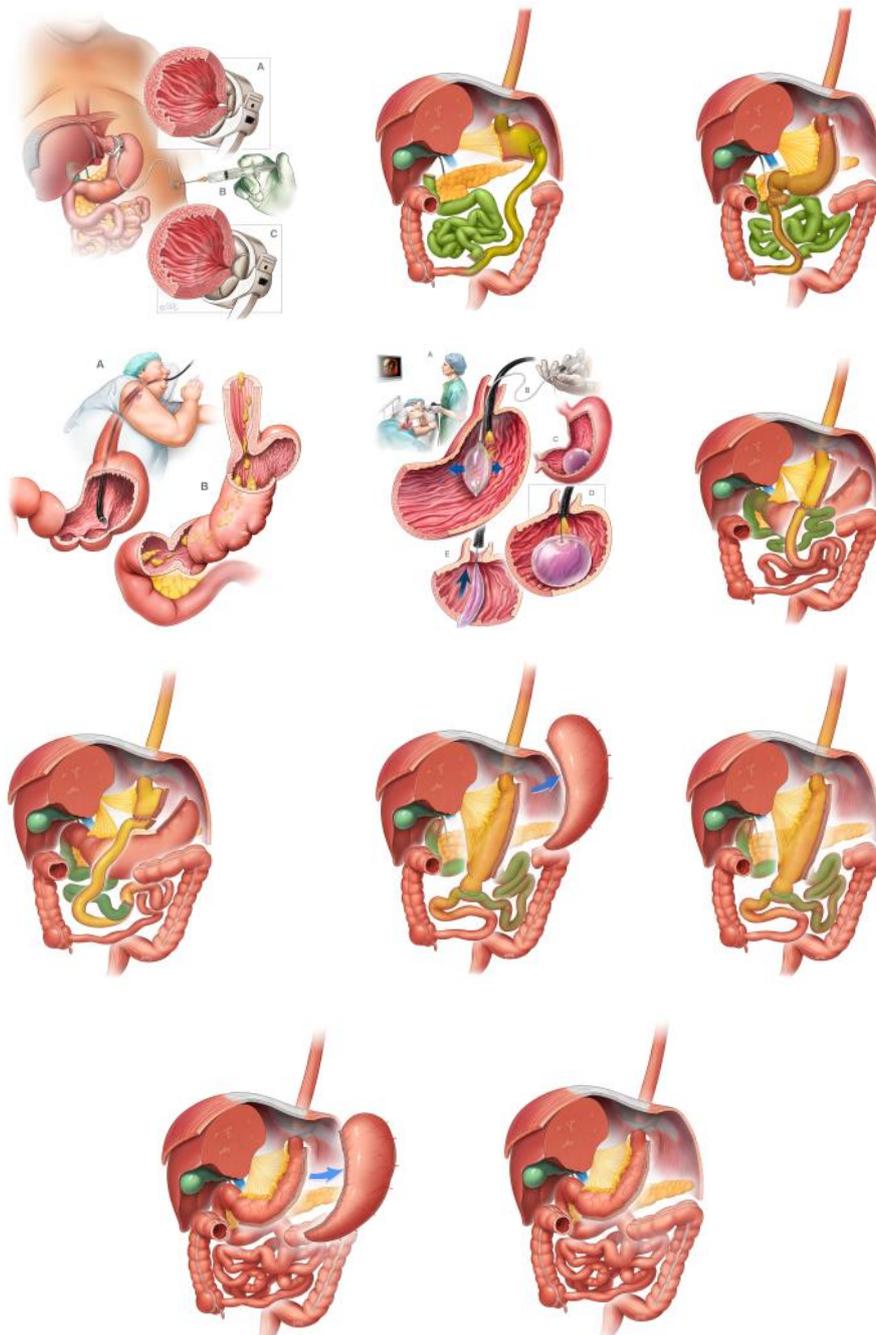


<https://www.editorialmanager.com/obsu/default.aspx>

**ATLAS OF BARIATRIC AND METABOLIC SURGERY****ATLAS OF BARIATRIC AND METABOLIC SURGERY**

Free download of high resolution images ONLY for IFSO members on:

<http://ifso.com/atlas-of-bariatric-and-metabolic-surgery/>





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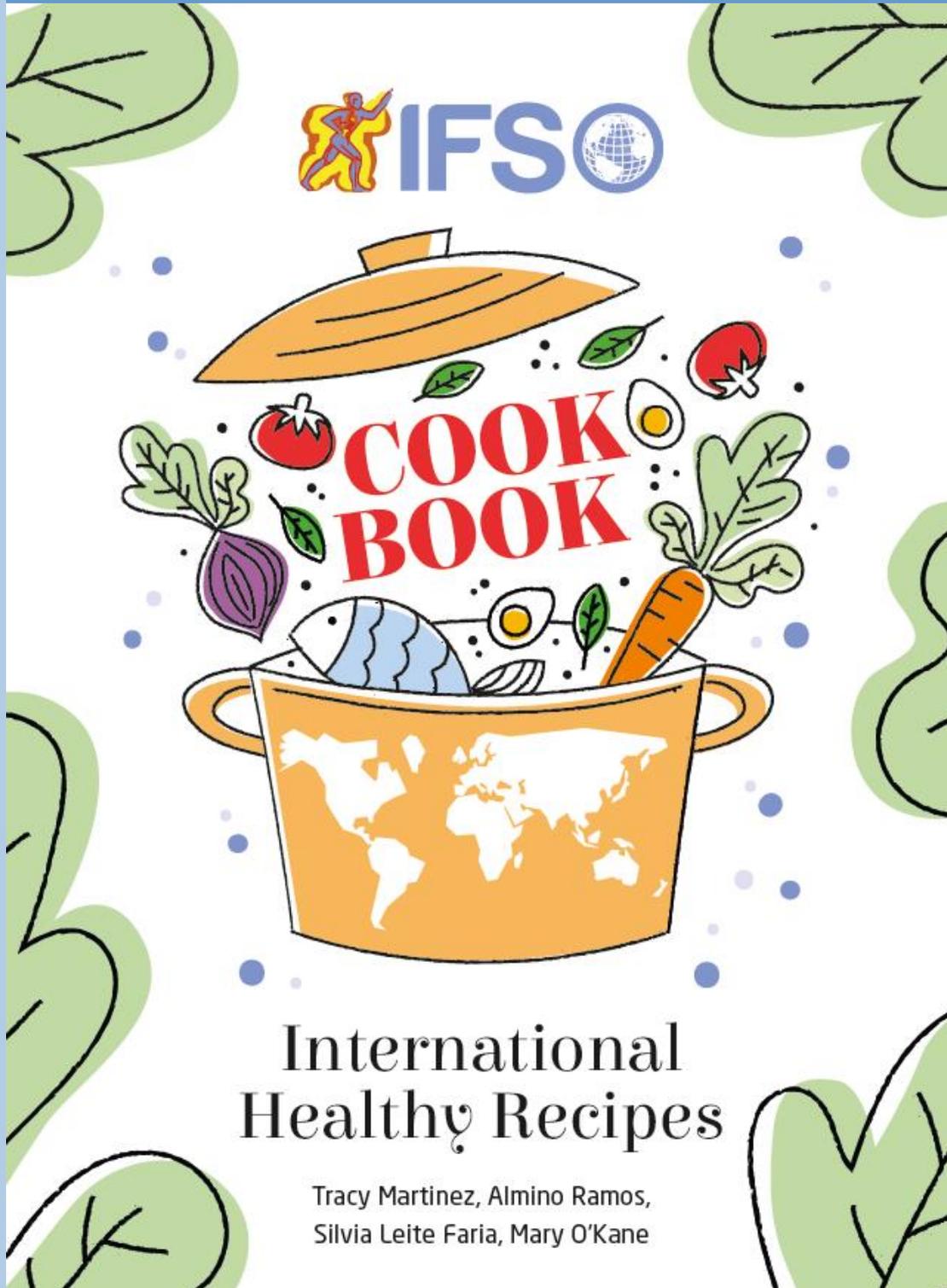
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## FIRST IFSO COOKBOOK



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## FACEBOOK MENTORSHIP

## MENTORSHIP ON IFSO FACEBOOK GROUP



A new mentorship programme has been added to the [IFSO Facebook Group](#) so that you can build skills and share knowledge with another member of our big community. Share your experience or learn valuable skills from someone in your group.

Here's how the programme works:

You sign up, match yourself with a partner and get helpful conversation starters each week so that you get to know each other better. It's up to you how much time you want to spend together and what goals you want to work towards.



## FACEBOOK MENTORSHIP

- **Who can request a mentor?**

Any group member can ask someone to mentor them when they see that person listed as a mentor. Group members can also offer to mentor people.

- **Who can become a mentor?**

Anyone who has experience and a skill to share can offer support in the mentorship programme. Your mentor's advice is their own opinion and not that of Facebook or your admin(s). All participation is voluntary. Your mentor's advice is not meant to substitute professional advice.

- **How much experience should mentors have?**

Mentors should have enough knowledge about the topic to give good advice to someone with less experience.

- **How do I communicate with my partner about the mentorship?**

Once you've been paired with someone, you'll be connected in Messenger and in a one-to-one mentorship programme.

[https://www.facebook.com/fbmentorship/signup/?application\\_id=361289281399793](https://www.facebook.com/fbmentorship/signup/?application_id=361289281399793)



## IFSO JOB BOARD



## IFSO JOB BOARD

Have you got a job/fellowship to offer in the field of  
Bariatric and Metabolic Surgery and Integrated Health?

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Please send it to [info@ifso.com](mailto:info@ifso.com)

Log in on [www.ifso.com](http://www.ifso.com) and visit our IFSO JOB BOARD

**THANK YOU!**



## IFSO Endorsement

# ENDORSEMENT



Endorsement requests must be sent to IFSO Secretariat ([info@ifso.com](mailto:info@ifso.com)) together with the scientific program of the Course and the Application form.

IFSO-Communication Committee will carefully review the concepts and objectives of the course as well as the faculty, the structure and content of the course, in deciding about the endorsement.

“Endorsement” does not in any way offer credentialing of grant approval to the participant regarding future skills and outcomes.

### **Benefits:**

Endorsed events will be:

- listed on IFSO’s Website on the “Endorsed meetings” page, with a link to the congress website
- included on IFSO’s E-newsletter
- E-mailed twice to IFSO Members
- Advertised once on IFSO Facebook page
- The Director may include IFSO’s Endorsement statement and IFSO Logo on promotional materials among the endorsing institutions, exclusively with the following text: “Endorsed by” before the logo of IFSO.

**For more info please visit our website on:** <https://www.ifso.com/endorsement/>



## Endorsement of Webinars

### ENDORSEMENT OF WEBINARS

Endorsement requests must be sent to [IFSO Secretariat](#) together with the scientific program of the Webinar. IFSO-Communication Committee will carefully review the concepts and objectives of the Webinar as well as the faculty, the structure and content of the Webinar, in deciding about the endorsement.

“Endorsement” does not in any way offer credentialing of grant approval to the participant regarding future skills and outcomes.

If you think your Webinar fulfils the above mentioned requirements, please send your request to [info@ifso.com](mailto:info@ifso.com) by filling the applicaton form together with a PDF file of the scientific program.

After the approval of the Communication Committee you will receive further instructions about the payment of the endorsement fee.

Fees

INDIVIDUALS: \$100,00

CORPORATE: \$500,00

[Download application form](#)

[More info on the IFSO website](#)



## Endorsement of Survey

### ENDORSEMENT AND/OR DISTRIBUTION OF SURVEYS

IFSO can assist its members who would like help with the content and / or distribution of surveys to the broader membership of IFSO. This is in keeping with the mission of IFSO:

**TO UNIFY THE GLOBAL SCIENTIFIC, SURGICAL AND INTEGRATED HEALTH COMMUNITIES, FOR THE PURPOSE OF DISSEMINATION OF KNOWLEDGE, COLLABORATION AND ESTABLISHING UNIVERSAL STANDARDS OF CARE FOR THE TREATMENT OF INDIVIDUALS WITH ADIPOSITY-BASED CHRONIC DISEASE.**

IFSO can assist by reviewing the content, suggesting changes and distributing materials (e.g. background to the survey, letters of invitation, questionnaires) to its members. However, IFSO will not be responsible for the follow up of responses, response rate, nor for the collection/analysis of responses/data. The surveys and their analyses will be the sole responsibility of the issuing member.

However, IFSO has a responsibility to ensure that the purpose of the survey is relevant and that the internal validity of the methodology is sound and of a high standard. Accordingly, absolute criteria have been developed to ensure that these requirements are met.

Distributing the survey will be pending review and approval of IFSO scientific committee.

Detailed info about the application guidelines are available [here](#)  
Download here [Application Form](#)



## IFSO Endorsed meetings/webinars

**BARIATRIC SURGERY SESSION**  
at the 42nd TUNISIAN NATIONAL  
CONGRESS OF SURGERY  
December 10, 2021 Hotel Sheraton Tunis  
[More info on](#)



**BARIALink online course**  
Live on LIBSS Congress in London  
November 25, 2021 17.00 - 19.00 CET  
[More info on](#)



[Join the session on](#)

<https://us02web.zoom.us/j/82510490700>

**LONDON INTERNATIONAL  
BARIATRIC SURGERY SYMPOSIUM  
(LIBSS) 2021**

NOVEMBER 25-26, 2021

[MORE INFO ON](#)



**17th Annual Congress of the  
Egyptian Society for Bariatric Surgery**

November 23-25  
[Click here](#) for more information

[Download programme](#)





**IFSO Endorsed meetings/webinars**

**12th Frankfurter Meeting**  
November 11-12, 2021  
Frankfurt, Germany  
[EARLY BIRD](#)

[CONGRESS WEBSITE](#)



**FAMIS FENGH ACADEMY, TIJUANA, MEXICO**  
12th Update course in Bariatric Surgery (for Bariatric Surgeons)  
November 4-26, 2021  
[REGISTER HERE](#)



METABOLIC SURGERY Grand Rounds:  
"Does Weight Loss Explain All the Benefits of Metabolic Surgery?"  
November 4th, 2021

[Click here](#) for more info



**ADVANCED BARIATRIC NUTRITION COURSE 2021**  
October 30 - December 19, 2021  
[Download the Agenda](#)

[Download brochure](#)

Register [here](#)





## IFSO Endorsed meetings/webinars

### **BARIAlink online course:**

October 28, 2021

18.00 - 20.00 CET

[More info](#)

Register [HERE](#)



**IFSO** **BARIAlink**

JOIN THE NEXT  
BARIAlink ACADEMY  
VIRTUAL CLASSROOM

**28th  
October  
2021**

**18.00 – 20.00**  
(Brussels Time)

<https://us02web.zoom.us/j/81535086413>

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KNOWLEDGE AND  
SKILLS TO DEAL  
WITH COMPLEX  
BARIATRIC CASES**

BARIAlink is an online virtual classroom consisting of a network of international bariatric and metabolic surgeons.

BARIAlink Library is an online collection of all patient cases discussed during the virtual classroom.

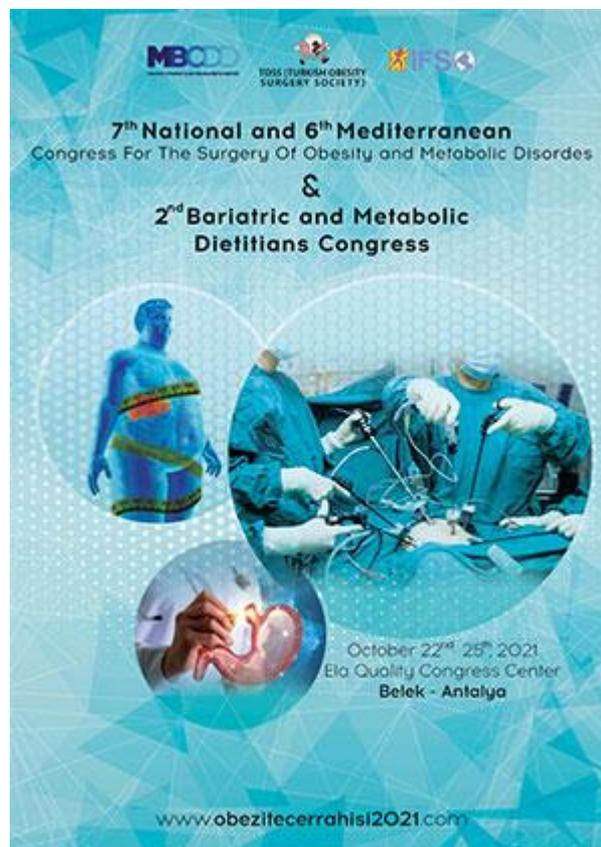
For more information visit [www.barialink.com](http://www.barialink.com) and register.

### **7th National Congress for the Surgery of Obesity and Metabolic Disorders of TOSS (Turkish Obesity Surgery Society)**

October 22-25, 2021

Ela Quality Resort Belek, Antalya,  
Turkey

[Congress website](#)



**MBOD** **TOSS (TURKISH OBESITY SURGERY SOCIETY)** **IFSO**

**7<sup>th</sup> National and 6<sup>th</sup> Mediterranean  
Congress For The Surgery Of Obesity and Metabolic Disorders**  
&  
**2<sup>nd</sup> Bariatric and Metabolic  
Dietitians Congress**

October 22<sup>nd</sup> - 25<sup>th</sup>, 2021  
Ela Quality Congress Center  
Belek - Antalya

[www.obezitecerrahisi2021.com](http://www.obezitecerrahisi2021.com)



## IFSO Endorsed meetings/webinars

### **METABOLIC SURGERY Grand Rounds** **"SEMAGLUTIDE AND OTHER NEW AGENTS FOR OBESITY: IMPLICATIONS FOR METABOLIC SURGERY"**

October 7, 2021 at 1:00-2:00 PM EDT

[Click here](#) for more info



**METABOLIC SURGERY**  
Grand Rounds

**FREE**

October Webinar ZOOM Link:  
<https://us02web.zoom.us/j/86119729360>

Thursday, October 7th, 2021 - 1:00 - 2:00 PM Eastern Time US (-4 UTC) - Virtual

[Click on the date to add to your calendar](#)

**Semaglutide and Other New Agents for Obesity: Implications for Metabolic Surgery**

**Keynote Speaker**  
**Rachael Batterham, MD, PHD**  
Professor of Obesity, Diabetes and Endocrinology at University College of London Division of Medicine, London, England

**Program Chairman:**  
**Philip Schauer, MD, FACS, FASMBS**  
Mary Kay and Terrell Brown / Harris J. Christz Chair  
Professor of Metabolic Surgery  
Pennington Biomedical Research Center,  
Louisiana State University

**pb** Pennington Biomedical Research Center Louisiana State University

Presented by **IFSO** International Federation for the Surgery of Obesity and Metabolic Disorders

AN OFFICE OF **ENCORE** MEDICAL PRACTICES

### **Online Symposium: "Current Issues in Medicine"**

100th anniversary of Tamerlan Aliyev, Azerbaijan Medical University

October 6-8, 2021

Register [here](#)



**100**

International congress  
"Current issues in medicine"  
dedicated to the 100th anniversary  
of the birth of professor Tamerlan Aliyev  
6-8 October 2021

**Sabyya Naziriyi**

Azerbaijan 100

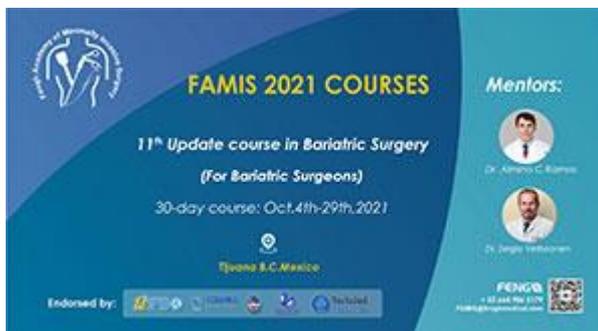


## IFSO Endorsed meetings/webinars

### FAMIS FENGH ACADEMY, TIJUANA, MEXICO 11th Update course in Bariatric Surgery (for Bariatric Surgeons)

October 4-29, 2021

REGISTER [HERE](#)

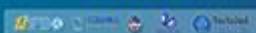


**FAMIS 2021 COURSES**

11th Update course in Bariatric Surgery  
(For Bariatric Surgeons)

30-day course: Oct.4th-29th,2021

Tijuana B.C.Mexico

Endorsed by: 

**Mentors:**

-  Dr. Alberto C. Ramos
-  Dr. Sergio Velasco

FENGH  
+34 644 94 6176  
fengh@fenghmedical.com

### Ezisurg Academic Club: The 1st Belt and Road Bariatric Surgery Symposium: Latest trend in Bariatric Surgery in 2021

[Download the Agenda](#)

Watch the webinar [here](#)



**EZISURG ACADEMIC CLUB**

**THE 1ST BELT AND ROAD BARIATRIC SURGERY SYMPOSIUM**

Latest trend in bariatric surgeries: the year 2021

THURSDAY  
SEPTEMBER 30th  
14:00 MECCA TIME  
2021

Chairman:  Abdul Muzal Sami (USA)

Moderator:  Hong Peng (China)

Panel:  Hussein Al-Hammam (SME)

 Wangpan Zhang (China)

 Hussein Salibi (Lebanon)

 Najaf Alsharif (Jordan)

 Walid Charara (Egypt)

EZISURG MEDICAL

### BARIATRIC COURSE TIPS & TRICKS SEPTEMBER 28 - OCTOBER 1 [DOWNLOAD THE PROGRAMME](#)

REGISTER [HERE](#)



On behalf of FAMIS Fengh academy for minimal invasive surgery, it's our great pleasure to welcome you in Egypt in the first Bariatric Course in the Middle East.

**Bariatric Course Tips & Tricks**

Join us, learn the latest state of art of bariatric surgery techniques Pre & Post patient care

Prof. Dr. Osama Taha, MSc, MD  
FRCGS, FRCR, FRCR (Surg), FRCR (Gen Surg), FRCR (Colorectal Surg), FRCR (Hepatobiliary Surg), FRCR (Gastroenterology)

Egypt - Cairo  
28th. Sep. - 1st. Oct.

IFSO

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fengh@fenghmedical.com

### B.E.S.T. CONGRESS 2021 September 23-24

Montpellier, France

[Click here](#) for more info



**B.E.S.T.**  
Bariatric Endoscopic Surgery Techniques

**IFSO**

**B.E.S.T. CONGRESS 2021**

September, 23-24, 2021, Montpellier, France





IFSO Endorsed meetings/webinars

**METABOLIC SURGERY Grand Rounds**  
**"How can Metabolic Surgery Save Lives in the Covid 19 Era?"**

September 2nd, 2021 at 1:00-2:00 PM EDT

[Click here](#) for more info



**METABOLIC SURGERY**  
Grand Rounds

**September Webinar ZOOM Link:**  
<https://us02web.zoom.us/j/87841734958>

Thursday, September 2nd, 2021 • 1:00 – 2:00 PM EDT (UTC -4:00) – Virtual

Click on the date to add to your calendar

**How Can Metabolic Surgery Save Lives in the Covid 19 Era?**

**Keynote Speaker**  
**All Aminian, MD, FACS**  
 Director, Bariatric and Metabolic Surgery Institute, Cleveland Clinic, Cleveland, OHIO (USA)

**Program Chairman:**  
**Philip Schauer, MD, FACS, FASMBS**  
 Macy Kay and Terrell Brown / Harris J. Chusztz Chair  
 Professor of Metabolic Surgery  
 Pennington Biomedical Research Center, Louisiana State University

**METABOLIC SURGERY Grand Rounds:**  
**"Single Anastomosis Duodenal Switch (SADIS/OADS): Is it Ready for Prime Time?"**

August 5th, 2021

[Click here](#) for more info



**METABOLIC SURGERY**  
Grand Rounds

**August Webinar ZOOM Link:**  
<https://us02web.zoom.us/j/85745637913>

Thursday, August 5th, 2021 • 10:00 – 11:00 AM EDT (UTC -4:00) – Virtual

Click on the date to add to your calendar

**Single Anastomosis Duodenal Switch (SADIS/OADS): Is it Ready for Prime Time?**

**Keynote Speaker**  
**Antonio J. Torres, MD, PhD**  
 Professor of Surgery, Chief General Digestive and Surgery Department, Hospital Clinico, San Carlos, Madrid, Spain

**Program Chairman:**  
**Philip Schauer, MD, FACS, FASMBS**  
 Macy Kay and Terrell Brown / Harris J. Chusztz Chair  
 Professor of Metabolic Surgery  
 Pennington Biomedical Research Center, Louisiana State University

**Panelists:**

**Lilian Kow, BMBS, PhD, FRACS**  
 Director Adelaide Bariatric Centre President  
 IFSO Past President IFSO-APC  
 Past President OSSANZ (ANZMOSS)

**Ricardo Cohen, MD**  
 Director The Center for the Treatment of Obesity and Diabetes, Oswaldo Cruz German Hospital, Sao Paulo, Brazil  
 Past President – IFSO Latin American Chapter  
 Past President – Brazilian Society for Bariatric and Metabolic Surgery

**Carel Le Roux, MBChB, MSc, FRCP, FRCPath, PhD**  
 Full Professor of Experimental Pathology, School of Medicine, University College of Dublin



## IFSO Related meetings



### International Surgical Week ISW 2022 - 49th World Congress of the International Society of Surgery ISS/SIC

15 to 18 August 2022

Vienna, Austria

Website : [www.isw2022.org](http://www.isw2022.org).



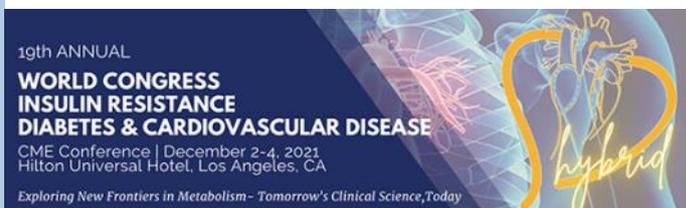
### Winter Conference 2021: Obesity and the brain

Hybrid event, to be held at The Royal Society in London

December 7-8, 2021

Find out more here: [www.nutritionociety.org/events/winter-conference-2021obesity-and-brain](http://www.nutritionociety.org/events/winter-conference-2021obesity-and-brain).

Programme: [www.nutritionociety.org/node/1380/programme](http://www.nutritionociety.org/node/1380/programme)



### International Surgical Week ISW 2022 - 49th World Congress of the International Society of Surgery ISS/SIC

15 to 18 August 2022

Vienna, Austria

Website : [www.isw2022.org](http://www.isw2022.org)



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For more information on these and other services offered by AJE, please visit [www.aje.com](http://www.aje.com) and insert the **discount code IFSO20 or IFSO10** to take advantage of this special offer to IFSO Members.



## Why join IFSO?

# WHY JOIN

- Discounted registration fee to IFSO Congresses & endorsed meetings
- Free Virtual congresses
- Free online subscription to the following journals:

*Obesity Surgery - Surgical Endoscopy - World Journal of Surgery - BMC Endocrine Disorders - BMC Nutrition - Journal of Diabetes and Metabolic Disorders - Eating and Weight Disorders*

- Global Registry
- Virtual Academy (Webinars, Journal Clubs & Congresses)
- Integrated Health Educational Events
- Video Library
- Atlas of bariatric procedures
- Cookbook: International Healthy Recipes
- IFSO endorsement for your event
- Scholarships
- Editing services for your articles and abstracts
- Job Board

**JOIN the biggest professional global Community in the field of Obesity and Metabolic Surgery**

### ANNUAL MEMBERSHIP FEES 2022

**Regular Member: 80,00 US \$ (online journals)**  
**Regular Member: 150,00 US \$ (online journals + print *OBSU*)**  
**Integrated Health: 20,00 US \$ (online journals)**

### DISCOUNTED FEE FOR LOW INCOME COUNTRIES

Find your local Society on: <http://www.ifso.com/ifso-member-societies>

If you live in a country without national society apply as INDIVIDUAL on: <https://www.ifso.com/join-ifso/>

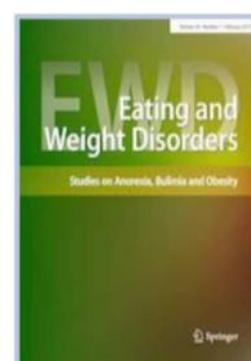
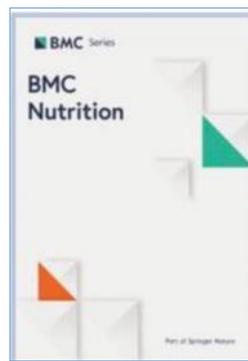
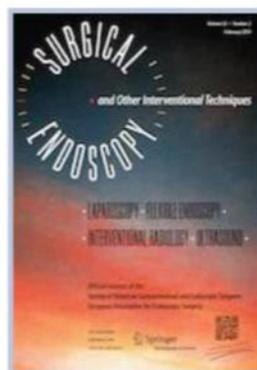


## ONLINE JOURNALS

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>>> Login on [www.ifso.com](http://www.ifso.com) with your membership credentials

>>> Click on **OBESITY SURGERY** in the membership area and get access to Springer platform





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More info available on: <https://www.ifso.com/ifso-corporate-committee/>



## ABOUT US

**5 CHAPTERS****72 NATIONAL SOCIETIES****10.000 MEMBERS**

European Chapter (EC)



Latin American Chapter (LAC)



Asian Pacific Chapter (APC)



North American Chapter (NAC)



Middle East North Africa Chapter (MENAC)





## SKETCH OF THE MONTH

### THE HOLIDAYS

#### Depression

People with obesity are more likely to suffer depression than people with healthy weight

# Why **SANTA** should **DIET** next year

We all know him as the man with the “bowl full of jelly,” but Santa may want to consider dropping some weight to avoid these health problems commonly associated with obesity. **Losing just seven percent of his body weight could have a significant impact:**

#### Sleep apnea

Excess weight in the neck and chest area can hinder respiratory function, causing Santa to stop breathing in his sleep at times

#### Cardiovascular disease

As BMI increases, so does blood pressure increasing the risk of heart disease, stroke, and cardiovascular death

#### Hip and knee pain

Extra weight puts strain on joints

#### Type 2 diabetes

Excess belly fat causes inflammation that can make the body less responsive to insulin leading to diabetes



**HAPPY HOLIDAYS & HAPPY NEW YEAR**

**TO THE BIG IFSO FAMILY**

**LILIAN KOW**

**MANUELA & STEFANIE**