December 2016

Message from the President

“We know what we are, but know not what we may be.”

William Shakespeare

These words from William Shakespeare speak to us as individuals, but also describe IFSO as an organization and beg the question: “What is our purpose?” The philosopher in me asked this question of several past presidents of IFSO and I received as many different answers, all of which were valid. Now that IFSO represents over 62 surgical societies and over 8,500 members, it is appropriate to re-define our mission and vision. I have tasked the Board of Trustees (all past presidents of IFSO) to discuss this crucial topic and to assist the Executive Board in creating the statements that will guide future generations of IFSO leadership and will help to provide continuity and direction.

IFSO is composed of four chapters currently: North American, Latin American, Asia-Pacific and European. I have asked each respective Chapter President to survey their representative countries and societies as to their individual issues so that IFSO can better serve their needs. IFSO can and should help developing societies establish comprehensive programs and metrics through education and mentorship. IFSO’s power lies in its ability to be a resource – to serve, not to be served.

November 24, 2016, IFSO Learning Academy first online event: “The right procedure for the right patient. The importance of selection in bariatric/metabolic interventions” took place. This was the first of many to come. Many thanks to the faculty: Jacques Himpens, Antonio Torres, Muffazal Lakdawala, Lillian Kow, John Morton, Juan Antonio Lopez, Michele Suter and especially, Almino Ramos who spearheaded this concept. This took place on an American holiday: Thanksgiving Day and was quite early for myself and John Morton, but I think Lillian Kow made the biggest sacrifice, as it was 11:00 pm for her.

IFSO is not a “top-down” organization. IFSO draws its strength from individual societies and countries that in turn represent individual surgeons and their patients. IFSO can only exist through collaboration and the understanding that it is often better to be part of something larger than oneself. The sharing of knowledge and experience is a wondrous thing that embodies IFSO’s DNA. In every World Congress, the underlying theme has always been UNITY. For a singular point in time, no matter what the cultural issues, the differences in language and ideology, the World comes together and speaks with one voice. The World Congress in Rio de Janeiro, by all accounts was one of the most successful and well-attended Congresses in IFSO history. Congratulations must go to the President, Ricardo Cohen, and the organizers for their hard work and dedication. Next years Congress in London is already on its way to surpass attendance records of previous years. I expect to see all of you there!
What an honor it is for me to serve as your President! I have several ideas restructuring IFSO’s organization, committee structure and relationship with other organizations. Moving forward, it is important to invite collaboration and discussion. Autocracies may be efficient in the short term, but rarely have the longevity of a democracy. I am fortunate to have followed Natan Zundel, who is not only a great mentor, but also a good friend. His Presidential Address in Rio de Janeiro was not only inspiring, but gave us all insight into the complexity and philosophically moral workings of his mind. It will be difficult to equal his accomplishments, but his leadership has established a strong vector for which we will continue to follow.

Natan: IFSO owes you. Thank you!

Behind the scenes, IFSO is doing a lot. Harry Truman, in his book, Year of Decisions is quoted as saying: “It is amazing what you can accomplish if you do not care who gets the credit”. In the case of IFSO, since IFSO is a Federation of Societies, IFSO should never take credit for what its members accomplish, but find purpose in strength in each individual achievement. Being a member of IFSO allows each of us to be part of something greater than we are as individuals. It will be my mission to continue to bring value to IFSO membership.

A final word: Many thanks to Manuela and Francesco for their continued hard work and loyalty to IFSO.

Kelvin Higa
IFSO President
December 2016

European Chapter Report

After 6 months of presidency, I am happy to conclude that the general health of the European Chapter is good and improving. 2016 was a special year for us from many points of view. This year’s highlight was of course the first European Obesity Summit, which the Chapter held together with the collaboration of EASO, the European Association for the Study of Obesity, which I already mentioned as a large success in my previous newsletter. Apart from its evident scientific success, this first EOS was also successful from a financial point of view, and brought a much needed profit to the Chapter. This will allow us to pursue our work in organizing meetings and providing scholarships for our congresses also in the future. Three scholarships will again be awarded in 2017.

Together with our permanent PCO, our Executive Council has suggested to move from a bi-annual congress at the European level to a yearly event, alternating the traditional bi-annual congress with more limited events on uneven years. The latter will not add to the already very busy yearly calendar, but will be joint events where an existing congress/meeting/symposium is “chapterized”, meaning that the Chapter, its PCO and Scientific Committee will take over most of the organizational issues of the event and help the local organizing committee to establish a program that meets everybody’s expectations. In 2017, a spring meeting organized by the chapter will take place in Naples from May 11th to May 13th, replacing the traditional laparoscopic surgery course annually organized since many years by Luigi Angrisani, past-president of IFSO. The first day of this symposium will involved mostly live surgery sessions with a few talks related to the cases being handled in the operating rooms, whereas the other two days will include plenary sessions, keynote lectures, and several free papers and video sessions, including a world IFSO session. Integrated health will be involved in many aspects, and we certainly hope for a large attendance.

In 2017, the Chapter will pursue its collaboration with EASO, which will be offered to organize a one-session symposium in Naples as well as in the world IFSO congress in London. The Chapter expects to be offered a similar time slot during the annual EASO congress, which is to take place in Porto/Portugal next year. This same agreement should be renewed in 2018 for our bi-annual congress, to take place in Athens/Greece.
In 2017, the Chapter will also organize one session during the world IFSO congress in London. The IFSO-EC works to promote interactivity within our scientific society, as such its work focuses on developing projects to achieve this aim. The IFSO-EC has focused the efforts on enhancing the IFSO-EC website, as Internet is a multi-purpose platform that offers unlimited possibilities when it comes to improving communication.

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Our Communication and Development Committee, especially Juan Pujol Rafols, together with our PCO, is also currently working on the development of the Picture&Video Gallery, a platform that will be available on our website and which will be used to host videos of surgical techniques, interviews with experts, new technology, congresses and medical cases. The aim of the Picture&Video Gallery is to enrich the work of our society by providing a reference site where users can improve their know-how through the content displayed. Finally, local and national congresses promotion on our website is a project that we are currently working on, and should become effective sometimes next year.
One of the Chapter’s tasks is to help regional societies or members with the establishment of new bariatric programs or with education. IFSO-EC is also keen to welcome new Societies from European or middle East countries who are not currently adhering bodies of IFSO. The President/Secretary of such societies should not hesitate to contact the undersigned or IFSO-EC secretariat for information, help, or for application.

I take the opportunity to thank our Secretary, Manuela Mazzarella, for her great help throughout the year, notably with communication between the Executive Council and national Societies. I also thank our PCO, Guarant, and especially Veronika, for their important and successful work and commitment in making our congress become successful and our dreams come true. Finally, I wish everyone a happy holiday time and a great start en the new coming year. I am looking forward to seeing as many people as possible next Spring in Naples.
Please join us in at IFSO-EC 2017 Symposium in Naples, Italy.

The Preliminary Programme is now available at [www.ifso-ec2017.com](http://www.ifso-ec2017.com). Its main topics include:

- Metabolic mechanisms of surgeries, gut microbiota and bile acids
- Metabolic surgery and NASH
- T2DM: Surgical Options and Long-term Outcomes
- Management of weight re-gain and co-morbidities development
- Sleeve gastrectomy and gastric bypass
- Sadi's, Gastric plication
- Innovative robotic procedures
- Endoluminal and experimental procedures
- Revisional surgeries
- Safety and training in bariatric and metabolic surgery
- Integrated health session
- Multidisciplinary approach
- Class 1 Obesity without comorbidities – is there a place for weight loss surgery?
- Long-term outcomes (>10 y) for traditional operations

Our Abstract Submission site at [www.ifso-ec2017.com](http://www.ifso-ec2017.com) is now open and we are looking forward to your submissions. **Please note the submission deadline is January 15th 2017.**

Abstracts accepted for presentation will be published in the official Abstract Book of the IFSO-EC Symposium, Naples, Italy.

**Online Registration will be open on January 1st 2017, with a discounted rate available until March 31st 2017.**
## Programme at a Glance

### Thursday, May 11, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Main Hall</th>
<th>Parallel Session 1</th>
<th>Parallel Session 2</th>
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<tr>
<td>09:30–11:00</td>
<td>Live Surgery Session I</td>
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<td>11:00–11:30</td>
<td>Coffee Break/Commercial Exhibition</td>
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<tr>
<td>11:30–13:00</td>
<td>Live Surgery Session II</td>
<td>Optional: Pre-Congress Course</td>
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<tr>
<td>13:15–14:45</td>
<td>Lunch &amp; Industry Symposium</td>
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<tr>
<td>15:00–16:30</td>
<td>Live Surgery Session III</td>
<td>Optional: Pre-Congress Course</td>
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<tr>
<td>16:30–17:00</td>
<td>Coffee Break/Commercial Exhibition</td>
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<tr>
<td>17:00–17:45</td>
<td>Opening Plenary Lecture</td>
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<td>17:45–18:45</td>
<td>Opening Ceremony IFSO-EC Presentation and Awards</td>
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<td>19:00</td>
<td>Welcome Reception</td>
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### Friday, May 12, 2017

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<tr>
<td>08:30–09:00</td>
<td>Plenary Lecture – Metabolic mechanisms of surgeries – current status</td>
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<tr>
<td>09:00–11:00</td>
<td>Invited &amp; Free papers session – Topic TBD</td>
<td>How to improve training in bariatric surgery</td>
<td>Safety in bariatric and metabolic surgery</td>
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<tr>
<td>11:00–11:30</td>
<td>Coffee Break/Commercial Exhibition</td>
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<tr>
<td>11:30–13:00</td>
<td>Metabolic surgery outcomes (Hypertension, Hyperlipidaemia, CDV risk reduction): free &amp; invited papers</td>
<td>Bariatric multidisciplinary care</td>
<td>Standards of Sleeve Gastrectomy: free papers</td>
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<tr>
<td>13:15–14:45</td>
<td>IFSO Session</td>
<td>Lunch &amp; Industry Symposium</td>
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<tr>
<td>15:00–16:30</td>
<td>Surgical options in treatment of T2DM: free &amp; invited papers</td>
<td>Integrated health session</td>
<td>Young IFSO Session</td>
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<td>16:30–17:00</td>
<td>Coffee Break/Commercial Exhibition</td>
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<tr>
<td>17:00–18:30</td>
<td>Long-term outcomes in T2DM surgery: free &amp; invited papers</td>
<td>Miscellaneous</td>
<td>Standards of Gastric bypass: free papers</td>
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<tr>
<td>18:30–19:30</td>
<td>Poster Networking &amp; Industry Symposium</td>
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### Saturday, May 13, 2017

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<td>08:30–09:30</td>
<td>Plenary Session – TBD</td>
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<tr>
<td>09:30–11:00</td>
<td>Revisional Bariatric/Metabolic surgery</td>
<td>Innovative Procedures Session – experimental procedures and approaches</td>
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<td>11:00–11:30</td>
<td>Coffee Break/Commercial Exhibition</td>
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<tr>
<td>11:30–13:00</td>
<td>Video session: My way to do it</td>
<td>Adjustable gastric banding – still an option?</td>
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<td>13:00–15:00</td>
<td>MOSS Round Table: Weight loss and endoluminal procedures in the Mediterranean area: do they make sense?</td>
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<td>Lunch</td>
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<td>15:00–16:30</td>
<td>Management of weight regain and co-morbidities relapse</td>
<td>Sadi’s, Gastric plication – standards, outcomes and complications</td>
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<tr>
<td>16:30–17:00</td>
<td>Closing Ceremony</td>
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North American Chapter Report

The IFSO North American Chapter elected the 2016-2017 Executive Board. Congratulations to Dr. John Morton, elected NAC President.

We also commend Dr. Mehran Anvari, elected Secretary/Treasurer, and Dr. Raul Rosenthal elected Vice President.

NAC Executive Board
- President: John Morton, MD
- Vice President: Raul Rosenthal, MD
- Secretary/Treasurer: Mehran Anvari, MD
- Member-at-Large: Stacy Brethauer, MD

ObesityWeek 2016

Thank you for making ObesityWeek 2016 a great success. ObesityWeek hosted over 5,000 attendees, 13% being international attendees. Each year, ASMBS and The Obesity Society (TOS) work hard to improve and refine the meeting to meet the needs of our attendees. As a result, this meeting continues to be one of the most influential annual conferences for professionals working to prevent and treat obesity.

We are already looking forward to ObesityWeek 2017 in our nation’s capital. Mark your calendars: ObesityWeek will be held in Washington, DC from Oct. 30 - Nov. 3, 2017.

The Scientific Sessions opened on Wednesday morning, with TOS and AMSBS attendees coming together for the first keynote address given by genetics of obesity expert, Sadaf Farooqi, PhD.

After two days of Pre-Conference Courses on a wide variety of topics, ObesityWeek 2016 officially commenced Tuesday evening with a fun, vibrant opening reception at Mardi Gras World.
North American Chapter Report

The ASMBS Foundation LEAD Awards brought together ASMBS members and the healthcare industry, honoring individuals who displayed outstanding leadership and dedication to their field. Dr. Bruce Wolfe (pictured above) received the Outstanding Achievement Award, which honors an ASMBS member who supports the goals and vision of the ASMBS Foundation, who displayed a lasting impression and selfless commitment to the ASMBS organization and made significant contributions to the field of metabolic and bariatric surgery.

The Presidential Address given by ASMBS President, Dr. Raul Rosenthal, highlighted the many ASMBS 2016 projects and accomplishments in the organization’s endeavors to advance the field of metabolic and bariatric surgery.

Pictured above, the IFSO Europe/Latin America Scientific Session featured surgical cases from South America and the United States, under the direction of Drs. Kelvin Higa and Ricardo Cohen. The IFSO Asian Pacific Scientific Session, led by Drs. Natan Zundel and Ramen Goel, featured surgical cases from Taiwan. Both courses featured three cases presented though live telecast, followed by discussion by moderators. IFSO ended the week by hosting the OW Level Two Partner Symposium, The International Mini Consensus on Selected Surgical Controversies, under the direction of Drs. Kelvin Higa and Ninh Nguyen.

SAVE THE DATE!
Canadian Obesity Weekend
MAY 18 - 20, 2017
Sharon on the Falls
SEIS Falls Avenue, Niagara Falls, ON
North American Chapter Report

IFSO held several interesting, well-attended sessions during Obesity Week. The following IFSO courses were hosted:

**International Reception**

The International Reception provided opportunities for our international colleagues to network and to present the prestigious International Scientific Paper awards.

IFSO President Kelvin Higa and Immediate Past President Natan Zundel (pictured above, left to right) welcomed and thanked everyone for attending the International Reception, a time dedicated for guests who came great distances.

The photo above (left) shows Dr. Carlos Zerrweck, (holding plaque) receiving the International Scientific Paper award for his abstract “Laparoscopic Sleeve Gastrectomy: Results at 10 years” and being honored by (left to right): Dr. Kelvin Higa and Dr. Natan Zundel. In the photo on the right, Dr. Nawaf Alkhalfi (holding plaque) also receives the International Award for his abstract on “Laparoscopic Conversion to Sleeve Gastrectomy for Failed Gastric Bypass: Report of 50 Cases” honored by (left to right): Dr. Natan Zundel and Dr. Kelvin Higa.

**ASMBS Executive Council and CABPS Board of Directors Elect New Members**

ASMBS and CABPS elect new presidents and council/board members. Dr. Stacy Brethauer, of the Cleveland Clinic, Ohio, took the office ASMBS President during the ObesityWeek meeting and CABPS elected Dr. Laurent Biertho, of Laval University, Quebec, as its new President at its recent Annual General Meeting.
The complete list of board members serving for each organization is listed below:

### ASMBS Executive Council
- President: Dr. Stacy Brethauer
- President Elect: Dr. Samer Matar
- Past President: Dr. Raul Rosenthal
- Senior Past President: Dr. John Morton
- Secretary/Treasurer: Dr. Eric DeMaria
- Council Persons at Large:
  - Dr. Wayne English
  - Dr. Michel Gagner
  - Dr. Shanu Kothari
  - Dr. Marina Kurian
  - Dr. Rami Lutfi
  - Dr. Rachel Moore
  - Dr. Aurora Pryor
  - Dr. Ranjan Sudan
  - IH President: Karen Flanders, MSN
  - IH President Elect: Pamela Davis, BSN

### CABPS Board of Directors
- President: Dr. Laurent Biertho
- Past President: Dr. David Lau
- Vice President: Dr. Stephen Glazer
- Secretary: Dr. Judy Shiau
- Treasurer: Dr. Sharadh Sampath
- Members at Large:
  - Dr. Mehran Anvari
  - MD
  - Dr. John Hagen
  - Dr. Denis Hong
  - Dr. Timothy Jackson
  - Dr. Simon Marceau
  - Dr. David Urbach
  - Dr. Michel Gagner
  - Dr. Pierre Y. Garneau
  - Dr. Samaad Malik
  - Dr. Ali Zentner

**Upcoming meetings you won’t want to miss. Mark your calendars now!**

**CABPS Annual Meeting**
- May 18 - 20, 2017—NAC Course on May 19, 2017
- Sheraton on the Falls
- Niagara Falls, Ontario, Canada

**ASMBS Week-End**
- June 7-9, 2017
- San Diego, California

**ObesityWeek 2017**
- October 30 – November 3, 2017
- Washington, DC
Latin American Chapter Report

We have had several communications with our member societies. We are using the great tool of Whatsapp CHAT IFSO LAC between us and the Presidents of each member society, we have found that this the fastest, convenient and accurate way of communication, because anyone has his cell phone all the time wherever they are.

We have had 2 Intermedial IFSO LAC meetings (already reported in the last IFSO LAC REPORT No. 9), one in Cartagena, Colombia (April 2016) and the other in Mendoza Argentina (May 2016), We made all the amendments to the IFSO LAC Bylaws, and it was discussed the advances of the organization of the VII IFSO LAC Congress, that will be held in the beautiful city of Santa Cruz, Bolivia, from April 26th to 29th 2017.

During June, July, August, September and the first days of October 2016 the final arrangements were concluded to celebrate the 21st World Congress IFSO 2016 in Rio de Janeiro, Brasil, from September 27th to October 1st 2016. As you know: our friends from the Brazilian Society for Bariatric and Metabolic Surgery were the organizers of the 21st World Congress of IFSO, in Rio de Janeiro, Dr. Ricardo Cohen (Congress President), with Almino Ramos, Wendy Brown and Kelvin Higa (Scientific Committee) and of course Natan Zundel (IFSO past President). IFSO LAC as a chapter participated actively in the Scientific Program.

This last World Congress was a great success. The Academic Program was outstanding, the participation Worldwide was significant.
The plenaries, the symposia and lectures were very well attended. More than 3000 attendees. Faculty from all over the world. The final numbers will be presented to IFSO by the organizers in a few weeks.

The Presidential Address by Natan Zundel was very nice. Natan says good-bye to the Presidency of IFSO in a very “touchy” way, defining CAOS as a way to learn. Thank you Natan for being a great representative of Latin America.

Ricardo Cohen and the Brazilian Society did a great job in the organization of the 21st World Congress of IFSO.

During the IFSO WORLD Congress it was developed the Executive Board Meeting of IFSO and the General Council of IFSO.

During the General Council of IFSO, the Presidency was passed to Kelvin Higa from the USA, we wish all the best to Dr. Higa for next year.

IFSO LAC had its General Assembly during the IFSO World Congress in Rio de Janeiro, Ricardo Cohen was elected next President elect, we wish all the best to Dr. Cohen in this new challenge.

Last but not least we gave the IFSO LAC Support to the CMCOEM (Colegio Mexicano de Cirugía para la Obesidad y Enfermedades Metabólicas), in their last meeting in July 2016, in Chiapas, México, Kelvin Higa and Natan Zundel were present in this meeting. Finally, we gave the IFSO LAC Support to the SACO (Sociedad Argentina de Cirugía de Obesidad), to develop their 1st Obesity Surgery Meeting that will take place in 2017. Site of the Congress to be determined.
December 2016

Latin American Chapter Report

Dr. Higa receiving the IFSO Presidency

Executive Board Meeting IFSO, Rio de Janeiro, 2016

Dr. Lopez-Corvala, President IFSO LAC, presenting our Report

Dr. Sergio Aparicio (President of Bolivian Society of Obesity Surgery) is presenting the advances in the organization of the VII IFSO LAC Congress, 2017
This year, the Asian Diabetes Surgery Summit (in its 7th edition) took place in Taipei as part of the large 11th IDF-WRP and 8th AASD meetings. The ADSS is jointly organized by Min-Sheng General Hospital, the Taiwan Society for Metabolic and Bariatric Surgery, and the Diabetes Association of the Republic of Taiwan. Diabetes and metabolic surgery are now firmly connected, and the ADSS is always a great opportunity to have surgeons and internal medicine specialists exchange notes on the treatment of the disease.
Asia Pacific Chapter Report

The 2-day inaugural OBES scientific meeting was successfully held in Singapore on 18 November 2016. Jointly organised by the Obesity and Metabolic Surgery Society of Singapore (OMSSS), the Endocrine and Metabolic Society of Singapore (EMSS) and the Singapore Association for the Study of Obesity (SASO), this conference was the first of its kind in Singapore. Indeed, the name ‘OBES’ is an amalgam of the 3 societies’ acronyms, and serve to underscore our dedication and efforts to integrate multiple disciplines in the treatment of obesity and diabetes. Singapore now ranks third in the incidence of obesity in South East Asia, and is second in the incidence of diabetes worldwide. These numbers continue to rise. Given our nation's recent 'declaration of war on diabetes', our meeting was most timely as we examined evolving knowledge and advancing best practices in the treatment of severe obesity and diabetes.

The meeting was officiated by our nation's Deputy Director Medical Services Singapore Dr Kenneth Mak, and saw an attendance of 350 delegates, comprising not only bariatric surgeons, endocrinologists, gastroenterologists, anaesthetists, plastic surgeons, sports physicians, psychiatrists, paediatricians, primary care physicians, but also allied health professionals including nurse co-ordinators, dieticians, physiotherapists, psychologists, operating room nurses and more. With a scientific programme boasting an international and local faculty of clinicians and scientists at the forefront of obesity treatment and research, Day 1 saw a great breadth of topics; from basic science to surgical results.

Highlights included the following: 1) Novel scientific theories regarding adipocyte dysfunction in diabetes, the role of sleep and brown fat in obesity
Asia Pacific Chapter Report

2) Different bariatric surgeries, their effects on glucose homeostasis, and longer term results from randomised controlled trials
3) Debate on emerging new evidence and lowering the criteria for surgical intervention
4) Recidivism after surgery and mitigating strategies

The day then concluded with the best poster presentations.

Day 2 was group breakout. There were dedicated sessions for surgeons to share videos, discuss pitfalls, revise and refine techniques, and emphasise the need to constantly audit and review. There was a session for allied health to summarise the art of caring for the patient in a holistic fashion.

Nurse clinicians share their experiences in running standardised bariatric surgery programmes, follow-ups and forming support groups, while dieticians debate pre-op weight loss, and discussed dietary counselling. Sports physicians explored structured exercise programmes, psychologists reviewed eating behaviours and explained food triggers, whereas anaesthetists, sleep physicians championed improved perioperative care. This was followed by a hands-on session primarily targeting junior doctors and OT nurses regarding the principles of patient positioning, surgical instruments including calibration tubes, energy and staple devices, to promote better understanding of the surgical procedure, more efficacious surgery and hence greater patient safety. A session dedicated to primary care physicians was held to highlight the management of the obese individual with diabetes or other chronic diseases, at extremes of age including the obese child and adolescent. This symposium also aimed to empower primary care practitioners in post bariatric surgery care, covering topics from modifications of diet, lifestyle, medications, to monitoring for nutritional deficiencies, recidivism and even pregnancy.
Asia Pacific Chapter Report

The meeting encouraged a robust exchange of ideas between experts and novices. The wide range of audience in attendance underlined the multidisciplinary and integrated approach to this chronic disease. It allowed all to share new and emerging theories and novel treatment ideas, to review current efforts and results, and to reaffirm treatment strategies and that no part is too small.

The 34th Annual Meeting of Japanese Society for Treatment of Obesity took place July 1-2 in Tokyo. This year’s event was particularly successful and attracted nearly 700 participants.

The IFSO-APC 2017 conference will take place in Goa, India, in April 2017. Registrations are open, and the organizers urge all the Presidents of Asia-Pacific Societies to encourage their members to attend.
The 21st World Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) was successfully held in Rio de Janeiro, Brazil between September 28th to October, 01st, 2016.

We are grateful for your participation and contribution to the congress’ success.

Key highlights of this year conference:

% increase in attendees. Registration numbers for IFSO 2016 increased significantly from 2373 (2015) to 2879 delegates (+21%).

This is the first time that the congress was held in Rio de Janeiro, and the second time in Brazil.

The Congress was held at the Windsor Barra Hotel, with 10 scientific rooms during the Post Graduated Courses and 7 during the Congress.

The delegates, faculties and sponsors enjoyed the social program: the Welcome Reception at the Exhibition Area of the Hotel with Brazilian food and beverage samples and shows and the Farewell Dinner at the Rio de Janeiro Jockey Club.
XXI IFSO Congress Report

Registration Summary:

- Total attendance: **2879**
- Countries represented: 74 countries
- Number of Attendees at IFSO 2016 ‘Congress’ (excluding Postgraduate only): 2804
- Number of Attendees by Country (considering only Top 15 countries):

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<td>USA</td>
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<tr>
<td>Saudi Arabia</td>
<td>32</td>
</tr>
<tr>
<td>Peru</td>
<td>32</td>
</tr>
<tr>
<td>Others</td>
<td>480</td>
</tr>
</tbody>
</table>

Educational Program Summary:

The 21st edition of IFSO Congress expanded the scientific program to provide better opportunities for all interested delegates to share their experiences, knowledge, and to seek practical solutions that could influence their daily practice.

The congress had 10 Postgraduate courses, 01 special course, 5 Satellite Symposia, 56 sessions including oral presentations and video sessions. The approved electronic posters were displayed in 10 screens at the Poster Area.

A total of 698 approved posters.
XXI IFSO Congress Report

**NUMBER OF ATTENDEES PER POSTGRADUATE COURSE**

<table>
<thead>
<tr>
<th>Course</th>
<th>Attendees</th>
</tr>
</thead>
<tbody>
<tr>
<td>PGC 1: Bariatric endoscopy (BE)</td>
<td>93</td>
</tr>
<tr>
<td>PGC 2: Difficult hernias in morbidly obese patients</td>
<td>36</td>
</tr>
<tr>
<td>PGC 3: Hands on: Endo suturing</td>
<td>29</td>
</tr>
<tr>
<td>PGC 4: How to get your paper published</td>
<td>33</td>
</tr>
<tr>
<td>PGC 5: Integrative Bariatric/Metabolic Care</td>
<td>76</td>
</tr>
<tr>
<td>PGC 6: Metabolic surgery: the science that will inform your clinical practice for metabolic surgery</td>
<td>85</td>
</tr>
<tr>
<td>PGC 7: Single Anastomosis Gastric Bypass or One Anastomosis Gastric Bypass</td>
<td>91</td>
</tr>
<tr>
<td>PGC 8: Postoperative complications</td>
<td>108</td>
</tr>
<tr>
<td>PGC 9: Revisional Bariatric/Metabolic interventions</td>
<td>111</td>
</tr>
<tr>
<td>PGC 10: The sick patient: pre, trans and postoperative care</td>
<td>20</td>
</tr>
<tr>
<td>Special Course: “Instrumentadoras”</td>
<td>139</td>
</tr>
</tbody>
</table>

957 abstracts were received until the deadline for abstracts submission (May, 05th).

**Oral & Poster PRESENTATION INFORMATION**

<table>
<thead>
<tr>
<th></th>
<th>On-line</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Abstracts Accepted for Orals:</td>
<td>148</td>
</tr>
<tr>
<td>Total Abstracts Accepted for Videos:</td>
<td>28</td>
</tr>
<tr>
<td>Total Abstracts Accepted for Posters:</td>
<td>698</td>
</tr>
<tr>
<td>Total Abstracts Rejected / Withdrawn:</td>
<td>83</td>
</tr>
</tbody>
</table>

The Best Posters were awarded to:
- Danielle Cristina Fonseca, Brazil
- Assalia Ahmad, Israel
- Wilson R. De freitas Junior, Brazil

The Scholarships were awarded to:
- Imane Eddbali, United Arab Emirates
- Felix Nickel, Germany
- Nesreen Khidir, Qatar
- Priscila Sala, Brazil

Winner Young Investigator Award:
- Adrian Billetter, Germany

Call for Presentations Launch Date: December, 2015

Abstract Submission Closing Date: May 05th, 2016
XXI IFSO Congress Report

**Key Sponsor & Exhibit Summary:**

IFSO 2016 attracted a total of 07 main sponsors (Platinum, gold and Silver Sponsors) and 32 exhibiting companies and organizations that supported the congress.

<table>
<thead>
<tr>
<th>SPONSORSHIP INFORMATION</th>
<th>Company</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level/Contribution</td>
<td>Company</td>
</tr>
<tr>
<td>Platinum</td>
<td>Ethicon, Medtronic.</td>
</tr>
<tr>
<td>Gold Sponsor</td>
<td>Gore</td>
</tr>
<tr>
<td>Silver</td>
<td>Apollo Endosurgery, Hospital Alemão Oswaldo Cruz, Olympus, Storz.</td>
</tr>
<tr>
<td>Sponsors</td>
<td>Bariatrics Solutions, Baricol bariatrics, Bbiosupply, CMS Medical, Doctools, Edlo, Endo Access, Erbe, Fit For Me, Implamed, Marlex Brazil, Mederi Therapeutics, MID, MiTech, Mundialtec Books, Obesinov, Ottobini, Panther Health Care, Positivo Group, Reach Surgical, Spatz, Strattner, Stretta, Suprime, Taimin.</td>
</tr>
<tr>
<td>Organizations</td>
<td>Dendrite, Medwrite, SBCBM.</td>
</tr>
</tbody>
</table>
XXII IFSO Congress Report

The **22nd World Congress of IFSO** will be held in London between the 29th August and the 2nd of September 2017.

The program highlights the multidisciplinary nature of obesity and its management with joint symposia with anesthetic, plastic surgery, pediatric surgery and internal medicine colleagues. There are planned joint sessions with fertility, psychology and psychiatry experts. There will also be special emphasis on Integrated Health and non-surgical treatment strategies. An exciting ‘Dragon's Den Meets Shark tank’ session will take place where participants will pitch ideas for randomized controlled trials to a panel of experts. The regional variations in practice are also recognized with Latin American, European, Asia Pacific, North American and Pan-Arab Symposia.

With 9 post-graduate courses and a superb scientific program, we would like to welcome you to London and encourage you to submit your abstracts for oral, video and poster presentations.

The conference venue, the Queen Elizabeth II Centre, is located at the heart of London directly opposite to Westminster Abbey and the Houses of Parliament and only a 5-minute walk to the river Thames and the London Eye. The venue is served by outstanding transport links providing great access to everything the city has to offer from hotels and world-class restaurants to culture, museums, shopping and nightlife.

**Registration and abstract submission opened on the 1st December 2016.**

Please prepare your abstracts and videos. Abstract submission will end on April the 1st 2017. There will be a Young Investigator Award for the best oral presentation from a young researcher under the age of 40 and 3 best posters prizes.
XXII IFSO Congress Report

awarded by IFSO. For more information on how to register and upload your abstracts please go to: www.ifso2017.com

On behalf of the organizing and the scientific committees and the IFSO president elect, Dr Kelvin Higa, I would like to welcome you all to the great city of London.

**Important dates for your diaries:**

Abstract submission and registration open: 1st December 2016

Abstract submission ends: 1st April 2017

Acceptance notification & confirmation of presentation type: 10th May 2017

End of early bird registration: 1st June 2017

**IFSO 2017 Post-graduate courses include:**

6th International Conference on Sleeve Gastrectomy (2 days)

One Anastomosis Gastric Bypass (OAGB-MGB) Consensus workshop

Bariatric Endoscopy course (part of this course is hands-on lab)

T2D and Metabolic Surgery course

Emergencies in Bariatric Surgery course

Integrated Health Professional course

Key Issues in Obesity Perioperative Care

Writing and Publishing in Bariatric Surgery

Revisional Bariatric Surgery
XXII IFSO Congress Report

**IFSO 2017 endorsing societies:**

- Specialists in Obesity and Bariatric Anesthesia (SOBA)
- Association for the Study of Obesity (ASO)
- National Obesity Forum
- British Association of Plastic, Reconstructive and Aesthetic Surgeons (BAPRAS)
- Society for Endocrinology
- Diabetes UK
- World Obesity Federation
- International Bariatric Club (IBC)
- Royal College of Surgeons of Edinburgh
- Royal College of Surgeons in Ireland
- Royal College of Physicians and Surgeons of Glasgow
XXIII IFSO Congress Report

Invitation to Hold
The 23rd World Congress of the International Federation for the Surgery of Obesity & Metabolic disorders IFSO
September 20th - 23rd 2018
Dubai, UAE

Dubai Convention and Events Bureau
XXIV IFSO Congress Report

3-7 September 2019
Madrid, SPAIN
XXV IFSO Congress Report

Miami, USA 2020
Never miss an issue!

Sign up to receive Table of Contents (TOC) Alert emails for Obesity Surgery. You will be able to update your email address or unsubscribe at any time. [http://bit.ly/WZAF8g](http://bit.ly/WZAF8g)

**New issue alert:** The latest issue of *Obesity Surgery* is now available online! View all new articles and browse the archive. [http://bit.ly/Y8lkiG](http://bit.ly/Y8lkiG)

**Citation Alert:** Never miss getting cited! Thanks to the information SPRINGER receive from CrossRef.org, a journal article’s corresponding author will be alerted after his/her paper was cited by another article ([http://goo.gl/XGjVc](http://goo.gl/XGjVc))
Committees’ Report

**Communication committee**

Members of the communication Committee:
Chairman: Abdelrahman Nimeri
Co Chairman: Bart Van Wagensveld
Members: Haris Khwaja, Claudio Jamel, Jaime Ponce, Vivek Prachand, Scott Shikora, Karl Miller, Kamal Mahawar, Saber Ghiassi.

**Results of the Let IFSO hear your voice survey:** IFSO has circulated a survey to know which subjects are important for our members to hear about.

750 Members have done the survey. The top 4 subjects are:
1. Procedure selection for type II DM 63.3%.
2. Management of patients with weight recidivism after LSG 57.1%.
3. Management of patients with GERD after LSG 49.5%.
4. Enhanced recovery after Bariatric Surgery 30.8%.

**Selected readings in bariatric surgery:** Please look for this tab not he IFSO website. It will include recent relevant publications with comments from experts.

**IFSO Website new look launched in 2014:**

**Website statistics:**

- Hits in 2014 (70798 hits).
- Hits in 2015 (128151 hits)
- Hits in 2016 (115254 hits)

➢ Visit by visitor type: (69.30% new visitor).

➢ Top 10 countries: Visit and page visit by country 2014, 2015 & 2016:

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. USA 2501</td>
<td>USA 6397</td>
<td>USA 6503</td>
<td></td>
</tr>
<tr>
<td>2. India 1455</td>
<td>India 4094</td>
<td>Brazil 4043</td>
<td></td>
</tr>
<tr>
<td>3. Brazil 1385</td>
<td>Brazil 3573</td>
<td>India 2935</td>
<td></td>
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</table>
## Committees’ Report

<table>
<thead>
<tr>
<th>Country</th>
<th>Total Members</th>
<th>UK Members</th>
<th>UK Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>4. UK</td>
<td>1226</td>
<td>2954</td>
<td>2560</td>
</tr>
<tr>
<td>5. Italy</td>
<td>885</td>
<td>2219</td>
<td>1666</td>
</tr>
<tr>
<td>6. Mexico</td>
<td>863</td>
<td>2042</td>
<td>1599</td>
</tr>
<tr>
<td>7. France</td>
<td>595</td>
<td>1492</td>
<td>1314</td>
</tr>
<tr>
<td>8. Spain</td>
<td>576</td>
<td>1381</td>
<td>1216</td>
</tr>
<tr>
<td>9. Australia</td>
<td>443</td>
<td>1145</td>
<td>1143</td>
</tr>
<tr>
<td>10. Netherlands</td>
<td>417</td>
<td>1100</td>
<td>1071</td>
</tr>
</tbody>
</table>

### Meetings endorsed by IFSO:
- 2014 - 22 meetings
- 2015 - 30 meetings
- 2016 – 25 meetings

**Please follow IFSO on Twitter account to stay updated.** @IfsoSecretariat
66 followers

**Please join the IFSO Facebook Group:** https://www.facebook.com/groups/396874800435861/. This is a closed professional social networking group to discuss complex cases and receive updates about important events in the IFSO calendar, It was started in 2013:

- **Members 2016 (1004)**
- **Members 2015 (832)**
- **Members 2014 (454)**

**Please Join the IFSO Linked In group:** 975 members

https://www.linkedin.com/groups/IFSO-International-Federation-Surgery-Obesity-4941421/about
Committee’s Report

Position Statements/Standards Committee

The Position Statements/Standards Committee is working on a position statement on Sleeve gastrectomy leaks. More information will be available soon.

Jacques Himpens
Chairman of the Position Statements/Standards Committee

New Technologies Committee

The New Technologies Committee is working on a Position statement on New Technologies for the Treatment of Obesity.

Thomas Horbach
Chairman of the New Technologies Committee
This year YOUNG IFSO continued in organisation of YIFSO sessions during various IFSO congresses and other IFSO endorsed activities. Young IFSO took active part at in organising and selecting talks at YIFSO dedicated Sessions at the IFSO World Congress in Rio as well as at the Frankfurter Meeting in September and November 2016.

Main topic chosen for the YIFSO Session at Frankfurter Meeting was rather provocative – „Looking into the future: Will pharmacology replace surgery?“. This Session concluded that despite a huge progress in pharmacotherapy of obesity, it’s not likely that pharmacotherapy is going to replace bariatric surgery in the near future.

Program of Young IFSO Session at the IFSO World Congress was of high scientific caliber and interesting for a mixed audience of young and experienced bariatric surgeons. Presenters represented countries from all over the world.

The Session was well attended and discussion was lively especially i.e. the one linked to the topic of role of education of young bariatric surgeons.

The up-coming YIFSO Session is planned for the IFSO European Chapter Symposium, which will be held in Naples, Italy on May 11-13, 2017, and for the IFSO World Congress in London, UK in September 2017.

The IFSO World Congress in London in 2017, is going to be electoral for YIFSO as the Young IFSO President-elect as well as for other executive positions within the Young IFSO are open for voting in 2017.

The current Young-IFSO President Elect, Sylvia Weiner from Germany will replace the current Young IFSO President, Karin Dolezalova from the Czech Republic in 2017.
IFSO Corporate Partners

If your Company is interested in being a member of IFSO Corporate Committee, please visit [http://www.ifso.com/about-ifso/ifso-corporate-committee/](http://www.ifso.com/about-ifso/ifso-corporate-committee/) and contact us at secretariat@ifso.com

**Platinum Corporate Partners**

[apolloendo.com](http://www.apolloendo.com)

[ethicon.com](http://www.ethicon.com)

[medtronic.com](http://www.medtronic.com)

[intuitivesurgical.com](http://www.intuitivesurgical.com)

[communitymedical.org](http://www.communitymedical.org)

**Gold Corporate Partners**

[stretta-therapy.com](http://www.stretta-therapy.com)

[usqimedical.com](http://www.usqimedical.com)

**Silver Corporate Partner**

[fractyl.com](http://fractyl.com)
IFS0 Corporate Partners

The Role of Industry Relations
IFS0 is proud to partner with some of the medical industry’s premier companies, and aims to better facilitate communications and feedback between the Federation, our members and industry professionals. Support from industry professionals helps IFS0 further our goal of providing continuing education resources to our members and other bariatric professionals.

IFS0 provides appropriate opportunities for communication and exchange of ideas with our members through our conferences, member communications, and other collaborative ventures.

Corporate Committee
The IFS0 Corporate Committee is organized to develop and enhance the joint strategies and efforts of bariatric surgeons, healthcare professionals and industry professionals. The Corporate Council offers opportunities to work with industry peers in appropriately influencing the healthcare of the morbidly obese.

IFS0 does not endorse any specific commercial product or service. This website has links to private organizations. The inclusion of external hyperlinks does not constitute endorsement or recommendation by IFS0 of the linked Web resources or the information, products, or services contained therein. IFS0 does not exercise any control over the content on these sites.

Efforts supported by the Corporate Committee
IFS0 Booth at related medical meetings
Press Room at the IFS0 Annual Meeting
Support the IFS0 Annual Meeting
IFS0/Bariatric Surgery Public Relations efforts
Benefits of Corporate Committee Membership

- Free advertising and Company link to the IFSO website in the IFSO Corporate Committee section
- Recognition and Free advertising in the IFSO online E-Newsletter
- Access to the IFSO membership
- Listing in the online Bariatric Products and Services Guide
- Access to updates from the field and communications from IFSO Leadership
- Opportunity to exhibit at IFSO ancillary meetings
- IFSO Corporate Committee lapel pins for special recognition as a Corporate Committee member
- Member registration rates for the IFSO Annual Meeting
- Discounted annual meeting booth exhibit fee – 10%
- Membership annual fees: Platinum level: 15,000$
  Gold level: 7,000$
  Silver level: 3,500$
IFSO Endorsed Meetings

13th International B.E.S.T. Congress
Naples, Italy
5-6 December 2016

8th National Symposium of Bariatric and Metabolic Surgery
Bucharest, Romania
10 December 2016

Diabetes and Obesity Summit
Honolulu, HI, USA
12-14 January 2017

16th Annual Surgery of the Foregut Symposium and 4th Annual International Congress of Fluorescence Guided Imaging Surgery
Boca Raton, Florida
14-18 February 2017
IFS0 Endorsed Meetings

First Argentine Congress of Metabolic and Bariatric Surgery
Mar del Plata, Argentina
22-24 March 2017

Advanced Coursed Laparoscopic Bariatric and Metabolic Surgery
Lukang, Taiwan
6-8 April 2017

2nd New Technologies and Expert International Meeting
Lyon, France
21-22 April 2017

2nd International Consensus Conference on Duodenal Switch
Niagara Falls, OH, Canada
18-19 May 2017
IFSO Endorsed Meetings

Endorsement requests must be sent to IFSO Secretariat (info@ifso.com) together with the scientific program of the Course. IFSO-Communication Committee will carefully review the concepts and objectives of the course as well as the faculty, the structure and content of the course, in deciding about the endorsement.

“Endorsement” does not in any way offer credentialing of grant approval to the participant regarding future skills and outcomes.

**Benefits:**

Endorsed events will be:

- listed on IFSO's Website on the “Endorsed meetings” page, with a link to the congress website
- included on IFSO's E-newsletter
- mailed twice to IFSO Members
- advertised once on IFSO Facebook page
- the Director may include IFSO's Endorsement statement and IFSO Logo on promotional materials among the endorsing institutions, exclusively with the following text: "Endorsed by" before the logo of IFSO.
How to join IFSO?

It’s time to renew for 2017. Ask your national Society how to renew your membership or join IFSO!

WHY RENEW OR JOIN IFSO?

• Big discounts to all our Congresses or endorsed meetings all over the world
• Free subscription to our official journal: Obesity Surgery
• E-blast with info about the endorsed meetings
• Regular E-Newsletters
• An official Certificate of Membership
• Use of IFSO website to advertise the activities of the national societies
• Eligibility to IFSO endorsement for meeting/workshop/course
• Membership in a professional global network
• Listing in the online registry on the IFSO website
• Eligibility to IFSO Scholarships

2017 Fees

• IFSO Membership: 100,00 US$ (including Obesity Surgery print and online)
• IFSO Membership: 60,00 US$ (including Obesity Surgery online)
• IFSO Integrated Health: (only for non surgeons): 20,00 US$

For more information visit us on www.ifso.com
info@ifso.com secretariat@ifso.com
About us

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Kelvin Higa, MD

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North American Chapter Members at large
Mehran Anvari, MD

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Scott Shikora, MD

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Richard Welbourn, MD

Historian
George Cowan, MD
ABOUT US

62 NATIONAL SOCIETIES

8,500 MEMBERS

3,000 OBESITY SURGERY SUBSCRIBERS

European Chapter (EC)

Latin American Chapter (LAC)

Asian Pacific Chapter (APC)

North American Chapter (NAC)
IFSO Social Media

https://www.facebook.com/groups/396874800435861/

https://www.linkedin.com/groups/4941421

https://twitter.com/IfsoSecretariat
Sketch of the month

Good luck explaining to your kids why it's okay for Santa to be morbidly obese.
Seasons Greetings

and a

Happy New Year

Kelvin Higa

Manuela Mazzarella, Francesco Carignani