

# Lessons Learnt with Wisdom

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They say that Wisdom comes with old age and I have achieved the old age but as for the wisdom I am not that sure, but a long time in Bariatric Surgery has provided me with an insight into some of the pitfalls of dealing with Bariatric patients and Bariatric Surgery which I assume can be considered “Bariatric Wisdom “

# Lessons Learnt with Wisdom

- 1) EXPECTATIONS
  - Will the patient be grateful irrespective of the outcome ?  
What are their Expectations ?
- 2) Assess the Patient Carefully ! History Fitness Suitability.  
Prediction of Outcome
- 3) Operating : Don't persist Laparoscopically "OPEN"
  - When ? No Progress over 30 minutes ?

# Lessons Learnt with Wisdom

- 4) Mistakes : Everyone makes mistakes !!!!  
Think about it ! Deal with it ! Get on with it !
- Be " Professional
- 5) Keep an eye on your Anaesthetist !!
  - a) Don't extubate till wide awake .
  - b) Extubate sitting up ie Vertical .

# Lessons Learnt with Wisdom

- 6) Get Knowledgeable Assistants
- 7) Robotics Add cost and time so assess the benefits
- 8) Seek Advice
- 9) Do the Operation 3 times
  - a) The night or day before .
  - b) The “Operation “
  - c) Post op to check you haven’t missed anything

# BARIATRIC SURGERY

“THERE ARE NO MIRACLE CURES”



# Lessons Learnt with Wisdom

Bariatric Patients are with you for

- “LIFE”
- Their Life and Yours !!!



May-20  
HBF-EPWORTH GRAND ROUNDS

