



**IFSO Melbourne 2024**

**Edo Aarts**





**Why not do a  
Sleeve Gastrectomy?**

**Why NOT to do a  
Sleeve Gastrectomy**



# **Edo Aarts, MD, PhD**



**ETHICON**



**fitforme**

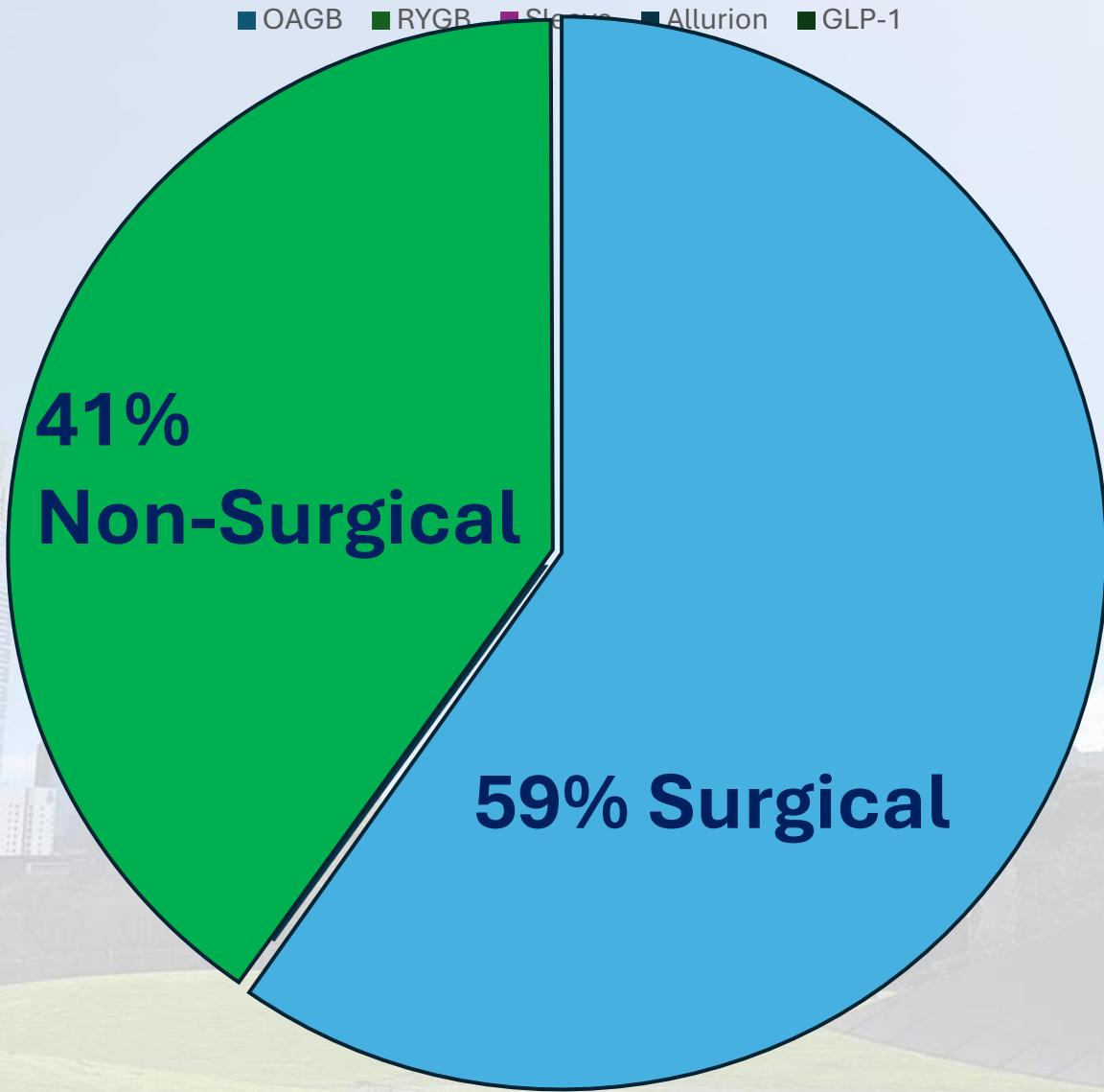


**WEIGHTWORKS**  
specialist in maagverkleiningen

**Allurion**  
KLINIEK

**Medtronic**

**dockx**



2023

$N = 1986$

$MBS = 1180$

$Balloon/GLP-1 = 806$



# General



Obesity Surgery (2024) 34:1075–1085  
<https://doi.org/10.1007/s11695-024-07118-3>



ORIGINAL CONTRIBUTIONS

## IFSO Worldwide Survey 2020–2021: Current Trends for Bariatric and Metabolic Procedures

Luigi Angrisani<sup>1</sup>  · Antonella Santonicola<sup>2</sup> · Paola Iovino<sup>2</sup> · Rossella Palma<sup>3</sup> · Lilian Kow<sup>4</sup> · Gerhard Prager<sup>5</sup> · Almino Ramos<sup>6</sup> · Scott Shikora<sup>7</sup> · the Collaborative Study Group for the IFSO Worldwide Survey

Received: 25 January 2024 / Revised: 16 February 2024 / Accepted: 16 February 2024 / Published online: 4 March 2024  
© The Author(s) 2024



# General

Obesity Surgery (2024) 34:1075–1085  
<https://doi.org/10.1007/s11695-024-07118-3>

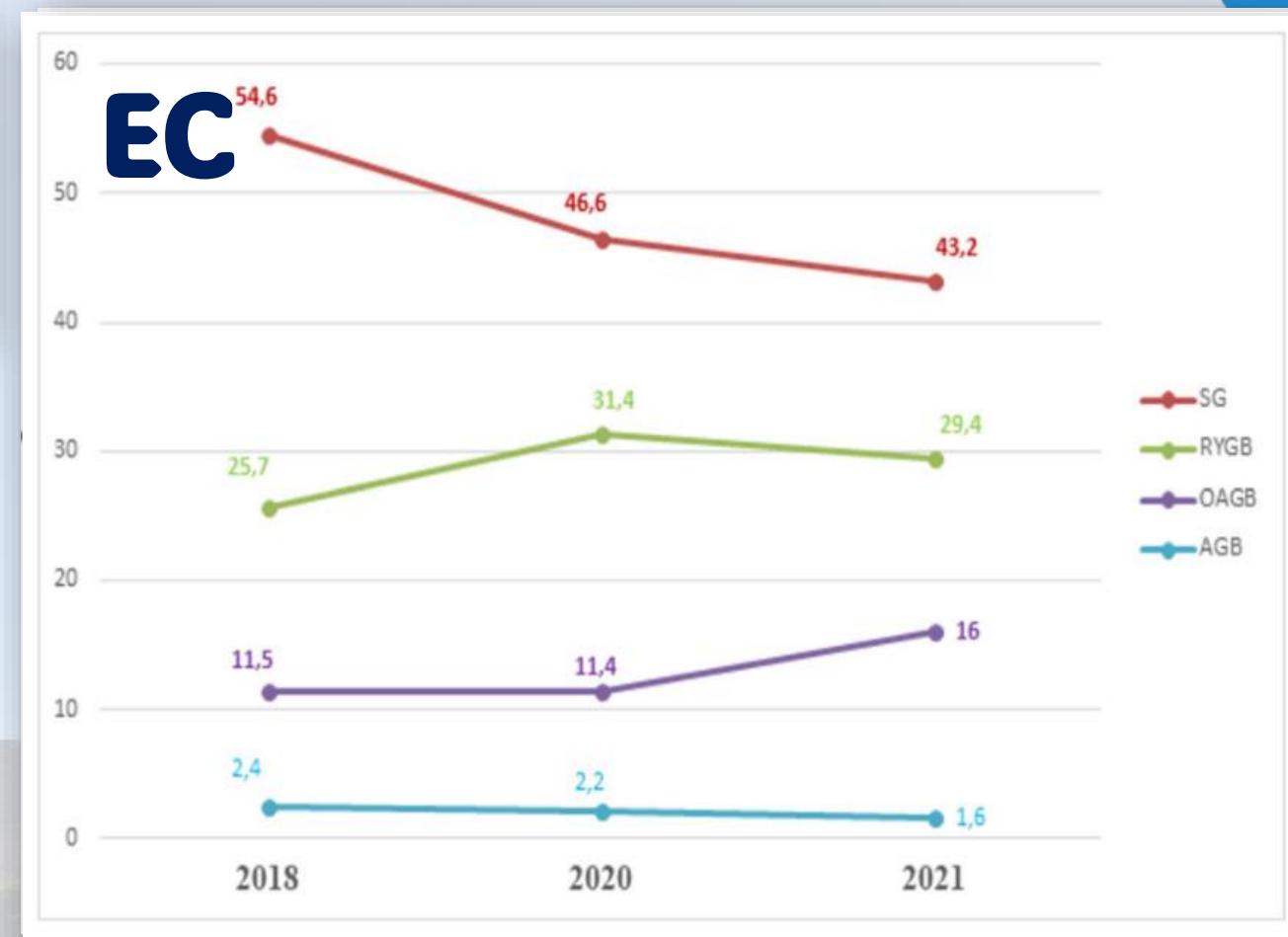
ORIGINAL CONTRIBUTIONS

Check for updates

**IFSO Worldwide Survey 2020–2021: Current Trends for Bariatric and Metabolic Procedures**

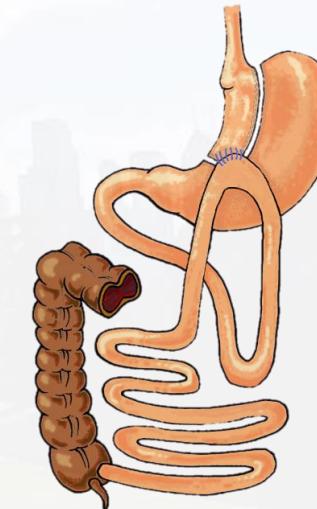
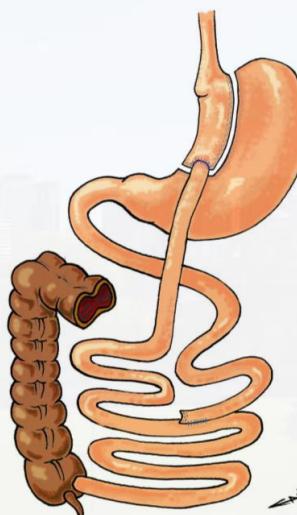
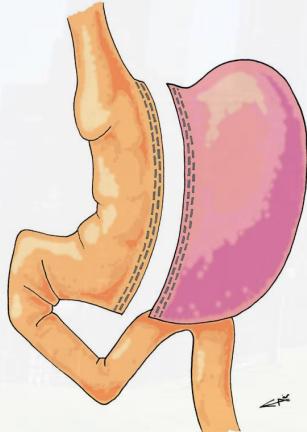
Luigi Angrisani<sup>1</sup> · Antonella Santonicola<sup>2</sup> · Paola Iovino<sup>2</sup> · Rossella Palma<sup>3</sup> · Lilian Kow<sup>4</sup> · Gerhard Prager<sup>5</sup> · Almino Ramos<sup>6</sup> · Scott Shikora<sup>7</sup> · the Collaborative Study Group for the IFSO Worldwide Survey

Received: 25 January 2024 / Revised: 16 February 2024 / Accepted: 16 February 2024 / Published online: 4 March 2024  
© The Author(s) 2024



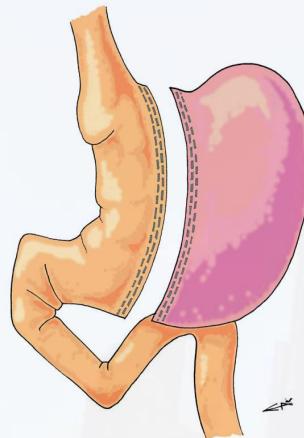


# Considerations

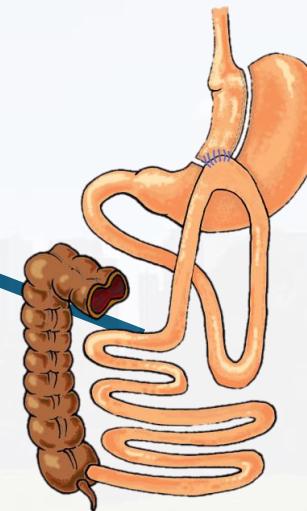
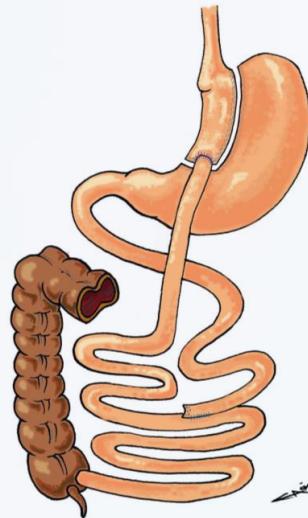




# Strategy



25%



75%





# Consideration



## JAMA Surgery

View Article ▾

JAMA Surg. 2021 Feb; 156(2): 137–146.

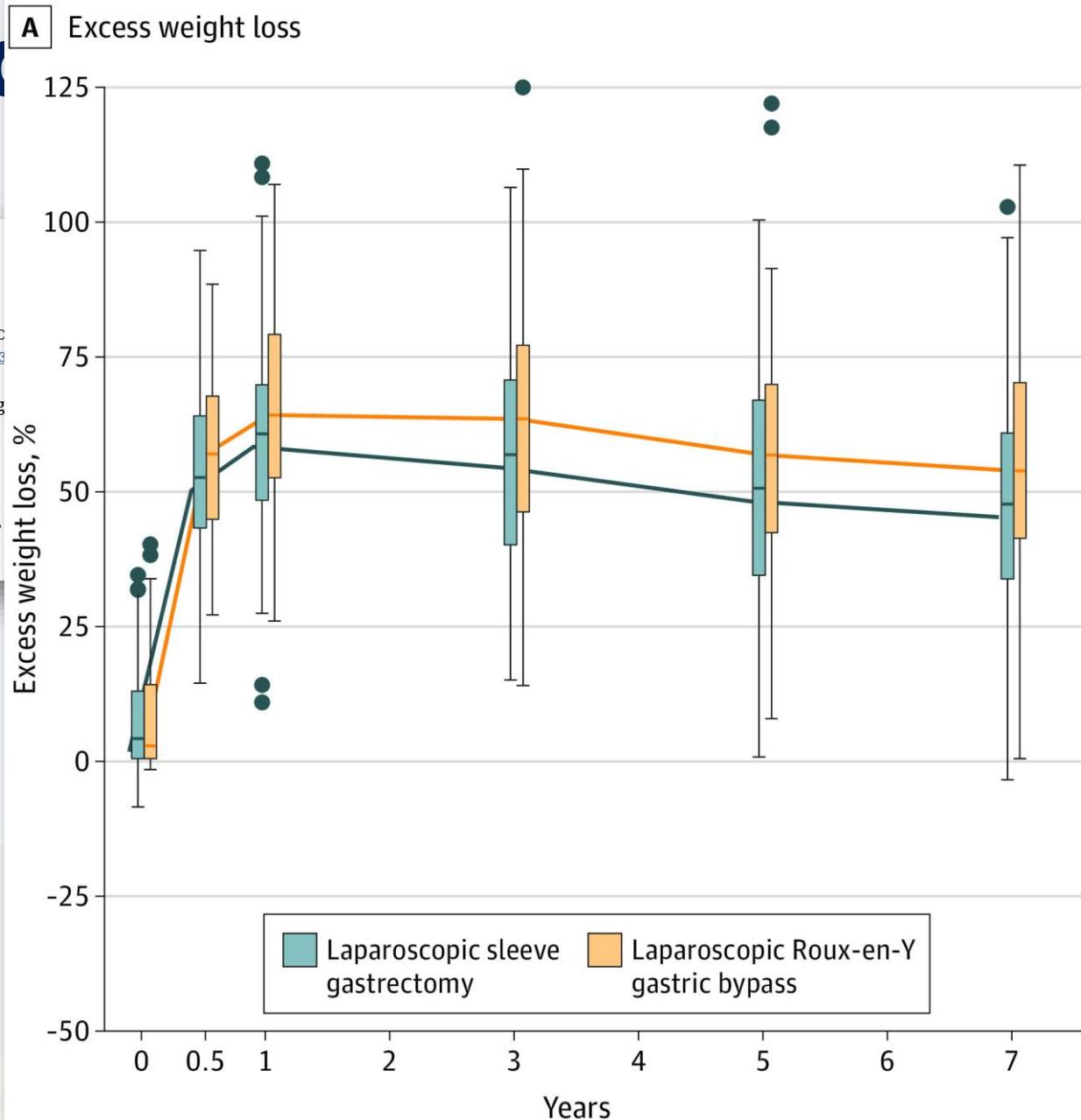
Published online 2020 Dec 9. doi: [10.1001/jamasurg.2020.5666](https://doi.org/10.1001/jamasurg.2020.5666)

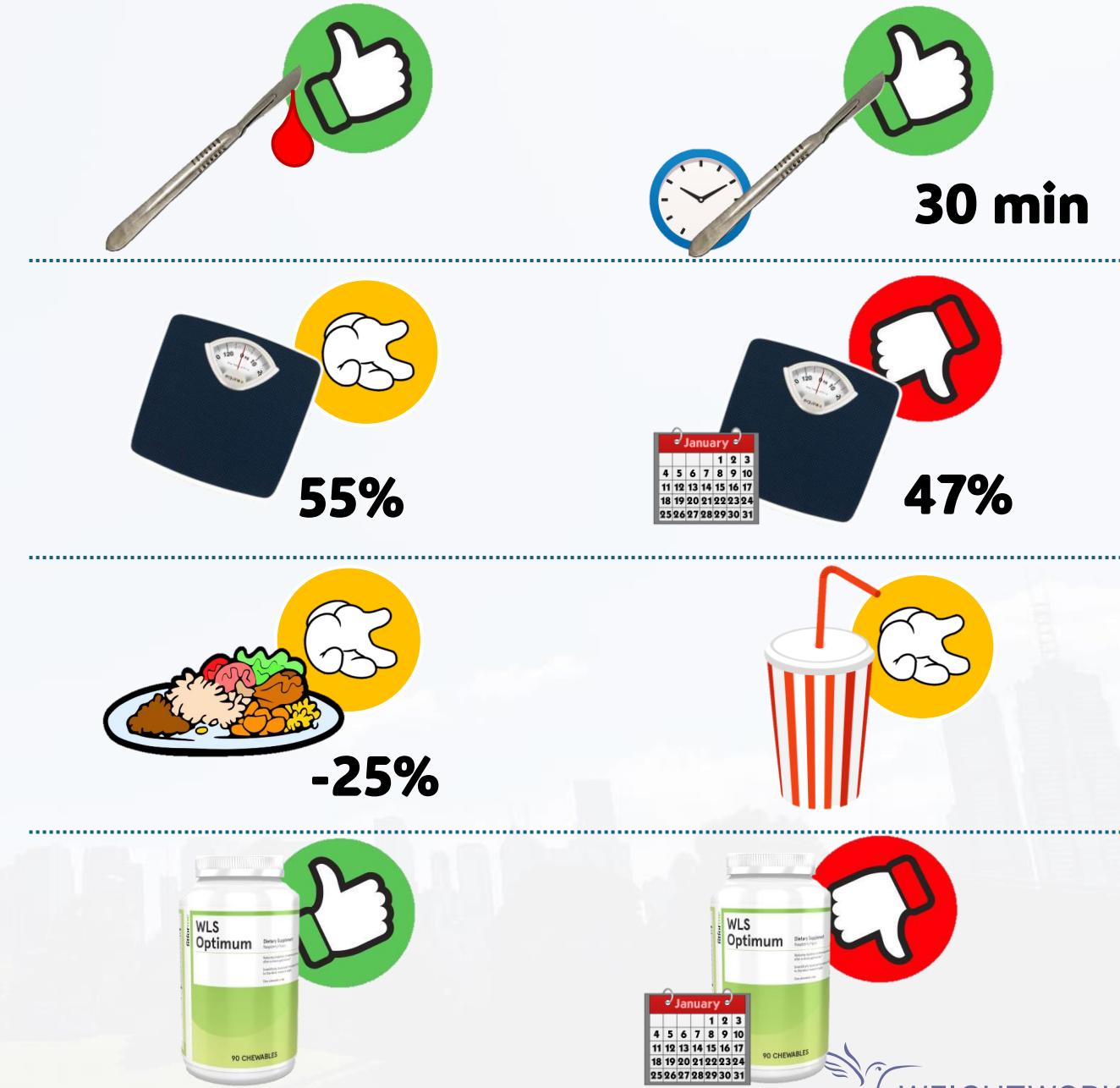
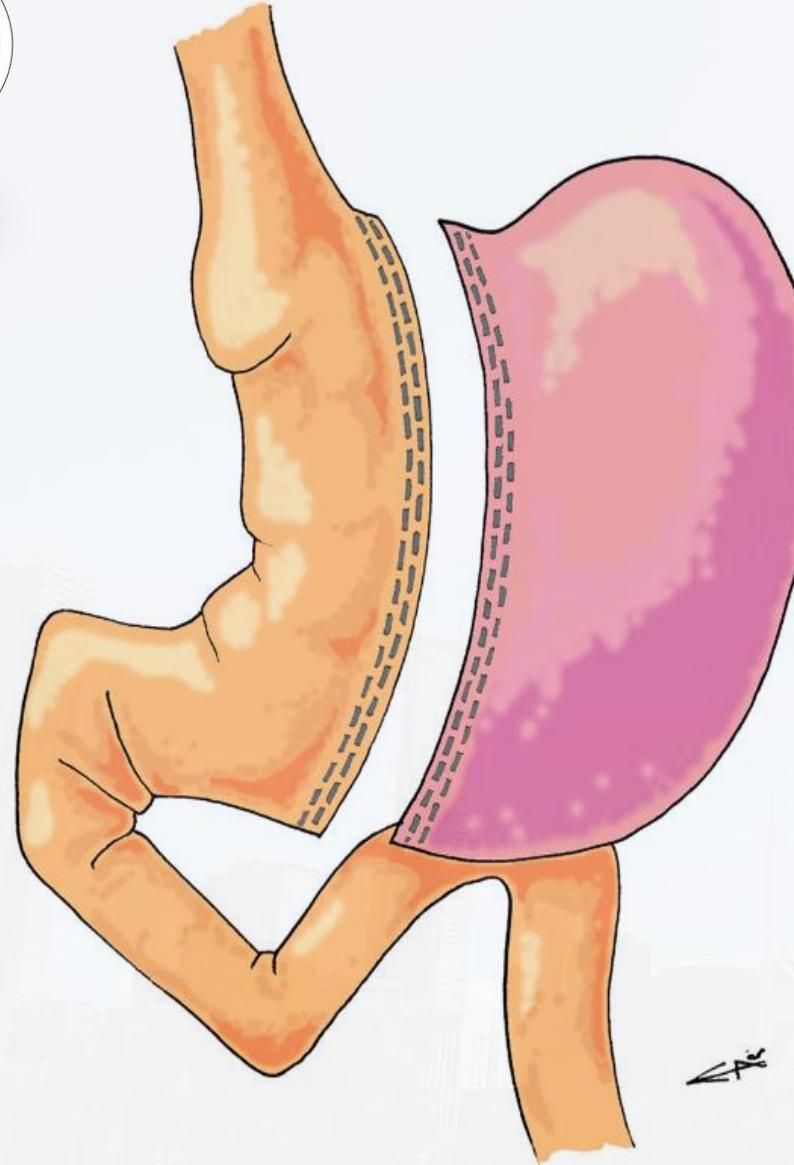
PMCID: PMC843033  
PMID: 33260333

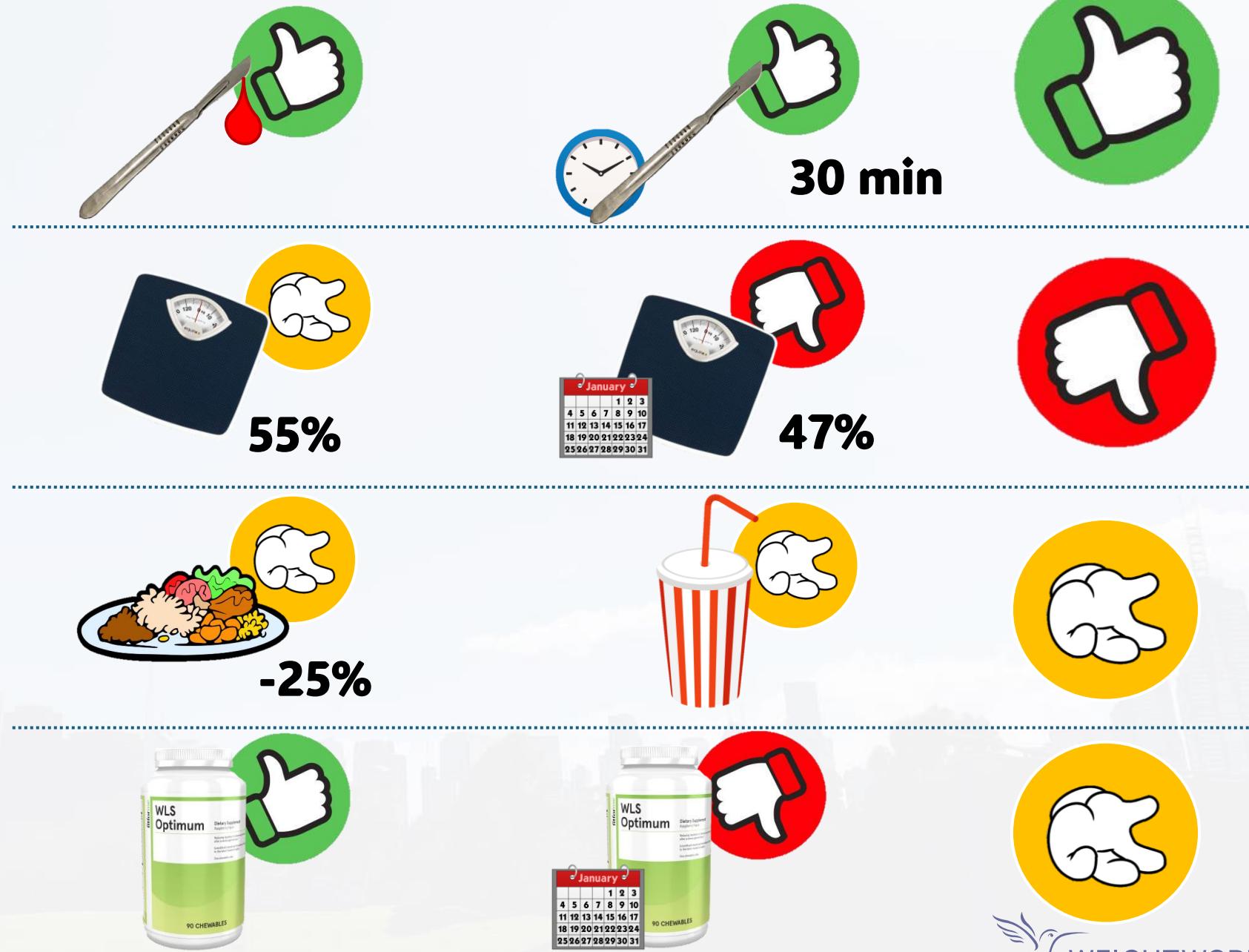
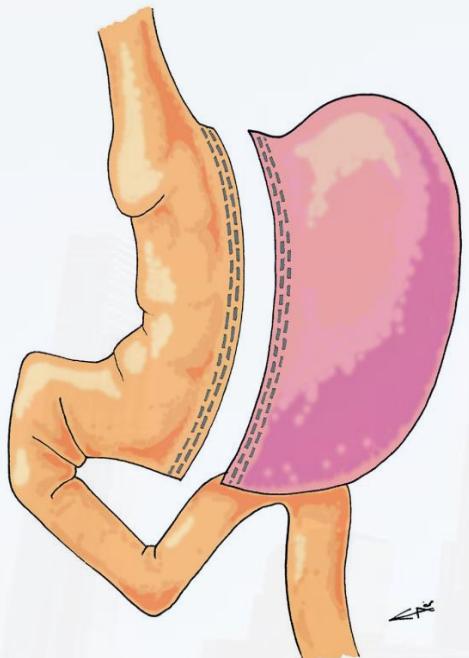
Effect of Laparoscopic Sleeve Gastrectomy vs Roux-en-Y Gastric Bypass on Weight Loss and Quality of Life at 7 Years in Patients With Morbid Obesity

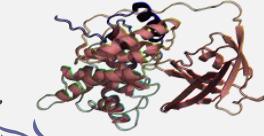
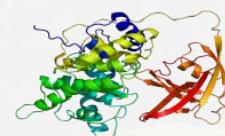
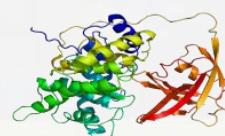
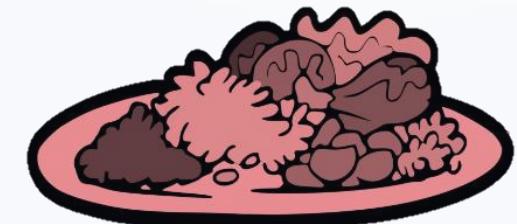
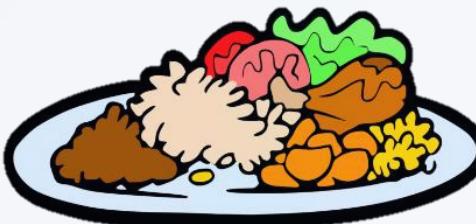
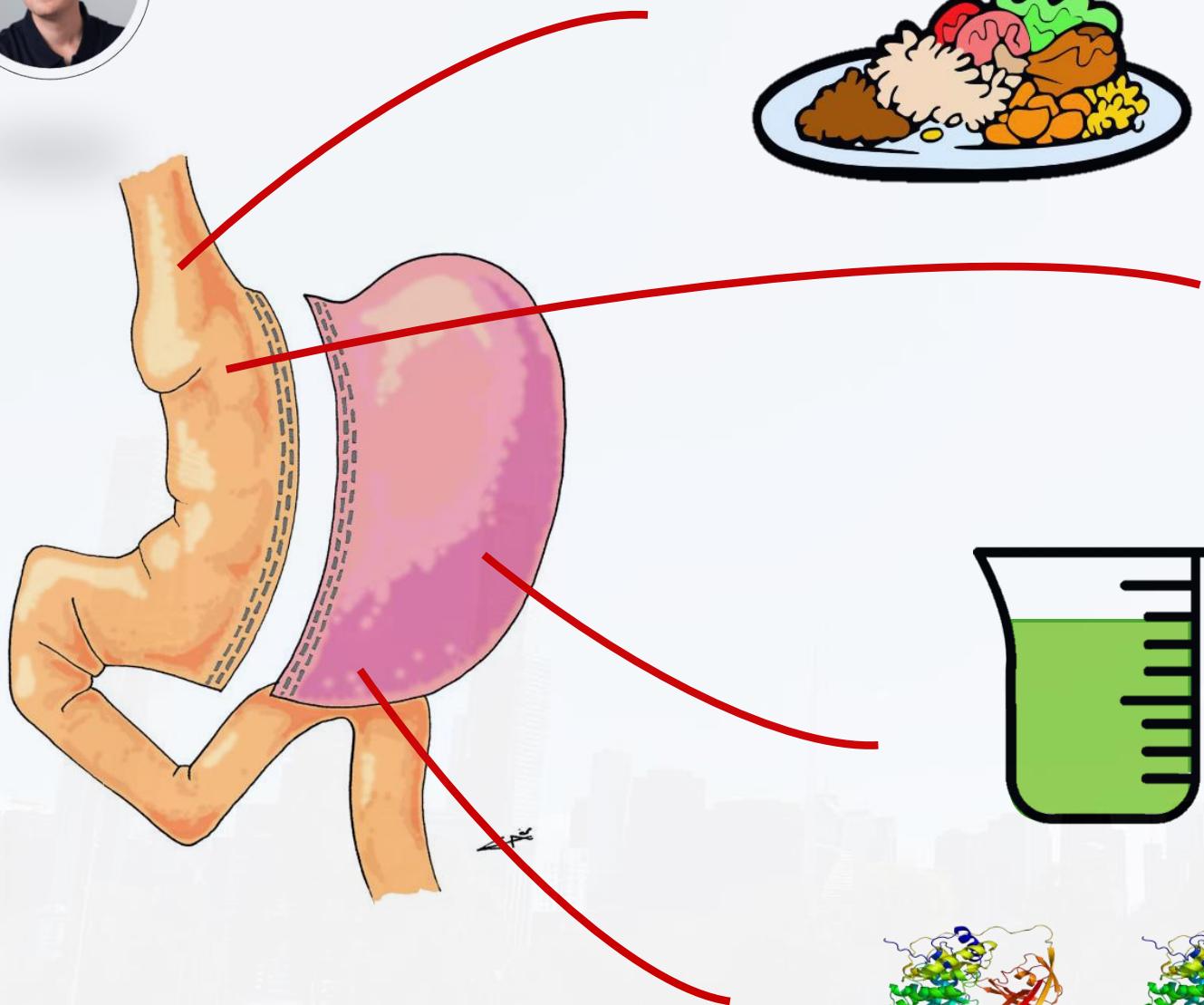
The SLEEVEPASS Randomized Clinical Trial

Sofia Grönroos, MD,<sup>1,2</sup> Mika Helmiö, MD, PhD,<sup>1,2</sup> Anne Juuti, MD, PhD,<sup>3</sup> Roosa Tiusanen, BM,<sup>1,2</sup> Saja Hurme, Eliisa Löytyniemi, MSc,<sup>4</sup> Jari Ovaska, MD, PhD,<sup>1,2</sup> Marja Leivonen, MD, PhD,<sup>3,5</sup> Pipsa Peromaa-Haavisto, MD, Sivi Mäkin, MSc,<sup>8</sup> Harri Sintonen, DSocSc,<sup>9</sup> Henna Sammalkorpi, MD, PhD,<sup>3</sup> Pirjo Nuutila, MD, PhD,<sup>10,11</sup> and Paulina Salminen, MD, PhD<sup>11,2,12</sup>



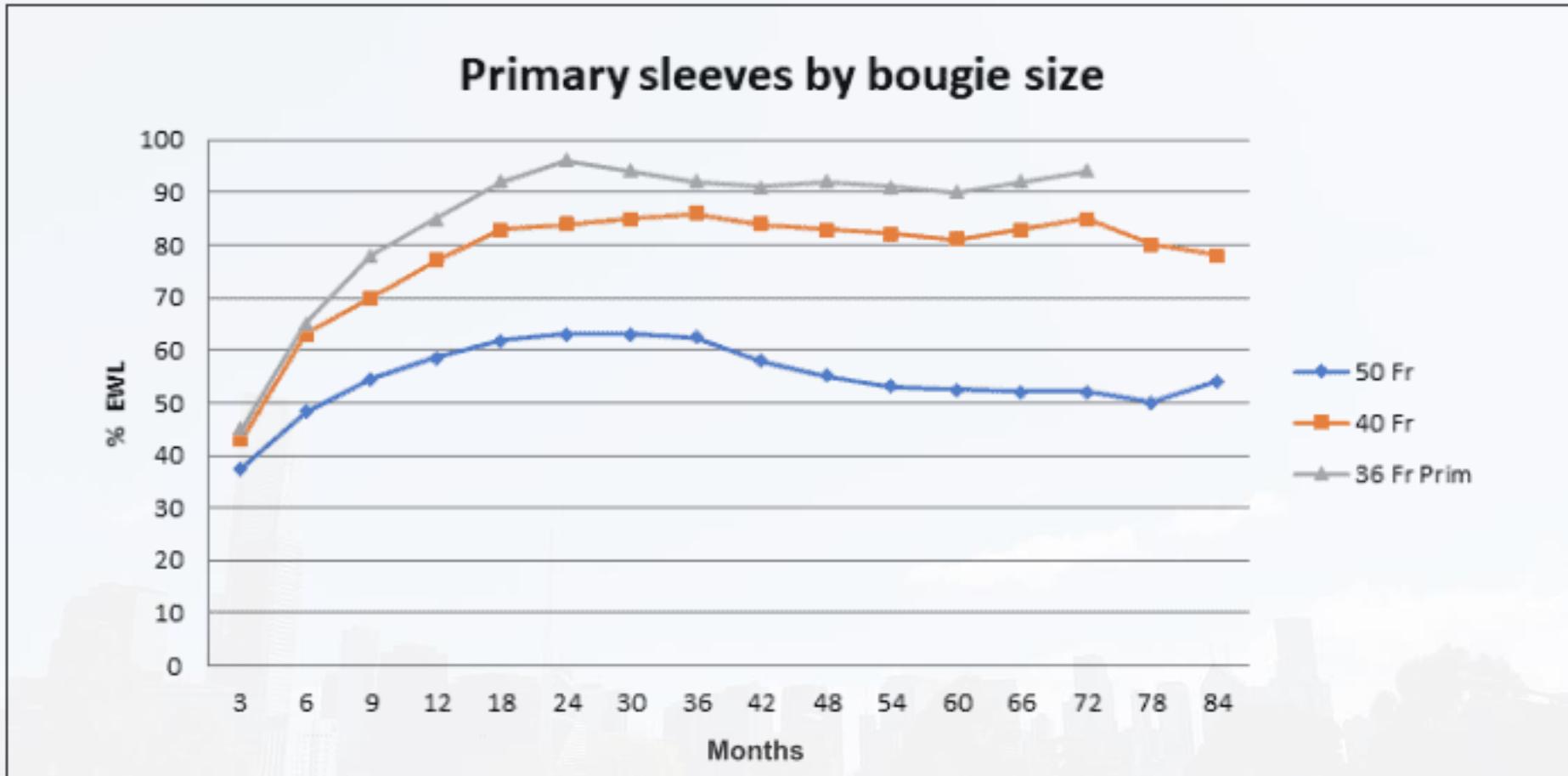
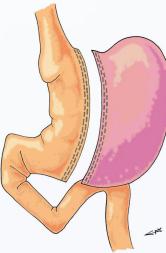






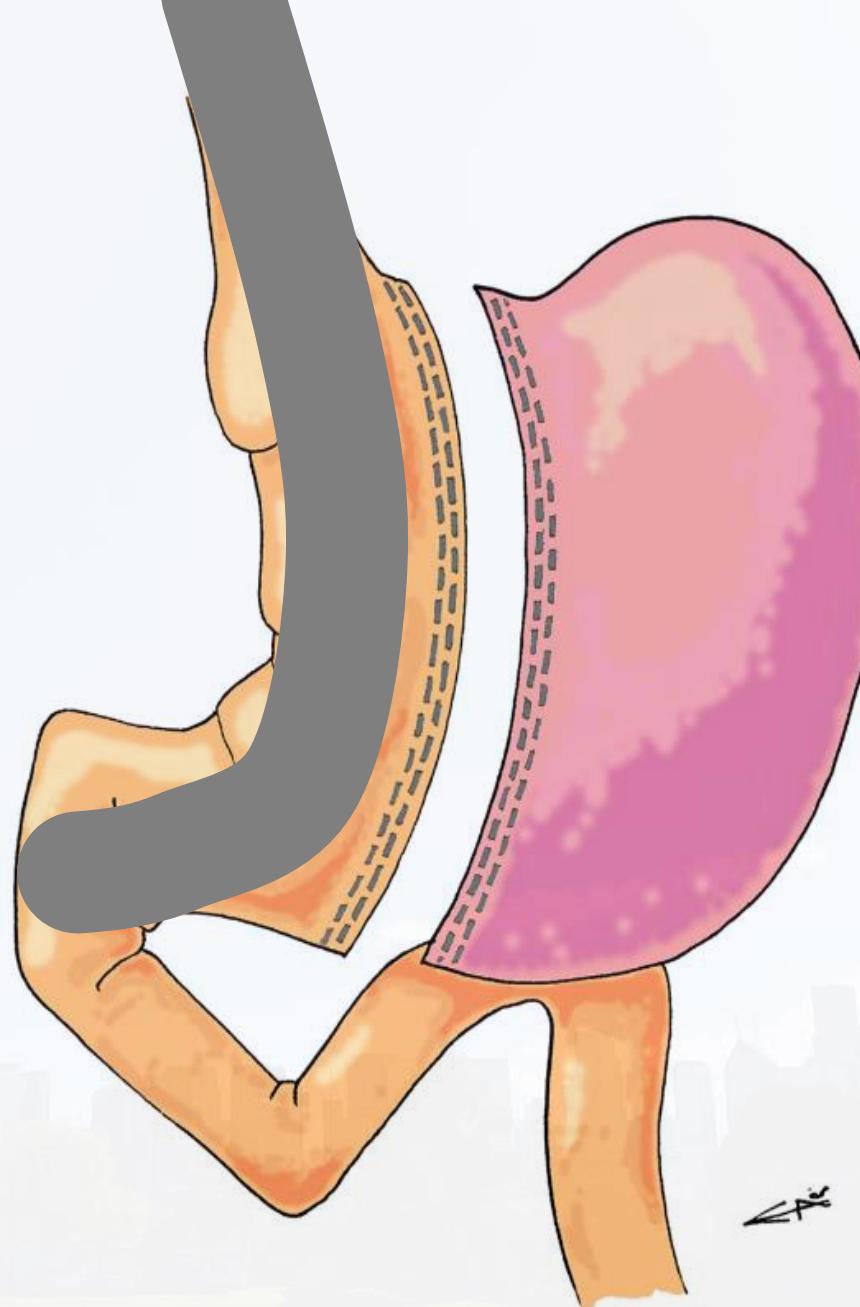
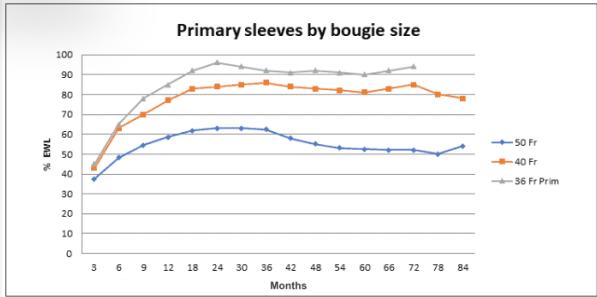


# Bougie size





# Bougie size



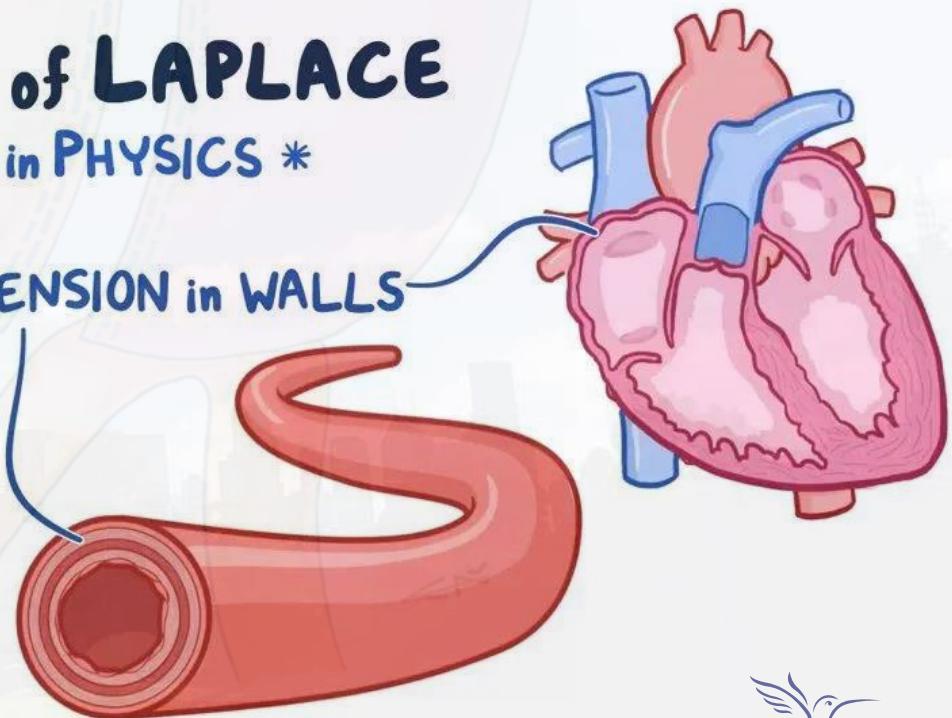


# Bougie size



LAW of LAPLACE  
\* in PHYSICS \*

TENSION in WALLS

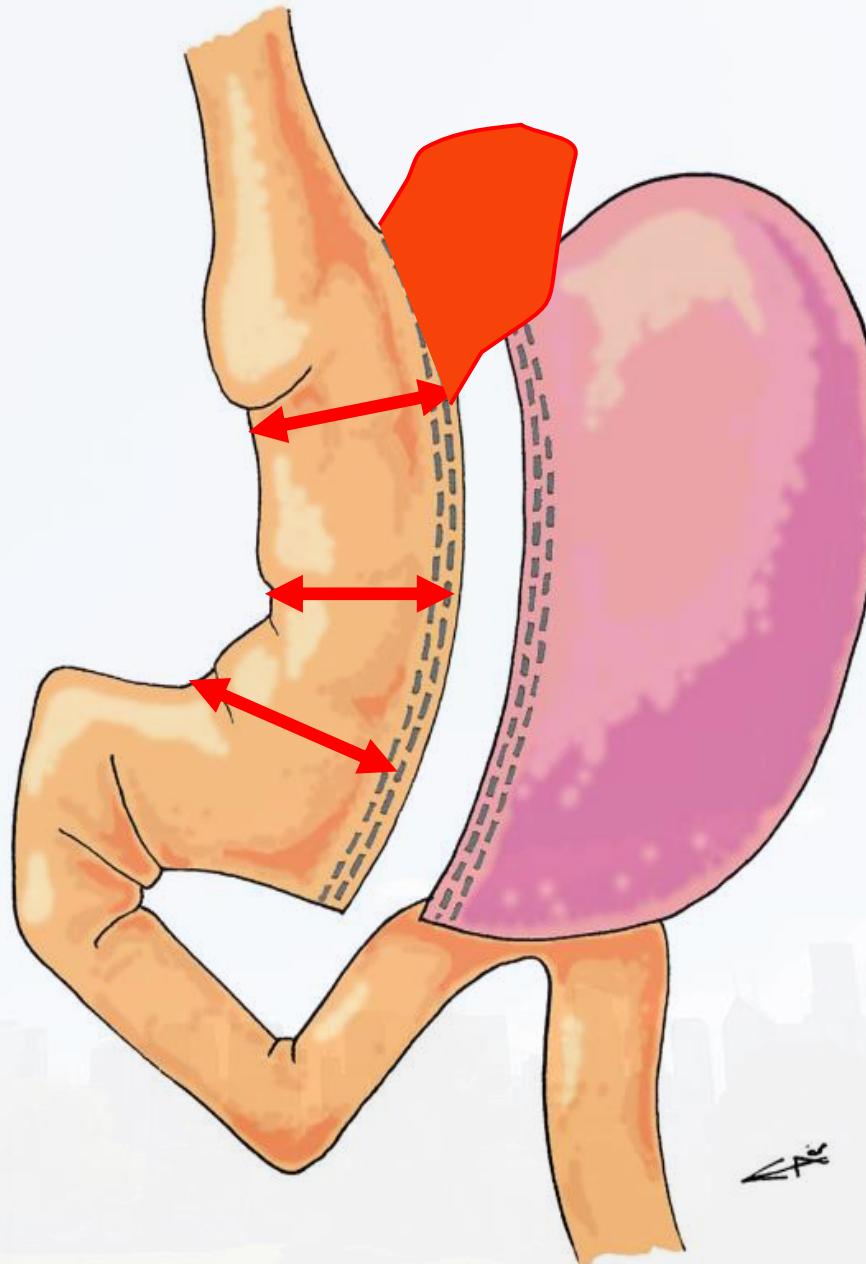




# Bougie size

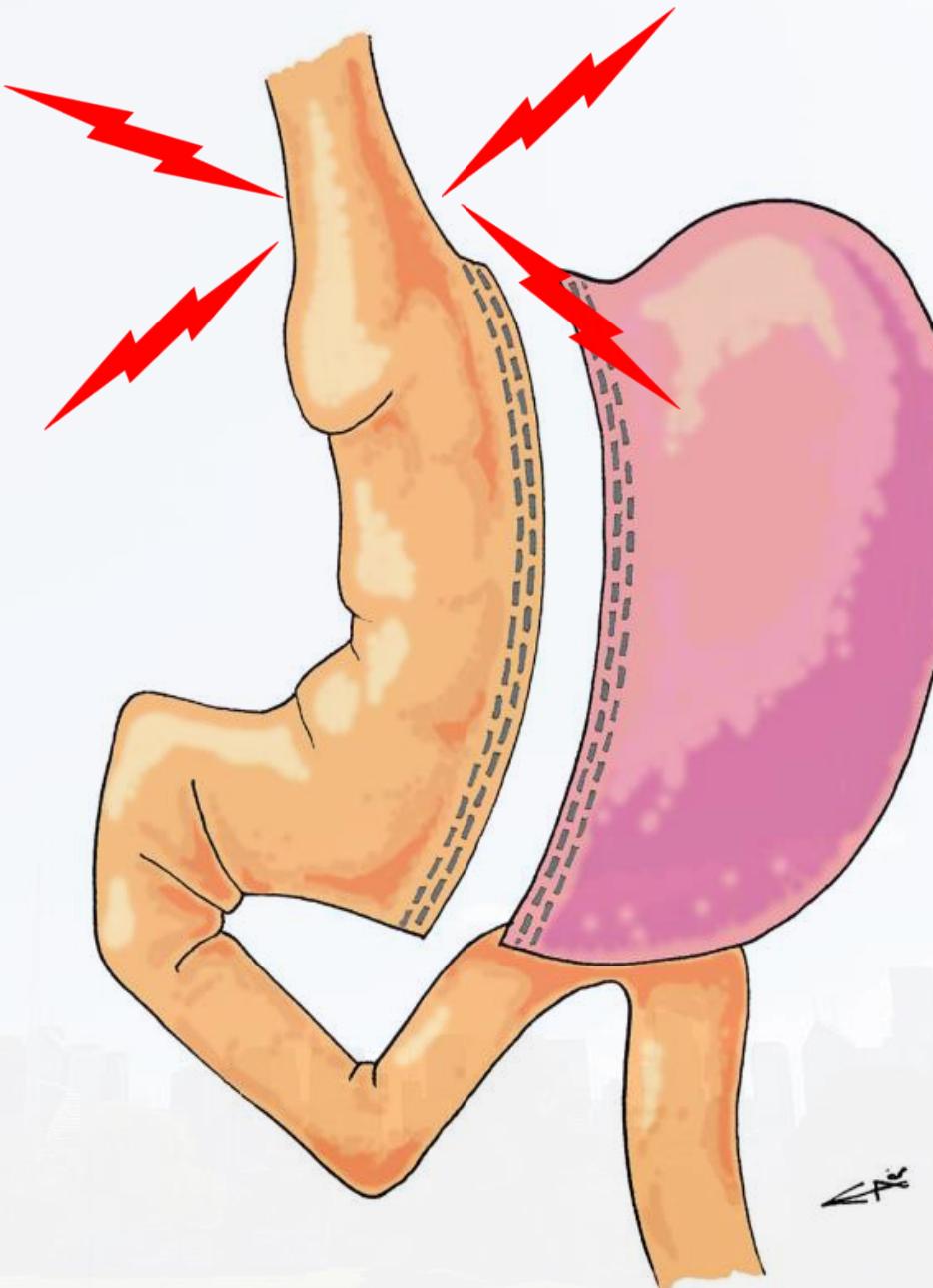


<40Ch



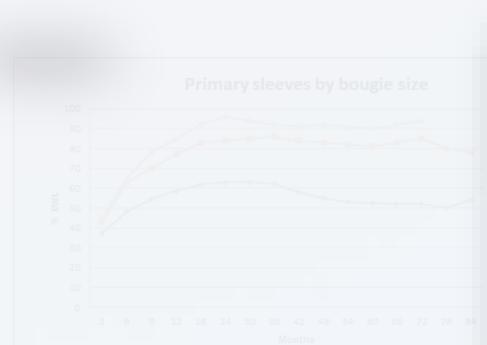


# Bougie size





# Barret



ANNALS OF  
MEDICINE & SURGERY

[Ann Med Surg \(Lond\)](#). 2021 Feb; 62: 446–449.

Published online 2021 Jan 31. doi: [10.1016/j.amsu.2021.01.096](https://doi.org/10.1016/j.amsu.2021.01.096)

PMCID: PMC7889435

PMID: 33643643

Does Laparoscopic Sleeve Gastrectomy lead to Barrett's esophagus, 5-year esophagogastroduodenoscopy findings: A retrospective cohort study

[Salman Al Sabah](#),<sup>a,\*</sup> [Amina AlWazzan](#),<sup>a</sup> [Khalifa AlGhanim](#),<sup>a</sup> [Hussain A. AlAbdulrazzaq](#),<sup>a</sup> and [Eliana Al Haddad](#)<sup>b</sup>

**GERD**

**Barret**

**3% → 15%**

**→ 2.2%**



# Esophageal Cancer

Does Laparoscopic Sleeve Gastrectomy lead to Barrett's esophagus, 5-year esophagogastroduodenoscopy findings: A retrospective cohort study

Salman Al Sabah,<sup>a,\*</sup> Amina AlWazzan,<sup>a</sup> Khalifa AlGhanim,<sup>a</sup> Hussain A. AlAbdulrazzaq,<sup>a</sup> and Eliana Al Haddad<sup>b</sup>



## Barret



2.2%



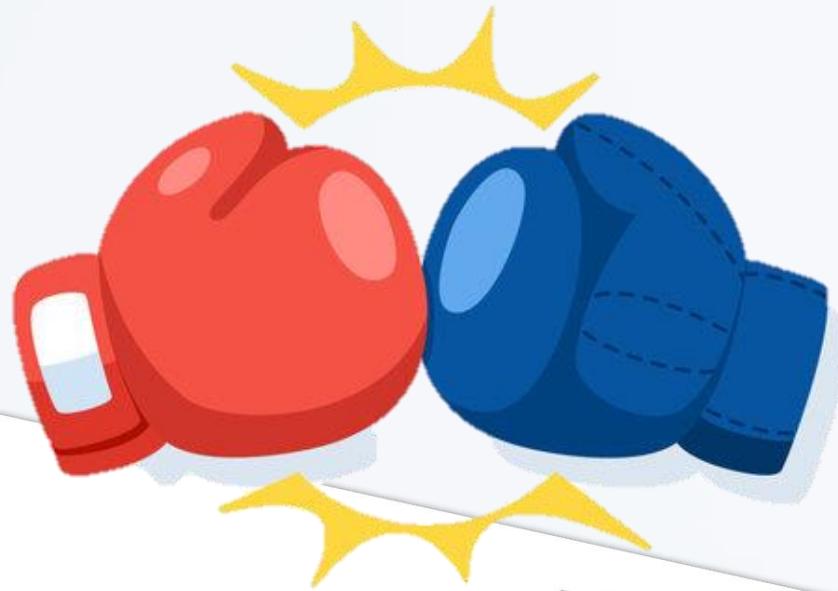
	2018	2020	2021
Sleeve gastrectomy (SG)	386,096	304,352	351,689
Roux-en-Y gastric bypass (RYGB)	203,769	133,007	159,543
One anastomosis gastric bypass (OAGB)	46,406	29,117	46,113
Biliopancreatic diversion (BPD)	6506	6896	7973
Adjustable gastric banding (AGB)	9757	6116	5010
Other surgical operations	14,346	13,949	13,238
Intragastric balloons	27,780	11,492	12,421
Other endoluminal procedures	1531	2877	2707
Total	<b>696,191</b>	<b>507,806</b>	<b>604,099</b>



7737

× 5%

387



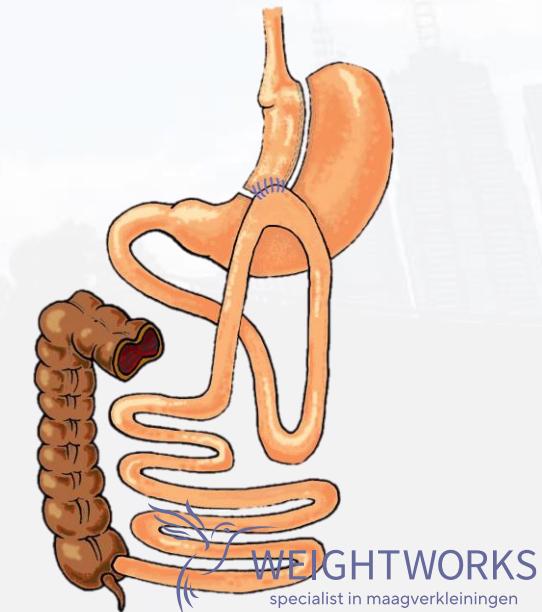
Surgery for Obesity and Related Diseases ■ (2022) 1–12

SURGERY FOR OBESITY  
AND RELATED DISEASES

Original article

## 2022 American Society for Metabolic and Bariatric Surgery (ASMBS) and International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO): Indications for Metabolic and Bariatric Surgery

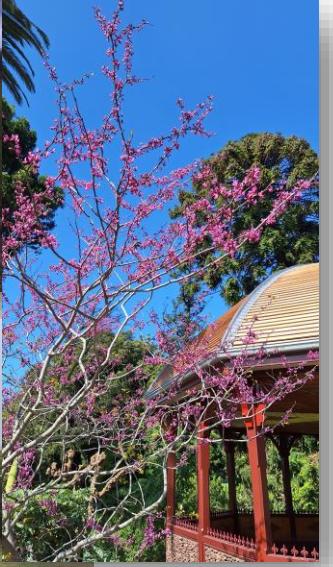
Dan Eisenberg, M.D.<sup>a,\*</sup>, Scott A. Shikora, M.D.<sup>b</sup>, Edo Aarts, M.D., Ph.D.<sup>c</sup>,  
Ali Aminian, M.D.<sup>d</sup>, Luigi Angrisani, M.D.<sup>e</sup>, Ricardo V. Cohen, M.D., Ph.D.<sup>f</sup>,  
Maurizio De Luca, M.D.<sup>g</sup>, Silvia L. Faria, Ph.D.<sup>h</sup>, Kasey P. S. Goodpaster, Ph.D.<sup>i</sup>,  
Ashraf Haddad, M.D.<sup>j</sup>, Jacques M. Himpens, M.D., Ph.D.<sup>j</sup>, Lilian Kow, B.M.B.S., Ph.D.<sup>k</sup>,  
Kamal Mahawar, M.B.B.S., M.Sc.<sup>l</sup>, Abdelrahman Nimeri, M.D., M.B.B.Ch.<sup>m</sup>,  
Mary O’Kane, M.Sc., R.D.<sup>p</sup>, Pavlos K. Papasavas, M.D.<sup>q</sup>, Jaime P.  
Janey S. A. Pratt, M.D.<sup>a,s</sup>, Ann M. Rogers, M.D.<sup>t</sup>, Kim S.  
Michel Suter, M.D.<sup>v,w</sup>, S.



<sup>a</sup>Department of Surgery, Center for

<sup>b</sup>Department of Surgery, S





Thanks for listening

[aarts@weightworks.nl](mailto:aarts@weightworks.nl)  
+31 616124112





## 13<sup>th</sup> Congress of the International Federation for the Surgery of Obesity (IFSO) European Chapter

15-17 May 2025 | Venice, Italy



[IFSO-EC2025.COM](http://IFSO-EC2025.COM)

XXVII IFSO World Congress



Melbourne 2024