

Bariatric Surgery in Patients with known malignancies. Which procedure to choose as a bridge to curative treatment?

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Background

Body-mass index and risk of 22 specific cancers: a population-based cohort study of 5.24 million UK adults

Krishnan Bhaskaran, Ian Douglas, Harriet Forbes, Isabel dos-Santos-Silva, David A Leon, Liam Smeeth

- Each **5** kg/m² increase in BMI was roughly linearly associated with cancers of the **uterus** (hazard ratio [HR] 1.62, 99% CI 1.56–1.69);
- BMI was positively associated with **liver** (1.19, 1.12–1.27), **colon** (1.10, 1.07–1.13), **ovarian** (1.09, 1.04–1.14), and postmenopausal **breast** cancers (1.05, 1.03–1.07) overall

Original Investigation

June 3, 2022

Association of Bariatric Surgery With Cancer Risk and Mortality in Adults With Obesity

Ali Aminian, MD¹; Rickesha Wilson, MD¹; Abbas AL-Kurd, MD¹; [et al](#)[» Author Affiliations](#)

JAMA. 2022;327(24):2423-2433. doi:10.1001/jama.2022.9009

- **30 318** patients (median age, 46 years; median body mass index, 45; 77%
- The cumulative incidence of the primary end point at 10 years was **2.9%** (95% CI, 2.2%-3.6%) **in the bariatric surgery group** and **4.9%** (95% CI, 4.5%-5.3%) **in the nonsurgical control group** (absolute risk difference, 2.0% [95% CI, 1.2%-2.7%]; adjusted hazard ratio, 0.68 [95% CI, 0.53-0.87], *P* = .002).
- The cumulative incidence of **cancer-related mortality at 10 years** was **0.8%** (95% CI, 0.4%-1.2%) in the bariatric surgery group and **1.4%** (95% CI, 1.1%-1.6%) in the nonsurgical control group (absolute risk difference, 0.6% [95% CI, 0.1%-1.0%]; adjusted hazard ratio, 0.52 [95% CI, 0.31-0.88], *P* = .01).
- **Conclusions and Relevance:**
Among adults with obesity, bariatric surgery compared with no surgery was associated with a significantly lower incidence of obesity-associated cancer and cancer-related mortality.

- Can we use bariatric surgery to facilitate cancer surgery?
- Can that improve outcomes of cancer surgery?

Multifactorial

- Stage of cancer
- Hormonal factors
- Biology of cancer (slow growing)
- Organ location
- ?Genetics

Laparoscopic Sleeve Gastrectomy as a Step Approach for Morbidly Obese Patients with Early Stage Malignancies Requiring Rapid Weight Loss for a Final Curative Procedure

[Melissa Gianos](#), [Abraham Abdemur](#), [Samuel Szomstein](#) & [Raul Rosenthal](#) 

[Obesity Surgery](#) **23**, 1370–1374 (2013) | [Cite this article](#)

- 4 patients (M=3)
- mean age 53.75 years (range 27-67 years), mean BMI **48.25** kg/m² (range 42–55 kg/m²).
- Laparoscopic Sleeve Gastrectomy
- Mean weight loss at 3 months was 59.35 lbs (range 28–79 lbs).
- Cancer Diagnosis: 1 x **small bowel carcinoid**
2 x **renal hypernephroma**
1 x **prostate cancer**
- At 3 months, patients underwent a definitive procedure in accordance to their type of malignancy.
- There were neither postoperative complications nor mortality.
- **Conclusions:** Laparoscopic sleeve gastrectomy is a safe and reasonable approach to effectively reduce weight in order to allow morbidly obese patients with early stage malignancies to undergo a second oncologic procedure.



Bariatric suRgery as brIDge to cancer surGERy

- Inclusion criteria:
 - *Patients with obesity diagnosed with primary cancer of any organ: Can they undergo bariatric/metabolic surgery (BMS) to facilitate subsequent cancer surgery and improve outcomes?*
 - *Patients in whom BMS was done as a bridge to facilitate surgery for cancer*
 - *Any Surgical or Endoscopic (Eg: gastric balloon, Endoscopic Sleeve Gastroplasty, gastric plication) bariatric procedure as bridge to facilitate subsequent operation for malignancy*
- Understand challenges in diagnosis and management of malignancies in such patients and options of different bariatric procedures
- This is a registered multi-national audit
- All contributors will be collaborative authors as per protocol
- Please DM us for further details

Chetan Parmar & Omar Ghanem

Original article

Esophageal and gastric malignancies after bariatric surgery: a retrospective global study

Chetan Parmar, M.S., D.N.B., F.R.C.S.^{a,*,†}, Roxanna Zakeri, M.R.C.S.^{a,b,†},
Mohamed Abouelazayem, M.Sc., M.R.C.S.^c, Thomas H. Shin, M.D., Ph.D.^d,
Ali Aminian, M.D., F.A.S.M.B.S.^d, Tala Mahmoud, M.D.^e,
Barham K. Abu Dayyeh, M.D., M.P.H.^e, Melissa Y. Wee^f, Laura Fischer, M.D.^g,
Freek Daams, M.D., Ph.D.^h, Kamal Mahawar, F.R.C.S.Ed.ⁱ, on behalf of OGMOS Study
Group

- Multinational,
- retrospective
- 75 centres
- **25** countries
- **170** cases



| COUNTRY | NO. OF CASES |
|----------------------|--------------|
| Argentina | 6 |
| Australia | 11 |
| Austria | 2 |
| Belgium | 4 |
| Brazil | 7 |
| Canada | 6 |
| China | 1 |
| Egypt | 1 |
| France | 11 |
| Germany | 2 |
| Greece | 4 |
| India | 1 |
| Iran | 1 |
| Israel | 2 |
| Italy | 12 |
| Netherlands | 17 |
| Norway | 1 |
| Poland | 1 |
| Portugal | 1 |
| Qatar | 1 |
| Spain | 9 |
| Switzerland | 10 |
| United Arab Emirates | 2 |
| United Kingdom | 27 |
| United States | 30 |
| TOTAL | 170 |



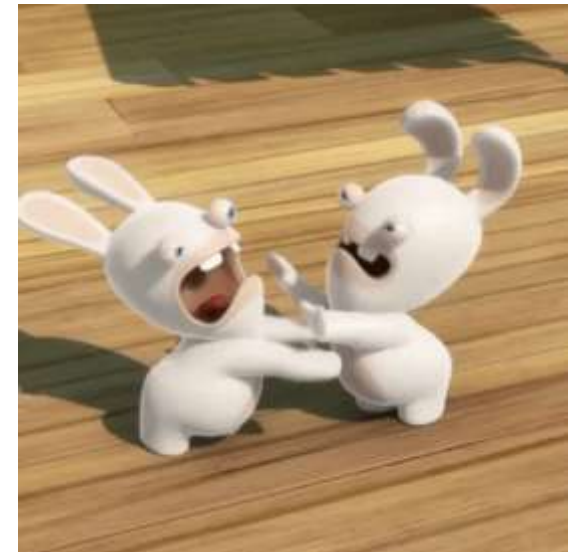
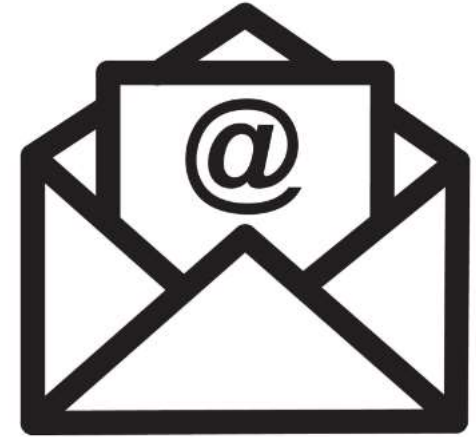
Oesophageal and Gastric Cancer After Bariatric Surgery: an Up-to-Date Systematic Scoping Review of Literature of 324 Cases

Chetan Parmar¹  · Sjaak Pouwels^{2,3}

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Social media



- 38 patients

9 countries

- England
- Northern Ireland
- Italy
- Netherlands
- Greece
- Egypt
- USA
- Mexico
- Argentina

- Female = 31/38
- Mean age = 49.6 years (24 – 68)
- Mean BMI = 50.8 kg/m² (35.6 – 69)
- - Mean weight (at time of diagnosis of cancer)= 141 kgs
- - Mean weight at bariatric surgery= 136.2 kgs
- - Mean weight at time of cancer surgery= 113 kgs

- **Organs of origin of cancer**

| | |
|-----------------------------|-------------------|
| Uterus x 21 | (CAH – T3a) |
| Breast x 2 | (TisNoMo, T3N1Mo) |
| Kidney x 3 | (T2NoMo) |
| Pancreas x 1 | (IPMN) |
| Prostate x 1 | (T1cNoMoStage II) |
| Colon x 1 | (T3N1Mo) |
| Rectum x 3 | (T2 -T3No) |
| Small bowel x 2 | (carcinoid,NET) |
| Retroperitoneal sarcoma x 1 | (T2NoMo) |

- **Operations performed**

SG = 27

RYGB = 4

OAGB = 4

- Uterine cancers (SG = 19, RYGB = 1, OAGB =2)

- Days from diagnosis of cancer to bariatric surgery: Mean 235 days

- Days from bariatric surgery to cancer surgery: Mean 158 days

- Mortality 2

- haemorrhagic shock

- unknown

Conclusions

- Raising awareness
- Broadening horizons
- Choice of surgery recommendation is difficult
- Sleeve Gastrectomy seems safe and commonly used at the moment
(organ of origin!)

Future:

- Ethics approval? Eg: IFSO/Regional chapters ?Registry
- Hormonal Assays
- Microbiome
- Genetics
- Systemic metabolic changes

- Role of pharmacotherapy and endoscopic therapies?

Thank you !



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