



EMEA Collaborative Obesity Summit 2025



March 25th 26th , 2025



**Sheraton Airport Hotel
Amsterdam, Netherlands**

**J&J
Institute**



EMEA Collaborative Obesity Summit 2025

Summit overview

This summit will bring together leading experts to focus on advancing our understanding of **obesity as a complex disease** and how **recent developments** are transforming the treatment journey.

A key feature of the summit will be dynamic discussions on **patient selection**, where experts will leverage the latest publications on Obesity definitions as well as Society consensus statements to determine which treatment modalities best suit individual patient needs. Attendees will also explore **the vital role of multidisciplinary collaboration** in ensuring patients have access to the right treatments at the right time.

Throughout the summit, workshops will cover the critical decision-making process behind **selecting appropriate surgical procedure for patients**, including the complexities of revision surgeries. Interactive sessions will provide **practical tips and tricks** on performing challenging cases safely, avoiding complications, and **utilizing surgical technologies** to optimize patient outcomes.

The importance of **postoperative follow-up** will also take centre stage, with discussions on how to ensure **long-term patient outcomes** and success.

These conversations will highlight the roles of various medical professionals, including GPs, endocrinologists, surgeons, and obesity medicine specialists, in delivering comprehensive, ongoing care. This is a unique opportunity to reimagine the future of obesity care through **collaboration** and **innovation**.

Looking forward to meeting you in Amsterdam!

Faysal Abdelmajid

EMEA Professional Education Manager

Johnson & Johnson Institute

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EMEA Collaborative Obesity Summit 2025

A Message from the Chair



Marco Bueter

Dear Colleagues,

It is my great pleasure to welcome you to the **EMEA Collaborative Obesity Summit** in Amsterdam on **March 25–26, 2025**. This summit brings together experts from diverse fields—including **internal medicine, endocrinology, surgery, psychology, nutrition, gastroenterology, and primary care**—with one shared goal: to enhance the care of patients living with obesity through **collaboration, innovation, and multidisciplinary expertise**.

Obesity is a complex, chronic disease requiring **tailored, patient-centered approaches**. Over the next two days, we will explore **key challenges and opportunities** in optimizing treatment strategies.

Together, we will discuss:

- The vital role of **interprofessional collaboration** in patient care
- How to **select the right patients** for metabolic-bariatric surgery vs. pharmacological treatment
- Practical insights to improve **clinical decision-making and long-term outcomes**

This summit is a unique opportunity to **exchange knowledge, challenge perspectives, and build partnerships** that will shape the future of obesity care. Your expertise and commitment are what drive progress in this field!

I encourage you to engage actively, share your experiences, and connect with colleagues from across disciplines. By working together, we can ensure that every patient receives the **comprehensive, evidence-based care they deserve**.

Let's make these two days an inspiring and impactful experience!

Marco Bueter

Summit Chair, **EMEA Collaborative Obesity Summit 2025**

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Invited faculty



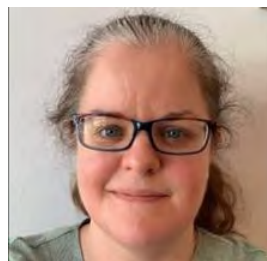
Carel Le Roux
Endocrinologist, Ireland



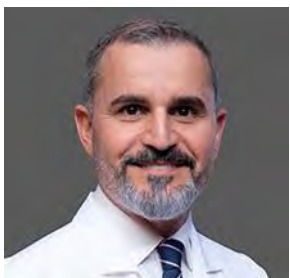
Dimitri Pournaras
Surgeon, UK



Denise Ratcliffe
Psychologist, UK



Helen Parretti
GP, UK



Hazem Al Momani
Surgeon, UAE



Helen Haggart
JnJ Government Affairs
UK



Isabelle Debergh
Surgeon, Belgium



Karl Rheinwalt
Surgeon, Germany



Marco Bueter
Surgeon, Switzerland



Maurizio De Luca
Surgeon, Italy



Rajay Narain
Cardiologist, UK



Sharon Connor
JnJ Global Sustainability
UK

EMEA Collaborative Obesity Summit 2025

Agenda | Day 1

March 25th

12:00	Welcome Lunch	All
12:30	Why We Are Here Today ?	Daniela Della Monica
12:35	Introduction	Faysal Abdelmajid
<u>Session 1</u>	<u>Guidelines & Consensus : Practical View</u>	
12:45	Setting the Scene	Marco Bueter
13:00	Obesity : a Multi-Organ Disease	Carel Le Roux
13:20	Panel Discussions C. Le Roux H. Al Momani H. Parretti	Marco Bueter
13:35	Treatment Algorithm : IFSO Consensus	Dimitri Pournaras
13:55	Panel Discussions C. Le Roux D. Pournaras M. De Luca	Marco Bueter
<u>Session 2</u>	<u>Multidisciplinary Collaboration</u>	
14:10	The Role of Primary Care Consultant	Helen Parretti
14:30	Group Discussions – Poll Question	All
14:35	Cardio Metabolic Challenges in the New World	Rajay Narain
14:55	Group Discussions – Poll Question	All
15:00	Practical View of Multidisciplinary Approach	Isabelle Debergh
15:20	Panel Discussions I. Debergh R. Narain H. Parretti D. Pournaras	Marco Bueter
15:35	Scientific Break and Divide in Groups	All

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Agenda | Day 1

March 25th, 2025

Session 3

Group 1

Breakout Room : Navigating the Safe use of Technology

16:00	Station 1 : Safe Use of Energy Isabelle De Bergh J. Greene (JnJ) Station 2 : Safe Use of Stapling K. Rheinwalt M. D'Arcangelo (JnJ) Station 3 : Sustainable Surgical Practice Sharon Connor Chris Gibson Station 4 : Innovative Education Solutions Anna Skellern (JnJ) Stijn Jans (JnJ)	
18:00	Regroup & Feedback	All

Group 2

Main Room : Surgical Treatment

16:00	Corrective & Revisional bariatric surgery: Choices ?	Dimitri Pournaras
16:30	Group Discussions	All
16:45	Reversal of Roux-en-Y Gastric Bypass	Marco Bueter
16:55	Group Discussions	All
17:10	Emerging Trends in Surgical Obesity Management	Hazem Al Momani
17:30	Group Discussions	All
18:00	Regroup & Feedback	All

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Agenda | Day 1

March 25th, 2025

Session 3

Group 3 Integrated Health Professionals

16:00	Multimodal Obesity Treatment	Maurizio De Luca
16:30	Group Discussions	All
16:30	Clinical Cases from Primary Care Clinic	Helen Parretti
16:50	Group Discussions	All
17:00	Clinical Case from Cardiology Clinic	Rajay Narain
17:20	Group Discussions	H. Parretti R. Narain C. Le Roux
18:00	Regroup & Feedback	All
18:15	Final Takeaways – Poll Question	Marco Bueter
18:30	Closing	Faysal Abdelmajid
20:00	Networking Dinner	All

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Agenda | Day 2

March 26th, 2025

Session 3

08:00	Welcome	Faysal Abdelmajid
08:20	Divide in Groups	All
<u>Group 1</u>	<u>Main Room : Surgical Treatment</u>	
08:30	Revision of MBS : choices ?	Isabelle Debergh
08:50	Group Discussions	All
09:05	Management Strategies after Revision	Karl Rheinwalt
09:25	Group Discussions	All
09:40	Emerging Trends in Surgical Management of Obesity	M. De Luca
10:00	Group Discussions	
10:30	Break and Regroup	All

Group 2 Breakout Room : Navigating the Safe use of Technology

08:30	Station 1 : Safe Use of Energy H. Al-Momani J. Greene	
	Station 2 : Safe Use of Stapling D. Pournaras M. D’Arcangelo	
	Station 3 : Sustainable Surgical Practice Sharon Conor Chris Gibson	
	Station 4 : Innovative Education Solutions Anna Skellern (JnJ) Stijn Jans (JnJ)	
10:30	Break and Regroup	All

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Agenda | Day 2

March 26th, 2025

Group 3

09:30	Welcome Back	Faysal Abdelmajid
09:45	Clinical Cases from Endocrinology Clinic	Carel Le Roux
10:15	Group Discussions	All
10:30	Break and Regroup	All

Session 4 : Post-Operative Follow up

11:00	Post-Operative Follow up	I. Debergh
11:20	Panel Discussions : I. Debergh H.Parretti C.Le Roux K. Rheinwalt	Marco Bueter
11:45	Lunch	All

Session 5 Breaking Barriers

12:45	Economic Burden of Obesity	Dimitri Pournaras
13:10	Group Discussions – Poll Question	All
13:20	Role of Industry in influencing policy	Helen Haggart
13:40	Group Discussions	
13:50	Psychological Issues & Dilemmas (Zoom)	Denise Ratcliffe
14:10	Group Discussions – Poll Question	All
14:15	Coffee Break	All
14:30	Panel Discussion : Patient Education C. Le Roux H. Parretti R. Narain M. De Luca D. Ratcliffe	Marco Bueter
14:45	Final Remarks (Review Polling Results)	All
15:00	Closing	Faysal Abdelmajid

Logistic Information

- **Venue & Hotel Accommodation :**
Sheraton Amsterdam Airport Hotel and
Conference Center

Address : Schiphol Boulevard 101, 1118 BG
Amsterdam, Netherlands

- **Networking dinner will be organized at the
same Hotel at 20:00.**

***Please make sure to wear your badge
throughout the event and during the dinner***

- **Contacts :**

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