

3<sup>rd</sup> edition

# YOUNG IFSO

BECOME A BARIATRIC AND  
METABOLIC SURGEON

2<sup>ND</sup>-4<sup>TH</sup> FEBRUARY 2026

**Director:** Thibaut Coste

**Co-directors:** Astrid Herrero, Martin Bertrand

**Honorary Presidents:** David Nocca, François Pattou

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**FACULTÉ DE  
MÉDECINE**  
MONTPELLIER-NÎMES  
DEPUIS 1220

# Introduction

## Bariatric and Metabolic Surgery: Training and Advanced Education

Bariatric and metabolic surgery has established itself as a major subspecialty of general surgery. It has demonstrated its effectiveness, safety, and long-term sustainability in treating moderate to severe obesity and its associated comorbidities on a global scale.

However, this discipline requires several years of rigorous training within specialized centers to ensure optimal outcomes. The lack of standardization in education and training at the international level can lead to surgical complications. Indeed, bariatric surgery training programs vary significantly between countries, with differing expectations and resources available to young surgeons.

The goal of this training is to enhance surgical learning through a structured mentorship system, guiding young surgeons in performing basic bariatric procedures: sleeve gastrectomy, Roux-en-Y gastric bypass (RYGB), and one-anastomosis gastric bypass (OAGB). Technical tips and tricks will be provided by experts during in-person sessions.

Robotic and endoscopic bariatric techniques are now essential for a comprehensive practice in bariatric and metabolic surgery and must be integrated into the initial training of young surgeons. Two workshops will therefore be dedicated to handling advanced technological tools in robotic and endoscopic surgery.

Our training includes the use of a body reperfusion system that allows surgical procedures to be performed under near-real conditions, as well as animal models, which remain among the most faithful methods for replicating complex bariatric interventions, including anastomotic dissection, organ resection, and continuity restoration.

### The training program spans three days:

- One theoretical day :
  - dedicated to teaching fundamental principles.
- Two practical days:
  - The first day at the Faculty of Medicine in Montpellier, featuring a training course in robotic surgery, endoscopic surgery, and clinical research.
  - The second day at the Faculty of Medicine in Nîmes, focused on practicing laparoscopic surgery on pigs and cadavers.

The third edition of this event marks a significant milestone in its development. After being expertly organized by Professor Sonja Chiappetta in Naples for the past two years, it will, for the first time, take place in a different country.

Over the course of three days, participants will benefit from dynamic exchanges with invited experts and students, collaborative work groups for practical workshops, hands-on testing of surgical equipment, and a combination of theoretical and practical presentations on the first day.

We would be honored to welcome you to this prestigious international Young IFSO event, which will gather approximately thirty students and an equal number of nationally and internationally renowned experts.





# Program

**32 attendees divided in 2 groups**

Day 1		Day 2		Day 3	
Montpellier		Montpellier	Nîmes	Montpellier	Nîmes
Group 1	Group 2	Group 1	Group 2	Group 2	Group 1

## Day 1 Lectures and Theoretical Courses (Montpellier only)

**1:00 PM: Participant Welcome**

**1:30 PM – 3:30 PM:**

- Welcome Address: Thibaut Coste
- Honorary President Welcome: David Nocca
- Young IFSO Welcome: Sonja Chiappetta & Moritz Felsenreich
- IFSO and Young IFSO Education Programs: Elena Ruiz Ucar
- How to set up an independent practice as a young surgeon: Tamer Abdelbaki
- Modern Standard of Care in Anesthesia for Bariatric Surgery: Barthelemy Vallée
- ERABS Is the New Standard: Daniel Gero
- Early Diagnosis of Postoperative Complications After BMS: Roxanna Zakeri
- The Role of Obesity Management Medications (OMMs) in the Context of MBS: Moritz Felsenreich
- Multimodal Treatment for Obesity: Sonja Chiappetta

**3:30 PM – 4:00 PM: Coffee Break and Sponsor Booth Visits**

**4:00 PM – 6:00 PM: Techniques and Surgical Considerations**

- Sleeve and Band Augmented Sleeve gastrectomy: Marie-Cécile Blanchet
- Nissen Sleeve: Saad Jouma
- Endoscopic Sleeve Gastroplasty (ESG): Sylvana Peretta
- Roux-en-Y Gastric Bypass (RYGB): Fabien Steinard
- One Anastomosis Gastric Bypass (OAGB): Tigran Poghosyan
- SADI-S and Bipartition: Robert Caiazzo
- Robotic Surgery: Benjamin Pascotto
- Tailored Bariatric Surgery: François Pattou

**6:00 PM: Major Sponsor Symposium**

**6:30 PM: Practical Sessions Overview for Days 2 & 3: Thibaut Coste**



## Day 2 Workshops in Montpellier/Nîmes

### Montpellier Group 1

#### 8:00 AM – 8:30 AM

Introduction and overview of the day's schedule

#### 8:30 AM – 10:00 AM

Rotation 1

#### 10:00 AM – 10:30 AM

Coffee break and sponsor booth visits

#### 10:30 AM – 12:00 PM

Rotation 2

#### 12:00 PM – 1:00 PM

Lunch and sponsor booth visits

#### 1:00 PM – 2:30 PM

Rotation 3

#### 2:30 PM – 3:00 PM

Coffee break and sponsor booth visits

#### 3:00 PM – 4:30 PM

Rotation 4

### Nîmes Group 2

#### 7:45 AM

Shuttle departs for Nîmes

#### 8:45 AM

Introduction and overview of the day's schedule

#### 9:00 AM – 12:00 PM

Rotation 1

#### 12:00 PM – 1:00 PM

Lunch break

#### 1:00 PM – 4:00 PM

Rotation 2

#### 4:30 PM

Shuttle returns to Montpellier



**Montpellier****Group 2****8:00 AM – 8:30 AM**

Introduction and overview of the day's schedule

**8:30 AM – 10:00 AM**

Rotation 1

**10:00 AM – 10:30 AM**

Coffee break and sponsor booth visits

**10:30 AM – 12:00 PM**

Rotation 2

**12:00 PM – 1:00 PM**

Lunch and sponsor booth visits

**1:00 PM – 2:30 PM**

Rotation 3

**2:30 PM – 3:00 PM**

Coffee break and sponsor booth visits

**3:00 PM – 4:30 PM**

Rotation 4

**Nîmes****Group 1****7:45 AM**

Shuttle departs for Nîmes

**8:45 AM**

Introduction and overview of the day's schedule

**9:00 AM – 12:00 PM**

Rotation 1

**12:00 PM – 1:00 PM**

Lunch break

**1:00 PM – 4:00 PM**

Rotation 2

**4:30 PM**

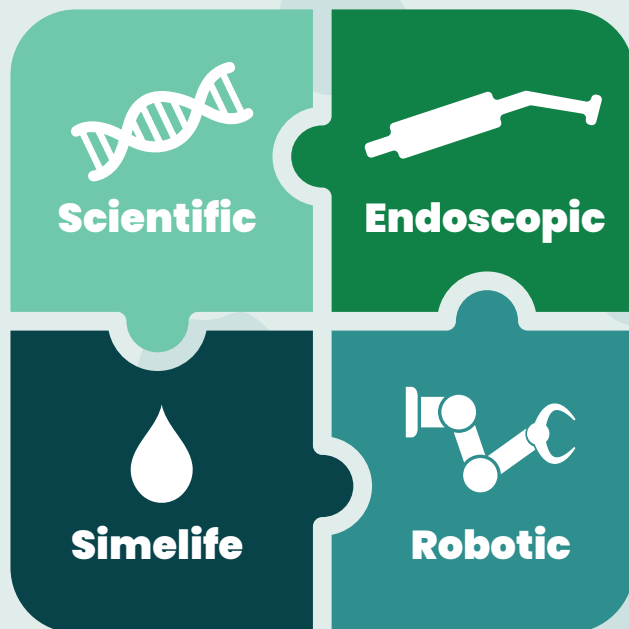
Shuttle returns to Montpellier



# Subgroups rotations

## Montpellier (4 rotations)

	8h30 – 10h	10h30 – 12h	13h – 14h30	15h – 16h30
<b>Endoscopy</b>	SG 1	SG 4	SG 3	SG 2
<b>Robotic</b>	SG 2	SG 1	SG 4	SG 3
<b>Scientific research</b>	SG 3	SG 2	SG 1	SG 4
<b>Simelife</b>	SG 4	SG 3	SG 2	SG 1



## Nîmes (2 rotations)

	9h – 12h	13h – 16h
<b>Animal lab 1</b>	SG 1	SG 3
<b>Animal lab 2</b>	SG 2	SG 4
<b>Cadaver lab 1</b>	SG 3	SG 1
<b>Cadaver lab 2</b>	SG 4	SG 2





# Speakers

## French Speakers

**Marie Cecile Blanchet**

**Etienne Boutry**

**Robert Caiazzo**

**Thibaut Coste**

**Ion Donici**

**Martin Bertrand**

**Astrid Herrero**

**Saad Jouma**

**Henry Mercoli**

**Marius Nedelcu**

**David Nocca**

**François Pattou**

**Silvana Perretta**

**Tigran Poghosyan**

**Hugues Sebbag**

**Marta Silvestri**

**François Regis Souche**

**Fabien Steinar**

**Barthélémy Vallée**

**Yann Wazne**

## International Speakers

**Tamer Abdelbaki** (*Egypt*)

**Clarisa Birlog** (*Romania*)

**Rosario Belini** (*Italy*)

**Sonja Chiappetta** (*Italy*)

**Mostafa Elsayed** (*Egypt*)

**Moritz Felsenreich** (*Austria*)

**Daniel Gero** (*Switzerland*)

**Panagiotis Lainas** (*Greece*)

**Benjamin Pascotto** (*Luxembourg*)

**Elena Ruiz Ucar** (*Spain*)

**Shahab Shahabi** (*Iran*)

**Antonio Vitiello** (*Italy*)

**Miljana Vladimirov** (*Germany*)

**Roxanna Zakeri** (*UK*)

## Venue

Faculty of Medecine Montpellier  
Campus Arnaud de Villeneuve  
641 Av. du Doyen Gaston Giraud  
34090 Montpellier

Faculty of Medecine Nîmes  
Campus Nîmes Carémeau  
Centre Hospitalier Universitaire de Nîmes  
186 Chem. du Carreau de Lanes  
30900 Nîmes

# Registration fees & payment

	Early birds registration (until 1 <sup>st</sup> December 2025)	Registration (from 1 <sup>st</sup> December 2025)
Members IFSO/SOFFCO-MM	700 €	800 €
Non Members IFSO/SOFFCO-MM	900 €	1,000 €

Contact name

Invoice address

Postal / Zip code

Country

Position

Email

Phone

## How to register?

### By email

Please return the completed form to the following address :

[jmilhes@agence-evea.com](mailto:jmilhes@agence-evea.com)

### By online form

*Registration*

<https://bit.ly/4poN3Ph>



## Payment methods:

### Bank details

**IBAN :** FR76 1005 7190 3000 0982 2830 194

**BIC :** CMCIFRPP

**Account Owner :** EVEA

**Credit card** (+3.5% fees)

## Date & signature