

3rd edition

YOUNG IFSO

BECOME A BARIATRIC AND
METABOLIC SURGEON

2ND-4TH FEBRUARY 2026

Director: Thibaut Coste

Co-directors: Astrid Herrero, Martin Bertrand

Honorary Presidents: David Nocca, François Pattou

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MONTPELLIER-NÎMES
DEPUIS 1220

Introduction

Bariatric and Metabolic Surgery: Training and Advanced Education

Bariatric and metabolic surgery has established itself as a major subspecialty of general surgery. It has demonstrated its effectiveness, safety, and long-term sustainability in treating moderate to severe obesity and its associated comorbidities on a global scale.

However, this discipline requires several years of rigorous training within specialized centers to ensure optimal outcomes. The lack of standardization in education and training at the international level can lead to surgical complications. Indeed, bariatric surgery training programs vary significantly between countries, with differing expectations and resources available to young surgeons.

The goal of this training is to enhance surgical learning through a structured mentorship system, guiding young surgeons in performing basic bariatric procedures: sleeve gastrectomy, Roux-en-Y gastric bypass (RYGB), and one-anastomosis gastric bypass (OAGB). Technical tips and tricks will be provided by experts during in-person sessions.

Robotic and endoscopic bariatric techniques are now essential for a comprehensive practice in bariatric and metabolic surgery and must be integrated into the initial training of young surgeons. Two workshops will therefore be dedicated to handling advanced technological tools in robotic and endoscopic surgery.

Our training includes the use of a body reperfusion system that allows surgical procedures to be performed under near-real conditions, as well as animal models, which remain among the most faithful methods for replicating complex bariatric interventions, including anastomotic dissection, organ resection, and continuity restoration.

The training program spans three days:

- One theoretical day :
 - dedicated to teaching fundamental principles.
- Two practical days:
 - The first day at the Faculty of Medicine in Montpellier, featuring a training course in robotic surgery, endoscopic surgery, and clinical research.
 - The second day at the Faculty of Medicine in Nîmes, focused on practicing laparoscopic surgery on pigs and cadavers.

The third edition of this event marks a significant milestone in its development. After being expertly organized by Professor Sonja Chiappetta in Naples for the past two years, it will, for the first time, take place in a different country.

Over the course of three days, participants will benefit from dynamic exchanges with invited experts and students, collaborative work groups for practical workshops, hands-on testing of surgical equipment, and a combination of theoretical and practical presentations on the first day.

We would be honored to welcome you to this prestigious international Young IFSO event, which will gather approximately thirty students and an equal number of nationally and internationally renowned experts.

Program

32 attendees divided in 2 groups

Day 1	Day 2	Day 3
Montpellier Group 1 Group 2	Montpellier Group 1	Nîmes Group 2
		Montpellier Group 2

Day 1 Lectures and Theoretical Courses (Montpellier only)

1:00 PM: Participant Welcome

1:30 PM – 3:30 PM:

- Welcome Address: Thibaut Coste
- Honorary President Welcome: David Nocca
- Young IFSO Welcome: Sonja Chiappetta & Moritz Felsenreich
- IFSO and Young IFSO Education Programs: Elena Ruiz Ucar
- How to set up an independent practice as a young surgeon: Tamer Abdelbaki
- Modern Standard of Care in Anesthesia for Bariatric Surgery: Barthélémy Vallée
- ERABS Is the New Standard: Daniel Gero
- Early Diagnosis of Postoperative Complications After BMS: Roxanna Zakeri
- The Role of Obesity Management Medications (OMMs) in the Context of MBS: Moritz Felsenreich
- Multimodal Treatment for Obesity: Sonja Chiappetta

3:30 PM – 4:00 PM: Coffee Break and Sponsor Booth Visits

4:00 PM – 6:00 PM: Techniques and Surgical Considerations

- Sleeve and Band Augmented Sleeve gastrectomy: Marie-Cécile Blanchet
- Nissen Sleeve: Saad Jouma
- Endoscopic Sleeve Gastroplasty (ESG): Sylvana Peretta
- Roux-en-Y Gastric Bypass (RYGB): Fabien Steinard
- One Anastomosis Gastric Bypass (OAGB): Tigran Poghosyan
- SADI-S and Bipartition: Robert Caiazzo
- Robotic Surgery: Benjamin Pascotto
- Tailored Bariatric Surgery: François Pattou

6:00 PM: Major Sponsor Symposium

6:30 PM: Practical Sessions Overview for Days 2 & 3: Thibaut Coste



Day 2 Workshops in Montpellier/Nîmes

Montpellier Group 1

8:00 AM – 8:30 AM

Introduction and overview of the day's schedule

8:30 AM – 10:00 AM

Rotation 1

10:00 AM – 10:30 AM

Coffee break and sponsor booth visits

10:30 AM – 12:00 PM

Rotation 2

12:00 PM – 1:00 PM

Lunch and sponsor booth visits

1:00 PM – 2:30 PM

Rotation 3

2:30 PM – 3:00 PM

Coffee break and sponsor booth visits

3:00 PM – 4:30 PM

Rotation 4

Nîmes Group 2

7:45 AM

Shuttle departs for Nîmes

8:45 AM

Introduction and overview of the day's schedule

9:00 AM – 12:00 PM

Rotation 1

12:00 PM – 1:00 PM

Lunch break

1:00 PM – 4:00 PM

Rotation 2

4:30 PM

Shuttle returns to Montpellier

Montpellier

Group 2

8:00 AM – 8:30 AM

Introduction and overview of the day's schedule

8:30 AM – 10:00 AM

Rotation 1

10:00 AM – 10:30 AM

Coffee break and sponsor booth visits

10:30 AM – 12:00 PM

Rotation 2

12:00 PM – 1:00 PM

Lunch and sponsor booth visits

1:00 PM – 2:30 PM

Rotation 3

2:30 PM – 3:00 PM

Coffee break and sponsor booth visits

3:00 PM – 4:30 PM

Rotation 4

Nîmes

Group 1

7:45 AM

Shuttle departs for Nîmes

8:45 AM

Introduction and overview of the day's schedule

9:00 AM – 12:00 PM

Rotation 1

12:00 PM – 1:00 PM

Lunch break

1:00 PM – 4:00 PM

Rotation 2

4:30 PM

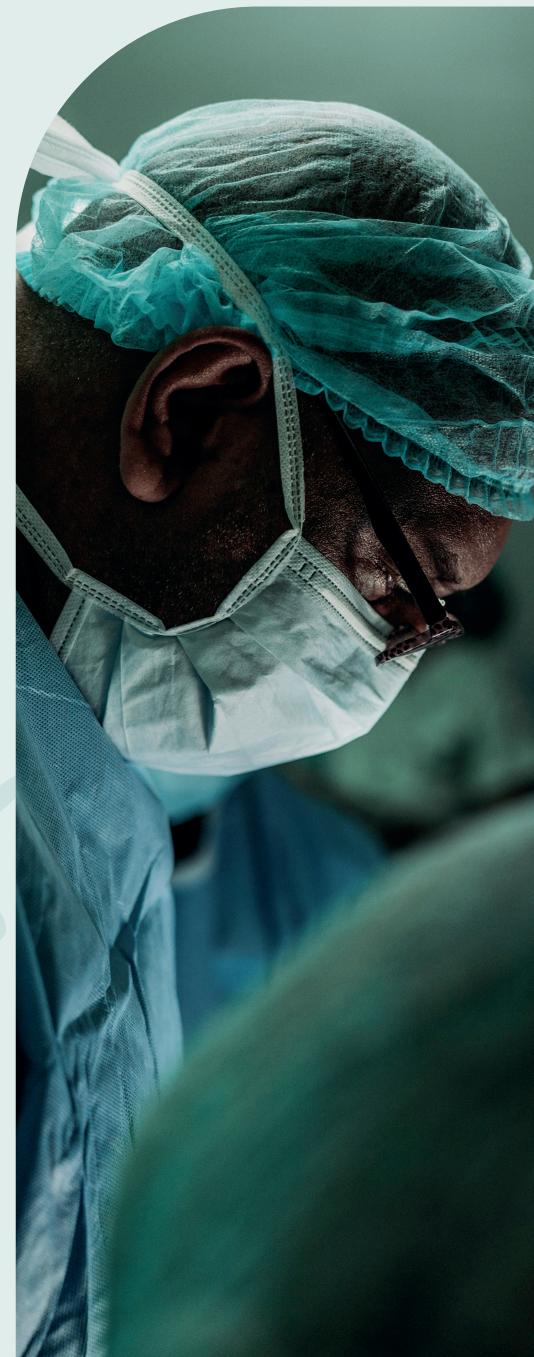
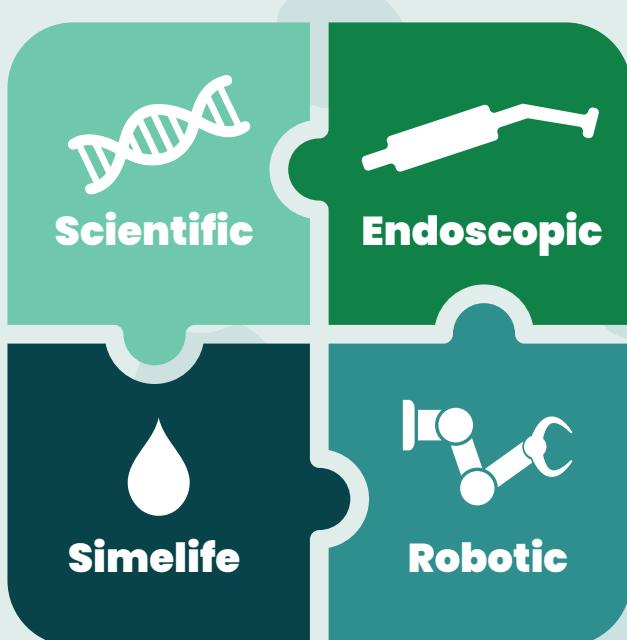
Shuttle returns to Montpellier



Subgroups rotations

Montpellier (4 rotations)

	8h30 – 10h	10h30 – 12h	13h – 14h30	15h – 16h30
Endoscopy	SG 1	SG 4	SG 3	SG 2
Robotic	SG 2	SG 1	SG 4	SG 3
Scientific research	SG 3	SG 2	SG 1	SG 4
Simelife	SG 4	SG 3	SG 2	SG 1



Nîmes (2 rotations)

	9h – 12h	13h – 16h
Animal lab 1	SG 1	SG 3
Animal lab 2	SG 2	SG 4
Cadaver lab 1	SG 3	SG 1
Cadaver lab 2	SG 4	SG 2

Speakers

French Speakers

Marie Cecile Blanchet
Etienne Boutry
Robert Caiazzo
Thibaut Coste
Ion Donici
Martin Bertrand
Astrid Herrero
Saad Jouma
Henry Mercoli
Marius Nedelcu
David Nocca
François Pattou
Silvana Perretta
Tigran Poghosyan
Hugues Sebbag
Marta Silvestri
François Regis Souche
Fabien Steinar
Barthélémy Vallée
Yann Wazne

International Speakers

Tamer Abdelbaki (Egypt)
Clarisa Birlog (Romania)
Rosario Belini (Italy)
Sonja Chiappetta (Italy)
Mostafa Elsayed (Egypt)
Moritz Felsenreich (Austria)
Daniel Gero (Switzerland)
Panagiotis Lainas (Greece)
Benjamin Pascotto (Luxembourg)
Elena Ruiz Ucar (Spain)
Shahab Shahabi (Iran)
Antonio Vitiello (Italy)
Miljana Vladimirov (Germany)
Roxanna Zakeri (UK)

Venue

Faculty of Medecine Montpellier
Campus Arnaud de Villeneuve
641 Av. du Doyen Gaston Giraud
34090 Montpellier

Faculty of Medecine Nîmes
Campus Nîmes Carémeau
Centre Hospitalier Universitaire de Nîmes
186 Chem. du Carreau de Lanes
30900 Nîmes

Registration fees & payment

	Early birds registration (until 1 st December 2025)	Registration (from 1 st December 2025)
Members IFSO/SOFFCO-MM	700 €	800 €
Non Members IFSO/SOFFCO-MM	900 €	1,000 €

Contact name

Invoice address

Postal / Zip code

Country

Position

Email

Phone

How to register?

By email

Please return the completed form to the following address :

jmilhes@agence-evea.com

By online form

Registration

<https://bit.ly/4poN3Ph>



Payment methods:

Bank details

IBAN: FR76 1005 7190 3000 0982 2830 194

BIC: CMCIFRPP

Account Owner: EVEA

Credit card (+3.5% fees)

Date & signature