

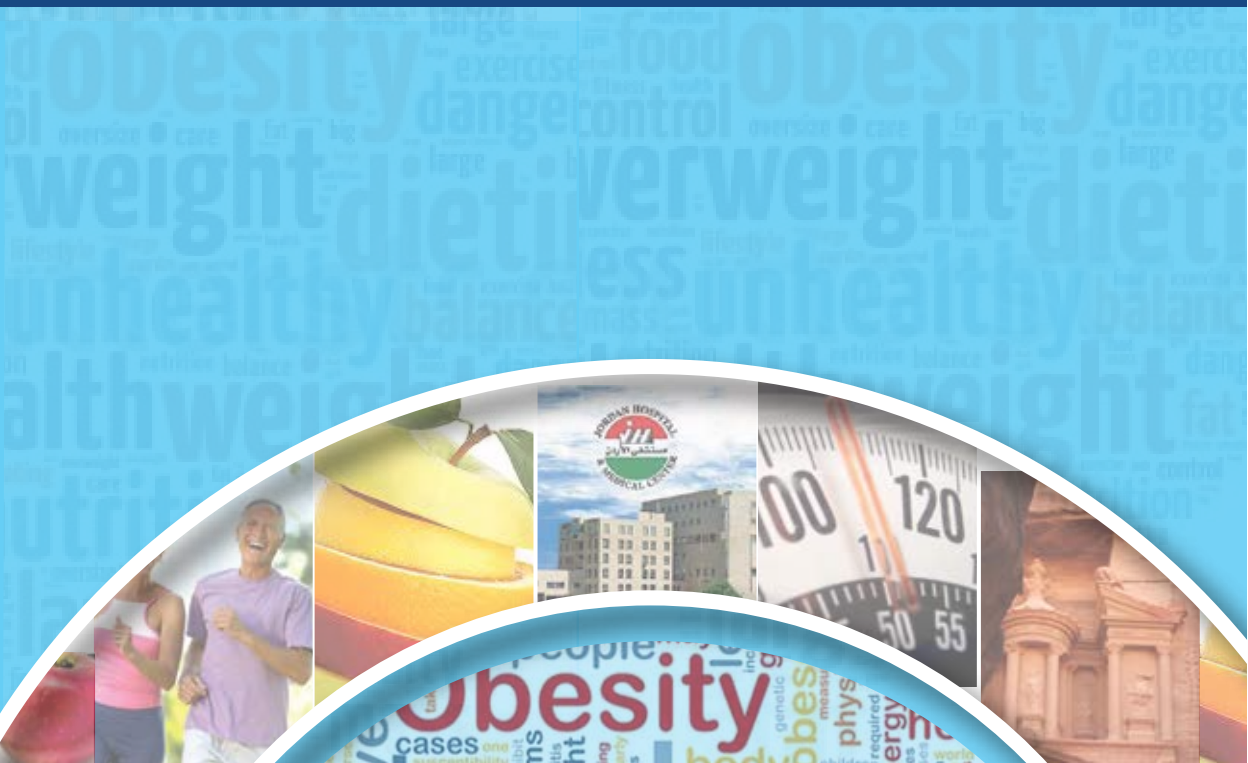


Endorsed by IFSO

The 1st Annual Bariatric Conference GBMC - Jordan Hospital

16th-17th May 2015
Le Royal Hotel, Amman - Jordan

Second Announcement



GBMC at Jordan Hospital:

A newer vision for healthcare.

Jordan Hospital is a tertiary hospital that comprises all medical specialties. It was established in 1996, and since has evolved to become one of the leading referral centers in the Middle East, delivering excellent medical care with the highest international standards.

Jordan Hospital has always been a leader in change. GBMC (Gastrointestinal, Bariatric & Metabolic Center) is part of the hospital's newer vision for delivering healthcare. With the help of leading doctors in the fields of Gastrointestinal & Bariatric Surgery: Dr. Abdalla Bashir, & Dr. Ahmad Bashir, the center is taking its major steps forward to establish its grounds in Jordan, the Middle East & the world.

Obesity is a problem that needs to be tackled in Jordan, a challenge welcomed by GBMC

Our Mission:

To establish a higher set of standards for the treatment of all surgical problems that face our patients today and tomorrow: including the challenge of Obesity & Diabetes.

To raise the bar of Minimally Invasive (Laparoscopic & Endoscopic) interventions in Jordan, to include all simple and complex Gastrointestinal procedures.

To provide a better definition for Bariatric & Metabolic Surgery, where variety of solutions to suit each individual exist. Providing a comprehensive program, with life-long support for our patients will help us achieve superior outcomes.



*Continuing
Medical
Education*

Jordan Hospital Annual Scientific Meeting-The Bariatric vision:

The hospital has established its postgraduate residency programs in 2000.

It has become a leader in postgraduate education, raising the standard especially in the private sector.

Over the past 6 years, Jordan Hospital has stressed the importance of continuing medical education. It started an annual scientific meeting, where all specialties in Medicine meet, interact, and present their clinical research and experiences.

The meeting has stressed local experiences in the past 5 years. After solidifying its annual presence locally, it has moved to comprise international speakers, increasing the exposure of our local physicians to the outside world, and enhancing international cooperation between different practices, and institutions.

And this year comes the newest vision of change: **The 1st Annual Bariatric Conference** to coincide with establishing GBMC.

To fulfill the center's mission of change, the conference this year will host eight Bariatric Surgery pioneers and leaders. They helped define the growing problem of obesity and its related disorders. They led the fight against obesity. They established Laparoscopic Bariatric Surgery, Bariatric Endoscopy, raised their standards, and spread their experiences worldwide:

- **Kelvin Higa**,
UCSF Fresno, CA, USA
- **Dr. Antonio Torres**,
Madrid, Spain.
- **Dr. Karl Miller, MD**
Austria.
- **Dr. Jacques Himpens**,
Belgium.
- **Dr. Wei-Jei Lee**
Taiwan.
- **Dr. Keith Kim**,
Celebration, FL, USA
- **Dr. Manoel Galvao Neto**,
Sao Paulo, Brazil.
- **Dr. Abderrahman Nimeri**,
UAE

With their help and knowledge, we will be able to elevate the standard of Bariatric Surgery in Jordan. We will not stop here, as the future has no limits to what we can do to elevate the standard to accommodate not only surgeons, but other obesity related specialties to help tackle this problem in Jordan as well as in the region.

Day One

Saturday 16th of May, 2015

08:00 - 08:15	Introduction
08:15 - 08:35	Historical background of Bariatric surgery <i>Dr. Higa</i>
08:40 - 10:45	First session: Primary surgical options
08:40 - 09:00	Debate: Sleeve is the best primary surgical option: <i>Pro Bashir Vs Kim</i>
09:00 - 09:20	LRYGB Vs Single Anastomosis Gastric Bybass (SAGB): <i>Higa Vs WJ Lee</i>
09:20 - 09:40	LAGB still has a role: <i>Pro. Miller Vs. Dr. Himpens</i>
09:40 - 10:00	Banded gastric bypass is better than non-banded: <i>Dr. Higa Vs. Dr. Nimeri</i>
10:00 - 10:20	BPD/DS Vs SADI-s: <i>Dr. Himpens Vs. Dr. Torres</i>
10:20 - 10:45	Endoscopic options for management of obesity (Sleeve, Endobarrier, Balloon and POSE) <i>Dr. Galvao Neto</i>
10:45 - 10:55	POSE – early results : Miller
10:55 - 11:10	Questions for panel
11:10 - 11:20	Coffee break
11:20 - 13:05	Second session: Revisional surgery
11:20 - 11:35	Weight regain after Roux en Y gastric bypass <i>Dr. Higa</i>
11:35 - 11:50	Failed Sleeve: what are the options? <i>Dr. Torres</i>
11:50 - 12:20	Weight regain after gastric banding: LRYGB <i>LRYGB: Dr. Nimeri Vs. Sleeve: Dr. Kim Vs. DS: Dr. Himpens</i>
12:20 - 12:35	Excessive weight loss after SAGB: <i>Dr. Lee</i>
12:35- 12:50	Reversing a gastric bypass <i>Dr. Higa</i>
12:50 - 13:05	Endoscopic revisional procedures <i>Dr. Galvao Neto</i>
13:05 - 13:15	Questions for panel
13:15 - 13:30	Opening Ceremony
13:30 - 14:30	Lunch break

14:30 - 16:35	Third session: Tackling complications
14:30 - 14:45	Leak after LRYGB <i>Dr. Higa</i>
14:45 - 15:00	Leak after SAGB <i>Dr. Lee</i>
15:00 - 15:15	Leak after Sleeve <i>Pro. Miller</i>
15:15 - 15:30	Stenosis after Sleeve <i>Dr. Himpens</i>
15:30 - 15:50	Endoscopic management of leak & stenosis: Bypass & Sleeve <i>Dr. Galvao Neto</i>
15:50 - 16:05	Hypoglycemia after gastric bypass <i>Dr. Nimeri</i>
16:05 - 16:20	Bile reflux after SAGB <i>Dr. Himpens</i>
16:20 - 16:35	Malnutrition & excessive weight loss after BPD/DS <i>Dr. Torres</i>
16:35 - 16:45	Questions for panel
16:45 - 16:55	Coffee break
16:55 - 18:15	Fourth session: The Jordanian experience
16:55 - 17:05	Managing a high volume practice: <i>Dr. Khrais</i>
17:05 - 17:15	The teaching bariatric program: <i>Dr. Al-Na'san</i>
17:15 - 17:25	Volume of resected stomach as a predictor for weight loss after sleeve: <i>Dr. Obeidat</i>
17:25 - 17:35	SAGB short & midterm results: <i>Dr. Zayyadeen</i>
17:35 - 17:45	Sleeve Gastrectomy midterm results: <i>Dr. Salem</i>
17:45 - 17:55	Bariatric surgery in the public sector: <i>Dr. Damra</i>
17:55 - 18:05	Revisional surgery at Jordan Hospital <i>Dr. Bashir</i>
18:05 - 18:20	Questions for panel & Closing remarks
18:30 - 21:30	Gala Dinner: Marriott Dead Sea

Day Two

Sunday 17th of May, 2015

Room 1	
08:00 - 10:45	Fifth session: Live surgery cases
	Primary case: LRYGB <i>Dr. TBD</i>
	Primary case: Sleeve <i>Dr. TBD</i>
	Robotic case video <i>Dr. Kim interesting cases</i>
10:45 - 11:00	Coffee break
11:00 - 13:00	Sixth session: Technical issues & choice of operation
11:00 - 11:20	Antecolic Vs. Retrocolic bypass, should we close hernia defects? Higa Close or Not <i>Dr. Higa</i>
11:20 - 11:40	What should we do with large incisional hernias? Repair simultaneously Vs. later <i>Dr. Nimeri Vs. Dr. Kim</i>
11:40 - 12:00	Will a large hiatal hernia alter the choice of operation? Yes Vs. No <i>Dr. Himpens Vs. Dr. Higa</i>
12:00 - 12:20	Cannot get to the hiatus (GE junction) Abort Vs. Proceed: <i>Dr. Kim Vs. Dr. Higa</i>
12:20 - 12:40	Cirrhosis: what should we do in Pre-existing Vs. Incidental: <i>Dr. Nimeri Vs. Dr. Himpens</i>
12:40 - 13:00	Best procedure for Diabetes: Bypass procedures Vs. Sleeve: <i>Pro. Miller Vs. Dr. Torres</i>
13:00 - 13:10	Questions for panel
13:10 - 14:15	Lunch break

14:15 - 15:45	Seventh session: Regional experience
14:15 - 14:30	Bariatric Surgery for adolescents- Short to midterm follow up results: <i>Dr. Alqahtani</i>
14:30 - 14:45	Long term results Malabsorptive procedures in the Middle East: <i>Dr. Bukhari</i>
14:45 - 15:00	Long term results Banded LRYGB in the Middle East: <i>Dr. Gawdat</i>
15:00 - 15:15	Sleeve with local and regional block: <i>Dr. Fawwal</i>
15:15 - 15:30	Revision of gastric banding: <i>Dr. Hussein</i>
15:30 - 15:45	The challenge of obesity in Kuwait: regulating the bariatric surgery profession: <i>Dr. Alsabah</i>
15:45 - 15:55	Questions for panel
15:55 - 16:10	Coffee break
16:10 - 17:25	Eighth session: The Pan-Arab challenge
16:10 - 16:25	The Challenges of a bariatric practice in the Middle East: <i>Dr. Nimeri</i>
16:25 - 16:40	The Middle East IFSO registry Data: a chance to collaborate and grow: <i>Dr. Al-Haddad</i>
16:40 - 17:10	Panel discussion: Is it time for a Pan-Arab Bariatric Surgery society: <i>Dr. Bukhari, Dr. Hussein, Dr. Gawdat, Qahtani Dr. Zayyadeen, Dr. Nimeri</i>
17:10 - 17:40	Questions for panel and closing remarks

Room 2	Integrated Health Course
08:30-10:45	Fifth session: Live surgery cases
	<i>Primary case: LRYGB</i> <i>Dr. TBD</i>
	<i>Primary case: Sleeve</i> <i>Dr. TBD</i>
	<i>Robotic case video:</i> Bariatric Robotic surgery
10:45-11:00	Coffee break
11:00 - 13:00	The Obesity disease, the Multidisciplinary Team (MDT) approach, Peri-operative & Postoperative care : Sponsored by Ethicon, Moderated by Dr. Nadia Ahmad, MD, MPH:
11:00 - 12:00	How metabolic surgery works- Physics vs. Physiology <i>Nadia Ahmad & Nada Abdelbaqi</i> - Obesity as a disease - Introducing the procedures - The physiology of bariatric surgery
12:00 - 12:30	The Role of the Multidisciplinary Team (MDT) in Surgical Care <i>Nadia Ahmad</i> - Evidence for MDTs - MDT structure and function - Case example
12:30 - 13:00	Nutritional Management of the Bariatric Patient <i>Jumana Bashiti & Deema Badarneh</i> - Pre-operative nutrition assessment - Pre-operative preparation - Post-operative diet stages - Identifying and managing nutritional complications
13:00 - 13:10	Questions for panel
13:10 - 14:15	Lunch break

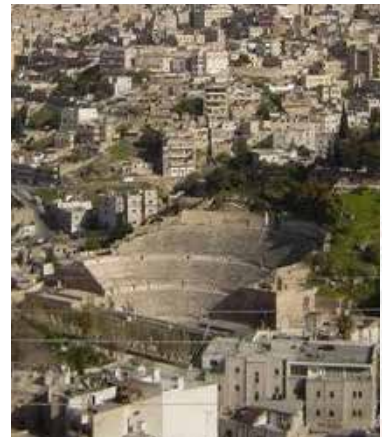
14:15-17:15	Peri-operative & Postoperative care: Sponsored by Ethicon, Moderated by Dr. Nadia Ahmad, MD, MPH:
14:15 - 14:45	Introducing Exercise in Surgical Care <i>Nadia Ahmad</i> - Role of exercise in weight management - How to introduce activity in the pre-operative and post-operative phases
14:45 - 15:45	Psychological Considerations for the Bariatric Surgical Patient <i>Sabrina Tahboub-Schulte</i> - Pre-operative psychological assessment - Role of behavioral strategies in pre- and post-operative care - Identifying and managing psychosocial/emotional issues in the surgical patient
15:45 - 16:15	Redefining the Role of the Bariatric Nurse in the Middle East <i>Nadia Ahmad</i> - Role of the nurse in assessment, education and counseling - Nurse as core team member
16:15 - 16:45	Practice Organization- Putting it all Together <i>Nadia Ahmad</i> - Assembling the MDT - Modes of delivery - Communication Essentials - Building in Quality Improvement
16:45 - 17:00	Wrap-up Panel
Room 3	Bariatric Endoscopy
08:00 -14:00	GI workshop for Bariatric Endoscopy supervised by: <i>Dr. Manuel Galvao Neto</i>
07:30 - 08:00	Registration
08:00 - 08:25	Endoscopic treatment of Adjustable gastric Band complications (erosions/migration)
08:30 - 08:55	Endoscopic treatment of Sleeve gastrectomy complications (Stenosis / leaks (acute) / Fistulas (chronic))
09:00 - 09:25	Endoscopic treatment of RYGB complications (Bleeding, stenosis, leaks, ring complications - erosion and slippage
09:30 - 09:55	Endoscopic revision of RYGB for weight loss failure
10:00 - 10:15	Coffee break
10:15 -10:40	Intragastric balloons, state of the art.
10:45 -11:10	Endoscopic treatment of Type 2 diabetes.
11:15 -11:40	Endoscopic treatment of Primary obesity
11:40 - 12:00	Coffee break
12:00 - 14:00	Video cases
14:00	Lunch & end of workshop



Jordan at a glance

The Hashemite Kingdom of Jordan, which once captivated ancient travellers, continues to enthrall a whole new generation as a modern, vibrant nation.

From the haunting, primeval starkness of Wadi Rum, to the teeming centre of urban Amman, from the majestic ruins of bygone civilizations to the timeless splendor of the Dead Sea, Jordan is unveiled as a unique destination offering breathtaking and mysterious sights, high standard accommodations, exquisite cuisine and countless activities that can provide visitors with inspiration, motivation, and rejuvenation.



Marveling at herds of gazelles and oryx and migrating birds, camping amidst the grandeur of Wadi Rum or Dana Reserve, trekking the ancient caravan trails from the highlands of Moab and Edom, hiking the wooded hills of biblical Gilead, or experiencing the unique, cleansing mud baths of the Dead Sea are just a few examples of the treasures awaiting visitors to this unique kingdom.

The new stream of luxury hotels emerging in Amman, Petra, Aqaba and the Dead Sea is just adding quality to a refined product that is distinct, accessible and friendly; a product that is home to a new display of modern meeting facilities and unique venues for incentive travel as well.

Dead Sea

Without a doubt the world's most amazing place, the Jordan Rift Valley is a dramatic, beautiful landscape, which at the Dead Sea, is over 400m (1,312 ft.) below sea level. The lowest point on the face of the earth, this vast stretch of water receives a number of incoming rivers, including the Jordan River.

One of the most spectacular natural and spiritual landscapes in the world, the Jordanian east coast of the Dead Sea has evolved into a major hub of both religious and health & wellness tourism in the region.

A series of good roads, excellent hotels with spa and fitness facilities, as well as archaeological and spiritual discoveries make this region as enticing to today's international visitors as it was to kings, emperors, traders, prophets and pilgrims in antiquity.



Baptism Site

The site of John the Baptist's settlement at Bethany Beyond the Jordan, where Jesus was baptized, has long been known from the Bible (John 1:28 and 10:40) and from the Byzantine and medieval texts.

The site has now been identified on the east bank of the Jordan River, in the Hashemite Kingdom of Jordan, and is being systematically surveyed, excavated, restored, and prepared to receive pilgrims and visitors. Bethany Beyond the Jordan is located half an hour by car from Amman.

The Bethany area sites formed part of the early Christian pilgrimage route between Jerusalem, the Jordan River, and Mount Nebo.

The area is also associated with the biblical account of how the Prophet Elijah (Mar Elias in Arabic) ascended to heaven in a whirlwind on a chariot of fire.



General Information

Conference Venue:

Le Royal Hotel ★★★★★

Hotel Accommodation:

Le Royal Hotel ★★★★★

Belle Vue Hotel ★★★★★

Registration Fees:	Early Bird Ends 31 Mar 2015	Regular/ On site May 16-17,2015
Surgeons	JOD 200 (USD 282.3)	JOD 350 (USD 493.5)
Fellows or residents	JOD 25 (USD 35.3)	JOD 75 (USD 105.7)
Jordan Hospital fellows or residents	Free	Free

Conference Language:

Arabic, English

Conference Website:

<http://gbmc-conference.com>

Conference Registration:

<http://gbmc-conference.com/registration.aspx>

<http://araborganizers.me/GBMC-conferenceregistration>

Visa Requirements:

<http://international.visitjordan.com/generalinformation/entryintojordan.aspx>

Currency:

Jordan monetary unit is the Jordanian Dinar (1 USD = 0.708 JD).

International currencies may be exchanged in all banks and exchange agencies.

Credit cards are accepted in major hotels, restaurants and shops.

ATM's are available in all bank branches.

For Registration, Hotel Accommodation, Tours and any Inquiry Please Contact



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